

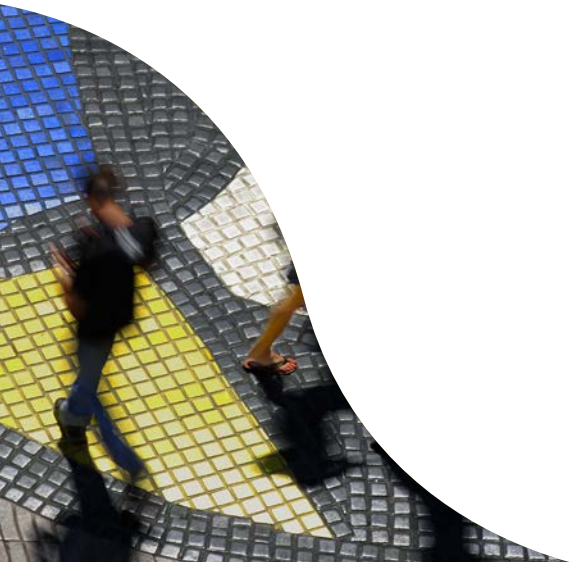
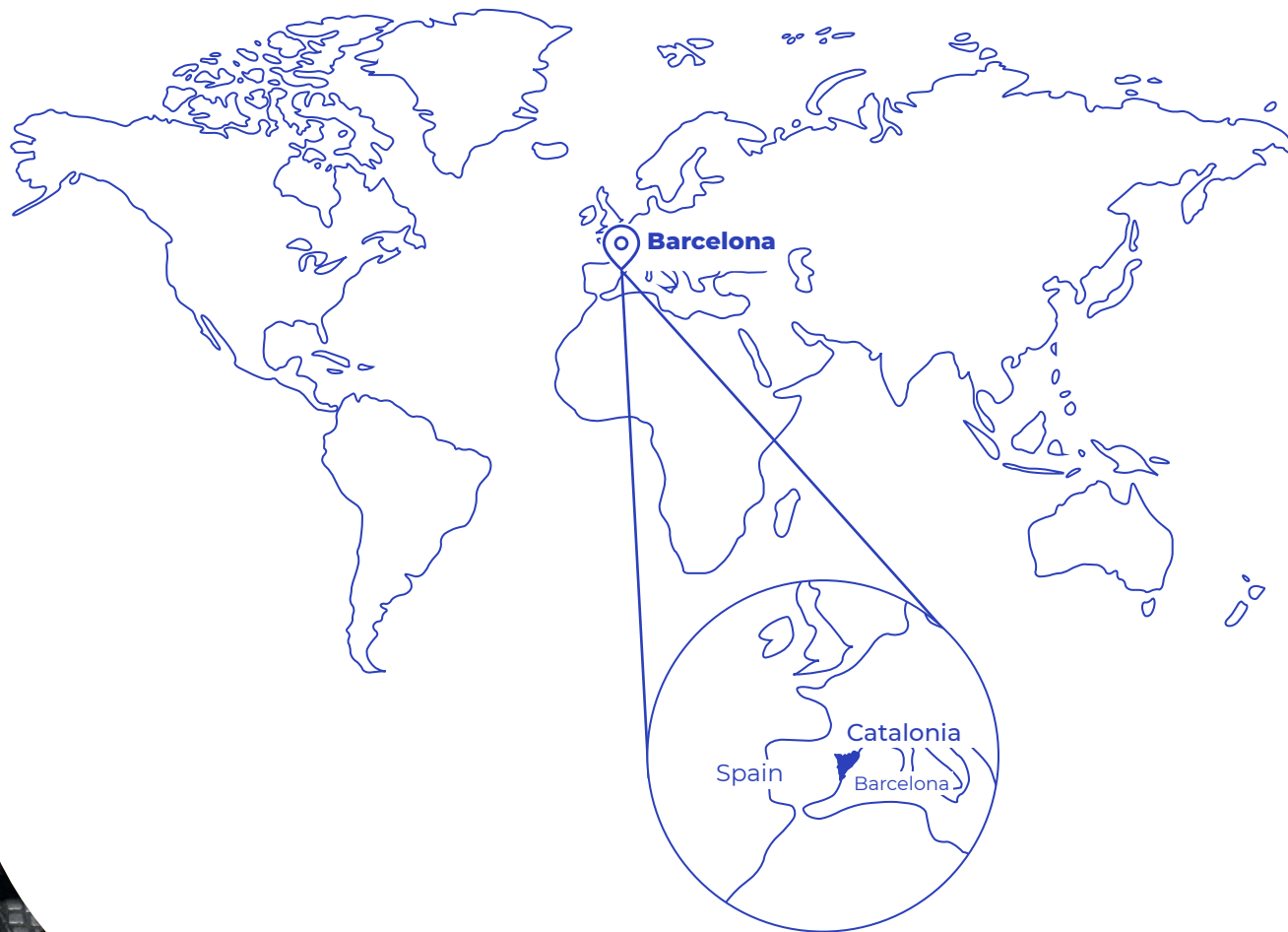
Welcome to Barcelona Medical Destination

BMD
BARCELONA
MEDICAL DESTINATION





Catalonia: a healthy country with world class medical facilities



Mediterranean Culture

Barcelona is the capital of Catalonia. The land of Miró and Dalí. A land with a Mediterranean tradition and a rich historical heritage. The modernist art of Gaudí and Domènech i Montaner, the Poblet Monastery, the Romanesque churches of the Boí Valley and the Roman archaeological site of Tarragona have all been declared World Heritage Sites by UNESCO. A city of history and art, Barcelona's Mediterranean atmosphere, refined cuisine and pleasant climate are also appealing to visitors.



Diversity

In Catalonia, everything is close and everything is different. Snow and sea. High mountains and the Mediterranean. Sea and mountain cuisine. Stone villages in the Pyrenees, white villages on the coast and... Barcelona, a modern metropolis. A land of contrasts and diversity: ancient and avant-garde, modern and traditional. And full of surprises.



Gastronomy

Catalonia boasts some of the world's best chefs, including the Adrià brothers, the Roca brothers and Carme Ruscalleda. Between their restaurants and those of some other great chefs, they've earned a constellation of Michelin stars. You'll enjoy the region's gastronomic variety, from traditional Mediterranean cuisine featuring excellent seafood and vegetable to the most audacious, avant-garde creations.



The sea

Catalonia, with its seafaring tradition, is the quintessential Mediterranean city. The coast is never far away: from the incomparable coves of the Costa Brava to the endless sandy beaches of the Costa Daurada and the city beaches of cosmopolitan Barcelona.



Shopping

Shopping in Barcelona is as easy as taking a walk. In addition to the shops of the leading international brands along the wide avenues dotted with the masterpieces of Catalan Modernism and Gaudí, you'll find all kinds of other establishments: local brands, alternative and avant-garde boutiques and the traditional department stores. There's something for everyone!



Climate

Catalonia is a country of blue skies and bright sunshine, mild winters and springs filled with flowers and greenery. Barcelona, a Mediterranean city par excellence, boasts an idyllic climate that is spring-like almost all year round.





Barcelona is an incomparable destination, at once traditional and modern, brimming with life.

A cosmopolitan and modern city that offers world class health services.

**Welcome to
Barcelona
Medical
Destination**



What is Barcelona Medical Destination?



Barcelona Medical Destination

offers visitors a wide range of medical specialities to satisfy the needs of the most demanding foreign patients.



A world class tourist destination:

safe, well-communicated, offering the best services and a network of superb hospitals and specialised medical facilities associated with some of the best research centers in the world.



An excellent choice for first class medical care

Barcelona Medical Destination is a programme managed by the Catalan Tourism Agency in collaboration with Barcelona Centro Médico and Barcelona Medical Agency which brings together the leading medical centers in Catalonia and, in particular, Barcelona.



Patients from all over the world

visit us every year for medical treatment or surgery in all specialties using the most highly advanced technologies.



Associated highly specialized centres

General centers:

barnaclinic+ *

Hospital Clínic

Villarroel, 170.

Barcelona (Spain)

+34 932 279 391

barnaclinic@clinic.cat

www.barnaclinic.com

- *Cardiovascular area*
- *Digestive surgery and metabolic diseases*
- *Neuroscience*
- *Oncology and haematology (with radiation therapy)*
- *Otorhinolaryngology*
- *Transplants*
- *Urology*

Dexeus *

Hospital Universitari Dexeus

Sabino Arana, 5-19.

Barcelona (Spain)

+34 932 274 747

info.dexeus@quironsalud.es

www.quironsalud.es/dexeus-barcelona/es

- *Gynecology and reproductive medicine*
- *Obstetrics and fetal medicine*
- *Traumatology and orthopaedics*
- *Cardiovascular area (paediatric)*

Fundació Puigvert *

Cartagena 340-350

Barcelona (Spain)

+34 93 416 97 31

dirgeneral@fundacio-puigvert.es

www.fundacio-puigvert.es

- *Urology and nephrology*
- *Reproductive medicine and andrology*

Hospital Sanitas CIMA

Pg. Manuel Girona, 33.

Barcelona (Spain)

+ 34 93 552 27 00

www.sanitas.es

- *Oncology and haematology (with radiation therapy)*

Quirón

Hospital Quirónsalud Barcelona

Plaça Alfonso Comín, 5-7.

Barcelona (Spain)

+34 901 500 501

+34 93 255 40 00

info.bcn@quironsalud.es

www.quironsalud.es/hospital-barcelona

- *Digestive surgery and metabolic diseases*
- *Oncology and haematology (with radiation therapy)*
- *Traumatology and orthopaedics*
- *Urology*

Sant Joan de Déu *

Hospital Materno-Infantil

Passeig Sant Joan de Déu, 2.

Esplugues de Llobregat,

Barcelona (Spain)

+34 936 009 783

international@sjdhospitalbarcelona.org

www.sjdhospitalbarcelona.org

- *Obstetrics and fetal medicine*
- *Complex paediatric diseases (ages 0-18)*
- *Ophthalmology*
- *Oncology and haematology (with radiation therapy)*
- *Rare diseases*
- *Transplants*
- *Traumatology and orthopaedics*

Teknon

Centro Médico Teknon

Vilana, 12.

Barcelona (Spain)

+34 932 906 200

info@teknon.es

www.teknon.es

- *Cardiovascular area*
- *Aesthetic and reconstructive surgery*
- *Neuroscience*

Monographic centers:

Barraquer *

Centro de Oftalmología Barraquer

Muntaner, 314.
Barcelona (Spain)
+34 932 095 311
info@barraquer.com
www.barraquer.com
• *Ophthalmology*

ICO

Instituto Condal de Oftalmología

Via Augusta, 61.
Barcelona (Spain)
+34 934 155 637
info@icoftalmologia.es
www.icoftalmologia.com
• *Ophthalmology*

Institut Guttmann*

Camí Can Ruti, s/n.
Badalona, Barcelona (Spain)
+34 934 977 700 ext. 2142 - 2182
international.patient@guttmann.com
www.guttmann.com
• *Neuroscience*
• *Neurorehabilitation*

IMO

Instituto de Microcirugía Ocular

Josep Maria Lladó, 3.
Barcelona (Spain)
+34 932 531 500
informacion@imo.es
www.imo.es
• *Ophthalmology*

IMOR ATRYS

Instituto Médico de Onco-Radioterapia

Escoles Pies, 81.
Barcelona (Spain)
+34 932 531 670
imor@imor.org
www.imor.org
• *Oncology and haematology
(with radiation therapy)*

Clínica ServiDigest

Centro Médico-Quirúrgico

Balmes, 334.
Barcelona (Spain)
+34 935 450 990
+34 934 153 464
info@servidigest.com
www.servidigest.com
• *Digestive surgery and
metabolic diseases*

*university medical centers





The best specialists

Barcelona is a leading European city in the field of organ and tissue transplants. Our renowned specialists advise other countries, such as Germany and France on advanced practices.

Some of the most renowned specialists in a variety of fields can be found Barcelona, including fetal medicine, complex paediatric surgery, oncology, ophthalmology, urology and traumatology.

Dr. Eduard Gratacós, Dr. José María Caffarena, Dr. Antonio de Lacy, Dr. Ramon Cugat, Dr. Juan Dr. Carlos García-Valdecasas, Dr. Humberto Villavicencio and Dr. Rafael Barraquer are just some of the world's leading experts working in these fields in Barcelona. Another specialist worth mentioning is Dr. Josep Dalmau, a world-renowned expert in the new subspecialty of neuroimmunology.

We share our talent with some of the world's leading research teams. For example, Dr. Valentí Fuster heads the Institute of Cardiology at Mount Sinai Hospital in New York and Dr. Joan Massagué heads the Sloan Kettering Institute dedicated to cancer research.

Our medical specialties

- Cardiovascular area
- Complex paediatric diseases (ages 0-18)
- Aesthetic and reconstructive surgery
- Digestive surgery and metabolic diseases
- Gynecology, reproductive medicine and andrology
- Neurorehabilitation
- Neuroscience
- Obstetrics and Fetal Medicine
- Oncology and hematology (with radiation therapy)
- Ophthalmology
- Otolaryngology
- Rare diseases
- Transplants
- Traumatology and orthopaedics
- Urology and nephrology



Barcelona, a research capital and centre of cutting-edge technology

Long tradition

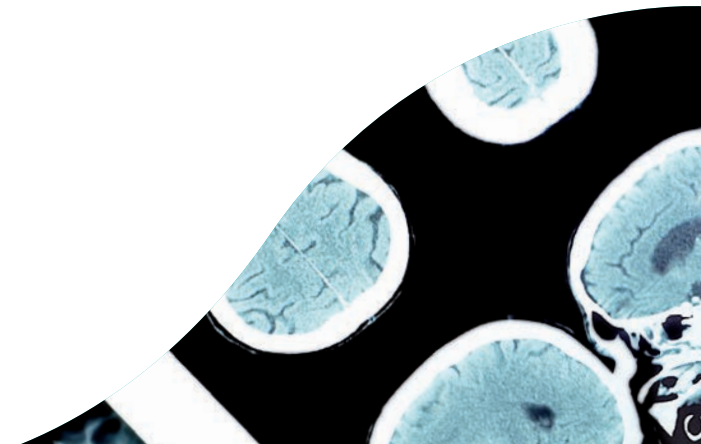
Catalonia and its capital, Barcelona, have a long tradition in the medical field. Barcelona has trained some of the most outstanding doctors of the 20th century, who have international projection such as Dr. Josep Trueta, who developed a method for the treatment of traumatic wounds that saved many lives; Dr. Ignasi Barraquer, who revolutionized cataract surgery techniques; Dr. Miquel Sarrias, who changed the prognosis for spinal cord injuries; Dr. Antonio de Lacy and Dr. Antonio Alcaraz, who are currently defying the laws of physics in their approach to minimally invasive digestive and urological surgical oncology, investigating new cutting-edge techniques.

Commitment to research

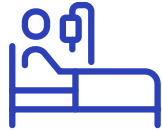
The laboratories associated with the Barcelona Biomedical Research Park such as the Institute for Biomedical Research (IRB), the IDIBAPS at the Hospital Clínic and the Vall d'Hebron Research Institute (VHIR) use some of the most highly advanced and innovative technologies to conduct interdisciplinary research, increasing the scientific impact and positioning themselves among Europe's leading scientific institutions. It draws on experts from some of the top centres in Europe and the United States and promotes scientific excellence in many medical and health fields. It currently employs more than 1,400 researchers from over 40 countries.

High quality network

Catalonia's health care system has been ranked by the WHO and independent rating agencies as one of the best in the world, thanks to its highly qualified medical staff, widespread use of advanced technologies and very strict control procedures.



Achievements



The survival rate

for complex operations in Catalan hospitals (transplants, vascular surgery in children, etc.) is among the highest in the world.



More than 90% of general surgical procedures

are mini-invasive (98% for abdominal surgery).



Barcelona clinics

report very low rate of post-operative complications and infections.



The use of the most highly advanced techniques

reduces hospitalization times, which in the case of seriously ill patients is between five and seven days on average. 70% of surgical procedures are performed on an outpatient basis.

Important milestones

World's first complete transvaginal kidney transplant.

Pioneers in the use of minimally invasive techniques in digestive surgery and metabolic diseases, robotic surgery and NOTES surgery.

First TOC intervention using the SuperPath technique, minimally invasive surgery using the micro posterior approach.

First ever placement of a neurostimulator in a Parkinson's patient in Spain.

Creation of the first Assisted Sexuality and Fertility Unit for people with disabilities.

First-time use of intraoperative radiation therapy in the treatment of breast cancer in Spain.

Implantation of an Argus II artificial vision chip in a deaf and blind patient with Usher syndrome for the first time in Europe.

Fetal surgery at 21 weeks to save the life of a child with a congenital upper airway obstruction syndrome.



Implantation of the first Argus II device in Spain in a patient with retinitis pigmentosa.

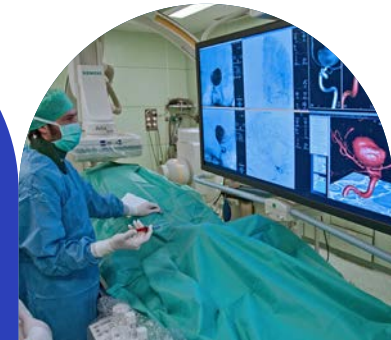
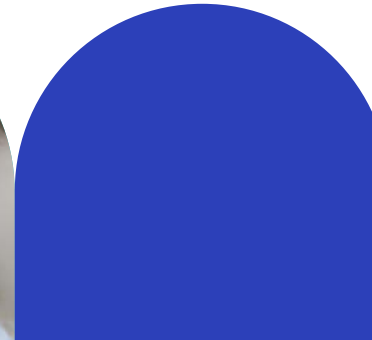
First paediatric heart surgery on a child with hypoplastic left heart syndrome using the Norwood Procedure in the neonatal stage.

Gazelab: internationally patented technology to measure strabismus and eye conditions in neurological and psychiatric diseases.

Exclusive leaders in bloodless cardiac surgery, the Ross Procedure, new sutureless aortic prosthesis and ultra-fast track recovery.

Birth of the first baby as a result of oocyte vitrification in a fertility preservation case due to ovarian cancer.

Barcelona is home to the only European centre that is administering a drug which is having very encouraging results for the treatment of high-risk neuroblastoma.





www.barcelonamedicaldestination.com

barcelonamedicaldestination@gencat.cat

Contributors

