



Conventions, incentives and events

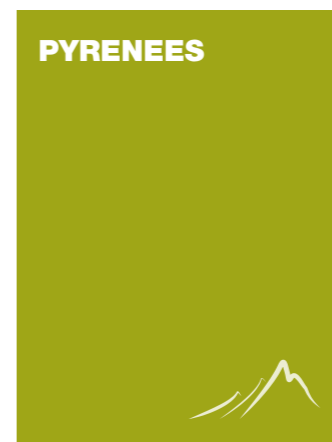
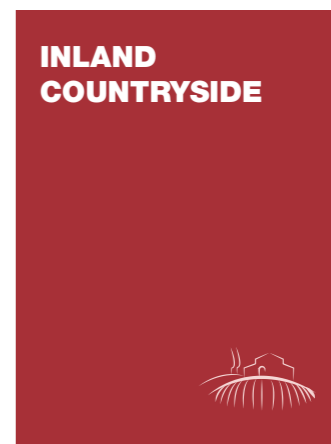


Catalonia connected to Europe

Direct flights to all business centres

from Barcelona





Environments

URBAN CATALONIA

One of the most visited urban areas of Europe and a major world destination for conferences and events, boasting over 2,000 years of history, Catalonia's four largest cities offer a wide range of spaces and activities, ranging from the most traditional and historical to the most avant-garde and contemporary.

Destinations

- Barcelona
- Girona
- Lleida
- Tarragona

MEDITERRANEAN COAST

From the Cap de Creus in the north, to the Delta de l'Ebre in the south, over 500 km of coastline make Catalonia an ideal destination to look out to sea., with sandy beaches, steep hills that lead to hidden coves and cliffs and charming towns that attract artists, intellectuals and tourists from around the world. Just a few miles from the sea, the medieval towns of Empordà, the wines of Penedès and Priorat and the infrastructure and facilities of Vallès make a stunning contrast for the natural beauty of the countryside.

Destinations

- Costa Barcelona
- Costa Brava
- Costa Daurada - Terres de l'Ebre

PYRENEES

The impressive Pyrenees provide a natural border of more than 3,000 metres with France. Valleys and lakes in natural parks of extreme beauty, the largest being the national park of Aigüestortes i Estany de Sant Maurici. From the volcanic area of Garrotxa to Val d'Aran, the area provides spectacular opportunities for sport and adventure activities in the open air.

Destinations

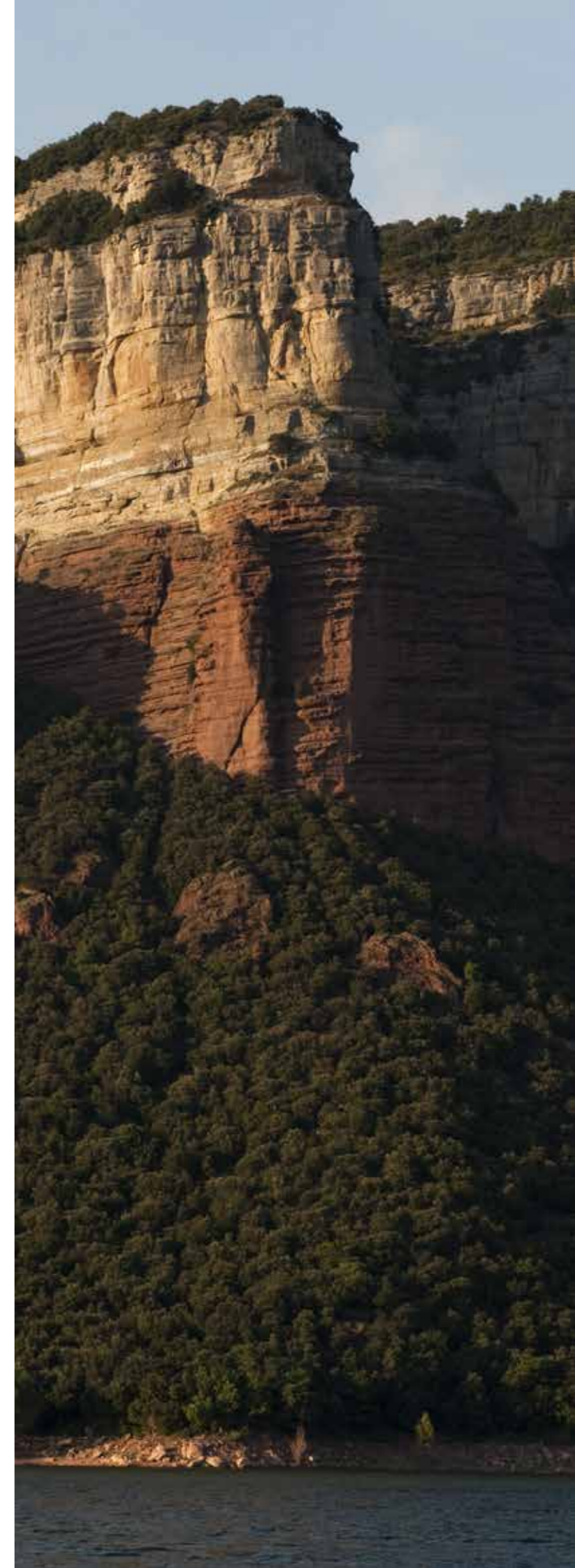
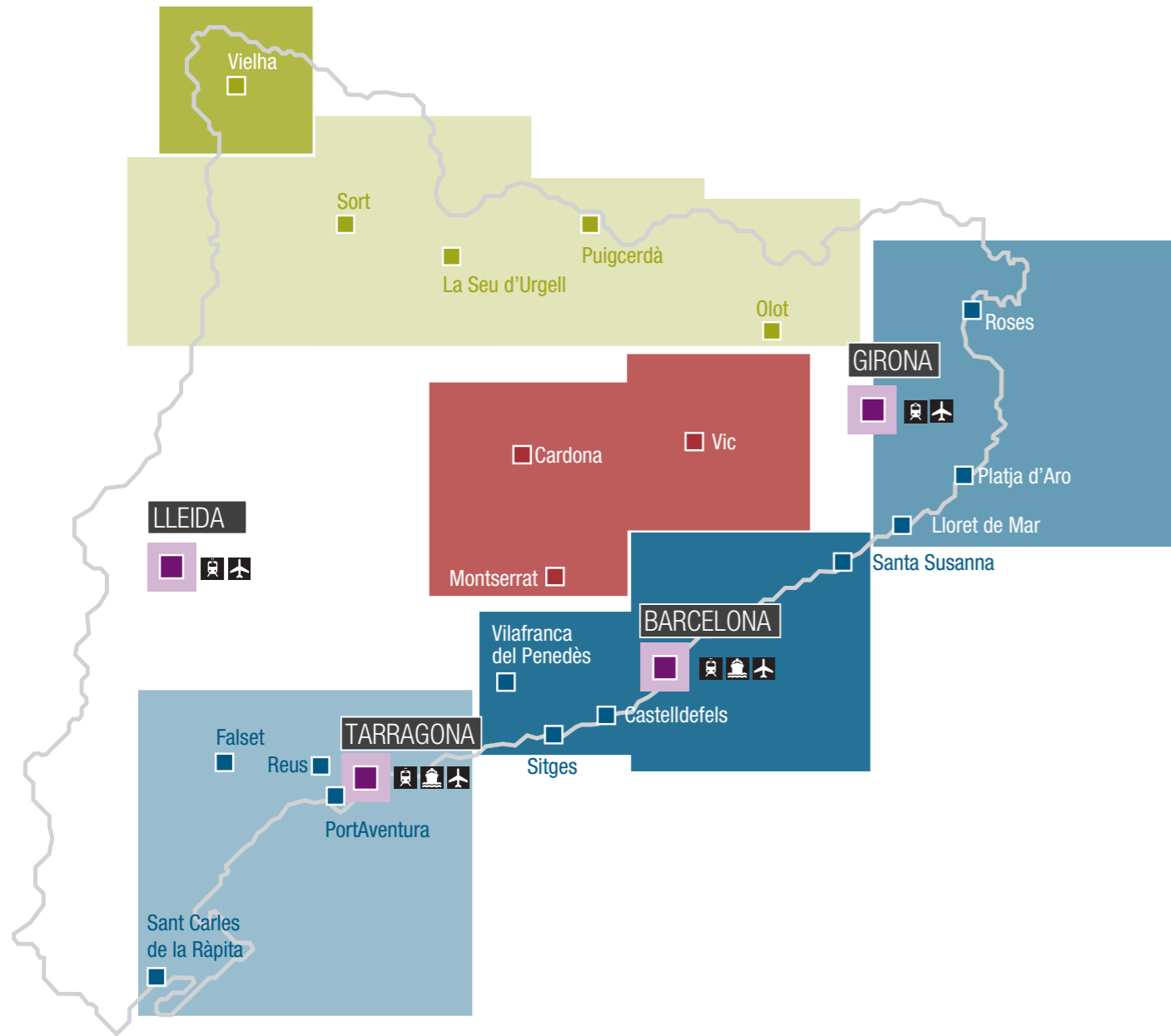
- Pyrenees
- Val d'Aran

INLAND COUNTRYSIDE

The countryside in inland Catalonia are well known for their rich natural heritage, present in the region's plains and mountains, and also its strong industrial and agricultural tradition that has provided a boost to the economic over the centuries. Historic towns like Vic, Manresa and Cardona have advanced and modernised themselves, without losing sight of their traditions, and can be found next to emblematic countryside such as Montserrat and Montseny.

Environments

Location of destinations





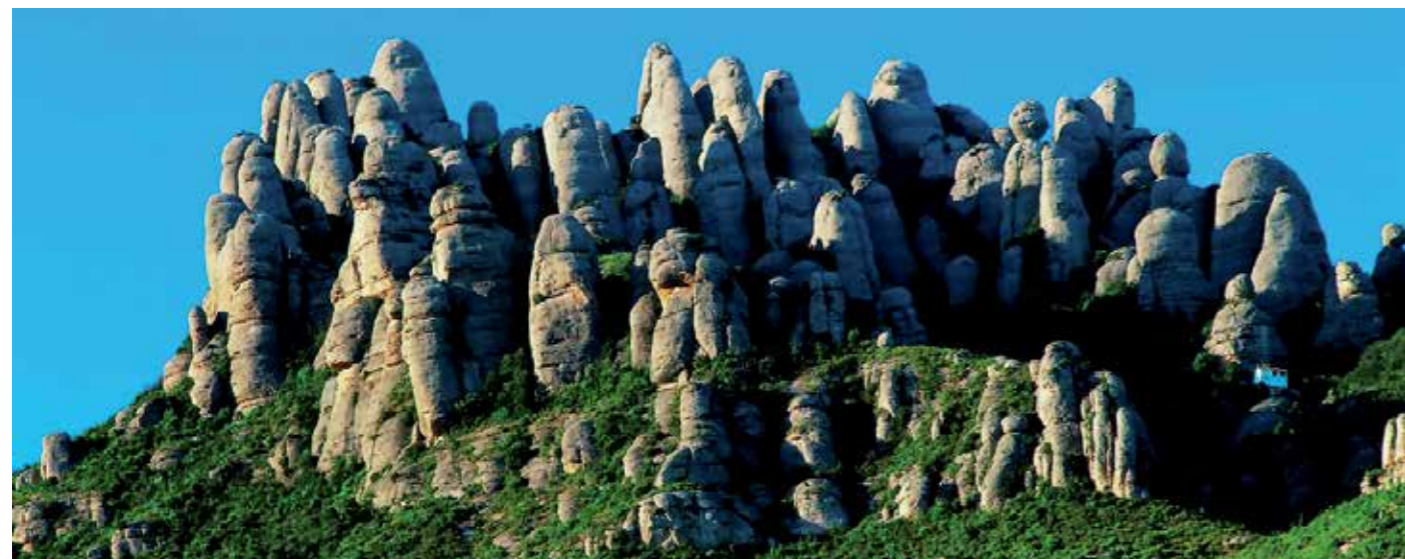
Inland Countryside

Traditional Catalonia

The interior of Catalonia, the hinterland of Barcelona, will surprise you by its hidden beauty, its traditions and legends, providing an opportunity for enjoying the combination of both fast pace and serenity and calm.

A region of great beauty, the heart of Catalonia, characterised by its geographical diversity, tradition and rural settings that have retained the essence of Catalan life of days gone by, is the ideal location for any kind of tourism. Inland but yet near the coast and boasting a rich culture and history and strong economic ties.

Circled by the Pyrenean foothills to the north and the natural parks of Montseny and Montserrat to the south, fertile valleys and vineyards which lead to some of the most renowned wines of Catalonia, lush forests and gentle slopes, but yet never far from relentless human activity, which has given rise to both medieval villages and modern cities with a rich historical and cultural heritage.



Your meetings and events in...

...the heart of Catalonia



Cardona - Hotel Bremon 3*

Cardona - Parador Ducs de Cardona 4*

Cardona - Vilar Rural de Cardona 3*

Súria - Les Comes Sererols

...the mountains



Montseny - Husa Sant Bernat 3*

Seva - El Montanyà Resort & Spa 4*

Sant Hilari Sacalm - Vilar Rural 4*

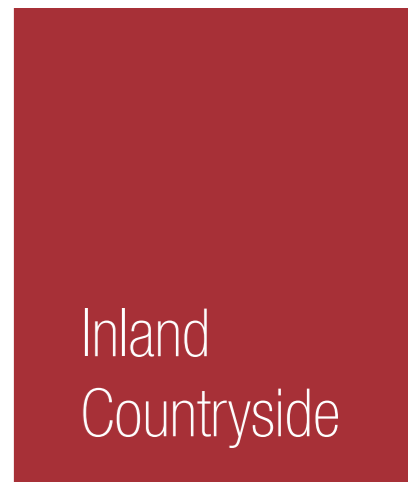


...unique spaces

Montserrat

Sant Fruitós de Bages - Món Sant Benet 4*

Os de Balaguer - Monastery of les Avellanes



Inland
Countryside

Our range of activities

in Inland Countryside



Discover

VISIT THE SALT MOUNTAIN

The old mine called Mina Nieves has been turned into a cultural facility to explain a relationship between humans and salt that goes back thousands of years. Along the tour route at a depth of 86 metres, you will be amazed by the folds and seams of the site and the diversity of its minerals. A place like no other!



Discover

FUN ON A BURRICLETA

A burricleta is a bike with pedal assistance provided by an electric motor, adapted specifically to help you discover stunning high-relief rural and natural landscapes. The tours are guided by interactive GPS, with cultural content about the itinerary.



Taste

THE BEE HOUSE ENIGMAS

Around Sant Pere de Torelló, we can find a whole host of small microclimates that encourage the growth of a wide variety of flowers from which honey rich in flavours and colours is produced. In this setting, you will be able to discover the entire process of honey-making by doing workshops to extract and taste this precious nectar, and to make candles from beeswax.



Create

MAKING A RAFT

Learn how to build a team in the magnificent setting of the Sau reservoir by making a raft from drums and tree trunks. Experience leadership, different roles, cooperation and strategy in a single activity. Contact with the natural environment will bring you and your team closer to human nature: growing, struggling and cooperating to achieve the same goal.



Taste

ORGANIC PRODUCE AT THE SANT BENET FARM

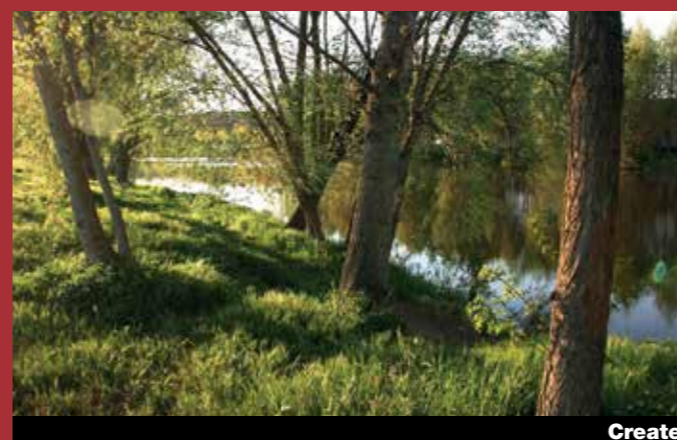
At the Alícia Foundation's Món Sant Benet organic farm, a professional chef will reveal the secrets of working with seasonal produce through simple, quick and, above all, fun recipes that you can easily make at home.



Taste

ALÍCIA FOUNDATION

With "The Sense of the Senses" demonstration-workshop, you will discover whether the senses help or fool us when we eat, why we eat some things and not others, and so on. This activity raises our awareness of the importance of cooking as a distinctive trait of humans.



Create

REFORESTATION

Spend a morning planting autochthonous species of trees in spaces along the banks of the Ter river as part of a gallery forest recovery project.

You will learn to care for nature and enjoy a very gratifying experience.



Create

CRAFTED SOAPS

Come to "Monestir de les Avellanes" to know the natural soap tailoring art. The activity will be imparted by a craftswoman who will explain the origin and development of soap until our days. The second part of the activity will consist to the explanation of how making a cold soap and a liquid soap for our washing machine. She will complete the class with the tailoring of bath salts with aromatic plants of the zone "La Noguera".



Take the Plunge



Dare



Dare



Experience

CANOEING ON RESERVOIRS

With this excursion, you will experience an authentic sensation of sailing in the type of boats that Indians used to use, and discover some very special features of the Sau reservoir, like the belfry.

HOT AIR BALLOON FLIGHT

Come and enjoy a flight in a hot air balloon! An unforgettable trip over Montserrat or the Plana de Vic to see inland Catalonia from a spectacular, privileged position. A relaxing and surprising experience that is rounded off with a traditional Catalan lunch.

KARTING

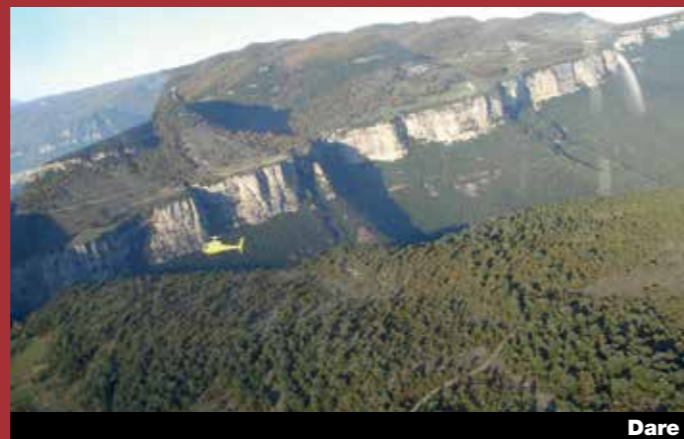
Experience the speed of karts on a one-of-a-kind circuit in Europe, designed by world champion Dani Pedrosa. And if your passion is of the two-wheeled variety, you can also hit the circuit on a motorbike!

MONTSERRAT EXCLUSIVE: 1,000 YEARS OF SPIRITUALITY

With this guided tour, you will discover the history and important artistic heritage of this iconic symbol of Catalan culture: the basilica and statue of the Virgin of Montserrat, its museum, declared of National Interest in 2006, the rules governing the lives of the monks inside the monastery, and many other mysteries.



Dare



Dare



Experience



Experience

HUMOR AMARILLO

The original and very first one in Spain. If you loved the crazy antics of Takeshi's Castle, then you cannot miss the most off-the-wall aquatic games that you could ever imagine. Done in an aquatic environment, you will find plenty of mud and other difficulties; there are 10 ever-wilder challenges, including the infernal chute, the flying lizard and the obstacle course in the mud.

COLLSACABRA BY HELICOPTER

Enjoy the unforgettable experience of flying over the Sau Collsacabra valley and taking in the beautiful views of the Sau reservoir and its belfry, the Casseres monastery, the course of the Ter river, etc., constantly surrounded by impressive forests and crags.








DONKEY 'DRIVING' LICENCE

You will be able to try your hand at doing traditional country chores, such as ploughing the earth or moving clay vessels and shifting firewood on the back of a donkey. On successful completion of the activity, you will be awarded a donkey 'driving' licence.

THE BANDITS' ROUTE BY MOUNTAIN BIKE



Enjoy this adventure tour by mountain bike through the northern part of Osona county. Cycling through this land where bandits used to operate, and taking advantage of the tracks and paths that Joan de Serrallonga and Perot Rocaguinarda used to tread, you will be able to enjoy the marvellous landscapes with strategic views, see the typical country houses that the bandits used to fight over, and observe the caves where they used to hide.

Venues for meetings and events







Location	Unique spaces				
Súria	Les Comes Sererols	130	140	170	
Os de Balaguer	Monastery of les Avellanes	150	40	150	
Monistrol de Montserrat	Montserrat	350	300	395	

Hotels *See list of hotels with rooms for meetings and events (see Annex)*




Hotel capacity

Capacity	Category			
	3*	4*	5*	5*GL
	22	13	-	-
	1339	1430	-	-




Maximum capacities in format

 Theatre	 Cocktail parties	 Historical	 Traditional	 Original	 Number of hotels
 Banquet	 Cultural	 Avant-garde	 Wineries	 Number of beds	

Hotels with rooms for meetings and events

PYRENEES		Theatre	Banquet	Cocktail
Pyrenees				
Bolvir de Cerdanya	Hotel Chalet del Golf 4*	60	30	70
Castellciutat	El Castell 4*	400		
Cellers	Terradets 3*	250	200	260
Escaló	Castellarnau 3*			
Espot	Roca Blanca 3*			
Estamariu	Cal Teixidor 3*			
Fares	L'Arcada de Fares			
Fontanals de Cerdanya	Hotel Fontanals Golf 4*			
Joanetes	Mas Les Comelles			
La Guingueta d'Àneu	Poldo 3*	75		
La Seu d'Urgell	Parador de La Seu 3*	98	80	200
Llavorsí	Riberias 4*	60		
Olot	Cal Blanc			
Olot	Estació 3*			
Olot	La Perla d'Olot 3*	50		
Olot	Riu Olot 4*			
Peramola	Can Boix 4*			
Pla de l'Ermida de Taül	Boí Taüll Resort 3*			
Pla de l'Ermida de Taül	Romànic 3*			
Prullans	Cerdanya Resort 3*	350	220	
Puigcerdà	Hotel del Lago 3*			
Queralbs	Hotel Vall de Núria 3*	144	25	55
Santa Pau	Cal Sastre			
Sort	Pessets 3*	150		
Tavascan	Estany Blaus 3*			
València d'Àneu	La Morera 3*			

PYRENEES		Theatre	Banquet	Cocktail
Val d'Aran				
Arties	Hotel Casa Irene 4*			150
Arties	Parador d'Arties 4*	120	230	350
Bagergue	Hotel Seixes 3*	30		
Baqueira	Hotel AC Baqueira 5*	63	48	80
Baqueira	Hotel Himalaia Baqueira 4*			115
Baqueira	Hotel Montarto 4*			200
Baqueira	Hotel Tuc Blanc 3*	220	140	170
Baqueira	Hotel Val de Neu 5*	180	100	200
Baqueira	Rafael Hoteles La Pleta 5*	60		
Betren	Hotel Husa Tuca 4*	160	150	200
Garòs	Hotel Vilagaròs 4*	70		
Pont d'Arròs	Hotel Penha 3*	40		
Vielha	Acevi Val d'Aran 4*	80		100
Vielha	Hotel Sol Vielha 4*	100		
Vielha	Parador de Vielha 4*	120	300	400
Vielha	Hotel Eth Solan 3*			

INLAND COUNTRYSIDE				
				
Cardona	Hotel Bremon 3*	45	50	70
Cardona	Parador Ducs de Cardona 4*	80		120
Cardona	Vilar Rural de Cardona 3*	170	150	180
Igualada	Hotel Ciutat d'Igualada 4*	250	300	400
Montseny	Husa Sant Bernat 3*	250	220	440
Seva	El Montanyà Resort & Spa 4*	325	260	400
Sant Hilari Sacalm	Hotel Balneari Font Vella	45		60
Sant Hilari Sacalm	Vilar Rural de Sant Hilari 4*	345	200	300
Sant Fruitós de Bages	Món Sant Benet 4*	734	500	800

Members of Catalunya Convention Bureau

MEETING FACILITIES

Palau de Congressos de Catalunya	www.pcongresos.com
Congress Centre Gran Hotel Rey Don Jaime	www.grup-soteras.com/index_donjaime.html
Auditori Palau de Congressos de Girona	www.gironacongressos.org
Evenia Olympic Resort, Hotels, Spa i Palau de Congressos	www.olympiccongresscenter.com
FiraReus	www.firareus.com
PortAventura Convention Centre	www.portaventura-be.com
Palau de Congressos La Llotja	www.pc-lleida.com

VENUES

Casa Batlló	www.casabatllo.cat
El Molino	www.elmolinobcn.com
El Principal	www.grupotragaluz.com
Espai Provença	www.espaiprovenca.cat
FC Barcelona · Camp Nou	www.fcbarcelona.cat
Gran Teatre del Liceu	www.liceubarcelona.cat
La Pedrera	www.lapedrera.com
Museu Nacional d'Art de Catalunya	www.mnac.cat
Circuit de Barcelona - Catalunya	www.circuitcat.com
Mas de Sant Lleí	www.masdesantlleí.com
Món St Benet · Hotel and Conference Center	www.hotelmonstbenet.com
Montserrat	www.montserratvisita.com
Can Macià - Caves Bohigas	www.bohigas.es
Illa Fantasia	www.illafantasia.com
Cava & Hotel Mas Tinell	www.hotelmastinell.com
Caves Freixenet	www.freixenet.es
Heretat Segura Viudas	www.seguraviudas.com
Masia Mas Coll	www.masiamascoll.com
Miguel Torres	www.torres.es
Vallformosa	www.vallformosa.com
Sala Polivalent Costa Brava	www.gccb.com
Castell de Tamarit	www.castillotamarit.com

HOTELS

Hotel Alexandra	www.hotel-alexandra.com
Alimara Barcelona Hotel	www.alimarahotel.com
Atenea Barcelona Aparthotel	www.cityhotels.es
Hotel Fira Palace	www.fira-palace.com
Hotel 4 Barcelona	www.hotel4barcelona.com
Hotel Front Marítim	www.hotelfrontmaritim.com
Hotel H10 Marina Barcelona	www.h10hotels.com
Meliá Barcelona Sky	www.me-barcelona.com

SPECIALISED AGENCIES

OPC

Bocentium	www.bocentium.com
Grupo Pacífico	www.pacifico-meetings.com
Pacific World	www.pacificworld.com
Reunions i Ciència	www.gruporic.com
Top Congress	www.topcongress.es

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DMC	
About Events	www.about-events.com
Abreu DMC Barcelona	www.abreudmc.com
Across Spain	www.across-spain.es
Alo Spain DMC	www.alospaincongress.com
Barcelona Online	www.barcelona-on-line.es
Cava Emotions	www.cavaemotions.com
Cutting Edge Events Spain & Portugal	www.cuttingedge-events.com
E&TB Group Spanish DMC	www.eatbgroup.com
GP Destination Management	www.gpdmc.com
Liberty International Spain	www.liberty-international.org/spain
Mediterranean Incoming Services	www.mediterraneanincoming.com
Pacific World	www.pacificworld.com
Sit Events (Group incoming DMC)	www.sitevents.com
VIAP Uniglobe	www.viap.es

EVENT ORGANIZER

Eventive	www.eventiveprod.com
Natura By Green Team - Experiencias sostenibles	www.rsc-greenteam.com

COMPLEMENTARY SERVICES

TRANSPORT	
Avant Grup · Coach & Car services Barcelona	www.avantgrup.com
Calella Moventis	www.calellamoventis.com
Gevicar	www.gevicar.es
Grup Limousines	www.gruplimo.com
Sagalés	www.eliteclassbus.com

OUTDOOR & TEAM BUILDING · TOURS & ACTIVITIES

Amfivia Outdoor Events Management	www.amfivia.com
Barcelona Golf Events & Incentives	www.barcelonagolf.com
Humanside Experiences	www.humanside.biz/experiences
Obrint Via	www.obrintvia.cat
Roc Roi	www.rocroi.com
World Experience Barcelona	www.webarcelona.com
Barcelona Guide Bureau, S.L.	www.barcelonaguidebureau.com
Bornbike Experience Tours	www.bornbikebarcelona.com
Camins de Vent	www.caminsdevent.com
Kon Tiki	www.globuskontiki.com

La Roca Village	www.larocavillage.com
Running Tours Barcelona	www.runningtoursbarcelona.com

RESTAURANTS & CATERING

La Gavina (Restaurant)	www.lagavina.es
Restaurant Diagonal Can Soteras (Restaurant)	www.grup-soteras.com
Restaurant La Cucanya (Restaurant)	www.restaurantlacucanya.com
Universitas Food Services (Catering)	www.universitas.cat

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AIB, Agrupació d'Intèrprets de Barcelona (Translation and interpretation)	www.aibcnet.com
One Vision (Communication channels and new technologies)	www.onevisionbcn.com
Open Print Destination Printing Company (Reprography)	www.openprint.com
Puzzle Papers (Corporate gifts)	www.puzzlepapers.com
Sabaté (Design, decoration & reprography)	www.sabatebarcelona.com
Soft Congres (Technological services)	www.softcongres.com
Turispad, Comunicació y Servicios Móviles (Tablet Rental)	www.turispad.com
Wallvideo Audiovisuals per congressos i events (Audiovisual Material)	www.wallvideo.es

CONVENTION BUREAUX

Barcelona Convention Bureau	www.barcelonaconventionbureau.com
Barcelona Province Convention Bureau	www.barcelonaprovincecb.cat
Costa Daurada Convention Bureau	www.costadauradaevents.com
Costa Brava Girona Convention Bureau	www.gironaconventionbureau.com
Aran Natura Convention Bureau	www.visitvaldaran.com
Baix Llobregat Meetings & Events in Barcelona	www.turisme Baix Llobregat.com
Castelldefels Meetings & Incentives	www.castelldefels.eu
Lleida Event & Convention Bureau	www.turismedelleida.com
Lloret Convention Bureau	www.lloretcb.org
Santa Sussana Turisme de Reunions	www.statusanna-online.com
Sitges Convention Bureau	www.sitgescb.cat
Tarragona Convention Bureau	www.tarragonacb.cat

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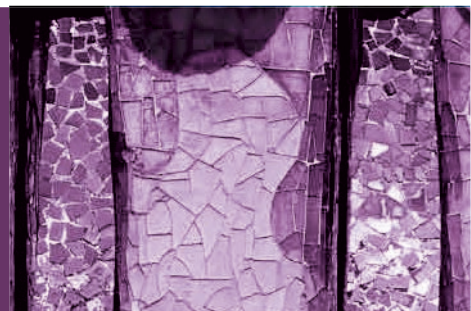
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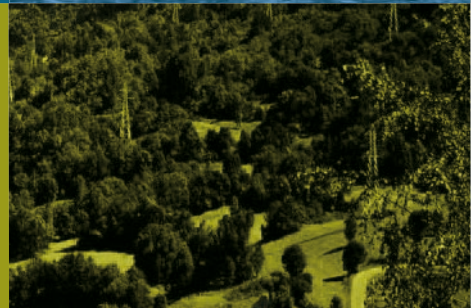
Urban Catalonia



Mediterranean Coast



Pyrenees



Urban and Countryside



**Catalunya
Convention Bureau**