


















**Get away with
your family**

SUMMARY

Catalonia with your family	3
 Venture into nature	4
 Experience the snow	20
 Discover the environment	24
 Plunge into the water	44
 Baby area	58
 Have fun at theme parks	62
 Family-friendly accommodation	74
Activity locator map	78
More information	80

What do the pictograms for each activity mean?

-  Age
-  Time of year
-  Price
-  Information
-  Location
-  Sustainability features
-  Accessibility features
-  Accessibility features



© PORTAVENTURA WORLD

CATALONIA WITH YOUR FAMILY

Fancy having a good time together? This is a destination where you can enjoy a ton of activities for visitors of all ages. Do you like the mountains? Both in the winter and the summer, adventures are planned that allow you to have fun in nature and find out some more about the animals, the plants, the stars, the snow sports or life in the countryside. Water addicts? There are plenty of underwater proposals awaiting you: rafting, calm journeys by kayak or sailing and windsurfing courses. Prefer to discover places, museums and monuments? You're in luck, because the historical recreations allow you to get to know towns and cities as if you had travelled back in time. Travelling with babies? There are also activities planned for them which are specially adapted to their way of exploring the world. In need of a thrill? Lucky you: in the theme parks of Catalonia you can get your adrenaline rush by slipping down water slides, driving go-karts and enjoying the most daring and original attractions. At the end of the day, and to relax, there's a network of accommodation which has the certified Family Tourism stamp of approval which guarantees the quality of the associated companies.

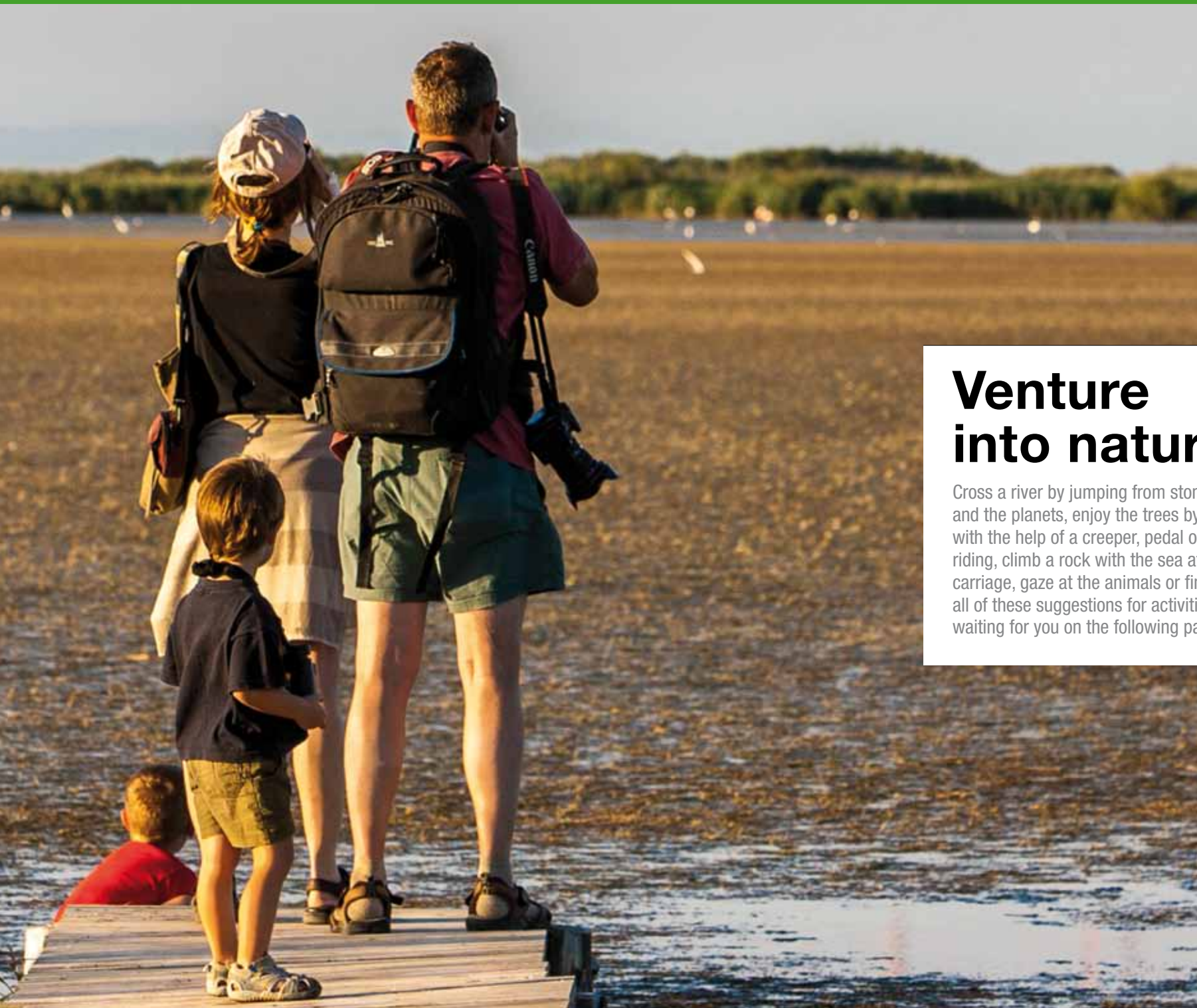
Catalonia is a place to enjoy with your family. Visit all year round. You will definitely find a suggestion to meet the expectations of each and every member of your group, from the young to the old, from the most active to those who love peace and quiet.

Visit the website for more information and specific proposals:


www.catalunya.com/what-to-do/how-to-travel/with-children



© MARIANO CEBOLLA



Venture into nature

Cross a river by jumping from stone to stone, watch the stars and the planets, enjoy the trees by moving from one to another with the help of a creeper, pedal on mountain bikes, go horse riding, climb a rock with the sea at your feet, take a ride in a carriage, gaze at the animals or find out who makes honey... all of these suggestions for activities to do with your family are waiting for you on the following pages. 

BIRDWATCHING IN THE DELTA DE L'EBRE.



© QUERALT VEGAS

1. Discover the Serra de Queralt

6-11 years €0

Turisme de Berga
www.turismeberga.cat

BERGA

A guide specialised in the area will lead you to the places where you can enjoy the countryside and the most spectacular views of the Serra de Queralt. The route follows a coastal path and focusses on discovering the natural heritage. You will find springs and picnic areas along the way.



© NANO CAÑAS

2. Fun in the high mountains

3-11 years €10-20

Portainé
www.portaine.cat

PIRINEUS - NOGUERA PALLARESA

Nature lovers can enjoy Port Ainé Leisure and Adventure Park at a height of 2,000 metres. The park has two proposals: one for the winter, which includes an ice rink and sledges, and another for the summer, with activities such as all-round skates.



© ZOO DEL PIRINEU

3. Native animals of the Pyrenees

+3 years €5

Zoo del Pirineu
www.zoopirineu.com

Odèn

Zoo of the Pyrenees allows you to get a close look at some of the animals which are local to the area. Stroke them, feed them and hold them. The specialists at the zoo will accompany you at all times and will lead this activity during which you will not only learn about the animals' habits, but also find out some of their secrets.



© ZOO DEL PIRINEU

4. Exhibition of flying birds of prey

+5 years €12

Zoo del Pirineu
www.zoopirineu.com

Odèn

Have you ever seen an owl up close? At the Zoo of the Pyrenees you can enjoy an exhibition of flying birds of prey and get a close look at them. You will also discover other animals during a guided tour which will allow you to get to know different species and even stroke a fox.



© PIRINEUS PARC AVENTURA

5. Adventure in the vertical forest

+3 years €13

Pyrenees Adventure Park
www.pirineusparcaventura.com

VALLS D'ÀNEU
www.vallsdaneu.org

Over 90 activities divided between 5 different circuits with 500 m of zip wires, jumps into the void, creepers, bridges, tunnels, Tarzan jumps, swings... The Pyrenees Adventure Park is located in the heart of Vall d'Àneu, near to La Torrassa reservoir. It's a fun place for the whole family.

6. Wildlife of the Pyrenees

0-99 years €16

Monnatura Pirineus
www.monnaturapirineus.com

VALLS D'ÀNEU
www.vallsdaneu.org

Ready to encounter some of the most representative wildlife species of the Pyrenees? In the landscape around Valls d'Àneu you can enjoy a unique experience. Accompanied by a technician, you will discover the main biological features and the behaviour of these species.



© MONNATURA PIRINEUS



© ARÀNEU BIKE

7. Nature and Mountain Biking

+8 years €41

i Aràneu Bike
www.araneubike.com

i VALLS D'ÀNEU
www.vallsdaneu.org

Fancy getting to know the brown bear's natural habitat? This mountain biking route for families with children from 8 years old passes through the Alt Pirineu Natural Park. By bike, following the course of the Noguera Pallaresa River, you will get closer to the brown bear's habitat and discover a natural world with fantastic heritage.



© CASA DE L'ÒS BRU

8. On the trail of the brown bear

+5 years €2

i Casa de l'Òs Bru
www.casaosbru.org

i VALLS D'ÀNEU
www.vallsdaneu.org

The Casa de l'Òs Bru dels Pirineus (House of the Pyrenean Brown Bear), an interpretation centre where you can get to know this beautiful animal, is located in the town of Isil. After the visit, a circular tour takes place during which you will find traces that will help you to increase your knowledge on Pyrenean wildlife.



© MONNATURA PIRINEUS

9. A trip through the galaxies

0-99 years €16

i Mónnatura Pirineus
www.monnaturapirineus.com

i VALLS D'ÀNEU
www.vallsdaneu.org

A visit to the planetarium to discover the constellations and the celestial objects which are visible from the northern hemisphere, followed by a marvellous show: looking at the Pyrenean sky with optical devices so that the whole family can enjoy a very special (and spatial!) night.



© MAS LA COROMINA

10. Welcome to the farm

0-99 years €5-8

i Mas la Coromina
www.maslacoromina.cat

i VALL D'EN BAS
www.vallbas.cat/turisme

Mas La Coromina offers an experiential and educational visit for the whole family. You will learn about the tasks that livestock farming entails, you will stroke the soft skin of the cattle and you will feed the animals. Through games and workshops, you will learn about the cows' daily lives.



© CAN TRONA

11. Can Trona, cultural and natural centre

0-99 years €3

i Can Trona
www.cantrona.cat

i VALL D'EN BAS
www.vallbas.cat/turisme

This interpretation centre will bring you closer, in a virtual way, to Vall d'en Bas. Using audiovisual techniques, touch-screens and information panels, you will discover its culture and nature. In the Eco-museum, you will find information and curiosities about the territory: geological formation, history, fauna and flora.



© VALL D'EN BAS

12. Vall d'en Bas, mobile in hand

+6 years €0

i Bas de Màgia
www.basdemagia.cat

i VALL D'EN BAS
www.vallbas.cat/turisme

With the help of an app, you can visit all of the nooks and crannies of Vall d'en Bas, get to know its traditions and enjoy its artisanal products and its gastronomy. Simply download the AdventuriQ app and discover, with the help of its magical characters, 7 routes, 7 towns, lots of surprises and even prizes.



© MAS LA COROMINA

13. A day in the countryside

0-99 years €5-8

Mas la Coromina
www.maslacoromina.cat

VALL D'EN BAS
www.vallbas.cat/turisme

If you want to explore, feel and experience, first hand, what living in the countryside is like, you can do just that at Mas La Coromina and visit its farm. With them, you will roam the land, feed the cattle, be there when they are milked, you'll taste the milk and its by-products and you will learn about the work that is carried out in a country house.



© BOÍ TAÜLL RESORT

14. Tales and legends of Boí and Taüll

+5 years €10-14

Boí Taüll
www.boitaullresort.com

VALL DE BOÍ
www.vallboi.cat

Walks through the small towns of the Vall de Boí, listening to old legends about the fantastic and mythological creatures of the Pyrenees. You will discover the magic hidden behind the landscapes, accompanied by guides from Boí Taüll, who will narrate stories which have been passed down from generation to generation.



© NANO CAÑAS

15. A ride in a chairlift

0-99 years €3-11

Vallter 2.000
www.vallter2000.cat

VALL DE CAMPRONON
www.valldecampronon.org

This summer activity invites you to access the birth of the Ter in a very unique way. Get into a chairlift and begin to climb upwards in an exciting and extremely visual manner. Once you have reached the summit, you can hike with your family and take in beautiful views of the Costa Brava from the vantage point.



© HIPICA UNICORN

16. Horse riding through vineyards

+3 years €10

Centro Equestre Unicorn
www.hipicaunicorn.com

SANT ANTONI DE CALONGE
www.calonge-santantoni.cat

You will be sure to have a good time riding ponies and horses through the vineyards, between olives and fruit trees in the area of Les Gavarres. The outings are adapted for children from 3 years old and beginners. A guide will accompany you on foot throughout the trek in order to give you tips and tell you some equine curiosities.



© HIPICA UNICORN

17. Pony Mounted Games

+3 years €15-20

Centro Equestre Unicorn
www.hipicaunicorn.com

SANT ANTONI DE CALONGE
www.calonge-santantoni.cat

An activity aimed at children from 3 years old and teenagers. It involves a series of games which will give the jockey the opportunity to develop any equestrian discipline. A sport where jockeys and ponies collaborate in order to win in terms of skill and speed. The smallest jockeys are accompanied by a guide.



© JORDI GELI

18. Els Estanys Park

0-99 years €0

CASTELL-PLATJA D'ARO
www.platjadaro.com

CASTELL-PLATJA D'ARO

A signposted route through Els Estanys Park, a 150,000 m² urban park where you can see birds and discover open-air art exhibitions which include big sculptures. The park organises nature trails and dramatised visits depicting magical tales so that the whole family can enjoy the stories surrounded by nature.



© BICICLETAS Y RUTAS

19. Biking through Aiguamolls de l'Empordà Park

0-99 years €25

Burricleta
www.bicicletasyrutas.com

ROSES
es.visit.roses.cat

A bicycle ride during which you will be able to see the birds that live in the natural park while you border along farmland and canals. As an alternative, they also offer routes which are self-guided using a GPS through medieval towns of the Alt Empordà, such as Castelló d'Empúries and Peralada — inland — or Roses, Empuriabrava and Cadaqués — on the coast. 📍



© PARC AVENTURA SANT FELIU

20. Vía ferrata (climbing route) over the sea

+12 years €20-30

Parc Aventura
www.parcaventurasantfeliu.com

SANT FELIU DE GUÍXOLS
www.visitguixols.com

Parc Aventura Sant Feliu de Guíxols organises the outing and equipment rental necessary in order to experience the only via ferrata in Europe over the sea. The Cala del Molí climbing route starts on the coastal path and has two low-difficulty sections which you can enjoy with your family with children over 12 years old. 📍



© HIPICA MAS PAGUINA

21. Carriage excursions

0-99 years €120 per group

Mas Paguina Riding Centre
www.hipicamaspaguina.com

ESTARTIT
www.visitestartit.com

In the daylight, and also under the light of the stars, Mas Paguina Riding Centre organises outings in horse-drawn carriages with a capacity for 8 or 9 people so that you can enjoy a pleasant excursion through the Montgrí Natural Park, in the natural surroundings of the mouth of the River Ter. 📍



© ACTIVNATURA

22. Welcome to the world of tree climbing

+8 years €15

Activ Natura
www.activnatura.com

SANTA SUSANNA
stasusanna-barcelona.es

Several stretches of zip wires between trees, connected by bridges, nets, cables and zip wires which allow you to move from tree to tree without touching the ground with maximum safety in order to care for both the participants and the trees themselves. Tree climbing sets into motion new skills, movements, decisions and emotions along with respect for nature. 📍



© DRAC ACTIU

23. Searching for treasure

0-99 years €5

Drac Actiu
www.dracactiu.com

MUNTANYES DE PRADES
www.concaturisme.cat

Fancy looking for treasure with your family using a GPS? Yes. This is a *geocaching* game which will allow you to get to know the story of Esplugu de Francolí a little better. To begin the game you simply need to follow the clues and discover emblematic characters and places. 📍

5000

IS THE NUMBER OF KILOMETRES THAT MAKE UP THE NETWORK OF LONG-DISTANCE TRAILS IN CATALONIA WHICH CAN BE ENJOYED BY BOTH THE YOUNG AND THE OLD.



© ORIOL CLAVERA



© MUSEU DE LA VIDA RURAL

24. From the olive tree to the table

0-99 years €6

Museu de la Vida Rural
www.museuvidarural.cat

MUNTANYES DE PRADES
www.concaturisme.cat

A family-friendly route to get to know the world of oil a little better. The visit begins in the olive groves where, through activities and games, you will learn more about the fruits of this tree. You will also carry out farming tasks, visit the Centre d'Interpretació dels Fruits del Paisatge, be offered something to taste and climb a bell tower.



© DRAC ACTIU

25. The world of bees

+6 years €10-15

Drac Actiu
www.dracactiu.com

MUNTANYES DE PRADES
www.concaturisme.cat

Get to know the bees thanks to a workshop and increase your affection for these important pollinators. This is what Drac Actiu has to offer. You will discover what they are like, where they live, their ecological importance and the properties of the products that they make and what they are used for.



© SERCOTEL VILLA ENGRÀCIA

26. La Conca de Barberà on horseback

+9 years €22

Villa Engracia
www.villaengracia.com

MUNTANYES DE PRADES
www.concaturisme.cat

Guided horseback excursion to enjoy the natural surroundings of Poblet with your family. The trek, which lasts for one hour, is suitable for the whole family and passes through picturesque landscape. A gentle horseback ride will allow you to discover some of the territory's transformations and you will also meet the people there.



© XAVI MOLINER. GZ

27. The hermitage and Foradada rock

+5 years €12

Ajuntament de Prades
www.prades.cat

MUNTANYES DE PRADES
www.muntanyescostadaurada.cat

Guided visit lead by a biological expert in the territory who will help you to venture into and connect with nature. You will follow routes which will allow you to discover the essence of Prades. To gather strength and get to know local products, before finishing the visit you will be offered a tasting.



© SERCOTEL VILLA ENGRÀCIA

28. My first pony ride

3-10 years €7

Villa Engracia
www.villaengracia.com

MUNTANYES DE PRADES
www.concaturisme.cat

First contact with the fascinating world of horses. Children from 3 years of age will enjoy a 15-minute trek in order to feel how the pony moves and increase confidence. Also, during the excursion, the children will discover some curiosities about the equestrian world.



© AJUNTAMENT DE PRADES

29. A natural maze and a cave of legends

6-16 years €0

Ajuntament de Vilanova de Prades
www.vprades.altanet.org

MUNTANYES DE PRADES
www.muntanyescostadaurada.cat

A route in which explorers will be introduced to the legend of the Home Fe. An excursion which begins in Vilanova de Prades and heads towards the cave of Calaixos de l'Ereldo and Punta del Curull, winding through rocks which form a natural maze. Views of Montsant, Les Garrigues, the Conca de Barberà and the Prades mountains.



© XAVI MOLINER

30. A visit to Prades

0-99 years €5

Ajuntament de Prades
www.prades.cat

MUNTANYES DE PRADES
www.muntanyescostadaurada.cat

From the Santa Maria Church to the castle remains, a route which will allow you to experience and get to know the most emblematic parts of Prades. Also, in the Interpretation Centre of the Prades mountains you can learn more about the surroundings and round it all off by tasting local products. 📍



© BOSCA AVENTURA SALOU

31. Salou Adventure Wood

+3 years €13-30

Bosc Aventura
www.boscaventurasalou.com

SALOU
www.visitsalou.eu

In this multi-adventure park you will find different activities such as circuits with bridges and zip wires which can be used by boys and girls from 3 years old. Turn up the action by playing soft paintball or regular paintball. You can also become unstoppable archers or practise your swing on the 14 minigolf courses. 📍



© GUBIANA DELS PORTS

32. 4x4 Adventure in Els Ports

0-99 years €35

Gubiana
www.gubiana.com

ELS PORTS
elsportsenfamilia.cat

Enjoy an excursion in 8-seater 4x4 vehicles. You will climb to the summit of Mont Caro and Mola de Catí. After breakfast in the mountains, it'll be time to explore the caves and, as you'll already find yourself in the woods, investigate the wildlife. With the help of some practical field cards, you will identify plants and animal tracks. 📍



© ARABOGUES

33. Let's help Bigotis the otter

+4 years €80 per group

Arabogues
www.facebook.com/arabogues.delasenia

ELS PORTS
elsportsenfamilia.cat

Bigotis the otter would like to move to the Sénia river, but is still not entirely convinced. Therefore, you and your whole family can help her to discover the treasures of the river and encourage her to stay. The activity begins with a short excursion to the La Vella Mill, where you will carry out an observation. 📍



© MONTSPORT

34. Canyoning in the Els Ports Natural Park

9-16 years €32

Montsport
www.montsport.es

ELS PORTS
elsportsenfamilia.cat

Wrapped up in a wetsuit, you can experience a unique adventure. At the Els Ports Natural Park you can jump into pools of water, slip down stone slides, swim, dive and abseil during a family activity which will give you a real adrenaline rush. 📍

307

IS THE NUMBER OF SQUARE KILOMETRES COVERED BY THE EXPANSE OF THE PRADES MOUNTAINS.



© TINA BAGUÉ



© ARABOGUES

35. Explorers of Els Ports

+4 years €80 per group

Arabogues
www.facebook.com/arabogues.delasenia

ELS PORTS
elsportsenfamilia.cat

Would you like to discover the wildlife that lives in the surroundings of the mountains of Els Ports Natural Park? During this activity you will follow the trail of the wild goat, birds of prey, bats and all of the animals that live in this great natural area. You can also familiarise yourself with the massif's most curious vegetation.



© GUBIANA DELS PORTS

36. The house of the fish in Els Ports

0-99 years €1-10

Gubiana
www.gubiana.com

ELS PORTS
elsportsenfamilia.cat

Guided tour along the trail of Panxampla, who was the last Catalan bandit. A route which will lead you through the gorge of Conca to Toscar in order to see the ruins of the Carles Castle and the Gothic hermitage of Sant Julià. To finish up, go fishing for organically farmed fish.



© GUBIANA DELS PORTS

37. Legends and family hiking

0-99 years €1-10

Gubiana
www.gubiana.com

ELS PORTS
elsportsenfamilia.cat

Are you ready to discover the magic of the forest? Different itineraries will lead you to places which hide folk legends such as *Lo faixó de la serp*, *La cara de la reina* (*The queen's face*) or *Cuento de la madre ardilla* (*The tale of the mother squirrel*). A general explanation of the traditional mythology of Els Ports and a magical charm serve as a starting point.



© ESGAMBI

38. A bike ride through Val de Zafán

0-99 years €20

Esgambi
www.esgambi.com

ELS PORTS
elsportsenfamilia.cat

Would you like to travel through the tunnels of an old railway line? The whole family can take on this cycling challenge which consists in following a section of the Val de Zafán greenway. The steep descent of the section will mean that you hardly feel tired while you enjoy the unbeatable views of Els Ports.



© MIGUEL RAURICH

2001

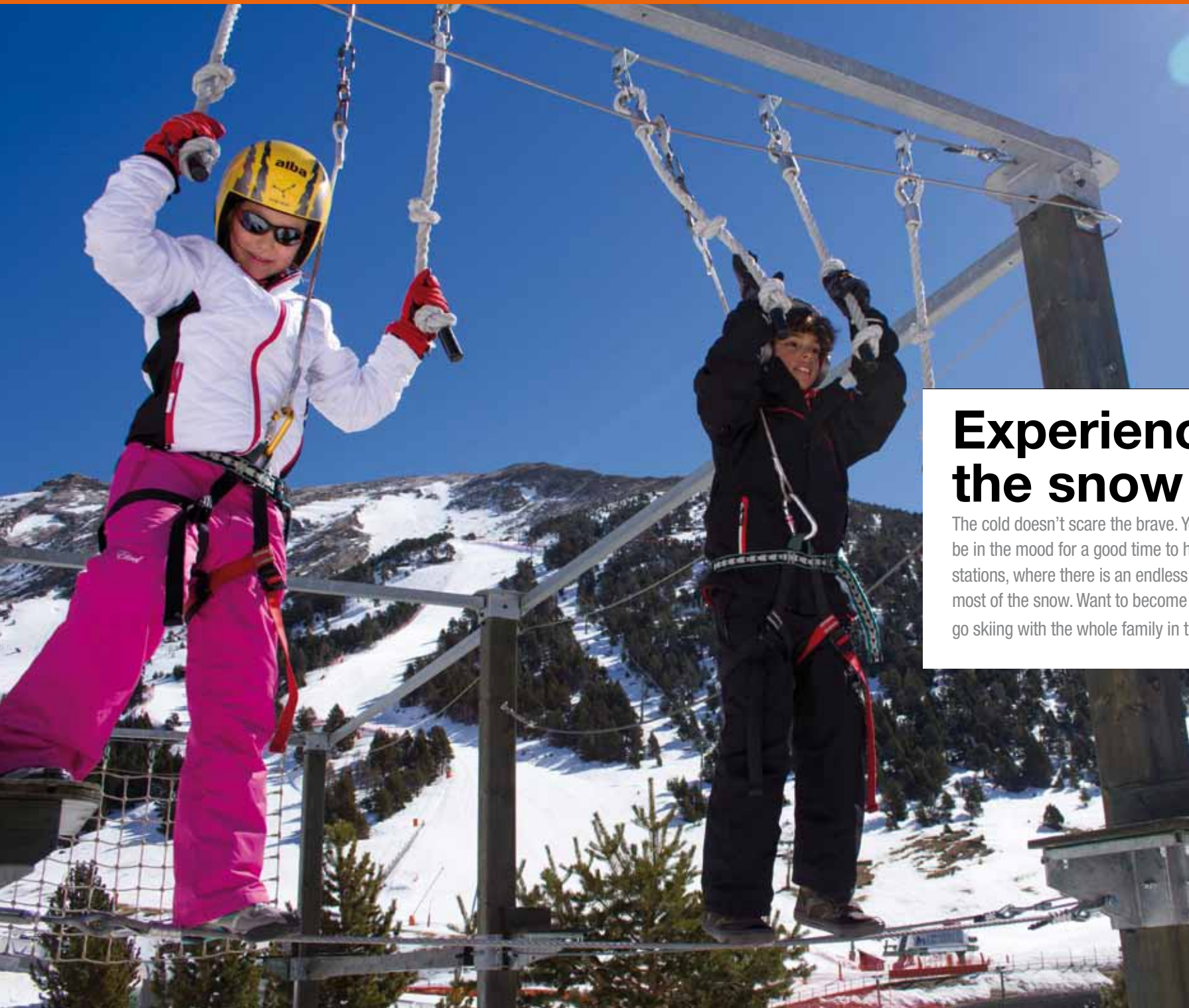
IS THE YEAR WHEN ELS PORTS WAS DECLARED A NATURAL PARK AND SPECIAL PROTECTION AREA FOR BIRDS.



© MARIANO CEBOLLA

171

THE NUMBER OF KILOMETRES COVERED BY GREENWAYS IN CATALONIA, ALONG OLD RAILWAY ROUTES.



© ORIOL MOLAS

Experience the snow

The cold doesn't scare the brave. You just have to wrap up well and be in the mood for a good time to have non-stop fun at Catalonia's ski stations, where there is an endless number of proposals for making the most of the snow. Want to become a snowboarder, wear snowshoes or go skiing with the whole family in the middle of the night? 📍

SKI STATION VALL DE NÚRIA.



© ESTACIÓ D'ESQUÍ MASELLA

39. Night skiing

- +6 years
- €20-30
- Masella www.masella.com
- MASELLA

If you love skiing, at the Masella station you can do it after nightfall. How? Thanks to the network of lights that light up the 13 slopes of the lower and medium levels of the skiing area. The option of night skiing is available during the winter months, on Thursday and Saturday nights. 📍



© ESTACIÓ D'ESQUÍ MASELLA

40. Snowboarding and so much more

- +3 years
- €30+
- Masella www.masella.com
- MASELLA

Beginner skiers and the little ones can enjoy a snow garden and green slopes. The most adventurous will surely want to discover the forest routes on higher ground and experience great thrills in an alpine landscape where they can ski and snowboard. 📍



© ALTA RUTA AVENTURA

41. Valls d'Àneu wearing snowshoes

- +8 years
- €30+
- Alta Ruta Aventura www.altaruta.com
- VALLS D'ÀNEU www.vallsdaneu.org

Pass through beautiful snowscapes while, alongside you, you see the paw prints left by the animals in the snow. Excursions wearing snowshoes to discover the great natural beauty hidden in the different valleys with your family. 📍



© MONNATURA PIRINEUS

42. Naturalists wearing snowshoes

- 0-99 years
- €10-20
- Mónnatura Pirineus www.monnaturapirineus.com
- VALLS D'ÀNEU www.vallsdaneu.org

Naturalist interpretation route in snowshoes around the centre's surroundings. The objective, as well as having fun, is to get to know the natural environment and enjoy the calmness of the snowy mountain while you look at the differences between the shady and sunny areas, the characteristic wildlife and its tracks. 📍

7

IS THE NUMBER OF SKI STATIONS THAT HAVE THE FAMILY TOURISM STAMP OF THE REGIONAL GOVERNMENT OF CATALONIA.



© NANO CAÑAS

700

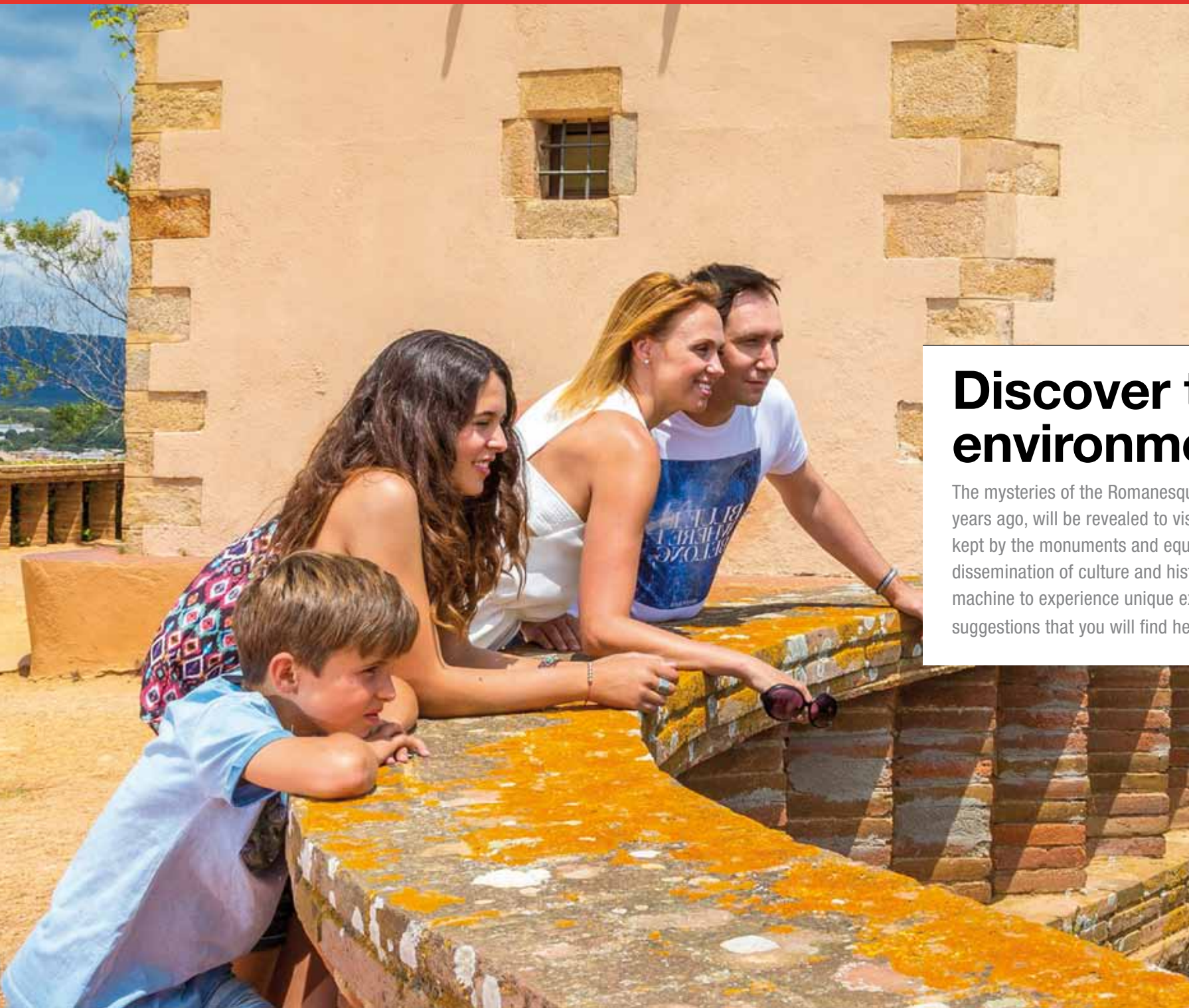
IS THE NUMBER OF KILOMETRES OF SKI SLOPES WHICH AWAIT YOU AT THE SKI STATIONS IN CATALONIA.



© NANO CAÑAS



© AJUNTAMENT SANT FELIU DE GUÍXOLS



Discover the environment

The mysteries of the Romanesque churches, built a thousand years ago, will be revealed to visitors. As will all of the secrets kept by the monuments and equipment dedicated to the dissemination of culture and history. You don't need a time machine to experience unique experiences, just the suggestions that you will find here. [📍](#)

SANT FELIU DE GUÍXOLS.



© TURISME DE BERGA

43. A trip around Berga

6-11 years €0

Turisme de Berga
www.turismeberga.cat

BERGA

This proposal invites you to take a trip at your leisure through the streets of the old quarter of Berga. With your family and following the directions on the brochure "Un tomb per Berga", which you can find at the tourist office, you can get to know its streets and discover the city through its physiognomy.



© ECOMUSEU VALLS D'ÀNEU

44. Casa Gassia dramatised visit

+4 years €7

Ecomuseu Valls d'Àneu
www.ecomuseu.com

VALLS D'ÀNEU
www.vallsdaneu.org

This typical house in Vall d'Àneu, from the end of the 17th century, is an impenetrable stronghold of the Pallars identity and idiosyncrasy. During the visit you will be able to see its rooms, in a very special way, accompanied by Esperanceta, a character who is sure to leave an impression on you.



© CENTRE ROMÀNIC VALL DE BOÍ

45. Get closer to the Romanesque churches

0-99 years €2

Romanesque centre Vall de Boí
www.centreromanic.com

VALL DE BOÍ
www.valldeboi.cat

A dynamic and interactive visit so that the whole family can enjoy learning about the architecture of the churches in Vall de Boí. You will discover the churches which have been declared UNESCO World Heritage Sites and you will no doubt be left surprised by the video projection mapping on the apse of Sant Climent de Taüll.



© BOÍ TAÜLL RESORT

46. Romanesque, falles and stars

+7 years €10+

Boí Taüll Resort
www.boitaullresort.com

VALL DE BOÍ
www.valldeboi.cat

A guided tour of the town of Taüll to enjoy a visit to the Christ Pantocrator, discover the churches and delve deeper into the Romanesque. You will be introduced to the pagan *falles* festival of the Pyrenees and you will see the stars in the sky. To finish, a legend about three of the churches in the valley.



© AJUNTAMENT DE BLANES

47. Discovering Blanes

0-99 years €0

BLANES
www.visitblanes.net

BLANES

An opportunity to get to know the hermitages, the legacy of the Cabrera viscounts, the one of the "Americans" and the literary influence throughout the history of Blanes. The Town Hall organises guided tours so that the whole family can enjoy the city.



© AJUNTAMENT DE BLANES

48. A tiny bit of the city

+4 years €0

BLANES
www.visitblanes.net

BLANES

The Blanes Town Hall offers a treasure hunt which has been created so that the whole family can participate and have fun together while getting to know the city's corners and the environment's flora and fauna.



© TURISME CALONGE-SANT ANTONI

49. Active space

0-99 years €0

i CALONGE-SANT ANTONI www.calonge-santantoni.cat **📍** CALONGE-SANT ANTONI

Over 500 weekly exceptional activities aimed at tourists and residents of Calonge and Sant Antoni. From a sandcastle building competition to open-air cinema or an afternoon eating sardines, taking guided tours through the wineries, markets and fairs. A great variety of activities for the whole family. 📍



© TURISME CALONGE-SANT ANTONI

50. Grape harvest and family

0-99 years €30

i CALONGE-SANT ANTONI www.calonge-santantoni.cat **📍** CALONGE-SANT ANTONI

An afternoon's visit to a winery, where you can press the freshly harvested grapes, do a wine tasting and enjoy a concert, at this festival where local wine is just as important as signature wine. The little ones can also take pony rides through the vines and, all together, you can enjoy an afternoon of yoga with the family. 📍



© AJUNTAMENT CASTELL-PLATJA D'ARO

51. The little trains of Vall d'Aro

0-99 years €0

i CASTELL-PLATJA D'ARO www.platjadaro.com **📍** CASTELL-PLATJA D'ARO

A circuit of miniature trains which has been constructed in the surroundings of the park which encloses the old station of Castell d'Aro. It has a 700 m circuit, with two passenger loading and unloading platforms. It's one of the few model circuits that exists in Catalonia, so that the whole family can make the most of the railway experience. 📍



© AJUNTAMENT DE LLORET DE MAR

52. The Iberians are already here

0-99 years €4

i LLORET DE MAR www.lloretdemar.org **📍** LLORET DE MAR

Enjoy the dramatised tours which will help you to discover points of interest in the surroundings of Lloret de Mar. In the one that showcases the Iberian town of Turó Rodó, you will be able to discover an interesting historical era accompanied by some very unique characters. 📍

3000
THE NUMBER OF YEARS OF HISTORY THAT THE COSTA BRAVA HAS AS A TRAVEL DESTINATION.



© LLUÍS CARRO



© XAVI ARNAU. AJUNTAMENT DE ROSES

53. The backpack of Milfulles

+3 years €3

i ROSES www.visit.roses.cat **📍** ROSES

The biggest tree in the Citadel of Roses is called *Milfulles*. It's a very unique and wise tree which will help you to discover how the Greek and Roman children, monks and soldiers used to live and play. A family activity which will allow you to travel in time. 📍



© XAVI ARNAU. AJUNTAMENT DE ROSES

54. The fishermen of Roses

0-99 years €5+

i ROSES
www.visit.roses.cat

i ROSES

Every Friday at five o'clock in the afternoon, you can watch the boats as they arrive into the Roses harbour and see what they have caught after a day's work. You will get to know some of the species that live in the Mediterranean and also how a traditional fish auction works.



© MUSEU DE LA JOGUINA

57. Horror at the museum

0-99 years €5

i SANT FELIU DE GUÍXOLS
www.visitguixols.com

i SANT FELIU DE GUÍXOLS

Are you brave enough to go into the Horror Room? If you like mummies, cemeteries and being a little scared, you can't miss the Horror Room at the Toy Museum. During the visit, both young and old can enjoy the collection of old toys, as well as having a terrifyingly exciting time.



© TREN ROSES EXPRES

55. Roses Exprés Train

0-99 years €0-2

i Tren Roses Expres
www.trenrosesexpres.com

i ROSES
www.visit.roses.cat

Train excursions through Cap de Creus, from where you will take in some fantastic views of the natural park. A visit to the Punta Falconera, passing by the lighthouse, the beaches of Canyelles and la Almadrava or Puig Alt, the highest mountain in the park, from where you can make out the Roses harbour and the Port of La Selva.



© AJUNTAMENT SANT PERE PESCADOR

58. Nature trail along the banks of the Fluvià

0-99 years €0

i SANT PERE PESCADOR
www.santpere.cat

i SANT PERE PESCADOR

Enjoy being in a place of great natural beauty, where fields of fruit trees and areas of native vegetation roll out before you. The whole area is part of the Aiguamolls de l'Empordà Natural Park, in which a great variety of migratory birds can be seen.



© MARINA S'AGARÓ

56. In search of pirate treasure

+12 years €18

i Marina de S'Agaró
www.sagaroexperiences.com

i SANT FELIU DE GUÍXOLS
www.visitguixols.cat

The Marine in Sagaró proposes a very fun activity. You will leave the beach on a small boat, you will pass by the most beautiful coves and corners in the area until you reach the Cabo de Mort (The Death Cove), a rock in the shape of a skull. You will disembark onto a small beach and there... you will look for hidden treasure in a cave!



© MUSEU DE LA MEDITERRÀNIA

59. The Montgrí massif and its castle

0-99 years €110 per group

i Museu de la Mediterrània
www.museudelamediterrania.cat

i TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

The Mediterranean Museum organises a family outing to the Montgrí Castle to discover the hidden secrets and the history of this fascinating medieval fortress and the massif where it is located. The castle was built between 1294 and 1304, and offers incredible views over the whole of Empordà.



© MUSEU DE LA MEDITERRÀNIA

60. The water mine in Torroella

+12 years €4

Museu de la Mediterrània
www.museudelamediterrania.cat

TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

The water mine is a unique medieval infrastructure which covers the underground depths of Torroella. An immersion in the history of Torroella, through one of its most unique and unknown architectural elements. A visit organised by The Mediterranean Museum.



© AJUNTAMENT DE CALELLA

61. The Tourism Museum

0-99 years €6+

Museu del Turisme
www.museudelturisme.cat

CALELLA
www.calellabarcelona.com

Here, the adventurers and explorers will find a museum proposal which will attract the whole family. The visit offers you a journey throughout the history of tourism, in the footsteps of the first tourists and explorers until you reach the current day.



© TURISME DE CASTELLDEFELS

62. Castelldefels Castle

0-99 years €0

CASTELLDEFELS
www.castelldefels.org

CASTELLDEFELS

The most emblematic building in Castelldefels opens its doors from Thursday to Sunday so that you can visit its gardens, the institutional hall and the lower floor. If you fancy finding out about the curiosities and the history of this building in detail, you can take a guided tour on Saturdays and Sundays.



© VISIT PINEDA

63. The centre of Pineda de Mar

0-99 years €6

PINEDA DE MAR
www.visitpineda.com

PINEDA DE MAR

The Pineda de Mar Tourist Office invites you to discover the centre of the city and find out about its history and historic heritage in a very entertaining way. A guided tour during which the whole family will visit the streets of the animated touristic centre, discovering all of its charms.



© VISIT PINEDA

64. Tharrats Foundation

0-99 years €0

PINEDA DE MAR
www.visitpineda.com

PINEDA DE MAR

A proposal which will allow you to get to know the work of one of the country's main avant-garde artists, Joan-Josep Tharrats. His creation has a tight connection with the town of Pineda de Mar, therefore discovering his graphic work through over 550 pieces of art will help you to see the world through his eyes.

550

IS THE NUMBER OF
PIECES OF ART BY
THE ARTIST JOAN
JOSEP THARRATS
HOUSED IN THE
FOUNDATION IN
PINEDA DE MAR.



© FUNDACIÓ THARRATS



© BIBLIOTECA MUSEU VÍCTOR BALAGUER

65. Víctor Balaguer Library Museum

+3 years €0-4

i **Biblioteca Museu Víctor Balaguer**
www.victorbalaguer.cat

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

A museum which was founded over 100 years ago, which preserves unique spaces such as the historic library, painting and sculpture collections from the 19TH and 20TH centuries, and singular rooms such as the one which houses the Egyptian collection. It also has pieces from Japan, China and the Philippines. ♡



© MUSEU ROMÀNTIC CAN PAPIOL

68. Can Papiol Romantic Museum

0-99 years €2-4

i **Museu Romàntic can Papiol**
www.museucanpapiol.cat

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

Fancy a trip back in time? This is the feeling that you'll have when you set foot in this museum which transports visitors back to the everyday life of a wealthy family from the 19TH century. You will discover its rooms, proof of the wealth and power of the Papiol family, in contrast with the service rooms. ♡



© ESPAI FAR

66. Espai Far

0-99 years €2-4

i **Espai Far**
www.espaifarvng.cat

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

If you like lighthouses, you can't miss the Sant Cristòfol Lighthouse where you will find the Espai Far, a museum centre which displays the rich marine heritage of Vilanova. The museum is located in the old lighthouse keeper's house and has a display of objects which are related to the world of fishing and maritime tradition. ♡



© MUSEU DEL FERROCARRIL DE CATALUNYA

69. A ticket for L'Ou

0-99 years €0-4

i **Museu del Ferrocarril de Catalunya**
www.museudelferrocarril.org

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

At the Catalonia Railway Museum, you can catch a very special train, *L'Ou*, and take a trip on the new Iberian gauge track which is 170 m in length and which surrounds the museum, enjoying a unique vehicle which was restored by volunteers at the museum. ♡



© JAVIER POLINARIO. GZ

67. A poet's country house

0-99 years €0-4

i **Masia d'en Cabanyes**
www.masiadencabanyes.cat

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

The Masia d'en Cabanyes is a house-museum where the Romantic poet, Manuel de Cabanyes, lived and which currently houses the Romanticism Interpretation Centre. Inside, you can discover the family legacy and the original rooms from the 19TH century, their objects and decoration. ♡



© MUSEU DEL FERROCARRIL DE CATALUNYA

70. A luxury trip

0-99 years €3-6

i **Museu del Ferrocarril de Catalunya**
www.museudelferrocarril.org

VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

What were trains like before? Visit the Catalonia Railway Museum and not only will you find out about the history of the trains, you'll also take a guided tour around a luxury saloon coach from 1928 in order to experience travelling like a prince from another era. ♡



© LAURA GUERRERO. GZ

71. The exciting Iberian world

👤 0-99 years 📖 🌿 🌳 🌻 🌼 🍷 €4

i Calafell Històric
www.calafellhistoric.org

i CALAFELL
turisme.calafell.cat

Use a game to get a better understanding of the past and to help you understand how the Iberians lived. An educational visit to the citadel of Calafell will allow you to enter reconstructed houses where objects from the material culture of the Iberians are on display and, also, climb the reproduction of a Roman siege tower. 📍



© RODA BIKE CAMBRILS

72. Biking and tapas

👤 0-99 years 📖 🌿 🌳 🌻 🌼 🍷 €30+

i Roda Bike Cambrils
rodabikecambrils.com

i CAMBRILS
www.cambrils-turisme.com

On wheels and with very human stories which will add some cheer to the journey, the route will show you the town of Cambrils, with its museums, its parks and its refuges. Heading towards the sea, you will visit the fishing port. To gather strength and take in a taste of the Mediterranean, you will stop off to try some of the best tapas. 📍



© TURISME DE CAMBRILS

73. Stories of wars and farmers

👤 0-99 years 📖 🌿 🌳 🌻 🌼 🍷 €0-3

i CAMBRILS
www.cambrils-turisme.com

i CAMBRILS

Let the show begin! This dramatised tour is set in the 18th century and has two main characters who will tell the story. They will explain the science at the time, the farmers' life and war stories. You'll be intrigued right up to the last second. 📍



© TURISME DE CAMBRILS

74. All aboard!

👤 0-99 years 📖 🌿 🌳 🌻 🌼 🍷 €1

i CAMBRILS
www.cambrils-turisme.com

i CAMBRILS

Three itineraries to choose from in order to enjoy a pleasant journey around the town of Cambrils on its tourist train. Line 1 will take you to the old town, line 2 will transport you to the residential areas of Ponent and line 3 will drop you off at the market that takes place on Wednesdays. 📍



© RAFAEL LÓPEZ-MONNE

75. A trip to colonial Cuba

👤 0-99 years 📖 🌿 🌳 🌻 🌼 🍷 €6-8

i Parc Samà
www.parquesama.com

i CAMBRILS
www.cambrils-turisme.com

Samà Park is an area of 14 hectares, a declared Asset of National Cultural Interest, which will transport you back to colonial Cuba. During the visit you will discover the history of the Indians, their collections of exotic animals, the lush tropical vegetation and all of the park's architectural elements. 📍



© MUSEU PAU CASALS

76. Pau Casals Museum

👤 6-16 years 📖 🌿 🌳 🌻 🌼 🍷 €4-7 🧑🏻 🧑🏻 🧑🏻

i Museu Pau Casals
www.paucasals.org

i EL VENDRELL
www.elvendrellturistic.com

An opportunity to find out more about the great cellist. Through music and audiovisual aids, you will discover the different areas of his summer house, its gardens, the sculpture gallery and the vantage point with views over the Mediterranean Sea. The museum has a fixed programme of activities aimed at the family audience. 📍



© MIGUEL RAURICH. GZ

77. The prehistoric Espluga de Francolí caves

0-99 years €6+

i Coves de l'Espluga
www.covesdelespluga.info

i MUNTANYES DE PRADES
www.concaturisme.cat

The natural caves of Espluga de Francolí will turn you into the protagonists of a story in which it will be very difficult to distinguish between reality and fiction. You will live with the cave dwellers, which will help you to better understand how our ancestors lived.



© MONESTIR DE POBLET

78. Monastery of Poblet

0-99 years €7+

i Monestir de Poblet
www.poblet.cat

i MUNTANYES DE PRADES
www.concaturisme.cat

Do you want to discover the Monastery of Poblet in a fun way? It's easy thanks to a gymkhana created for accompanied children, during which the whole family will have to look for the answers in the different areas inside the monastery. There's a prize for the winning team!



© LA TEVA RUTA

79. The red town of Prades

4-14 years €10+

i La teva ruta
www.latevaruta.com

i MUNTANYES DE PRADES
www.muntanyescostadaurada.cat

Discover the history and the monuments of Prades on a guided tour. Each family will form a team and will participate in a gymkhana through the streets of the town. Have you been there before? It's time to prove it! For the final reward, a sampling of local products for everybody.



© MUSEU DE LA VIDA RURAL

80. Museum of Rural Life

0-99 years €6

i Museu de la vida rural
www.museuvidarural.cat

i MUNTANYES DE PRADES
www.concaturisme.cat

Organic vegetables, KM0 products... Every day we invent new names to refer to precisely what our ancestors used to do. To better understand where agriculture is headed, the best thing to do is to take a look at the past and see how effort and patience have been key to the growth of a crunchy lettuce.



© GAUDÍ CENTRE REUS

81. Small great geniuses... like Gaudí

4-10 years €5

i Gaudí Centre, Reus
www.gaudicentre.cat

i Reus

This activity is aimed at getting to know the main elements of Antoni Gaudí's architecture in an entertaining and educational way. The objectives of the experience is to familiarise oneself with his work and discover the appearance of Reus and Barcelona. In order to feel like great geniuses, you can also take part in an artistic workshop.

307

IS THE NUMBER OF
SQUARE
KILOMETRES
COVERED BY THE
PRADES
MOUNTAINS.



© MIGUEL RAURICH



© PMT SALOU

82. Salou on the tourist train

0-99 years €5+

SALOU
www.visitsalou.eu

SALOU

A fun and relaxed way to get to know Salou is by taking a trip on the tourist train. A journey with no stops so that you can get to know the town's past and discover the monument to Jaume I, the ornamental fountains, the captancy... Meanwhile, you will enjoy outstanding views of the coast.



© LA CELLA

83. La Cella archaeological site

0-18 years €4-9

SALOU
www.visitsalou.eu

SALOU

A visit to the site will help you to find out what the inhabitants of this town in the 4TH-3RD centuries B.C. were like and how they lived. Located alongside the coast, its defence system is very interesting and the houses and streets are complex. You will relive their economic and everyday activities on an exciting adventure.



© ITALO RONDINI. GZ

84. La Sénia Airfield

0-99 years €0

Turisme la Sénia
visitalasenia.es

ELS PORTS
elsportsenfamilia.cat

If you like to fly over history, at the la Sénia Airfield you can take a guided tour of its museum, the refuge and also the CAHS (Historical Aviation Centre of la Sénia). You will discover the history of this military camp, who built it and who used it during the Spanish Civil War.



© MONTSPO

85. Get to know Terra Alta

0-99 years €7+

Montsport
www.montsport.es

ELS PORTS
elsportsenfamilia.cat

At Horta de Sant Joan, you will see the places that fascinated Picasso the most. At Batea, you will visit a winery and be shown the wine process. The trip will end at the spectacular remains of the old town of Corbera d'Ebre, which was bombed during the Civil War. During the route, there will be games, stories and crafts.



© CONFICON TURISME

86. Discover Tortosa on foot

0-99 years €5-8

Conficon Turisme
www.conficon-turisme.com

ELS PORTS
elsportsenfamilia.cat

A walk which begins with the visit to the paintings of Anton van den Wyngaerde, who painted Tortosa in the 16TH century, followed by the giant model of the Santa Maria Cathedral. Then, a trip through the streets of the old town, where you will discover the city's charisma, and a final visit to the cathedral.



© CONFICON TURISME

87. The Templars' seal

0-99 years €6+

Conficon Turisme
www.conficon-turisme.com

ELS PORTS
elsportsenfamilia.cat

Accompanied by a Templar knight, the whole family will discover the most mysterious corners of the city of Tortosa, its districts, the streets that remain, the towers, the convents, the documents that tell us about them and all of the secrets that surround Suda Castle.



© TORTOSA TURISME

88. Interpret the Renaissance Festival

0-99 years €0

i Tortosa Turisme
www.tortosaturisme.cat

📍 ELS PORTS
elsportsenfamilia.cat

You will travel to the Renaissance era and find out what life was like back then and the customs from that time. A great story is told in the courtyard of the Interpretation Centre. Do you want to hear it? The building that you will visit is a testimony to Tortosa in the 16th century and its cultural and humanist effervescence. 📍



© TORTOSA TURISME

89. Artistic gardens

0-99 years €0

i Tortosa Turisme
www.tortosaturisme.cat

📍 ELS PORTS
elsportsenfamilia.cat

You will enjoy a stroll around the botanical garden “dels Prínceps” where over 24 series of sculptures tell the story of man and humanity. The visit allows access to the springs of the ancient spa and a section of the defensive wall from the 14th century, with spectacular panoramic views over Tortosa’s medieval Jewish quarter. 📍



© TORTOSA TURISME

90. The history of Tortosa and Terres de l'Ebre

0-99 years €0

i Museu de Tortosa
www.museudetortosa.cat

📍 ELS PORTS
elsportsenfamilia.cat

The whole family can find out about the history of Tortosa and its territory, from Prehistory to the 21st century, on a visit that covers six areas in colourful Modernist buildings. You can also participate in an extremely fun gymkhana which is based on folklore typical of Tortosa. 📍



© TURISME LA SÈNIA

91. Millenary olive trees

0-99 years €3

i Turisme la Sènia
visitalasenia.es

📍 ELS PORTS
elsportsenfamilia.cat

There are some olive trees in the Sènia landscape whose roots have been there for many centuries. Some of them are even millenaries. To admire the beauty of these trees which have defied the passing of time, families take part in games which recreate working the land. 📍

1996

WAS THE FIRST
YEAR THAT THE
RENAISSANCE
FESTIVAL WAS
HELD IN TORTOSA.



© ORIOL LLAURADO



© JAUME BOLDÚ

92. Tour of the mussel-beds

0-99 years €10-20

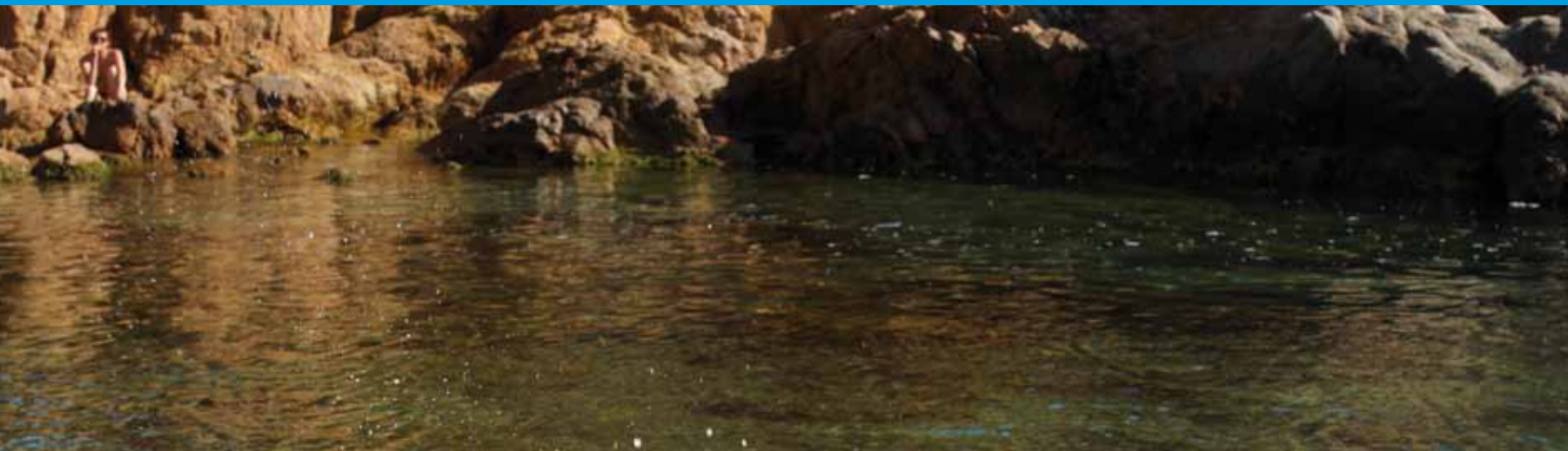
i Sant Carles de la Ràpita Water Sports Centre
www.enlarapita.com

📍 SANT CARLES DE LA RÀPITA
www.turismelarapita.com

An excursion which will immerse you into the enormous mussel and oyster beds of the Badia dels Alfacs. There, you will have the opportunity visit a mussel farm and taste some of its fruit. A unique place where you can learn how molluscs are farmed in the middle of the sea. 📍



© AJUNTAMENT DE CALONGE I SANT ANTONI



Plunge into the water

Catalonia has an enormous coastline, as well as an uncountable number of rivers, streams, lakes and ponds where you can carry out water activities any time of the year. From rafting descents for the most adventurous, to gentle outings in boats of all types to admire the landscape or discover the marine wildlife. 📍



CALONGE I SANT ANTONI.



© PARC DEL SEGRE S.A.

93. Canoeing in calm waters

+6 years €10-20

Parc Olímpic del Segre
www.raftingparc.cat **La Seu d'Urgell**

In a one, two or three person canoe you can descend a section of the Segre canal where its waters are placid and calm. This activity allows you to enjoy this sport with your family, as the descent is only driven by the oars. An experience where each group decides their own pace.



© PARC DEL SEGRE S.A.

94. Rafting in the Segre Olympic canal

+9 years €30+

Parc Olímpic del Segre
www.raftingparc.cat **La Seu d'Urgell**

If you like thrills, try descending the rough waters of the Segre canal in an inflatable dinghy. You will test your rafting skills and the importance of team work in an activity where rowing in the right direction will avoid a good soaking.



© DOFI JET BOATS

95. Environment, marine flora and fauna

0-99 years €13-23

Dofi Jet Boats
www.dofijetboats.com **BLANES**
www.blanesturisme.com

Ready to sail from Lloret to Tossa following the rugged outline of the Costa Brava? A route to discover caves, islands, projections... on a glass-bottomed boat which will allow you to admire the local flora and fauna in detail.



© AJUNTAMENT DE LLORET DE MAR

96. Snorkel in turquoise waters

+8 years €10

LLORET DE MAR
www.lloretdemar.org **LLORET**

Do you fancy discovering the underwater flora and fauna of the Costa Brava? This activity allows you to dive with a snorkel in places which hide great beauty below their waters. This gentle dive is guided to that everybody catches every last detail.



© ELS BLAUS DE ROSES

97. A trip to Cap Norfeu

0-99 years €0-18

Els Blaus de Roses
www.elsblausderoses.com **ROSES**
es.visit.roses.cat

A boat trip around the coves of Cap de Creus, passing through Punta Falconera and enjoying a beautiful underwater view at Cala Murtra. The route continues until Cala Montjoi, where the chef Ferran Adrià's El Bulli Foundation is located, and then arrives at Cap Norfeu to admire the enormous *El Gat* rock.

226

IS THE NUMBER OF BEACHES AND COVES ON THE COSTA BRAVA WHERE YOU CAN ENJOY THE SEA WITH YOUR FAMILY.



© SE GEORAMA



© ELS BLAUS DE ROSES

98. Sailing excursion to Cadaqués

- 0-99 years €10-20
- i** Els Blaus de Roses www.elsblausderoses.com **ROSES** es.visit.roses.cat

A beautiful boat trip which departs from Roses, following the coast of the Cap de Creus Natural Park until reaching the picturesque seaside town of Cadaqués. Once there, you can stroll through its streets, admire its modernist buildings and the places frequented by Salvador Dalí which inspired his work. 📍



© FORÇA 3

101. Classes and material for everybody

- 0-99 years €10-20
- i** Força 3 Sailing School www.forca3.net **SANT FELIU DE GUÍXOLS** www.visitguixols.com

You will be provided with all of the material necessary for sailing, windsurfing, paddle boarding and kayaking on the coast of Sant Feliu. Also, you'll be able to contract classes, courses or *forfaits*, in order to perfect your sailing level. There are classes and material adapted to all ages. 📍



© XAVI ARNAU. AJUNTAMENT DE ROSES

99. Aquatic experiences

- 0-99 years €10+
- i** Roses Water Sports Centre - Cap de Creus www.enroses.com **ROSES** es.visit.roses.cat

Ready to sail or swim along the beaches of Roses Bay and Cap de Creus? You simply need to choose between water activities, or maybe try several. You can pick between kayaking, sailing, snorkelling, sea cruises or even get an adrenaline rush on the *monster*, the banana or by parasailing. 📍



© FORÇA 3

102. Excursion on a sailboat

- 0-99 years €30+
- i** Força 3 Sailing School www.forca3.net **SANT FELIU DE GUÍXOLS** www.visitguixols.com

A sailing experience on a sailboat where you'll be the leading characters of the adventure. You'll take the boat to the place that you like most on the coast of Sant Feliu to swim, dive or have an aperitif. You will sail in small boats so that you can reach any beach that you want. 📍



© ELS BLAUS DE ROSES

100. Underwater observation in Cala Murtra

- 0-99 years €5-20
- i** Els Blaus de Roses www.elsblausderoses.com **ROSES** es.visit.roses.cat

Would you like to see the seabed of one of the untouched areas of the Mediterranean? This excursion will allow you to admire Roses Bay while you weave through the beautiful coves of the Natural Park of Cap de Creus, until you reach Cala Murtra. There, you can see fascinating fauna and flora. 📍



© FORÇA 3

103. Nautical experiences

- 0-99 years €30+
- i** Força 3 Sailing School www.forca3.net **SANT FELIU DE GUÍXOLS** www.visitguixols.com

In the bay of Sant Feliu you can learn to windsurf by taking an introductory course with the material that suits your sailing level or learn to handle the sail on a small cruiser so that, together with your instructor, you can sail while you get to know the basic techniques. 📍



© BRAVAMAR

104. A morning's kayaking

+10 years €20-30

Bravamar
www.bravamar.net

SANT FELIU DE GUÍXOLS
www.visitguixols.com

Experience a great awakening on this route, during which you will discover the magical light, the colours and the shapes of the natural life on the Costa Brava. You will kayak through calm waters while you discover enchanting corners of coast with corals. You will see birds and shoals of fish swimming alongside you. 📍



© AJUNTAMENT SANT PERE PESCADOR

105. Windsurfing, kite surfing, paddle surfing and kayaking

0-99 years €15+

SANT PERE PESCADOR
www.visitsantpere.com

SANT PERE PESCADOR

The large beach at Sant Pere Pescador is a perfect setting for windsurfing, kitesurfing and paddlesurfing, and the Fluvià River is an ideal place for enjoying some kayaking. Different centres offer these water activities which go hand in hand with learning more about the natural environment or with themed outings such as the ornitokayak. 📍



© ESTACIÓ NAÚTICA L'ESTARTIT

106. Aboard the Nemo

0-99 years €14+

l'Estartit - Illes Medes Water Sports Centre
www.enestartit.com

TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

An unforgettable experience with the excitement of a trip aboard a speedboat. Ideal for exploring the caves and rocky places along the Montgrí coast. An all-round speedy adventure with the fun of swimming or snorkelling off the coast. 📍



© ESTACIÓ NAÚTICA L'ESTARTIT

107. A thousand water activities

+6 years €27+

l'Estartit - Illes Medes Water Sports Centre
www.enestartit.com

TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

Classes to learn how to paddle surf, a combination of surfing and canoeing. Outings in a kayak to freely discover corners of the coast which are inaccessible by other means. Outings for beginners are done in two-person kayaks. The usual route passes through the Illes Medes. 📍

400

IS THE NUMBER OF METRES OF BEACH WHICH IS SET UP FOR PRACTISING KITESURFING AT SANT PERE PESCADOR.



© TURISME SANT PERE PESCADOR. KITESURF CHAMPIONSHIP 2016

7

IS THE NUMBER OF ISLANDS AND ISLETS, PLUS SOME MINOR ISLETS, WHICH MAKE UP THE ARCHIPELAGO OF THE ILLES MEDES.



© JOSÉ LUIS RODRÍGUEZ



© ESTACIÓ NAÚTICA L'ESTARTIT

108. Diving baptism

+2 years €33+

i L'Estartit - Illes Medes Water Sports Centre
www.enestartit.com

📍 TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

Have you ever breathed underwater? The baptism is a first dive, completely supervised and individually guided for people who have no previous experience. It takes place in a sheltered cove, which is not very deep, located some 20 minutes by boat from the port of Estartit. 📍



© SUBAQUÀTIC VISION

109. The Corsario Negro

0-99 years €10-30

i L'Aventura del Nautilus
www.nautilus.es

📍 TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

A voyage aboard the *Corsario Negro*, a fantastic artisanal boat, which leaves from the port of Estartit, a small fishing village which is located opposite the Illes Medes Nature Reserve, one of the most important underwater reserves in the Mediterranean Sea. 📍



© MEDAQUA

110. The Ter, a river to discover

0-99 years €30+

i Medaqua 13 Service
www.medaqua.com

📍 TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

An outing on electric bicycles from Estartit, to travel through and discover the natural area which surrounds the banks of the last section of the River Ter, before reaching its mouth at the beach. There, you will swap your bike for a kayak and take a small trip along the river. 📍



© SUBAQUÀTIC VISION

111. The adventure of the Nautilus

0-99 years €10-20

i L'Aventura del Nautilus
www.nautilus.es

📍 TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

A glass-bottomed cruiser which allows you to discover the mysteries and the beauty of the Illes Medes Nature Reserve. In underwater cabins, you can see a marine world which is full of life. The sea crossing follows the Montgrí coast, passing through the Punta de la Barra, Cap d'Utrera, Cala Pedrosa and the Foradada Rock. 📍



© MEDAQUA

112. Robinson's adventure

0-99 years €20-30

i Medaqua 13 Service
www.medaqua.com

📍 TORROELLA DE MONTGRÍ - L'ESTARTIT
www.visitestartit.com

The whole family can take part in this adventure with a boat outing from Estartit and travel along the Montgrí coast with its impressive cliffs. You will arrive at Cala Pedrosa and disembark in dinghies. After a swim, you will return through the massif on foot. 📍

280

IS THE NUMBER OF KILOMETRES OF BEACH IN CATALUNYA TO SATISFY BATHERS OF ALL TYPES.



© MIGUEL RAURICH



© AJUNTAMENT DE CALELLA

113. Foam party

+3 years €0

CALELLA
www.calellabarcelona.com **CALELLA**

The Associació Turística de Calella (Calella Tourist Association) organises, from the end of June to the middle of September, at the Garbí beach and in the Manuel Puigvert promenade, foam parties so that the smallest members of the family continue to have fun throughout the summer. Fancy being soaked with soap bubbles?



© TURISME DE CASTELLDEFELS

114. Olympic Canal of Catalonia

0-99 years €15+

Olympic Canal of Catalonia
www.canalolimpic.cat **CASTELLDEFELS**
www.castelldefels.org

With a length of 1,250 m, a width of 130 m and 4 m in depth, the Castelldefels Olympic Canal is a space which is suited to carrying out different water activities such as rowing, kayaking or wakeboarding. Also, the smallest members of the family can enjoy themselves in an inflatable water park.



© VISIT PINEDA

115. Mini Beach Club

0-12 years €0

PINEDA DE MAR
www.visitpineda.com **PINEDA DE MAR**

A club so that children from 4 to 12 years old can take part in educational workshops at the beach. Activities related with the sea and the summer which will awaken the creativity of the smallest among us, encouraging them to interact in a playful way. Water games and different activities.



© MARTA LLADO

116. Sail in a catamaran

+5 years €30+

Pineda de Mar Water Sports Base
www.nauticapinedademar.com **PINEDA DE MAR**
www.visitpineda.com

A family-friendly experience that you simply can't miss. You will learn basic manoeuvres in order to steer the boat and, if sea conditions allow, you can take a swim. If the water is cold, you will be provided with a wetsuit and afterwards you can try out the *crazy octopus*, the *aquarocket* or have a go at bodyboarding.



© ROC ROI JALUCA

117. Discover the beaches of Vilanova

0-18 years €15

Roc-Roi Jaluca
www.rocroi.com **VILANOVA I LA GELTRÚ**
www.vilanovaturisme.cat

Discover the Catalan coast along the seafaring town of Vilanova i la Geltrú. You can get to know the beaches from a different point of view, rowing in a kayak or from a pedalo. These boats are easy to manoeuvre and are ideal for sailing with your family.



© MARC RIFOL

118. Passion for the sea

0-99 years €0-10

Water Sports Centre Vilanova i la Geltrú
www.envilanova.com **VILANOVA I LA GELTRÚ**
www.vilanovaturisme.cat

The Water Sports Centre at Vilanova i la Geltrú offers a wide range of water activities: from boat hire to excursions in sailboats, fishing, catamaran, light-weight sailboats, kayaking, diving, windsurfing... And also complimentary activities such as *pitch&putt* and routes on foot or on horseback, among many others.



© ESTACIÓ NÀUTICA COSTA DAURADA

119. Sailing with your family

+6 years €110 per group

Costa Daurada Water Sports Centre
www.estacionautica.com

CAMBRILS
www.cambrils.cat/turisme

The Costa Daurada Water Sports Centre offers a family pack so that you can enjoy all of the sailing disciplines along the coast between Cambrils and Salou. The activity includes a sea baptism in a catamaran, a paddle surf or kayaking class, a soft drink in a beach bar and a trip on a skibus. 📍



© PMT SALOU

121. Children's beach club

4-12 years €3.20

SALOU
www.visitsalou.eu

SALOU

The whole family will play at the mini club at Salou beach. They prepare crafts, painting workshops, games, a swimming pool... and many other activities so that you can have fun on the seafront. All of the games and activities are thought up for children of between 4 and 12 years old. 📍



© ESTACIÓ NÀUTICA COSTA DAURADA

120. Explorers Soul Salou

+6 years €115

Costa Daurada Water Sports Centre
www.estacionautica.com

SALOU
www.visitsalou.eu

If you like calm and engine-less experiences, the Explorers Soul Salou combination is sure to leave you satisfied. Depending on the method that you choose, you can enjoy an outing by kayak or paddle surf and a mini-cruiser with lunch included at the club's restaurant. 📍



© JAUME BOLDÚ

122. Alfacs bay

0-99 years €25-30

Sant Carles de la Ràpita Water Sports Centre
www.enlarapita.com

Sant Carles de la Ràpita

Have you ever sailed a dinghy? In Alfacs bay you can do so in a simple and safe way, as you will use the strength of the area's wind in calm seas with hardly any waves. Dinghy sailing is an ecological activity which provides guaranteed fun. 📍

6

IS THE NUMBER OF WATER SPORTS CENTRES IN CATALONIA WHICH ORGANISE ACTIVITIES FOR ENJOYING THE WATER.



MIGUEL RAURICH

168

IS THE NUMBER OF KILOMETRES COVERED BY THE RIVER EBRO IN CATALONIA, WITH FIVE NAVIGABLE SECTIONS.



© VICENT BORRÀS



© AJUNTAMENT DE CALELLA



Baby area

So that the whole family can enjoy the leisure time and the fresh air, some destinations set up facilities especially for the smallest members of the family, for children between 0 and 3 years old. They offer material such as baby changers and suitable toys. They also have special areas for breastfeeding where both mothers and babies are comfortable. 📍

CALELLA.



© TURISME DE CALONGE-SANT ANTONI

123. Area for babies

0-3 years €0

CALONGE-SANT ANTONI **CALONGE-SANT ANTONI**
www.calonge-santantoni.cat

Talks, yoga, activities... In this area at Calonge i Sant Antoni, which is especially for babies, the smallest members of the household will find a lot of things to do. They will discover activities that help them both to have fun and to relax. The location has unbeatable views, right on the beach.



© AJUNTAMENT DE PLATJA D'ARO

124. Yoga with babies

0-3 years €0

CASTELL-PLATJA D'ARO **CASTELL-PLATJA D'ARO**
www.platjadaro.com

Need a break? The smallest members of the household can enjoy, with the whole family, the benefits provided by yoga, physical well-being and relaxation for both adults and babies. The sessions take place in the mini club at Gran beach, a nice natural environment which invites you to feel peaceful.



© TURISME DE LLORET DE MAR

125. Mini clubs with sea views

0-12 years €0

LLORET DE MAR **LLORET DE MAR**
www.lloretdemar.org

The beaches of Lloret and Fenals have an added charm to their natural beauty: two mini clubs so that you can enjoy incredibly fun activities. Both the young and the old can take part in workshops and games. There is also a space for babies which has a microwave, baby changer and fridge.



© VISIT PINEDA

126. Baby Centre

0-6 years €0

PINEDA DE MAR **PINEDA DE MAR**
www.visitpineda.com

Children from 1 to 6 years old have a play-date at the Pescadors beach. There is a children's area with baby changers, fridges to store food, cots, breastfeeding sofas and other services to guarantee the comfort of babies and children while they take part in craft workshops and listen to storytellers in different languages.

10

IS THE NUMBER OF HOURS PER DAY THAT THE BABY AREA AT CALONGE I SANT ANTONI IS OPEN TO THE PUBLIC.



© TURISME DE CALONGE-SANT ANTONI

120

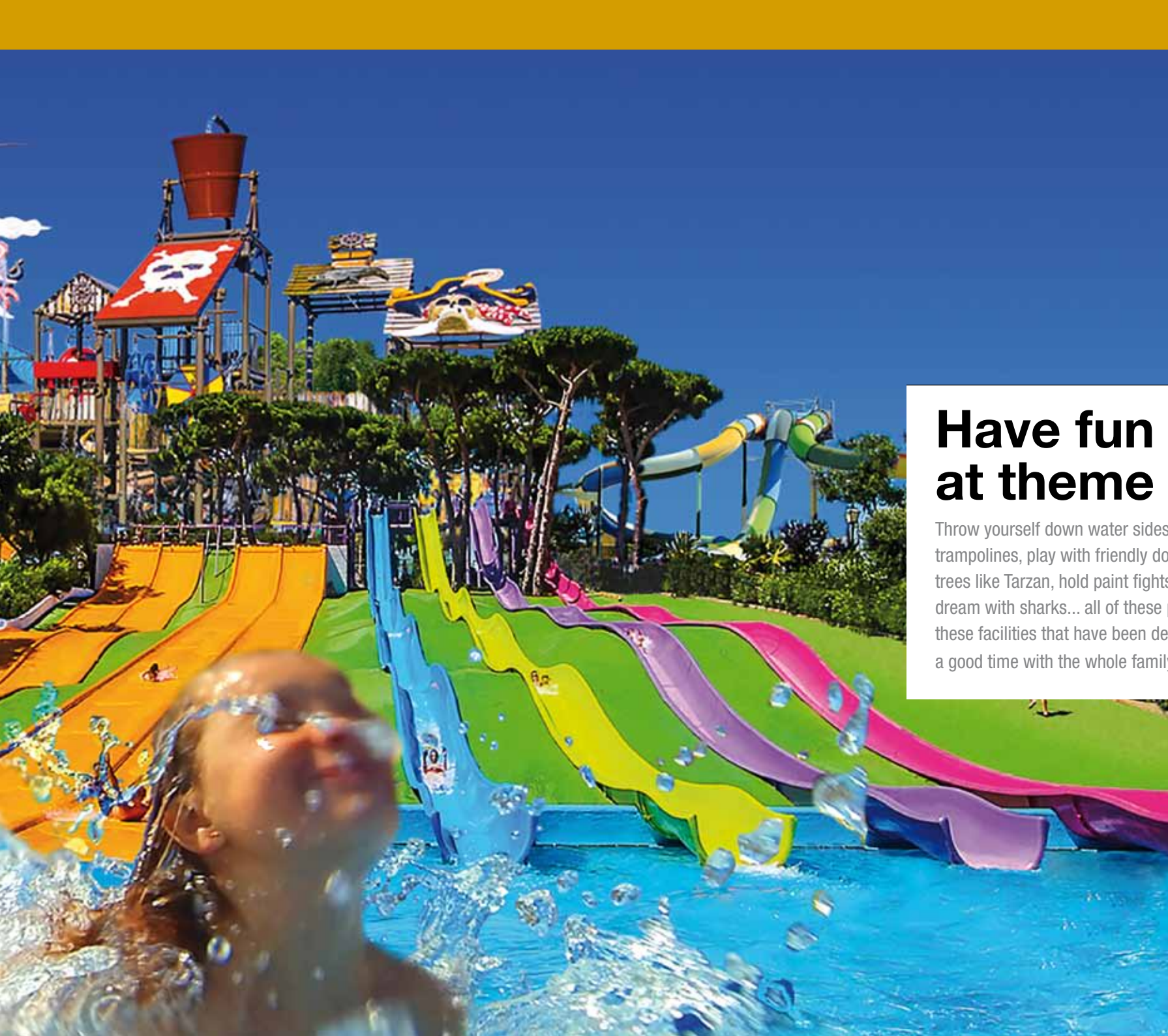
IS THE NUMBER OF DAYS THAT THE BABY CENTRE AT THE PESCADORS BEACH IN PINEDA DE MAR IS ACTIVE DURING THE SEASON.



© VISIT PINEDA



© ILLA FANTASIA



Have fun at theme parks

Throw yourself down water sides at top speed, bounce on trampolines, play with friendly dolphins, have adventures in the trees like Tarzan, hold paint fights, drive go-karts, try new sports, dream with sharks... all of these proposals become reality with these facilities that have been devised so that you can have a good time with the whole family. 📍

ILLA FANTASIA,
IN VILASSAR DE DALT.



© AQUADIVER

127. Aquadiver

0-99 years

€20-30

i Aquadiver
www.aquadiver.com

📍 CASTELL-PLATJA D'ARO
www.platjadaro.com

The whole family can cool down in a very original way playing in the children's areas, speeding down aquatic rollercoasters, descending the river rapids and the slides and having fun in the multi-tracks and kamikazes of this water park in Platja d'Aro. To finish, a dip in the large wave pool. 📍



© GNOMOPARK

128. Soft Paintball for kids

8-14 years €12

i Gnomopark
gnomo-park.com

📍 LLORET DE MAR
www.lloretdemar.org

Children of between 8 and 14 years old can have fun, along with the grown-ups, playing paintball in Gnomo Park. This activity is lead by monitors. The markers work with springs, not with compressed air, which reduces the shooting power to make it safer for the children. 📍



© GNOMOPARK

129. A mountain full of games

1-12 years

€9.50

i Gnomopark
gnomo-park.com

📍 LLORET DE MAR
www.lloretdemar.org

Gnomo Park is an activity park which has a ball pool, inflatables, a mini-disco and an outdoor park so that the whole family can spend the day playing games and having fun. This children's playground includes water areas where you can enjoy yourself and cool down. 📍



© WATER WORLD

130. Water World

0-99 years

€19-33

i Water World
www.waterworld.es

📍 LLORET DE MAR
www.lloretdemar.org

In Lloret de Mar, a set of attractions await you which are aimed at all ages. At Waterworld, you can enjoy different fun activities such as aquatic roller coasters, *black holes*, a wave pool, river rapids, slides, kamikazes, soft tracks, multi-tracks and children's areas. 📍



© PARC AVENTURA SANT FELIU

131. Adventure and paintball

+7 years €15

i Parc Aventura
Sant Feliu de Guíxols
www.parcaventurasantfeliu.com

📍 SANT FELIU DE GUÍXOLS
visitguixols.com

You can have fun playing *paintball* in the natural and unbeatable surroundings of the Sant Feliu de Guíxols Adventure Park. An activity which complements the tree circuits with zip wires, rope bridges, slides... You will find different routes with different levels of difficulty so that you can have fun with your whole family. 📍

0-99
YEARS OLD IS THE AGE RANGE THAT WILL FIND EXCITING PROPOSALS IN THE THEME PARKS.



© WATER WORLD



© PAINTBALL FAR WEST

132. Paintball fight

+ 14 years €20

i Paintball Far West
www.paintballfarwest.com

📍 SANT PERE PESCADOR
visitsantpere.com

Three playing fields, with different themes and several obstacles to hide behind. A new feature, and to increase adrenaline levels, are the games at night with special lighting in the playing area. The paint used is made with vegetable oils and is water-soluble. 📍



© PAINTBALL FAR WEST

133. Football 7

+ 3 years €30+

i Paintball Far West
www.paintballfarwest.com

📍 SANT PERE PESCADOR
visitsantpere.com

Children from 3 years old can take part in the sport with the most followers in the whole world: football. Four playing fields with natural grass, where the young and the old can play the game in tournaments, championships, leagues or watch as fans and cheer on their team. Who will score the most goals at Football 7? 📍



© AQUÀRIUM DE BARCELONA

134. The Barcelona aquarium

0-99 years €7-20

i L'Aquàrium BCN
www.aquariumbcn.com

📍 Barcelona

The aquarium is the most important recreational and educational centre in the world devoted to the Mediterranean, a place where you can get to know the sea bed and all of its inhabitants. In 66 Mediterranean and tropical aquariums you will find 11,000 examples of 450 different species. 📍



© AQUÀRIUM DE BARCELONA

135. Dive among the sharks

0-99 years €30+

i L'Aquàrium BCN
www.aquariumbcn.com

📍 Barcelona

If you like thrills, you'll love this activity at the Barcelona Aquarium. You'll become divers for a day and will descend, inside a cage, into the waters of the enormous pool at the Oceanarium. Keep your eyes peeled because you'll have the sharks and thousands of fish swimming all around you. 📍



© EL POBLE ESPANYOL

136. El Poble Espanyol

0-99 years €5-15

i El Poble Espanyol
www.poble-espanyol.com

📍 Barcelona

Every Sunday morning, the Poble Espanyol in Barcelona offers family-friendly activities such as dance, theatre, magic, craft workshops and music. Entry to these events allows you to visit the site and enjoy all of its areas, such as the giant slides or the craft shops. 📍



© EL POBLE ESPANYOL

137. Multimedia party area

0-99 years €5-15

i El Poble Espanyol
www.poble-espanyol.com

📍 Barcelona

The Poble Espanyol has a large multimedia space where the biggest festivals in the popular culture of the whole country are represented. An impressive assembly of screens, 7 metres high, where you can admire the Patum in Berga and the towers of the *castellers* (human towers) among other festivals. 📍



© CATALUNYA EN MINIATURA

138. Catalonia in miniature

+3 years €9.50
i Catalunya en Miniatura Torrelles de Llobregat
www.catalunyaenminiatura.com

At the Miniature Catalonia Park you will find an exhibition of models which have been declared to be of National Tourist Interest. It's a good opportunity to get to know, comfortably and in a record time, with the whole family, the most representative monuments and buildings in the land of Catalonia.



© CATALUNYA EN MINIATURA

139. Adventure circuit against the Catalonia skyline

+4 years €15
i Catalunya en Miniatura Torrelles de Llobregat
www.catalunyaenminiatura.com

An adventure park, for all ages, where you can lose yourself among the trees, climb trunks and slide down zip wires. Over 66 activities divided into 4 circuits with different levels of difficulty. The backdrop, which you can also visit, is the model exhibition of Catalunya in Miniature.



© ILLA FANTASIA

140. Aquatic fun

0-99 years €15.50
i Illa Fantasia Vilassar de Dalt
www.illafantasia.com

The Illa Fantasia water park has 22 extremely fun attractions which are adapted to different ages so that the whole family can have fun cooling down in the water. There is a large picnic area where you can gather strength and three large pools where you'll feel like a fish in water.



© MARINELAND CATALUNYA

141. Water park with dolphins

0-99 years €15.50
i Marineland Catalonia Palafolls
www.marineland.es

Visiting Marineland Catalonia is a trip to the animal world, where you can also cool down and have fun with your family. A journey among dolphins, sea lions, birds from the most exotic places on the planet... and also an adrenalin-packed trip where you can zoom down spectacular water slides.

80000

IS THE NUMBER OF SQUARE METRES THAT ILLA FANTASIA HAS AVAILABLE FOR VISITORS.



© GUILLERMO TOGNER



© TURISME DE MALGRAT

142. Discover the Francesc Macià Park

6-12 years €0
i Malgrat Tourist Office Malgrat de Mar
www.turismemalgrat.com

This park occupies 50,000 square metres on the bank of the Riera de Palafolls. It's an enclosed space which guarantees the safety of children and gives peace of mind to those accompanying them. There's a skating area, sensory games, picnic areas and giant figures which create a magical and unique atmosphere.



© PARC D'AVENTURA ACTIV NATURA

143. Ingenuity and skill playing footgolf

+4 years €10

i Adventure Park
Activ Natura
futbolgolfbarcelona.com

📍 SANTA SUSANNA
stasusanna-barcelona.com

It's a game which is similar to golf, but with a football that is launched by your foot. On an official course with 18 holes, you will need to show your ball skills in order to win the tournament with the least number of touches possible. Footgolf has many supporters in Sweden, Norway and France. 📍



© PITCH AND PUTT PORTAL DEL ROC

144. Green Fee 18 holes

+16 years €17

i Pitch&Putt
Portal del Roc
www.portaldelrocpitchandputt.com

📍 VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

This *Green Fee* proposes an outing into the countryside to play 18 holes and make the most of all of the Pitch&Putt facilities. Discover the world of golf and relax with your family while overlooking unbeatable views of Vilanova i la Geltrú, with the Mediterranean Sea in the background. 📍



© PITCH AND PUTT PORTAL DEL ROC

145. Introduction to Pitch&Putt

+12 years €30+

i Pitch&Putt
Portal del Roc
www.portaldelrocpitchandputt.com

📍 VILANOVA I LA GELTRÚ
www.vilanovaturisme.cat

Individually and in groups of up to 4 people, you can learn the concepts of the game of golf. During a one-hour class, a supervisor will show you everything there is to know about this sport so that you can begin to play it. 📍



© AQUALÉON

146. Water park in the heart of nature

0-99 years €15-30

i Aqualeon
www.aqualeon.es

📍 Albinyana

Aqualeon is a water park that combines nature and fun. You can throw yourselves down the Toboloko at full speed or spend some time relaxing in a wave pool measuring over 1,300 m². The Children Paradise area, which has recently been extended, is especially designed for the smallest members of the family. 📍



© KARTING VENDRELL

147. A rush of adrenaline

+5 years €8-23

i Karting Club Vendrell
www.kartingvendrell.com

📍 EL VENDRELL
www.elvendrellturistic.com

Children from 4 years old can get into a two-seater go-kart, accompanied by an adult, and enjoy an unforgettable morning spent driving around the circuit. Children's go-karts can be driven by those aged 6 years old and above and junior go-karts, 9 years old and above. Adults can drive a superkart. 📍



© KARTING VENDRELL

148. A battle with laser guns

+7 years €19

i Karting Club Vendrell
www.kartingvendrell.com

📍 EL VENDRELL
www.elvendrellturistic.com

Fancy having a fun and different time with your family? Yes, by playing paintball laser-tag. The new laser system allows even the youngest members of the family to join in the game because there are no projectile shots. Simply go out onto one of the four battlefields and decide which side you're playing on. 📍



© PORTAVENTURA WORLD

149. Caribe Aquatic Park

0-99 years €25+

i PortAventura World www.portaventuraworld.com **📍** SALOU www.visitsalou.eu

A big island dedicated to a refreshing adventure. The water park has 14 attractions among which you will find slides, paradisiacal swimming pools, the fun Sesame Beach and its pirate galleon ship, or the exciting Bermuda Triangle, where the waves offer non-stop fun for the whole family. 📍



© GZ

152. Slides and dolphins

6-16 years €20-30

i Aquopolis Costa Daurada costa-dorada.aquopolis.es **📍** VILA-SECA LA PINEDA PLATJA www.lapinedaplatja.info

You can enjoy a refreshing dip at Aquopolis as you slip down water slides and take in a very special children's area: the dolphinarium. There, from the stand, you can watch the dolphin shows, meet the sea lions of Patagonia and find out all about their habits. 📍



© PORTAVENTURA WORLD

150. Ferrari Land

0-99 years €18+

i PortAventura World www.portaventuraworld.com **📍** SALOU www.visitsalou.eu

The new theme park is a tribute to the great designer Enzo Ferrari and his passion for speed and innovation, recognisable in the park's 11 attractions. You will be immersed in technology and adrenaline. The attractions are aimed at families and those passionate about this legendary car brand. 📍



© KARTING TERRES DE L'EBRE

153. Turn things up a gear with your family

+5 years €12

i Karting Terres de l'Ebre www.kartingterresdelebre.com **📍** ELS PORTS elsportsenfamilia.cat

How do you celebrate a family party differently? One very original way is to organise a competition at Karting Terres de l'Ebre, as they provide a go-karting circuit, bouncy castles, table football... The winner will celebrate their victory on the podium and, before the experience is over, it'll be time for something to eat. 📍



© PORTAVENTURA WORLD

151. PortAventura Park

0-99 years €40+

i PortAventura World www.portaventuraworld.com **📍** SALOU www.visitsalou.eu

Enjoy a marvellous journey around the beautiful Polynesian Islands, through colourful and animated Mexico, exotic China or the fascinating Far West. Don't miss this place which is specially designed for the smallest members of the family: Sesame Adventure. 40 attractions await you to put your nerve to the test and burn off some adrenaline. 📍

4
IS THE NUMBER OF MILLIONS OF VISITORS WELCOMED BY THE PORTAVENTURA WORLD PARKS GROUP EACH YEAR.



© NANO CAÑAS



Family-friendly accommodation



© DANIEL JULIÁN

-  **Campsites**
-  **Youth hostels**
-  **Rural tourism**
-  **Hotels**
-  **Apartments and tourist accommodation**


Pirineus

Berga

 Berga Resort 1.ª cat. KCC000133 www.bergaresort.com

 Alberg de Berga www.albergdeberga.cat


 El Cobert de Vilaformiu PCC000111 www.vilaformiu.com


 HCC Hotel Ciutat de Berga *** HCC004188 www.hcc-hotels.es

 Masies Puigventós PCC000423 / PCC000287 / PCC000715 www.puigventos.com

Vall de Boí

 Augusta **** HL000785 www.boitallresort.com

 El Rantiner ** HL000753 www.hotelelrantiner.com

 Farré d'Avall * HL000581 www.farredavall.com

 Manantial **** HL000018 www.caldesdeboi.com

 Romànic *** HL000758 www.boitallresort.com

 Taüll ** HL000683 www.boitallresort.com

 La Plaça HL000316 www.hostal-laplaza.com

 Pey ** HL000494 www.hotelpey.com

 Arenys de Boí HUTL000348-HUTL000395 www.arenysboi.com

La Solana ** ATL000003 www.boitallresort.com

Vall d'en Bas


 Les Preses Natura 2.ª cat. KG000124 www.campingnatura.cat


 Vall d'en Bas Alberg 560 www.albergvallbas.cat


 El Ferrés PG000917 www.elferres.com


 Mas Garganta PG000093 www.masgarganta.com


 Mas Rubió PG000059 www.masrubio.com

 Can Morera HG002461 www.canmorera.com

 Mas Rafalot HUTG024810 972 690 184


 Vall de Bas **** HG002502 www.hotelvalldebas.cat

 Valls d'Àneu Aigüestortes Camping Resort 2.ª cat. KL000047 aiguestortescampingresort.com

 Nou Càmping 2.ª cat. RL000015 www.noucamping.com

 Mòn Natura Pirineus Alberg 385 www.monnaturapirineus.com

 Alba d'Esteve PL000730 www.albadesteve.com

 Castellarnau *** HL000314 www.hotelcastellarnau.com

 Hotel Poldo *** HL000141 www.hotelpoldo.com

 La Morera *** HL000547 www.hotel-lamorera.com


 Lo Pallar del Cisco ** HL000681 www.lopaller.com


 Posada d'Àneu ** HL000672 www.posadadaneu.com

 Vall d'Àneu ** HL000341 www.hostalvalldaneu.com

Costa Brava

Blanes

 La Masia 2ª cat. KG000017 www.campinglamasia.com

 Solmar 2ª cat. KG000071 www.campingsolmar.com

 Beverly Park **** HG002135 www.hotelbeverlypark.com


 Blaucel **** HG002311 www.blaucelblanes.com

 Blaumar **** HG002165 www.blaumarblanes.com


 Hotel Esplèndid *** HG002113 www.hotelesplendid.es


 Sa Malica * HG002127 www.samalica.com


 AR Muntanya Mar HUTG017189 / HUTG017218 www.apartreception.com

 Fenals Garden **** HG001880 www.fenalsgarden.com

 Gran Garbí **** HG001815 www.hotelesgarbi.com

 Guitart Gold Central Park Resort & Spa *** HG002330 www.guitarthotels.com

 H Top Royal Beach **** HG001929 www.htophotels.com

 H Top Royal Star **** HG001795 www.htophotels.com

 Maria del Mar **** HG000751 www.mariadelmarhotel.com

 Evenia Olympic Palace **** HG002422 www.eveniahotels.com

 Olympic Park *** HG000363 www.eveniahotels.com

 Alegria Plaza Paris **** HG000910 www.alegria-hotels.com

 Rosamar & Spa ****S HG000086 www.rosamarhotels.com

 Rosamar Garden Resort **** HG002297 www.rosamarhotels.com


 Surf-Mar **** HG001993 www.sambahotels.com

 Costa Encantada **** HG002291 www.marsolhotels.com

 Aromar **** HG001131 www.hotelaromar.com

 H Top Caleta Palace **** HG002437 www.htophotels.com


Planamar * HG000346 www.planamar.com


 H Top Platja Park *** HT000464 www.htophotels.com


 Goetten Apartamentos ATG000091 www.goetten.es


 Les Palmeres ATG000074 www.lespalmeres.net


 Lloret de Mar Santa Elena Ciutat 1ª cat. KG000050 www.campingsantaelena.com

 Tucan 2a cat. KG000134 www.campingtucan.com


 Anabel **** HG001791 www.hotelanabel.com


 Fenals Garden **** HG001880 www.fenalsgarden.com

 Gran Garbí **** HG001815 www.hotelesgarbi.com

 Guitart Gold Central Park Resort & Spa *** HG002330 www.guitarthotels.com

 H Top Royal Beach **** HG001929 www.htophotels.com

 H Top Royal Star **** HG001795 www.htophotels.com

 Maria del Mar **** HG000751 www.mariadelmarhotel.com

 Evenia Olympic Palace **** HG002422 www.eveniahotels.com

 Olympic Park *** HG000363 www.eveniahotels.com

 Alegria Plaza Paris **** HG000910 www.alegria-hotels.com

 Rosamar & Spa ****S HG000086 www.rosamarhotels.com

 Rosamar Garden Resort **** HG002297 www.rosamarhotels.com

 Surf-Mar **** HG001993 www.sambahotels.com


 Costa Encantada **** HG002291 www.marsolhotels.com

 Aromar **** HG001131 www.hotelaromar.com

 H Top Caleta Palace **** HG002437 www.htophotels.com


Samba *** HG000607 www.sambahotels.com


 Xaine Park *** HG001143 www.xaine.com

 Albamar Apartaments HUTG005275 / HUTG005359 www.albamar.com

 Eldorado HUTG05539 / HUTG005601 www.eldorado-lloret.com

 Xaine Sun & Moon HUTG00549804 www.xaine.com


 Roses Salata 2ª cat. KG000048 www.campingsalata.com

 Ciutadella ** HG001572 www.hotelciutadella.com

 CV Cala Montjoi * HG001572 www.montjoi.com

 Mediterráneo Park **** HG002355 www.hotelsmediterraneo.com

 Monterrey **** HG001612 www.hotelmonterreyroses.com

 Novel Risech * HG001585 www.hotelsrisech.com

 Daniel Apartamentos ATG000058 www.inmosantos.com

 Terraza Santa Maria HUTG 003113 www.apartamentsterraza.com

 Sant Feliu de Guíxols Sant Pol & Spa 1ª cat. KG000005 campingsantpol.cat


 Alabruga Hotel & Home Suites**** HG002532 www.hotelalabruga.com


 Hotel del Mar * HG000333 www.hoteldelmar.es


 Apartaments L'Estel HUTG004411-21 www.brusisantpol.com


 Vil·les Brusi HUTG002654-86 www.brusisantpol.com

Sant Pere Pescador

 Aquarius 2ª cat. KG000078 www.aquarius.es


 L'Àmfora 1ª cat. KG000112 www.campingamfora.com

 La Ballena Alegre Costa Brava 1ª cat. KG000097 www.ballena-alegre.com

 Las Dunas 1ª cat. KG000450 www.campinglasdunas.com

 La Gaviota II 2ª cat. KG000039 www.lagaviota.com

 Las Palmeras 1ª cat. KG000021 www.campinglaspalmeras.com


 Riu 2ª cat. KG000034 www.campingriu.com


 Can Mas PG000743 www.canmas.net

 Mas del Joncar PG-589 www.masdeljoncar.com

 Can Ceret *** HG-002205 www.canceret.com

 El Molí * HG-002077 www.hotelelmoli.com

 Torroella de Montgrí L'Estariu Les Medes 1ª cat. KG000072 www.campinglesmedes.com

 Medes II *** HG001387 www.hotelmedes.com


 Nereida *** HG001025 www.hotelnereida.com

 Panorama *** HG001115 www.hotelpanoramaestartit.cat

 Les Illes * HG000366 www.hotellesilles.com

 Picasso * HG001939 www.hotelpicasso.net

Costa Daurada

 Calafell 4R Miramar Calafell *** HT000034 www.4rhotels.com

 Antiga *** HT000782 www.antiga.info



Salomé * HT000139
www.hotelsalomecalafell.com
Solimar HT000035
www.hotelapartamentosalimar.com

Calafell Palace ATT000022
www.calafell66.com
Costa d'Or ATT000032
www.hacostador.com
Costamar ATT000023
www.costamarcalafell.com
Escor ATT000029
www.apartescor.com
Mandala Apartments
HUTT-011582 / HUTT-011585
www.mandalapartments.com

Cambrils

Àmfora d'Arcs 2.ª cat.
KT000091
www.campingamforadarcs.com
Don Camilo 2.ª cat.
KT000077
www.platjacambrils.com
Joan 2.ª cat. KT000101
www.campingjoan.com
La Llosa 3.ª cat. KT000032
www.camping-lallosa.com

Mas Montbrí Belvedere
PT000330
www.montbribelvedere.com

Can Solé ** HT000047
www.hotelcansole.com
Cambrils Park Resort ****
HT000875
www.cambrilspark.es
Cesar Augustus ***
HT000447
www.augustushotels.es
Centurion Playa ****
HT000470
www.centurionplaya.com
El Camí * HT000236
www.hotelcami.com
Estival Eldorado Resort ****
HT000723
www.doradoplaya.com
H10 Cambrils Playa ****
HT-000651
www.h10hotels.com
Olimar II *** HT000734
www.gruparbo.com
TRYP Port Cambrils ****
HT-000762
www.melia.com

Vilamar ** HT000761
www.hotelvilamarcambriels.com
Augustus *** HT000444
www.augustushotels.es
Best Maritim **** HT000608
www.besthotels.es

Geminis
HUTT-005550 / HUTT-005567
www.apartamentosgeminis.com
Pins Platja ATT000021
www.pinsplatja.com
Voramarc ATT000016
www.voramarcambriels.com

El Vendrell

Camping Vendrell Platja 1.ª cat. KT000111
www.vendrellplatja.es

Alberg Santa Maria del Mar Alberg 3
www.xanascat.cat

Els Cups PT000320
www.elscups.cat

Nuba Hotel Comarruga **** HT000841
www.nubahotelcomarruga.com
Platja Mar *** HT000754
www.eveniahotels.com
Pensió Rovior ** HT000752
977 693 853

La Casa de Juanjo
HUTT007302
www.lacasadejuanjo.es

Muntanyes de Prades

Prades Park 1.ª cat.
KT000114
www.campingprades.com
Serra de Prades 1.ª cat.
KT000119
www.serradeprades.com

Jaume I HB000371
www.xanascat.cat
Somianatura Alberg 436
www.somianatura.es



Cal Crispí PT000193
www.calcrispi.com
Ca l'Estruch PT000342
www.calestruch.com
Cal Llarg PT000145
Tel. 977 868 008
Cal Serret PT000201
www.calserret.com
Mas d'en Toni PT000127/
PT000213/ PT000214
www.lacasadelmasdentoni.com
Ca l'Estruch PT-000342
www.calestruch.com



Cal Maginet HT000836
www.calmaginet.cat
El Xalet de Prades ***
HT000848
www.xaletdeprades.com
Hostatgeria de Poblet
HT000872
www.hostatgeriadepoblet.cat
Villa Engracia **
ATTO00009
www.villaengracia.com
Hostalet Arbolí
www.hostaletarbolí.com
Hostal del Senglar
HT000471
www.hostaldelsenglar.com



Can Llorenç
HUTT004912 / HUTT 004916
www.pradescanllorens.com
Masia Sagués ATTO00047
www.masiasagues.cat
El Racó de les Heures
HUTT000087
www.raco-de-les-heures.com



Salou
 Camping Resort Sangulí
Salou 1.ª cat. KT000090
www.sanguli.es



4R Playa Park ***
HT000645
www.4RHotels.com



4R Salou Park Resort I **** HT000244
www.4RHotels.com
4R Salou Park Resort II *** HT000677
www.4RHotels.com
4R Regina Gran Hotel ****
HT000748
www.4RHotels.com

Blaumar Hotel **** HT000697
www.blaumarhotel.com
Calypso *** HT000626
www.medplaya.com
Cye Holiday Centre ***
HT000749
www.cyesalou.com
Dorada Palace ****
HT000736
www.doradapalace.com
Four Elements Suites ****
HT000866
www.elements-hotels.com
Golden Port Salou ****
HT000661
www.goldenhotels.com
H10 Mediterranean Village
HT000838
www.h10hotels.com
H10 Salauris Palace ****
HT000765
www.h10hotels.com
Hotel Caribe **** HT000772
www.portaventuraworld.com
Hotel El Paso **** HT000770
www.portaventuraworld.com
Hotel Gold River ****
HT000855
www.portaventuraworld.com
Hotel PortAventura ****
www.portaventuraworld.com
Hostal de Lucy ****
HT000888
www.portaventuraworld.com
Marinada *** HT000650
www.hotelmarinada.cat
Sol Costa Daurada ****
www.melia.com HT000787
Sun Club **** HT000796
www.sunclubsalou.com



Cye Salou ATTO00015
www.cyesalou.com
Les Dàlies ATTO00001
www.lesdàlies.com

Vila-seca
 La Pineda Platja
La Pineda 2.ª cat. KT000085
www.campinglapineda.com



Estival Park **** HT000669
www.estivalpark.es
Gran Palas Hotel ****
HT000868
www.granpalashotel.com
Palas Pineda **** HT000739
www.palaspineda.com
Gran Hotel La Hacienda ****
HT000777
www.hotelhacienda.net

Costa Barcelona

Calella

El Far 2.ª cat KB000063
www.campingelfar.com
Roca Camp 2.ª cat
KT000056
www.rocagrossa.com



Alegria Espanya ***
HB000225
www.alegria-hotels.com
Balmes *** HB000208
H10 Mediterranean Village
HT000838
www.h10hotels.com
H10 Salauris Palace ****
HT000765
www.h10hotels.com
Hotel Caribe **** HT000772
www.portaventuraworld.com
Hotel El Paso **** HT000770
www.portaventuraworld.com
Hotel Gold River ****
HT000855
www.portaventuraworld.com
Hotel PortAventura ****
www.portaventuraworld.com
Hostal de Lucy ****
HT000888
www.portaventuraworld.com
Marinada *** HT000650
www.hotelmarinada.cat
Sol Costa Daurada ****
www.melia.com HT000787
Sun Club **** HT000796
www.sunclubsalou.com

HTop Amaika **** HB002757
www.htophotels.com
HTop Calella Palace ****
HB003303
www.htophotels.com
Mar Blau *** HB003184
www.hotelmablau.cat
GHT Marítim *** HB000296
www.ghthotels.com
Miami Park *** HB003886
www.hotelmiamicalella.com
Neptuno *** HB000310
www.hotelneptuno.com
Santa Mónica *** HB001703
www.medplaya.com
Terramar *** HB002362
www.hotel-terramar.com

Alegria Pineda Splash ****
HB000339
www.alegria-hotels.com
Aqua Hotel Promenade **** HB003977
www.aquahotel.com
Golden Taurus Park Resort **** HB001832
www.goldenhotels.com
H Top Pineda Palace ****
HB000336
www.htophotels.com

Castelldefels

Estrella de Mar 2.ª cat
KB000183
www.caesmar.com



Solifemar ** HB003372
www.solifemar.com
SB BCN Events ****
HB004295
www.sshotels.com



Castellmar ATB000006
www.marfina.com
Marfina ATB000007
www.marfina.com
Porta Coeli ATB000008
www.marfina.com
Maritim ATB000010
www.apartamentsmaritim.com

Malgrat de Mar

La Tordera 2.ª cat.
KB000128
www.campinglatordera.com

Alegria Maripins ****
HB000791
www.alegria-hotels.com
Tropic Park **** HB000276
www.tropic-park.com
Luna Club **** HB004140
www.lunashotels.com
Luna Park *** HB003221
www.lunashotels.com
Papi *** HB001996
www.hotelpapi.com
Rosa Náutica **** HB000710
www.hotelrosanautica.com

Pineda de Mar
 Caballo de Mar 2.ª cat.
KB000087
www.caballodemar.com

Alegria Pineda Splash ****
HB000339
www.alegria-hotels.com
Aqua Hotel Promenade **** HB003977
www.aquahotel.com
Golden Taurus Park Resort **** HB001832
www.goldenhotels.com
H Top Pineda Palace ****
HB000336
www.htophotels.com

Santa Susanna
 Bon Repòs 2.ª cat.
KB000038
www.camping-bonrepos.com

Can Rosich PB-000105
www.canrosich.com

Alhambra *** HB002976
www.hotelalhambra.net
Aqua Hotel Aquamarina ****
HB003862
www.aquahotel.com
Caprici **** HB003881
www.hotelcaprici.com
Caprici Verd **** HB004178
www.hotelcapriciverd.com
Florida Park **** HB003845
www.grupoflorida.com

H.Top Royal Sun ****
HB004034
www.htophotels.com
Mercury ****
HB003898
www.hotelmercury.com
Aqua Hotel Montagut Suites **** HB004023
www.aquahotel.com
Montemar Marítim **** HB004246
www.montermarmaritim.com
Aqua Hotel Onabrava & Spa **** HB004093
www.aquahotel.com
Sirius **** HB004081
www.checkinsirius.com
Tahiti Playa *****
HB004044
www.tahitiplaya.com

Vilanova i la Geltrú
 El Racó de Mar 2.ª cat.
KB000053
www.campingelracodemar.com
Platja Vilanova 2.ª cat.
KB000111
www.platjavilanova.com
Vilanova Park 2.ª cat.
KB000114
www.vilanovapark.com

Ceferino *** HB000558
www.hotelceferino.com

Atenea Park I, Atenea Park II, Atenea Park III
ATB000019-21
www.hotelateneapark.com
Pai Pai HUTB010704

Terres de l'Ebre
Els Ports
 Camping els Ports 2.ª cat. KTE000121
www.camping-elsports.com

Cal Badat PTE000142
www.calbadat.cat
Cal Gorro PTE000137
www.calgorro.com
Cal Puyo PTE000288
www.calpuyo.cat
Hort de Fortuny
HTE000811

www.hortdefortunyo.com
La Premsa-Arnes
PTE000196
www.lapremsacasasrural.net
Les Valletes ATTE000003
www.lesvalletes.org
Mas Daudén PTE000291
www.masdauden.com
Maset de Castanyer
PTE000281
Mas del Cigarrer PTE000155
www.masdelcigarrer.com
Sènia de Don Pedro
PTE000031
www.seniadedonpedro.com

Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

Casa la Fàbrica
HUTTE002818
www.hortadesantjoan.cat
La Farinera ATTE000007
www.apartaments-terraalta.com
La Vall de Silvestre
ATTE000008
www.lavalldesilvestre.com

Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

Casa la Fàbrica
HUTTE002818
www.hortadesantjoan.cat
La Farinera ATTE000007
www.apartaments-terraalta.com
La Vall de Silvestre
ATTE000008
www.lavalldesilvestre.com

Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

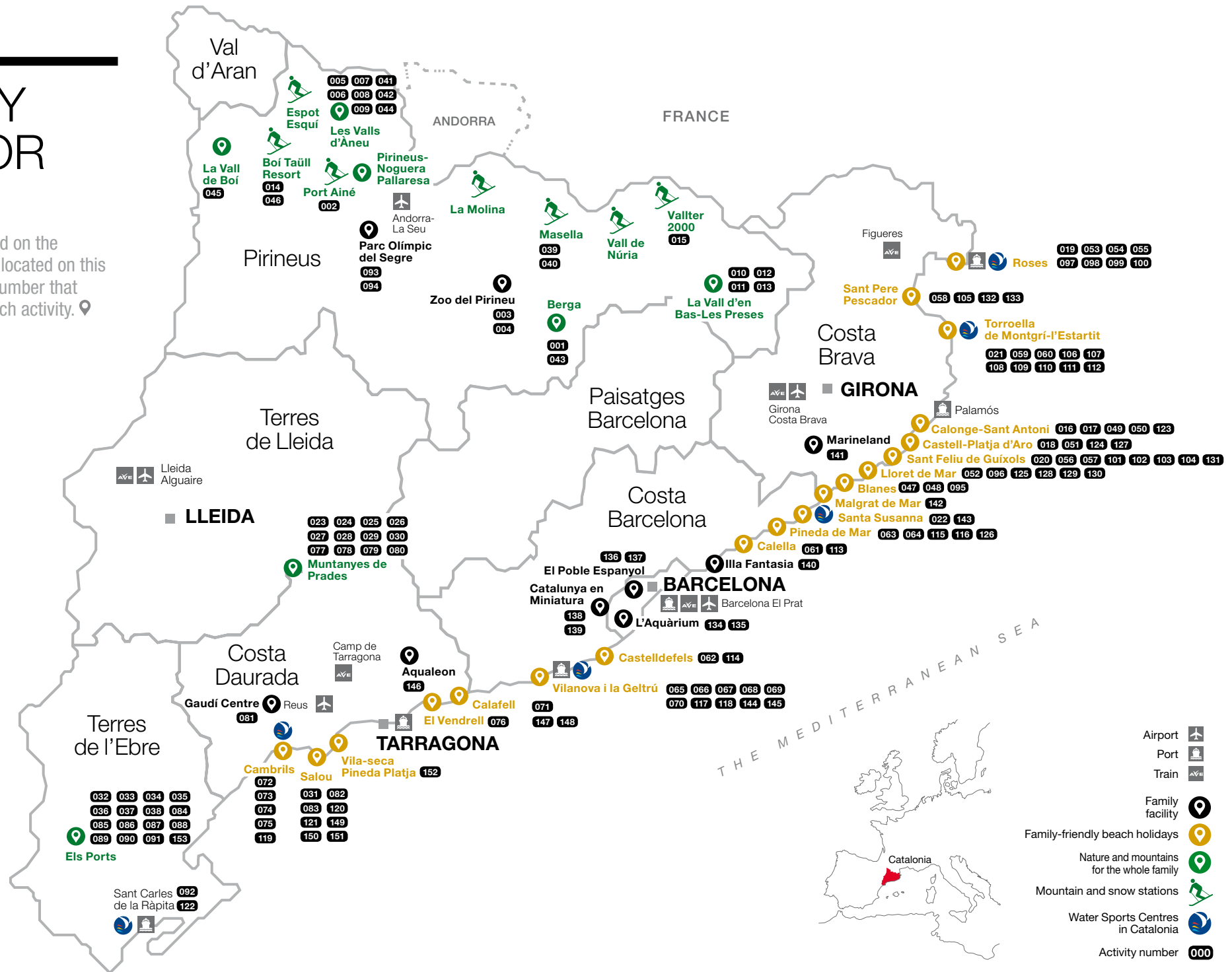
Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

Parador de Tortosa ****
HTE000542
www.paradores.es
SB Corona de Tortosa ****
HTE000710
www.sshotels.es
Casa Barceló HTE000757
www.casabarcelo.com
Casa Manolo HTE000705
www.hostalcasamanolo.es
Vilar Rural d'Arnes ****
HTE000840
www.vilarsrurals.com/es/hotel-rural-cataluna/arnes

ACTIVITY LOCATOR MAP

The proposals explained on the previous pages can be located on this map by following the number that precedes the title of each activity.



More information

Tourism promotion organisations

Tarragona Provincial Authority Tourist Board
www.costadaurada.info, www.terresdelebre.travel
The Patronat de Turisme Costa Brava Girona
www.costabrava.org
The Patronat de Turisme (Regional Tourist Board) of the Diputació de Lleida.
www.aralleida.cat
The Barcelona Provincial Council
www.barcelonaesmoltmes.cat
The Turisme de Barcelona Consortium
www.barcelonaturisme.com

For further information about Heritage

Culture Department of the Regional Government of Catalonia
patrimoni.gencat.cat/es


For more information on Catalonia


www.catalunya.com

 [@catalunyaexperience](https://www.facebook.com/catalunyaexperience)
<https://www.facebook.com/catalunyaexperience>

 [@catexperience](https://twitter.com/catexperience)
<https://twitter.com/catexperience>

 [@catalunyaexperience #catalunyaexperience](https://www.instagram.com/catalunyaexperience)
<https://www.instagram.com/catalunyaexperience>

 <https://www.youtube.com/CatalunyaExperience>

 <https://www.pinterest.com/catexperience/>

Palau Robert - Information Point for Tourism in Catalonia

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Fax + 34 93 292 12 70 / +34 93 238 40 10
www.gencat.cat/palaurobert
Timetable: From Monday to Saturday, from 10am to 8pm;
Sunday and public holidays, from 10am to 2.30pm

Tourist information

012 from Catalonia
902 400 012 from outside Catalonia
+34 902 400 012 from outside Spain



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