



# Cities, towns and villages

Escape to Catalonia and allow yourself to be captivated

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# CATALONIA, WAITING TO BE DISCOVERED

Getting to know Catalonia seems easy. It is a region that can be crossed from north to south by car in less than four hours, but the recommendations contained in these pages go beyond a whirlwind trip.

We invite you to discover the character and charm of our cities, towns and villages. You will get to know medium sized cities and even small towns that have their own personality. Most of them have been home to different cultures and have had various moments of splendour, embodied in their architecture and also in the character that makes them unique. We are talking about traditions, culinary delights or relatively modern hobbies, such as jazz music or circus shows, which flourish inexplicably, almost magically, in a particular city.

You will arrive at small villages where the road goes no further because it has already completed its quest to lead you to a charming place. Towns in which its few inhabitants are very aware of the value of their paradise and show it with pride and a desire to share. In some you will believe that you have travelled through time, traversing its mediaeval defensive walls. In others you will feel like the protagonist in an age-old story, such as those experienced by Hemingway or Dalí. You will be able to eat products fresh from the sea, the land or a winery that taste like the landscape in which they have grown.

The best of all is that some routes draw a mental map in which art, gastronomy or traditions unite diverse populations, large and small. Places where an artist such as Joan Miró developed his work, where human towers take on special importance or where rice is the centrepiece of delicious dishes.

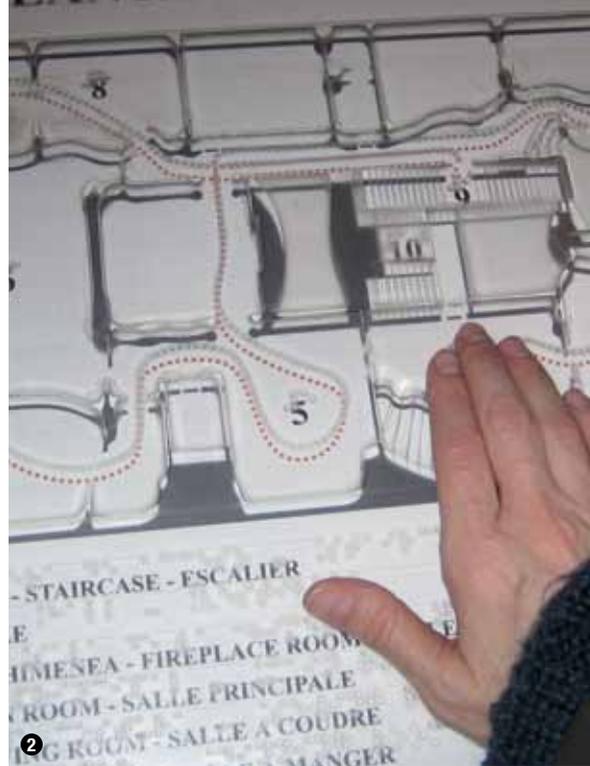
All the towns featured in this publication have obtained the corresponding seal of quality from the Catalan Tourist Board. These seals guarantee that the experiences lived in the accredited places will be of a certain standard.

Don't hesitate to embark on the trip, there's always something wonderful to discover.





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# AN ACCESSIBLE DESTINATION CITIES, TOWNS AND VILLAGES FOR EVERYONE

*Administrations and companies work continuously to improve accessibility so that everyone can enjoy the tourist experiences in Catalonia.*

In Tarragona, the visit to the defensive walls has an information service in Braille. The route through the historic centre of Vic offers a specific route for people with reduced mobility. The visit to the Masia Freixa of Terrassa can be booked in several languages, including sign language. The magnificent Seu Vella in Lleida has made an effort to remove barriers for its visitors, and this effort is also visible at the Gaudi Centre Reus and the cathedral in Solsona, just as it is at the mediaeval route in Manresa and the accessible itinerary in Girona. The character of Catalan cities is evident in the commitment that so many are showing in order to make their tourist experiences available to everyone.

1. WALKWAYS IN HISTORIC CENTRES.
2. INFORMATION PANELS IN BRAILLE.
3. GUIDES IN SIGN LANGUAGE.
4. SELF-GUIDED VISITS IN SIGN LANGUAGE.

Catalonia is one of the most accessible tourist destinations in Europe, which is shown by the special attention paid to people with disabilities. The small charming villages want to charm all tourists without exception, such as in the case of Peratallada, which has adapted itineraries so visitors in wheelchairs can discover its mediaeval streets. Plus, enjoy all the information offered by the Interpretation Centre of the Muntanyes de Prades in Braille, attend the performances of various music festivals in Calella de Palafrugell and admire the main tourist landmarks in Rupit with sign language guides. Visit [turismeperatotohm.catalunya.com](http://turismeperatotohm.catalunya.com) for more information on each piece of equipment and/or destination. 📍



# **ESCAPE**

to the cities and towns with character

## CITIES AND TOWNS WITH CHARACTER

Catalonia is a small country and, with the exception of Barcelona, its cities are small in terms of size and number of residents. Yet in terms of its history, monuments and cultural life are great focal points of attraction. We are about to discover medium-sized cities, some of which had held the historic title of 'villa', in recognition of the importance of their market, the religious power of their monastery or church, and other cultural (or even warlike) qualities that stand out throughout their history. ♡

## TOURIST BRANDS

The Catalan region is divided into nine tourist brands that are then spread over the land as shown on the map. The following cities have been sorted starting from the northern part of the map and moving in a clockwise direction. ♡





# ESCAPE TO SOLSONA



## AN EXPERIENCE AMONG GIANTS

Solsona is a town which remains loyal to its heritage. It is, after all, the Catalan city with the greatest number of gegants (giant figures) and elements of popular folklore per square metre, which results in celebrations such as its carnival, Corpus Christi or the Festa Major, dedicated to the Mare de Déu del Claustre (Virgin of the Cloister).

Located in the Pyrenean foothills, very close to the geographical centre of Catalonia, Solsona boasts an enviable natural environment where you can enjoy an endless number of routes on foot, on horseback or by bicycle, such as the Mare de la Font Park. There are also countless ecotourism and adventure guided tours and experiences, from kayaking to canyoning, without forgetting skiing. 📍

### + Information

Solsona Tourism  
<http://solsonaturisme.com/en>  
 Facebook  
[www.facebook.com/solsonaturisme](http://www.facebook.com/solsonaturisme)  
 Twitter  
[www.twitter.com/solsonaturisme](http://www.twitter.com/solsonaturisme)  
 Instagram  
[www.instagram.com/solsonaturisme](http://www.instagram.com/solsonaturisme)

DANCE OF THE GEGANTS DURING  
THE SOLSONA CARNIVAL.

The colourful robes of the figures, the crazy giants and the satire of the sermon are the most original elements of the Solsona carnival, an unmissable celebration.



© AJUNTAMENT DE SOLSONA

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Begin the day in the emblematic Portal del Pont, main entrance to the walled city.
- ▶ Discover the cathedral, the chapel of the Virgen del Claustre (Virgin of the Cloister) and the Episcopal Palace.
- ▶ Taste the *trumfos* (potatoes) and the truffles from the area, when in season, in a restaurant in the historic centre.
- ▶ Visit the Museu de Solsona Diocesà i Comarcal (Diocesan and Regional Museum of Solsona). [www.museusolsona.cat/en/](http://www.museusolsona.cat/en/)
- ▶ Take in the mediaeval museumised remains of the moat and the defensive wall.

### TWO DAYS

- ▶ Roam through the historic centre, its Plaça Major and Sant Joan squares, and the Calle del Castell.
- ▶ Visit the Poza del Hielo.
- ▶ Enjoy a selection plate of Solsonès cold meats in any of the taverns found in the historic centre.
- ▶ Climb the bell tower of the cathedral to enjoy the best views in the city.
- ▶ Taste local products in the most emblematic establishments in the city with the "Tasta Solsona" guided visit.
- ▶ Spend the night in accommodation in the city.

- ▶ Take a walk through the Mare de la Font park until you reach the Castellvell vantage point.
- ▶ Have a picnic lunch in the park.
- ▶ Cool off in the city's Gothic springs, such as those of the Church, Sant Joan or the Castle.
- ▶ Get to know Modernist Solsona from the Sant Roc Hotel to the house of August Font.

### THREE DAYS

- ▶ Visit the Solsonès Interpretation Centre.
- ▶ Discover the city's wood sentinels on the "Ruta dels caps de biga".
- ▶ Enjoy the Solsonès mushrooms (only when in season) in a restaurant in the mediaeval city.
- ▶ Visit the Miracle sanctuary, a great Baroque work and visit the cheese factory [www.formatgeriaelmiracle.coop](http://www.formatgeriaelmiracle.coop).
- ▶ Spend the night in accommodation in the centre.
- ▶ Escape to the neighbouring Olius, where you can visit the Romanesque crypt of Sant Esteve and its modernist cemetery.
- ▶ Try local grilled meat at one of the establishments belonging to the Solsonès Gremi d'Hostaleria.
- ▶ Walk along Calle Sant Llorenç, where you can enter the Quarto de los Gigantes or the museumised remains of a house from the 14th century.



**DISTANCE FROM SOLSONA TO**  
 Barcelona [106 km](#)  
 Girona [160 km](#)  
 Lleida [105 km](#)  
 Tarragona [132 km](#)  
 Manresa [47 km](#)  
 Vic [88 km](#)

### HOW TO GET THERE

**By public transport:**  
 ALSA Bus  
[www.alsa.com/en/web/bus/home](http://www.alsa.com/en/web/bus/home)  
**By road:**  
<https://google.com/maps>  
**Parking:**  
 Free in any of the city's streets. Time limit only in the most central and commercial areas.



2

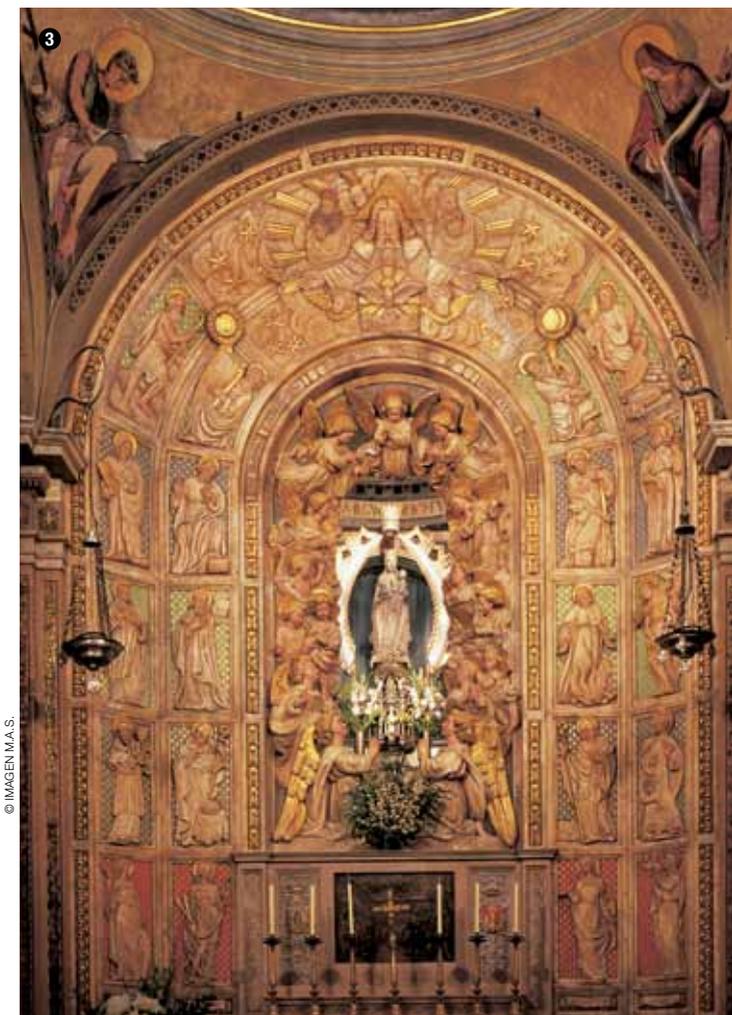
© AJUNTAMENT DE SOLSONA

- ▶ Sleep in a modernist monument.
- ▶ Walk through Solsona de los Llobera, stopping off at its Gothic palace from the 15th century.
- ▶ Escape to the Vall de Lord and visit the Valette cheese factory. [valette.cat](http://valette.cat)
- ▶ Go for a short walk through Coll de Jou until you reach the Codó viewpoint.
- ▶ Try the artisan pastries in the historic centre.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Make sure that your visit coincides with the carnival, declared of tourist interest, or the Fiesta Mayor, heritage festival of national interest.
- ▶ Take the guided tour: "Solsona monumental", if you're visiting over a weekend, or lose yourself in the old quarter in order to submerge yourself in the character of Solsona.

1. THE MULASSA BREATHING FIRE DURING THE FIESTA MAYOR.
2. VIEW FROM CASTELLVELL.
3. MARE DE DÉU DEL CLAUSTRE.



© IMAGENIA S.

**SHALL WE GO OUT?**

Els tres tombs (January)  
 Carnival (February-March)  
 Trumfo and truffle fair (March)  
 Caramelles (March-April)  
 Fair of Sant Isidre (May)  
 Corpus Christi (June)  
 AIMS Festival (August)  
 Biofira L'Ecològica (July)  
 Festa Major (September)  
 Solsonès mushroom fair (October)  
 Fira del Tió (December)

**SHALL WE GO SHOPPING?**

The commercial area is focussed around the avenue that crosses the historic centre, through the streets of Castell and Sant Miquel, and the Plaça Major. It has several emblematic establishments, such as bakeries, pastry shops and local craft shops where you can buy wicker baskets, esparto-soled shoes and the famous Pallarès knives and penknives.  
 Weekly markets: Fridays and Tuesdays (reduced version), on the promenade, the Plaça Major and the adjacent squares and streets.

**SHALL WE GO OUT AS A FAMILY?**

The Museu de Solsona offers dramatised visits on two Saturdays of the month, an activity which will take the smallest members of the family back in time.  
 The Trobada de Gegantons takes place on the last Saturday in July, where each child designs their own giant. If you're not lucky enough to be there on this date, don't miss the Quarto de los Gigantes.

**WHERE TO EAT?**

Mare de la Font  
[www.maredefont.cat](http://www.maredefont.cat)  
 Restaurant Fermin  
[www.restaurantfermin.com](http://www.restaurantfermin.com)  
 El Solsonès  
[www.campingsolsones.com/en/restaurant/inicio/](http://www.campingsolsones.com/en/restaurant/inicio/)  
 La Cabana d'en Geli  
[www.restaurantlacabanadengeli.es/en/](http://www.restaurantlacabanadengeli.es/en/)  
 El Castell  
[www.castell.cat](http://www.castell.cat)  
 La Tasketa de la Núria  
[latasketadelanuria@gmail.com](mailto:latasketadelanuria@gmail.com)  
 Other suggestions  
<http://solsonaturisme.com/en/eat/>

**WHERE TO SLEEP?**

Hotel Sant Roc \*\*\*\*  
[www.hotelsanroc.com/EN/hotel.html](http://www.hotelsanroc.com/EN/hotel.html)  
 La Freixera \*\*\*\*  
[www.laFreixera.com/en/](http://www.laFreixera.com/en/)  
 Gran Sol \*\*\*  
[www.hotelgransolsolsona.com/en/](http://www.hotelgransolsolsona.com/en/)  
 Solsona Centre \*\*  
[www.hotelsolsona.com/en/](http://www.hotelsolsona.com/en/)  
 Hostal Crisami \*\*  
[www.hostalcrisami.com](http://www.hostalcrisami.com)  
 Camping del Solsonès (1.ª cat.)  
[www.campingsolsones.com/en/](http://www.campingsolsones.com/en/)  
 Other suggestions  
<http://solsonaturisme.com/en/sleep/>



1

© AJUNTAMENT DE SOLSONA



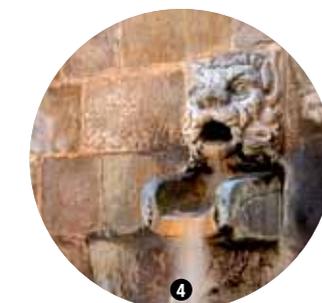
2

© AJUNTAMENT DE SOLSONA



3

© AJUNTAMENT DE SOLSONA



4

© AJUNTAMENT DE SOLSONA

**Solsona**

*is a modern city which has kept its traditions intact.*

**DON'T MISS IT!**

A visit to Solsona can't be considered complete without travelling through the region. In the winter, you can escape to Port del Comte in just 35 minutes where, as well as skiing, you can follow routes wearing snowshoes along signposted paths.  
 In summer, head out to one of its rivers and, after a spot of kayaking, jump into the Cambrils saltwater swimming pool, "the dead sea of the Pyrenees". If you like adventure, you can jump, with an elastic cord, from the third highest platform in the world into a reservoir, hire a guide to take on the via ferrata (protected climbing route), descend a gorge or go paragliding.

1. THE BRIDGE AND CATHEDRAL OF SOLSONA.
2. CAP DE BIGA, ON A BALCONY.
3. GOTHIC FOUNTAIN IN THE PLAÇA DE SANT JOAN.
4. FOUNTAIN IN THE PLAÇA DE LA CATEDRAL.



ESCAPE TO

# GIRONA



© S.E. - GEORAMA

## DIVERSITY IN EVERY RESPECT

Nestled between the Costa Brava and the Pyrenees, Girona is just 65 kilometres from the French border and 100 from Barcelona. Therefore, as well as its strategic importance in terms of commercial purposes, the city is an excellent starting point for getting to know the richness and variety of its landscapes.

Beyond the remains from the Roman and Mediaeval era, its Jewish quarter and rich heritage of Romanesque and Modernist buildings, the Gironan capital is a diverse city with a vast offering of events aimed at all types of audiences, unique experiences such as Girona, Temps de Flors, and gastronomy which is recognised worldwide thanks to the work of the chefs and local restaurateurs. 📍

### + Information

#### Girona Tourism

[www.girona.cat/turisme/eng/index.php](http://www.girona.cat/turisme/eng/index.php)

#### Facebook

[www.facebook.com/Turismegi](https://www.facebook.com/Turismegi)

#### Twitter

[www.twitter.com/turisme\\_gi](https://www.twitter.com/turisme_gi)

#### Instagram

[www.instagram.com/turisme\\_gi](https://www.instagram.com/turisme_gi)

THE RIVER ONYAR AND  
THE COLOURFUL FAÇADES.

The city's gastronomic offer is not limited to the *Celler de Can Roca*; discover what's on offer and taste products by *Girona Excel·lent* and the *D.O. Empordà* wines in the *Girona Bons Fogons* restaurants.



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## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Visit the emblematic *Ileona*, the *Basilica of Sant Felu* and the cathedral.
- ▶ Stop off at el *Call* and the Jewish History Museum. [www.girona.cat/call/eng](http://www.girona.cat/call/eng)
- ▶ Try products such as *Vedella Bencriada* and the *Girona apple* in one of the restaurants in the *Barri Vell*.
- ▶ Cross the *Gómez Bridge* and take in the *Onyar houses*.
- ▶ Spend an afternoon shopping in the establishments of the *Eix Eixample*.

### TWO DAYS

- ▶ Have a hearty breakfast in the establishments of *L'Associació d'Hostaleria, Turisme i Restauració Girona*.
- ▶ Walk through the *Jardí de l'Àngel*.
- ▶ Follow in the footsteps of the Modernist architect *Rafael Masó* and get to know his work all over the city.
- ▶ Eat tapas in the *Plaça de la Independència*.
- ▶ Take a break at the *Turkish baths*.
- ▶ Sleep in one of the small hotels in the old quarter.
- ▶ Follow the *Lannister's* steps through the streets of *Girona* at the *Game of Thrones Experience*.
- ▶ Relish the market and signature cuisine of *Girona Bons Fogons*.
- ▶ Visit the *Cinema Museum*.
- ▶ Check the schedule at *Cines Truffaut* and enjoy a good film.

- ▶ Round off the day with a *nocturnal guided tour* with a *Girona beer degustation*.

### THREE DAYS

- ▶ Experience the atmosphere of the *Mercat del Lleó* and discover the products with the agri-food quality seal *Girona Excel·lent*.
- ▶ Cross the *Pont de Pedra* bridge, visit the *Plaça del Vi* and walk back along the *Rambla de la Llibertat*.
- ▶ Immerse yourself in *Girona gastronomy* and wash it down with some *D.O. Empordà wine*.
- ▶ Get to know the city with a visit to the *Museu d'Història de Girona (Girona History Museum)*.
- ▶ Admire the streets and squares of the *Mercadal* area and return via the *Pont de Les Peixateries Velles* bridge.
- ▶ Sleep in one of the city's hotels.
- ▶ Get to know authentic *Catalan gastronomy* with a *show cooking workshop*.
- ▶ Go up and visit the *Sant Domènec Convent* and the *Les Àligues* building.
- ▶ Walk through the fortified enclosures of the *Força Vella* and the *mediaeval expanse*.
- ▶ Check the schedule at the *Auditori* and the *Municipal Theatre* and enjoy a show.
- ▶ Sleep in one of the city's hotels.



### DISTANCE FROM GIRONA TO

*Barcelona* 104 km  
*Lleida* 231 km  
*Tarragona* 190 km  
*Vic* 69 km  
*Manresa* 122 km  
*Figueres* 43 km

### HOW TO GET THERE

#### By public transport:

High-Speed Train  
[www.renfe.com](http://www.renfe.com)  
 R11 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
 Bus Alsa  
[www.alsa.com/en](http://www.alsa.com/en)

Plane  
<http://aena.es/en/girona-costa-brava-airport/index.html>

#### By road:

<https://google.com/maps>

#### Parking:

36 car parks  
 (18 public and 18 private)  
 in the centre of the city.



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© MARIA ROSA FERRE



© AJUNTAMENT DE GIRONA

- ▶ Follow the route through Romanesque *Girona* from the monastery of *Sant Pere de Galligants* and the *Sant Nicolau chapel*, and visit the *Archaeology Museum* and the exhibition hall.
- ▶ Continue along the city's green ring until you reach the valley and the monastery of *Sant Daniel*.
- ▶ Spend an afternoon browsing the small shops in the shopping area of the historic centre.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Buy the *M6 ticket* which provides you with discounts to visit the six museums in the city.
- ▶ See the numerous *Civil War* elements, such as the bomb shelter of the *Jardí de Infància*, preserved by the city.
- ▶ Train in *Girona*, which has obtained the accreditation of *Destination for Sports Tourism*, and take part in specialities such as *running*, *cycling*, *swimming*, *athletics* and *tennis*  
[www.girona.cat/turisme/eng/dte\\_marca.php](http://www.girona.cat/turisme/eng/dte_marca.php)

1. JOSEP, JOAN AND JORDI, OWNERS OF *CELLER DE CAN ROCA*.
2. COURTYARD OF THE *BONASTRUC ÇA PORTA*, HEADQUARTERS OF THE *JEWISH HISTORY MUSEUM*.
3. STAIRCASE TO THE *CHURCH OF SANT MARTÍ*.
4. *FESTIVALOT*, THE *FAMILY MUSIC FESTIVAL*.

**SHALL WE GO OUT?**

**International Circus Festival - Elefant d'Or** (February)  
**Black Music Festival** (March)  
**Strenes** (Spring)  
**Gastronomic Week** (April)  
**Easter Week**  
**Girona, Temps de Flors** (May)  
**Girona Jazz Festival** (June)  
**Nits de Clàssica** (June-July)  
**Tempo Sota les Estrelles** (July-August)  
**International Amateur Theatre Festival FITAG** (August-September)  
**Cinema Festival** (September)  
**Projecte Milestone** (September)  
**Sant Narcís Fairs** (October)  
**Festival Temporada Alta** (Autumn)

**SHALL WE GO SHOPPING?**

Girona has always played a key role when it comes to commercial appeal, which is reflected in the dynamism of Girona Centre and the activity of the Mercat del Lleó. Likewise, it hosts a wide range of street markets, such as Can Gibert del Pla (Thursday), Les Ribes del Ter (Tuesday and Saturday) or El Mercat de les Flors (Saturday).

**SHALL WE GO OUT AS A FAMILY?**

Students from the **Domeny school** have put together a guide with elements of the city aimed at boys and girls. As well as guided tours and trips on the **tourist train**, Girona offers a programme of free **orienteering circuits**, designed so that you can get to know the city in an entertaining and original

way using a map with a set of clues. Also, every July the city hosts the family music festival **Festivalot**.

**WHERE TO EAT?**

**El Cellar de Can Roca**  
[www.cellercanroca.com](http://www.cellercanroca.com)  
**Massana**  
[www.restaurantmassana.com/eng/](http://www.restaurantmassana.com/eng/)  
**Casa Marieta**  
[www.casamarieta.com/Presentacion/situacion.asp?idi=2&f=0](http://www.casamarieta.com/Presentacion/situacion.asp?idi=2&f=0)  
**Occi**  
[www.restaurantocci.com](http://www.restaurantocci.com)  
**Can Marqués**  
[www.canmarques.com/?lang=en](http://www.canmarques.com/?lang=en)  
**Llevataps**  
<http://llevataps.weebly.com/>  
**Can Xifrà**  
[www.canxifra.com](http://www.canxifra.com)  
**König**  
[www.konig.cat/en/](http://www.konig.cat/en/)  
**Other suggestions**  
[www.girona.cat/turisme/eng/restaurants](http://www.girona.cat/turisme/eng/restaurants)  
[www.gironabonsfogons.cat](http://www.gironabonsfogons.cat)

**WHERE TO SLEEP?**

**AC Palau de Bellavista \*\*\*\*\***  
[www.marriott.co.uk/hotels/travel/gropa-ac-hotel-palau-de-bellavista](http://www.marriott.co.uk/hotels/travel/gropa-ac-hotel-palau-de-bellavista)  
**Hotel Carlemany \*\*\*\***  
[www.hotelcarlemanygirona.com/en/](http://www.hotelcarlemanygirona.com/en/)  
**Hotel Històric \*\*\*\***  
[www.hotelhistoric.com/en/](http://www.hotelhistoric.com/en/)  
**Hotel Museu Llegendes de Girona \*\*\*\***  
[www.llegendeshotel.com/en/](http://www.llegendeshotel.com/en/)  
**Hotels Ultònia \*\*\*/\*\*\*\***  
[www.hotelsultoniagirona.com/](http://www.hotelsultoniagirona.com/)  
**B&B \*\*/\*\*\***  
[www.hotel-bb.es/en](http://www.hotel-bb.es/en)

**In Girona**

*You must kiss the bottom of the lleona in order to return to the city.*

**DON'T MISS IT!**

There's an endless amount of proposals in the surroundings of Girona: from the Gavarres massif to the Banyoles lake and the volcanic area of La Garrotxa, heading through, of course, the coves along the Costa Brava and the Cabo de Creus Natural Park. Sports lovers have prime destinations for practising scuba diving (the Medes Islands), kitesurfing (Sant Pere Pescador), trekking and mountain biking, as well as winter sports at the Pyrenees stations. Discover villages taken straight off a postcard along the coast, such as Tamariu or Cadaqués, and inland, such as Peratallada, Besalú or Castellfollit de la Roca; and get to know the lands and landscapes which inspired universal artists like Salvador Dalí and Josep Pla.

1. THE MARRECS DE SALT CASTELLERS ON THE CATHEDRAL STAIRS.
2. THE LAKE AT BANYOLES.
3. THE LLEONA OF GIRONA.



ESCAPE TO

# MANRESA



## THE CITY THAT INSPIRED SAN IGNACIO DE LOYOLA

This city, located in the heart of Catalonia, has a marked spiritual character. It's not without reason, and as well as the yearly commemoration of the mystery of the Light which put an end to the city's excommunication, Manresa is also the final point of the route which follows in the steps of San Ignacio de Loyola, who discovered his vocation right here after a divine revelation on the banks of the River Cardener.

With remains of the Mediaeval and Gothic city, such as La Seu, Manresa also boasts historic heritage of a Baroque style, linked to the track left by San Ignacio, founder of the Jesuit community and of a rich Modernist and industrial past with a set of buildings, museums and elements associated with this period. 📍

### + Information

#### Manresa Tourism

[www.manresaturisme.cat/ang](http://www.manresaturisme.cat/ang)

#### Facebook

[www.facebook.com/ManresaTurisme](https://www.facebook.com/ManresaTurisme)

#### Twitter

[www.twitter.com/manresaturisme](https://www.twitter.com/manresaturisme)

#### Instagram

[www.instagram.com/manresaturisme](https://www.instagram.com/manresaturisme)

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THE OLD BRIDGE ACROSS  
THE RIVER CARDENER.

Manresa enlightens visitors with its patrimonial richness: lose yourself in the streets of the mediaeval city, discover its background in Baroque art and wander curiously through its Modernist shopping area.



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© SUSANA SAEZ GZ

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Follow in the footsteps of San Ignacio de Loyola through *La Seu*, *la Cova* and *Calle del Balç*.
- ▶ Discover Modernist Manresa in the surroundings of the *Paseo de Pere III*.
- ▶ Savour the local specialities washed down with beer and wine from the area.
- ▶ Take a stroll through the parks of *la Sèquia* and *l'Agulla*, with their beautiful views over Montserrat.
- ▶ Visit the winery *Oller de Mas*, located in a castle from the 10<sup>TH</sup> CENTURY.

### TWO DAYS

- ▶ See in the day with a coffee and a quick walk through the labyrinth of streets and squares in the city's historical centre.
- ▶ Take the guided tour: "Manresa universal: la ciudad de San Ignacio de Loyola" (Universal Manresa: the city of San Ignacio de Loyola).
- ▶ Try the wines of the *D.O. Pla de Bages* and the seasonal products in some of the establishments of the *Gremi d'Hoteleria i Turisme del Bages*.
- ▶ Spend an afternoon shopping at the *Paseo Pere III* shopping area.
- ▶ Check the schedule at the *Kursaal Theatre* and enjoy one of its shows.

- ▶ Sleep in one of the city's hotels, in a unique building, such as the *Casa Padró*.
- ▶ Follow one of the routes through the *El Flequer Valley* and discover its centenary barrels for wine-making, made from stone.
- ▶ Visit the *Abadal* winery and enjoy a picnic among the vineyards.

### THREE DAYS

- ▶ Lose yourself in the streets of the historical centre and discover the oldest shops in the city on the streets of *Sant Miquel and Sobrerroca*.
- ▶ Try market cuisine at one of the restaurants belonging to the association *Fogons del Bages*.
- ▶ Spend an afternoon kayaking at the *l'Agulla Park*. [www.cecb.cat/seccions/kayak](http://www.cecb.cat/seccions/kayak)
- ▶ Enjoy a rustic dinner while you gaze at the sunset from the park.
- ▶ Sleep in one of the hotels in the centre.
- ▶ Discover industrial Manresa at the *Technical Museum*.
- ▶ Gather strength at one of the city's pastry shops and try local specialities such as the *dolç del Pelegrí*.
- ▶ Visit the sanctuary of *la Cova* and the *Regional Museum*, which specialises in Baroque art.
- ▶ Enjoy cod from Manresa, with potatoes and quince garlic mayonnaise.



### DISTANCE FROM MANRESA TO:

- Barcelona 62 km
- Girona 120 km
- Lleida 116 km
- Tarragona 109 km
- Terrassa 32 km
- Vic 51 km

### HOW TO GET THERE

#### By public transport:

R4 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
 FGC R5 [fgc.cat/en/](http://fgc.cat/en/)  
 Hispano Igualadina Bus  
[www.igualadina.com/index.php?idioma=eng](http://www.igualadina.com/index.php?idioma=eng)  
 Teisa - Eix Bus  
[www.teisa-bus.com/en/eix-bus](http://www.teisa-bus.com/en/eix-bus)

#### By road:

<https://google.com/maps>

#### Parking:

Over 40 car parks, across public and private ones.

**SHALL WE GO OUT?**

**Festival of Light and Fira de l'Aixada** (February)  
**Manrusiónica** (June)  
**San Ignacio Festivals** (July)  
**Festa Major** (August)  
**Mediterranean Fair** (October)

**SHALL WE GO SHOPPING?**

The main shopping area is in the surroundings of the Paseo de Pere III, Calle Angel Guimerà, the Plaça de Sant Domènec square, Carrer Nou and Calle del Born.

Manresa's star products and dishes are **La Llum almonds and Manresa cod**; as well as different specialities from Ignatian cuisine such as the pilgrim's sweets, broth and small bites, as well as the wines from the D.O. Pla de Bages.

**Tuesday Market**, in the Font dels Capellans district.

**Puigmercadal Market**, at the Muralla del Carme.

**Sagrada Família Market**, in the district which shares the same name.

**SHALL WE GO OUT AS A FAMILY?**

Every afternoon in the summer, children's activities are organised on the terraces of the establishments which are involved in the concept "Quin Passeig!", in the Paseo Pere III. During the rest of the year, you can go to Calle del Balç and take part in a family tour which includes a treasure hunt and activities to discover the mediaeval period inside the interpretation centre. Also, the Sèquia Park hosts different family workshops.

**WHERE TO EAT?**

**Restaurant Aligué**  
[www.restaurantaligue.es](http://www.restaurantaligue.es)  
**Kursaal Espai Gastronòmic**  
[www.restaurantkursaal.cat](http://www.restaurantkursaal.cat)  
**Las Vegas**  
[www.restaurantlasvegas.com](http://www.restaurantlasvegas.com)

**La Cuina**  
[www.restaurantlacuina.com](http://www.restaurantlacuina.com)  
**Turó de la Torre**  
[www.turodelatorre.com](http://www.turodelatorre.com)  
**El Vermell**  
[www.vermellmanresa.com](http://www.vermellmanresa.com)

**Sibar**  
[www.sibarrestaurant.com](http://www.sibarrestaurant.com)  
**Gretta Gogó**  
[www.grettagogo.net](http://www.grettagogo.net)

**Other suggestions**  
[www.elsfogonsdelbages.cat](http://www.elsfogonsdelbages.cat)  
<http://baqesturisme.cat/en/gastronomia/>

**WHERE TO SLEEP?**

**L'Hotelet Casa Padró - Manresa 1914** \*\*  
[www.hoteletmanresa.com/en/](http://www.hoteletmanresa.com/en/)  
**Hotel 1948** \*\*\*  
[www.1948hotel.com/en/](http://www.1948hotel.com/en/)  
**Els Noguers** \*\*  
[www.hotelesnoguers.cat/en.html](http://www.hotelesnoguers.cat/en.html)  
**Urbi Apartaments** \*\*\*  
[www.urbi-apartaments.com/en/](http://www.urbi-apartaments.com/en/)  
**Apartamentos La Farola**  
[www.lafarola.net/en/](http://www.lafarola.net/en/)  
**Parador de Cardona** \*\*\*\*  
<https://www.parador.es/es/paradores/parador-de-cardona>



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***In Manresa**  
 you'll enjoy an  
 exceptional and  
 inspiring environment.*



4

**DON'T MISS IT!**

Some 25 kilometres from the centre of Manresa is the iconic mountain of **Montserrat**; hands down the most visited and photographed destination in the area. To visit it, you can walk along the last stage of the Ignatian Way in the opposite direction or, if you prefer, go to Monistrol de Montserrat by car or railway and, from there, catch the rack train. After visiting its famous basilica, the park offers uncountable hiking routes and scheduled outings with specialised guides. If, on the other hand, you're an adventure lover, Montserrat offers a dozen equipped via ferrata climbing routes and paths of different levels of difficulty.

- 1. BALÇ INTERPRETATION CENTRE.
- 2. SAN IGNACIO DE LOYOLA CAVE.
- 3. COLLEGIATE OF SANTA MARIA DE MANRESA, KNOWN AS 'LA SEU'.
- 4. THE UNIQUE SHAPES OF THE MONTSERRAT MOUNTAIN.



# ESCAPE TO TERRASSA



## THE MOST INDUSTRIAL AND UNIQUE MODERNISM

Terrassa is an unmissable destination for lovers of architecture and culture. Among its wealth of heritage, it's worth highlighting the Modernist masterpieces such as Vapor Aymerich, Amat i Jover —home to the Science and Technical Museum of Catalonia—, the Masia Freixa and the Casa Alegre de Sagrera. The city also has one of the exceptional elements of Catalonia's historical and artistic heritage: the ensemble of Visigoth churches of Sant Pere, Sant Miquel and Santa Maria.

The city of Terrassa also has a rich schedule of events, such as the Jazz Festival, the most innovative theatre festival, Terrassa Noves Tendències, and the Fira Modernista, which has been declared of tourist interest and relives the days of splendour of Modernism, when Terrassa became a motor for the Catalan economy and the birthplace of grass hockey. 📍

### + Information

**Terrassa Tourism**

[www.visitaterrassa.cat/en/](http://www.visitaterrassa.cat/en/)

**Facebook**

[www.facebook.com/terrasa.turisme](https://www.facebook.com/terrasa.turisme)

**Twitter**

[www.twitter.com/visitaterrassa](https://www.twitter.com/visitaterrassa)

**Instagram**

[www.instagram.com/terrasaturisme](https://www.instagram.com/terrasaturisme)

© BADA CASANOVA

THE MASIA FREIXA.

The city has a rich gastronomic offer: discover the local products in the establishments which have the *Terrassa Gastronòmica* seal and the restaurants in the *Col·lectiu Cuina Vallès*.



© AJUNTAMENT DE TERRASSA. BADIA CASANOVA

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Visit the Masia Freixa and the Science and Technical Museum of Catalonia, in the Vapor Aymerich, Amat i Jover.
- ▶ Have lunch in the restaurants which belong to the *Terrassa Gastronòmica* brand.
- ▶ Visit the Seu d'Ègara, a site with over 1,500 years of history.
- ▶ Walk through the Vallparadís Park, stopping off at the Castell Cartoixa, headquarters of the Museum of Terrassa.

### TWO DAYS

- ▶ Follow the Modernist trail on your own with an audio guide, don't miss the impressive stained-glass windows of the Alegre de Sagrera House Museum.
- ▶ Try the local gastronomy in the restaurants located in the centre of the city and relax by spending the afternoon shopping.
- ▶ Experience a concert at the Nova Jazz Cava.
- ▶ Stay in the city.
- ▶ Discover the Sant Llorenç del Munt i l'Obac Natural Park, climb up to La Mola and eat at the old monastery.
- ▶ Spend a day watching "Castellers" (human towers) with the Minyons de Terrassa Experience

### THREE DAYS

- ▶ Sign up to one of the guided tours to find out more about the heritage.
- ▶ Photograph the city from a bird's eye view from the heights of the Torre del Palau.
- ▶ Try a menu featuring locally-sourced products from *Terrassa Gastronòmica*.
- ▶ Check the schedule at the Centre d'Arts Escèniques and enjoy the Principal and Alegria theatres.
- ▶ Make the most of the night and follow the Tapas Route through the historical centre.
- ▶ Sleep in Terrassa.
- ▶ Discover the history of fashion at the Documentation Centre and Textile Museum.
- ▶ Visit the Can Morral del Molí winery, in Ullastrell and you'll find out how Martialis wine and l'Oblit oil are made.
- ▶ Enjoy a meal in a rural environment.
- ▶ Have a Pitch & Putt experience in the Real Club de Golf "El Prat".
- ▶ Sleep in rural accommodation.
- ▶ Follow the "Ruta del Cine" (Cinema Route) and get to know the Parc Audiovisual de Catalunya.
- ▶ Eat close to the municipal markets, Mercat de la Independència and Mercat de Sant Pere, and take a



### DISTANCE FROM TERRASSA TO

- Barcelona 36 km
- Girona 105 km
- Lleida 149 km
- Tarragona 108 km
- Manresa 34 km
- Vic 77 km

### HOW TO GET THERE

#### By public transport:

FCG Train - Vallès Metro  
[www.fgc.cat/en/](http://www.fgc.cat/en/)  
 R4 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
 Moventis Bus

[www.moventis.es/es/lineas-horarios/barcelona-terrassa](http://www.moventis.es/es/lineas-horarios/barcelona-terrassa)

By road: <https://google.com/maps>

#### Parking:

50 car parks (publicly or privately managed) which have a total of 14,028 spaces.



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© JUAN JOSE PASCUAL



© BADIA CASANOVA

souvenir with you in the form of some of the locally-sourced products that you can find there.

- ▶ Go on a bicycle tour through "L'Anella Verda".
- ▶ Check the schedule at the Cultural Centre and enjoy its shows and activities.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Visit the city in May and you'll coincide with the Fira Modernista of Terrassa.
- ▶ Don't miss the Jazz Festival, in March.
- ▶ Find out about the city's Olympic history, world hockey capital at the facilities of its four clubs (Atlètic, Ègara, CD Terrassa and Línia 22).
- ▶ Find more information at the Tourist Office, located in the Masia Freixa. You can buy objects made by the city's craftspeople and artists. [www.visitaterrassa.cat/botiga](http://www.visitaterrassa.cat/botiga)

1. LOCAL GOURMET FOOD PRODUCTS.
2. THE SEU D'ÈGARA, MONUMENTAL ENSEMBLE OF THE CHURCHES OF SANT PERE.
3. CASTILLO-CARTUJA OF VALLPARADÍS.
4. GUIDED TOUR TO THE ROOF OF THE MNACTEC.

**SHALL WE GO OUT?**

**Terrassa Jazz Festival / Jazz Picnic** (March)  
**Fira Modernista** (May)  
**Terrassa Festa Major** (June-July)

**Terrassa Noves Tendències/ TNT** (September)

**Diades Castelleres de les colles (Human tower days): Castellars de Terrassa and Minyons de Terrassa** (November)

**SHALL WE GO SHOPPING?**

Terrassa has five shopping areas (Centre, Sant Pere, Terrassa Nord, Ca n'Aureli, Ca n'Anglada) and markets such as the Independència and Sant Pere markets in the Plaça del Triomf. **Wednesday market:** every Wednesday in Avenida Béjar. Among its typical products, you can find a wide variety of breads, sweet and savoury *coques* (special flatbreads) and seasonal pastries such as the *vitroll*, legumes, cold meats and cheeses and olive oil of the bequeruda variety.

**SHALL WE GO OUT AS A FAMILY?**

Terrassa has an endless amount of activities that you can enjoy with the smallest members of the family, as is the case with the Science and Technical Museum of Catalonia (mNACTEC) where, along with many other activities, they will have to resolve the "enigma del ordenador" (the enigma of the computer); put them on the miniature train in the

Vallparadís Park, go for a boat ride on the lake and let them begin to familiarise themselves with science and physics via the games and activities on offer at the Parc de les Sensacions.

**WHERE TO EAT?**

**El Cel de les Oques**

[www.elceldelesoques.com](http://www.elceldelesoques.com)

**El Vapor Gastronòmic**

[www.vaporgastronomic.com](http://www.vaporgastronomic.com)

**Sara**

[www.sararestaurant.com](http://www.sararestaurant.com)

**Ristol Viladecavalls**

[www.ristol.com/es/restaurante-ristol-viladecavalls](http://www.ristol.com/es/restaurante-ristol-viladecavalls)

**La Terrassa del Museu**

[www.laterrassa.es](http://www.laterrassa.es)

**Mun Cocina Evocativa**

[www.hoteldoncandido.com/en/](http://www.hoteldoncandido.com/en/)

**La Cuina d'en Brichs**

[www.lacuinaadenbrichs.com](http://www.lacuinaadenbrichs.com)

**Taverna del Ciri**

[www.latavernadelciri.com](http://www.latavernadelciri.com)

**Other suggestions**

<http://visitaterrassa.cat/en/restoration/>

**WHERE TO SLEEP?**

**Hotel Don Cándido \*\*\*\***

[www.hoteldoncandido.com/en/](http://www.hoteldoncandido.com/en/)

**Hotel Terrassa Park \*\*\***

[www.hotelterrassapark.com/en/](http://www.hotelterrassapark.com/en/)

**Hostal Roc Blanc \*\***

[www.hotelterrassapark.com/en/](http://www.hotelterrassapark.com/en/)

**Hostal del Carmen**

[www.hostalesterrassa.es](http://www.hostalesterrassa.es)



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**Terrassa**

*is in a privileged setting at the foot of La Mola.*



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© KIM CASTELLS

© AJUNTAMENT DE TERRASSA

© BADA CASANOVA

**DON'T MISS IT!**

As well as its important industrial and Modernist legacy, Terrassa has a rich mediaeval heritage which stretches from the pre-Romanesque to the Gothic period. Founded in the 5th century, the Seu d'Ègara is an exceptional monumental ensemble which has preserved outstanding architectural and artistic elements: Iberian and Roman remains, the churches of Sant Pere, Santa Maria and Sant Miquel with its funerary temple, their walls (which aspire to be recognised by UNESCO in the catalogue of World Heritage) and their altarpieces, as well as the Torre del Palau and the Castell Cartoixa de Vallparadís.

- 1. FIRA MODERNISTA.
- 2. TERRASSA JAZZ FESTIVAL.
- 3. THE ROMANESQUE MONASTERY OF SANT LLORENÇ DEL MUNT, ON THE LA MOLA MOUNTAIN.



# ESCAPE TO VIC



## ART AND HERITAGE IN A CITY ON A HUMAN SCALE

Throughout its two-thousand-year history, Vic has been a Roman city (Auso), capital of the mediaeval county of Osona, and home to an extensive and powerful diocese. It is also a university city and a shopping and services centre, which exerts its influence on a large area of Central Catalonia.

Vic is a small, calm and comfortable city which has preserved important historical and artistic heritage. The historical centre, which is of mediaeval layout, is home to masterpieces of all architectural styles: a Romanesque temple from the 1<sup>st</sup> century, the cathedral's Romanesque bell tower, its Gothic cloister and the mediaeval defensive walls, as well as the numerous Baroque buildings and outstanding examples of Modernism. The Episcopal Museum of Vic, declared of national interest, has an exceptional collection of mediaeval art on display. 📍

### + Information

#### Vic Tourism

[www.victurisme.cat/?set\\_language=en](http://www.victurisme.cat/?set_language=en)

#### Facebook

[www.facebook.com/vic.turismefires](https://www.facebook.com/vic.turismefires)

#### Twitter

[www.twitter.com/vic\\_turisme](https://www.twitter.com/vic_turisme)

#### Instagram

[www.instagram.com/vic\\_turisme](https://www.instagram.com/vic_turisme)

VIC PLAÇA MAJOR.

Vic invites you to discover its commercial past in districts like Las Curtidurías and squares like that of Mercado, which turned it into one of the most influential centres in mediaeval Catalonia.



© KIM CASTELLS



© JUAN JOSÉ PASCUAL

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Follow the tourist route on foot through the centre of the city beginning in the Plaça Major square or that of Mercado.
- ▶ Stop off in the **Episcopal Museum (MEV)** to enjoy its collection of Romanesque and Gothic art.
- ▶ Take the guided tour and taste the PDO Vic salchichón at the **Casa Riera Ordeix** <http://casarieraordeix.com/en>
- ▶ Spend an afternoon shopping in the shopping area **Vic Centre**.

### TWO DAYS

- ▶ Book the special visit to the Romanesque belfry of the **cathedral of Sant Pere Apòstol**.
- ▶ Find out the secrets of cold meats, prior booking, in the **“Botifarres de Mil Sabors”** workshop.
- ▶ Immerse yourself in **Vic gastronomy** and its products.
- ▶ Visit the **historic centre** of the city with an audio guide.
- ▶ Check the schedule at the Performing Arts Centre of the **Teatre L'Atlàntida** and enjoy its shows.
- ▶ Sleep in one of the hotels in the centre.
- ▶ Enjoy a bicycle ride along the PR C-40 footpath until you reach the monastery of **Sant Pere de Casserres**.
- ▶ Recharge your batteries with a **somalla** sandwich, the most tender variety of salchichón.

- ▶ Stroll around the district of Las Curtidurías and the Queralt bridge.
- ▶ Continue your outing by walking around the ancient **Muralla de Pere III** and the **old Jewish quarter**.

### THREE DAYS

- ▶ Experience the atmosphere of the **Municipal Market** on Tuesdays or Saturdays.
- ▶ Visit the **Museu de l'Art de la Pell (MAP)**, which gathers leather pieces from different eras and countries.
- ▶ Try regional products in the establishments belonging to the restaurateur association **Osona Cuina** [osonacuina.com](http://osonacuina.com)
- ▶ Visit the **Roman temple** from the 1st CENTURY and the remains of the Montcada Castle.
- ▶ Follow the course of the River Mèder until you reach the **Remei parish** and return to the centre via the Gothic footbridge.
- ▶ Spend the night in one of the city's hotels.
- ▶ Enjoy a hearty breakfast.
- ▶ Visit the Balmes Museum.
- ▶ Follow in the footsteps of **Josep Maria Sert** and his work in the central nave of the Cathedral and in the town hall.
- ▶ Gather energy in a pastry shop and don't miss the typical *pa de pessic*.
- ▶ Check the programme at the **ACVic**, the city's contemporary art centre.



### DISTANCE FROM VIC TO

- Barcelona** 72 km
- Girona** 73 km
- Lleida** 160 km
- Tarragona** 160 km
- Berga** 52 km
- Ripoll** 37 km

### HOW TO GET THERE

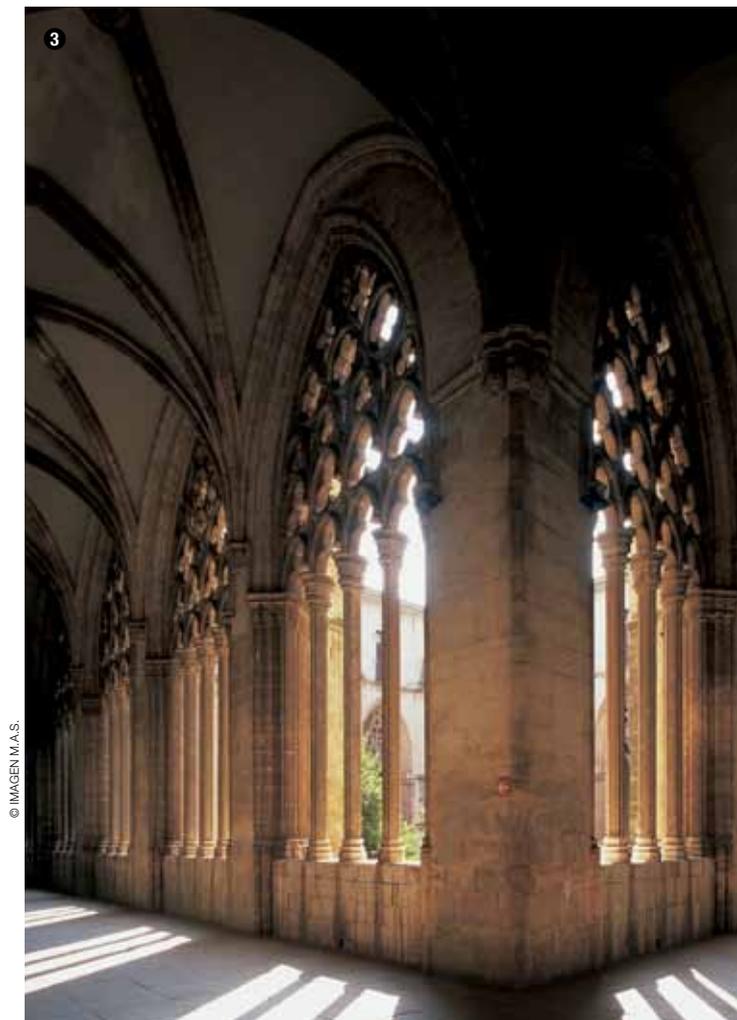
- By public transport:**  
R3 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
Sagalés Bus  
[www.sagales.com/en](http://www.sagales.com/en)  
Teisa - Eixbus  
[www.teisa-bus.com/en/index.html](http://www.teisa-bus.com/en/index.html)
- By road:**  
<https://www.google.com/maps>
- Parking:**  
13 free public car parks.

- ▶ Sleep in rural accommodation.
- ▶ Venture out on foot, following the course of the River Gurri until you reach the bridge of **en Bruguer**.
- ▶ Eat at one of the area's Michelin Star Restaurants.
- ▶ Before you leave the city, book a visit to **Museu Claretjà**.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ See the heritage through your mobile phone with **“Vic invisible”**.
- ▶ Discover Vic through the work of the writers Maria Àngels Anglada, Jaume Balmes, Miquel Llor and Jacint Verdaguer.
- ▶ Buy the **“VII de Vic”** ticket which offers seven experiences: the MEV; the cathedral, its bell tower and the Oliba space; the Roman temple; the MAP; *Las Cuatro Estaciones* by Sert; and a guided tour of the historic centre.

1. SALCHICHÓN MAKER IN THE CURING ROOM.
2. MONASTERY OF SANT PERE DE CASSERRES.
3. CLOISTER OF THE VIC CATHEDRAL.



© IMAGEN M.A.S.

**SHALL WE GO OUT?**

- **Mercat del Ram** (March)
- **Easter Week and Religious Music Festival**
- **Jazz Festival** (May)
- **Lactium, the Catalan Cheeses Exhibition** (May)
- **El So de les Cases** (June)
- **Festa Major de Sant Miquel dels Sants** (July)
- **Live Music Market** (September)
- **Observatorium Gastronòmic** (September-October)
- **Fira de la Muntanya** (November)

**SHALL WE GO SHOPPING?**

Vic has two shopping areas: Vic Centre and Vic Sud. The **star products** are the salchichón from Vic and the *pa de pessic* as a sweet dish, as well as the Vic onion, the black truffle and the bufet potato.

**Weekly markets:** on Tuesdays and Saturdays, in the Plaça Major, and on Sundays, in the districts of Remei-Estadi. The one on Saturday is the most well-known and popular.

**SHALL WE GO OUT AS A FAMILY?**

Book a **balloon ride** with one of the three companies which offer the possibility of taking in the city and the region from the sky and enjoy the horse riding activities offered by the two riding centres in the city as well as the over 200 signposted kilometres for practising mountain biking.

In the city, discover the historical centre with your family on the **tren TurisVic** or take part in the **treasure hunt** of the “Obispo Oliba y el manuscrito perdido”



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**The Episcopal Museum of Vic** has an exceptional collection of mediaeval art on display.



© JUAN JOSÉ PASCUAL

5

**DON'T MISS IT!**

The area of Vic has natural heritage which is rich in contrasts, with landscapes of great beauty, among which you can find three natural areas of great scenic, ecological and cultural value: that of Guillerics-Savassona, the Castillo de Montesquiu Park and the Montseny Natural Park, a Biosphere Reserve which has been awarded the European Charter for Sustainable Tourism (CETS). Accessible via Seva, El Brull and Viladrau, where you can find its Interpretation Centre, its leafy forests were the backdrop for the stories of legendary characters such as the bandit Serrallonga and mythical inhabitants such as the women of the water or the witches of Viladrau.

1. TABLE FULL OF CHEESES DURING THE FERIA LACTIUM.
2. LIVE MUSIC MARKET FESTIVAL.
3. THE VIC WEEKLY MARKET.
4. MUSEO DEL ARTE DE LA PIEL (LEATHER ART MUSEUM).
5. ROMAN TEMPLE.

(Bishop Oliba and the lost manuscript), or learn to make your own fuet at **Ca La Teresona**.

**WHERE TO EAT?**

- **Ca'l'U**  
[www.restaurantcalu.com](http://www.restaurantcalu.com)
- **El Jardinet**  
[www.ejardinetdevic.com/english.html](http://www.ejardinetdevic.com/english.html)
- **Arròs i Peix**  
[www.arrosipeix.cat/en/](http://www.arrosipeix.cat/en/)
- **El Barecu**  
[www.elbarecu.com/en/](http://www.elbarecu.com/en/)
- **Magda Subirana**  
[www.magdasubirana.cat/?idioma=en](http://www.magdasubirana.cat/?idioma=en)
- **La Reciclària**  
[www.lareclaria.com](http://www.lareclaria.com)

**Other suggestions**  
[www.victurisme.cat/en/gastronomia-allotjament](http://www.victurisme.cat/en/gastronomia-allotjament)  
[www.osonaturisme.cat/seccio/restaurant?idioma=eng](http://www.osonaturisme.cat/seccio/restaurant?idioma=eng)

**WHERE TO SLEEP?**

- **UP Rooms Vic \*\*\*\***  
[www.uproomsvic.com/en/](http://www.uproomsvic.com/en/)
- **Can Pamplona \*\*\***  
[www.canpamplona.com/en/](http://www.canpamplona.com/en/)
- **Balmes Vic \*\*\***  
[www.hoteljbalmes.com/EN/hotel.html](http://www.hoteljbalmes.com/EN/hotel.html)
- **Estació del Nord \*\*\***  
[www.estaciodelnord.com/en/](http://www.estaciodelnord.com/en/)
- **Seminari Allotjaments**  
[www.seminarivic.cat/allotjaments/index.php/en/](http://www.seminarivic.cat/allotjaments/index.php/en/)
- **Alberg Canonge Collell**  
<http://xanascat.cat/choosenodelang.tjc?id=1&lang=en>
- **Les Clarisses Boutique Hotel \*\*\*\***  
[www.lesclarisses.com/en/](http://www.lesclarisses.com/en/)



ESCAPE TO

# VILAFRANCA DEL PENEDÈS



## THE BEST ENTRY POINT TO THE WORLD OF WINE

Vilafranca was born as a link between the Christian and Muslim areas at the beginning of the 12th century and still retains that inclusive and welcoming character today. From the second half of the 20th century, it consolidated itself as the display window into the wine-growing region of the Penedès, the largest in Catalonia and one of the most important on the Iberian Peninsula. In the capital of the Penedès, discovering the secrets of Catalan wine and cava is a pleasant stroll.

Besides its wine tourism attractions, there are many other reasons to visit the city. As well as being one of the most important "Casteller" (human tower) squares in the country, its cultural attractions and its natural surroundings are a must, not to mention its strategic geographical location. 📍

### + Information

#### Vilafranca Tourism

[www.turismevilafranca.com/en](http://www.turismevilafranca.com/en)

#### Facebook

[www.facebook.com/turismevilafranca](https://www.facebook.com/turismevilafranca)

#### Twitter

[www.twitter.com/vilafrancatur](https://www.twitter.com/vilafrancatur)

#### Instagram

[www.instagram.com/turismevilafranca](https://www.instagram.com/turismevilafranca)

A COUPLE ENJOYING THE SUNSET  
IN THE BELL TOWER OF  
THE BASILICA OF SANTA MARIA.

Download the mobile application *Inventrip* to tailor your visit and prepare your trip before you leave home with the website: [www.inventrip.com/vilafranca](http://www.inventrip.com/vilafranca).



© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Enjoy a dramatised tour of Modernist Vilafranca.
- ▶ Follow Vilafranca's nature trail to the Font del Cuscó.
- ▶ Try some lunch in Vilafranca with regional wine.
- ▶ Visit the Vinseum and its tavern.
- ▶ Relax while you watch the sunset in the bell tower of the Basilica of Santa Maria.

### TWO DAYS

- ▶ Visit the Neogothic and Modernist monuments in the patrimonial cemetery.
- ▶ Have an aperitif on a terrace, with vermouth made in the Penedès.
- ▶ Eat in a restaurant which offers the traditional *xató*.
- ▶ Check the schedule: the Most Festival's programme runs throughout the year.
- ▶ Enjoy a breakfast-lunch-picnic between the vines.
- ▶ Sleep at a winery, in the heart of nature.
- ▶ Go for a ride in a 4x4 around the Penedès landscape.
- ▶ Make a reservation at a restaurant with the "Vilafranca ve de gust!" seal, which promotes local ingredients and wines.
- ▶ Go on a trip to the Mountain of Sant Pau, the highest point which boasts the best views of the city.

### THREE DAYS

- ▶ Have a go at one of the Enorunning circuits and beat your own record running through the vines.
- ▶ Book a food-wine pairing session at one of the wineries with a catering service.
- ▶ Feel like a quiet afternoon? Visit the cloister of the Sant Francesc Church or enjoy a wine therapy treatment.
- ▶ Have dinner at a restaurant in Vilafranca, with a menu of fish caught on the coast nearby.
- ▶ Sleep in Vilafranca.
- ▶ Drive along the wine route and stop off at one of the 12 wineries to take a tour and go wine tasting.
- ▶ Travel to Sitges and take a dip before eating in one of the town's restaurants.
- ▶ Back in Vilafranca, watch a training session of one of the three *colles de castellers* (human tower groups) [www.turismevilafranca.com/en/the-world-of-human-towers](http://www.turismevilafranca.com/en/the-world-of-human-towers)
- ▶ Check the programme to enjoy the cultural proposals that the city has to offer.
- ▶ Sleep in Vilafranca.
- ▶ Follow one of the 3 routes offered by the Penedès 360° programme, on foot or by bicycle.
- ▶ Visit one of the city's wine shops to choose the wines that you'll be taking home with you.



### DISTANCE FROM VILAFRANCA DEL PENEDÈS TO

Barcelona 60 km

Girona 136 km

Lleida 119 km

Tarragona 55 km

Sant Sadurní d'Anoia 22 km

Sitges 22 km

### HOW TO GET THERE

#### By public transport:

R4 Renfe Suburban line

[www.renfe.com/EN/viajeros/cercanias](http://www.renfe.com/EN/viajeros/cercanias)

Hispano Igualadina Bus

[www.igualadina.com/index.php?idioma=eng](http://www.igualadina.com/index.php?idioma=eng)

Empresa Plana

[www.empresaplana.cat](http://www.empresaplana.cat)

#### By road:

<https://google.com/maps>

#### Parking:

Car park in the centre,

with over 900 spaces.



2

© MARIA ROSA FERRE

- ▶ Buy Penedès cheese and cold meats and have lunch in the countryside surrounded by vines. Don't forget *catànies* and fruit for dessert.
- ▶ Before leaving the area, stop off at one of the vantage points on Via Miravinya (search with the App) to take magnificent photos.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Visit Calle Comerç, which grew alongside the railway, with historic wine-making buildings.
- ▶ If your visit coincides with the first few days of July, enjoy the activities of the Vijazz Festival.
- ▶ Does your interest in wine go beyond simply drinking a glass? You'll find workshops for harvesting, pruning, disgorging cava and so much more at [www.turismevilafranca.com/en](http://www.turismevilafranca.com/en).

1. THE PENEDÈS ROOSTER, PGI PRODUCT, RAISED ON GRAPE SEEDS.

2. PENEDÈS VINEYARDS.

3. "CASTELLERS" (HUMAN TOWER PARTICIPANTS) IN VILAFRANCA.



3

© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

**SHALL WE GO OUT?**

- May Festivals (May)
- EVA. Festival
- En Veu Alta (June)
- Banc Sabadell Vijazz (July)
- Festa Major (August)
- Diada de la colla jove dels Xiquets de Vilafranca (human towers) (October)
- Diada dels castellers de Vilafranca (Human Tower Day) (November)
- MOST. International Film Festival of Wine and Cava (November)
- Fira del Gall (Rooster Fair) (December)

**SHALL WE GO SHOPPING?**

The centre has several **blocks of shops** which are exclusively for pedestrians.

The **star product** of Vilafranca is undoubtedly its **wine**. Take your time deciding which of the thousands of possibilities you'll be taking home with you.

**Weekly market:** every Saturday, over two hundred stalls selling gastronomic items and other products set up in the centre.

**SHALL WE GO OUT AS A FAMILY?**

The **dramatised** visits are essential for finding out more about the historical heritage and the activities surrounding environmental knowledge and experimentation in the region. Don't forget the visits to the vineyards on **bicycles and segways** and the wine tours. Immerse yourself in the universe of wine and gastronomy with tours around the Torner barrel factory, the **P'Obrador cheese factory**, and to different workshops and tasting areas. And visit the Casa de la Festa Major to discover the festive bestiary.



© MARIA ROSA FERRE

1



© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

2

**WHERE TO EAT?**

- El gat blau**  
[www.gatblaurestaurant.com](http://www.gatblaurestaurant.com)
- El cigró d'or**  
[www.elcigrodor.com](http://www.elcigrodor.com)
- Cal Ton**  
[www.restaurantcalton.com/en](http://www.restaurantcalton.com/en)
- El racó de la calma**  
[www.elracodelacalma.com](http://www.elracodelacalma.com)
- En rima**  
[www.hotelmastinell.com/cuisine](http://www.hotelmastinell.com/cuisine)

**Other suggestions**

- [www.turismevilafranca.com/en/restaurants](http://www.turismevilafranca.com/en/restaurants)
- [www.turismevilafranca.com/en/vilafranca-ve-de-gust-gastronomia](http://www.turismevilafranca.com/en/vilafranca-ve-de-gust-gastronomia)

**WHERE TO SLEEP?**

- Hotel Air** \*\*\*  
[www.sercotelhoteles.co.uk](http://www.sercotelhoteles.co.uk)
- Hotel Basic** \*\*  
[www.en.basichotelpenedes.com](http://www.en.basichotelpenedes.com)
- Casa Torner i Güell** \*\*\*\*  
[www.casatorneriguell.com/en](http://www.casatorneriguell.com/en)
- Hotel Domo** \*\*\*\*  
[www.en.domohotel.com](http://www.en.domohotel.com)
- Mas Tinell** \*\*\*\*\*  
[www.mastinell.com/en/](http://www.mastinell.com/en/)
- Pere III** \*\*\*  
[www.sercotelhoteles.co.uk](http://www.sercotelhoteles.co.uk)
- Cal Negri**  
[www.calnegri.com/english/](http://www.calnegri.com/english/)
- Parellada Casa Fortuny**  
[www.apartamentparellada.cat/?lang=en](http://www.apartamentparellada.cat/?lang=en)
- Cal Pere Pau**  
[www.calperepau.com/home\\_eng.php](http://www.calperepau.com/home_eng.php)



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3



© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

4



© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

5

***In Vilafranca**  
experience the wine  
culture with your  
five senses.*



© AJUNTAMENT DE VILAFRANCA. CARLES FORTUNY

6

**DON'T MISS IT!**

From the city, you can reach either **Barcelona** or **Tarragona** in half an hour, travelling by road. Nature lovers can choose between visiting the **Montserrat Natural Park**, the **Foix Park**, with its reservoir, or the **Garraf Park**, which are all close to Vilafranca. **Sitges** is a stone's throw away and, as well as the beach, it offers a wide range of cultural activities. Fans of **Wine tourism** can set up their operational hub in the town and visit different **designations of origin** from there, as well as enjoying an endless wine tourism offering.

1. VINEYARDS AND MONTSERRAT IN THE BACKGROUND.
2. HIKING TRAILS IN THE PENEDÈS.
3. PENEDÈS ROOSTER.
4. DRAMATISED VISIT ALONG THE MODERNIST TRAIL.
5. DRAMATISED VISIT TO THE CEMETERY.
6. BARREL AND GLASS AT A WINERY.



ESCAPE TO

# MONTBLANC



## THE MEDIEVAL TOWN WHERE SANT JORDI SLAYED THE DRAGON

Unchanged by the passage of time, Montblanc has retained all the charms which attracted kings and courtesans to what became the seventh largest town in the region.

Its monumental and artistic elements, some of the most well preserved in Catalonia, were the backdrop to the golden legend of Sant Jordi and the dragon, which is commemorated yearly during Medieval Week and is popular with tourists. The town has a complete festival and events listing to add to its interesting museum offering. All of this in superb surroundings in the middle of the Cistercian Route and just a few minutes away from the nearest beaches. 📍

### + Information

**Montblanc Tourist Office**  
[www.montblancmedieval.cat/?set\\_language=en](http://www.montblancmedieval.cat/?set_language=en)

**Facebook**  
[www.facebook.com/TurismeMontblanc](https://www.facebook.com/TurismeMontblanc)

**Twitter**  
[www.twitter.com/turmontblanc](https://www.twitter.com/turmontblanc)

**Instagram**  
[www.instagram.com/montblanc\\_medieval](https://www.instagram.com/montblanc_medieval)

WALLS OF MONTBLANC.

A trip to Montblanc guarantees you a journey back in time: discover its prehistoric past, admire its medieval city wall and meander through the historic Jewish quarter.



© ORIOL LAURADO

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Visit the **mediaeval wall**: climb up to the towers, walk along the wall-walk and enjoy the panoramic view.
- ▶ Meander through the streets and squares of the historic centre and the ancient Jewish quarter.
- ▶ Enjoy a typical *calçotada* (seasonal chargrilled green onions) in one of the restaurants of the historic quarter.
- ▶ Visit the **Conca de Barberà Regional Museum**.
- ▶ Have a look around the shops and businesses in the shopping part of the main street, the **Calle Major**, with an obligatory stop in the **Viñas Patisserie**.

### TWO DAYS

- ▶ Let yourself be tempted by the typical cakes, known as *coques*, in **Patisserie Andreu**.
- ▶ Discover the architectural heritage of Montblanc within the walls.
- ▶ Have lunch while admiring the views from one of the restaurants located around the walls.
- ▶ Explore the work of Picasso's disciple, **Matías Palau Ferré**, in his museum-house.
- ▶ Stay in accommodation located in one of the town's historic buildings.
- ▶ Enjoy a wine-pairing lunch with a view of the **Mas Foraster** wineries.

- ▶ Explore the **ancient hospital of Santa Magdalena** and its church.
- ▶ Visit the **Nativity Museum**.

### THREE DAYS

- ▶ Settle into the town with an easy walk along the Francolí river to **Font de la Ceba** and visit the **Molí de la Volta** mill, from the 14<sup>th</sup> century.
- ▶ Enjoy the best cooking from the **Conca de Barberà Hoteliers Association**.
- ▶ Visit the **Frederic Marès Museum of Art**.
- ▶ Spend the night in accommodation in the town.
- ▶ Head out to the Museum of Rural Life and the Font Major cave-museum in **L'Espluga de Francolí** (the daring can follow the underground river back up through the cave tunnels).
- ▶ Enjoy some wine tasting and locally-sourced products at the **modernist winery of Cèsar Martinell**.
- ▶ Take a guided tour around the **Templar Castle of Barberà de La Conca**.
- ▶ Sleep at the restored oil press **Molí Oleari**.
- ▶ Visit the **Prades Mountains Cave Painting Interpretation Centre (CIAR)**.
- ▶ Escape to **Rojals** to see the cave paintings.



Montblanc

**DISTANCE FROM MONTBLANC TO**  
**Barcelona** 121 km  
**Girona** 197 km  
**Lleida** 64 km  
**Tarragona** 36 km  
**Reus** 30 km  
**Tortosa** 115 km

### HOW TO GET THERE

#### By public transport:

Renfe Medium Distance  
 Trains R13 and R14  
<http://rodalies.gencat.cat/en>  
 Hispano Igualadina Bus  
[www.igualadina.com/index.php?idioma=eng](http://www.igualadina.com/index.php?idioma=eng)  
 Vibasa  
[www.monbus.es](http://www.monbus.es)  
 Empresa Plana  
[www.empresaplana.cat](http://www.empresaplana.cat)

#### By road:

<https://google.com/maps>

#### Parking:

14 white zones (free parking),  
 5-10 minutes from the  
 historical centre.



© JOAN PUIG. GZ



© MIGUEL RAURICH

- ▶ Enjoy a picnic lunch of locally-sourced cured meat and wine.
- ▶ Take a guided tour of the **monastery of Santa Maria de Poblet**.
- ▶ End your trip with a memorable walk around **Poblet Natural Park**.

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Make sure that your visit coincides with **Medieval Week**, the oldest historical festival in the country and popular with tourists.
- ▶ If you are nostalgic about toys, remember that Montblanc hosts **Clickània y Brickània**, festivals dedicated to Playmobil and LEGO.
- ▶ Enjoy the year-round programme of events related to local products such as saffron, whose traditional cultivation in this area has recently been reinvigorated with the label **#Safrània365**.

1. A TOURNAMENT DURING MEDIEVAL WEEK.
2. GENERAL VIEW OF MONTBLANC.
3. THE TOWN'S ROOVES FROM THE SANTA MARIA BELFRY.

**SHALL WE GO OUT?**

Medieval Week (April)  
 Easter Week (March)  
 Brickània: LEGO festival (June)  
 Corpus Christi (June)  
 Youth Camp Out (July)  
 Tapas Wednesdays (July and August)  
 Essències, festival of music and gastronomy (August)  
 Annual Festival of Mare de Déu de la Serra (September)  
 Terrània, International Ceramic Festival (September)  
 Clickània, Playmobil Festival (October)

**SHALL WE GO SHOPPING?**

Stroll through the main streets and squares of Montblanc, where you will find its **shopping district**. Here you can buy craft work, ceramics and paintings by local artists. You mustn't leave Montblanc without buying some saffron or trying some of its **traditional sweets** (for example the almond *merlets* and *montblanquins*), the cakes known as *coques de azúcar* and also its cured meats (longanizas and butifarras secas). And, of course, don't forget the wines and cavas produced in the local wineries. **Weekly market:** every Friday, between two parts of the historical centre: the Main Square and Catalonia Square.

**SHALL WE GO OUT AS A FAMILY?**

In addition to events such as **Brickània** and **Clickània**, the smallest members of the family will enjoy Medieval Week, with the recreations of the daily life of our ancestors.

**WHERE TO EAT?**

**Fonda dels Àngels**  
[www.fondadelsangels.com/en](http://www.fondadelsangels.com/en)  
**El Molí del Mallol**  
[www.elmolidelmallol.com](http://www.elmolidelmallol.com)  
**Sant Francesc**  
[www.santfrancesc.rest/en/welcome/](http://www.santfrancesc.rest/en/welcome/)  
**Cal Magret**  
[www.calmagret.com/?lang=en](http://www.calmagret.com/?lang=en)  
**El Cortijo**  
[www.restaurantteelcortijo.com](http://www.restaurantteelcortijo.com)  
**El Seguici**  
[www.facebook.com/elseguicimontblanc](http://www.facebook.com/elseguicimontblanc)  
**Cal Jordi**  
[www.caljordi.com](http://www.caljordi.com)  
**Millenium**  
[www.milleniummontblanc.com](http://www.milleniummontblanc.com)

**Other suggestions**

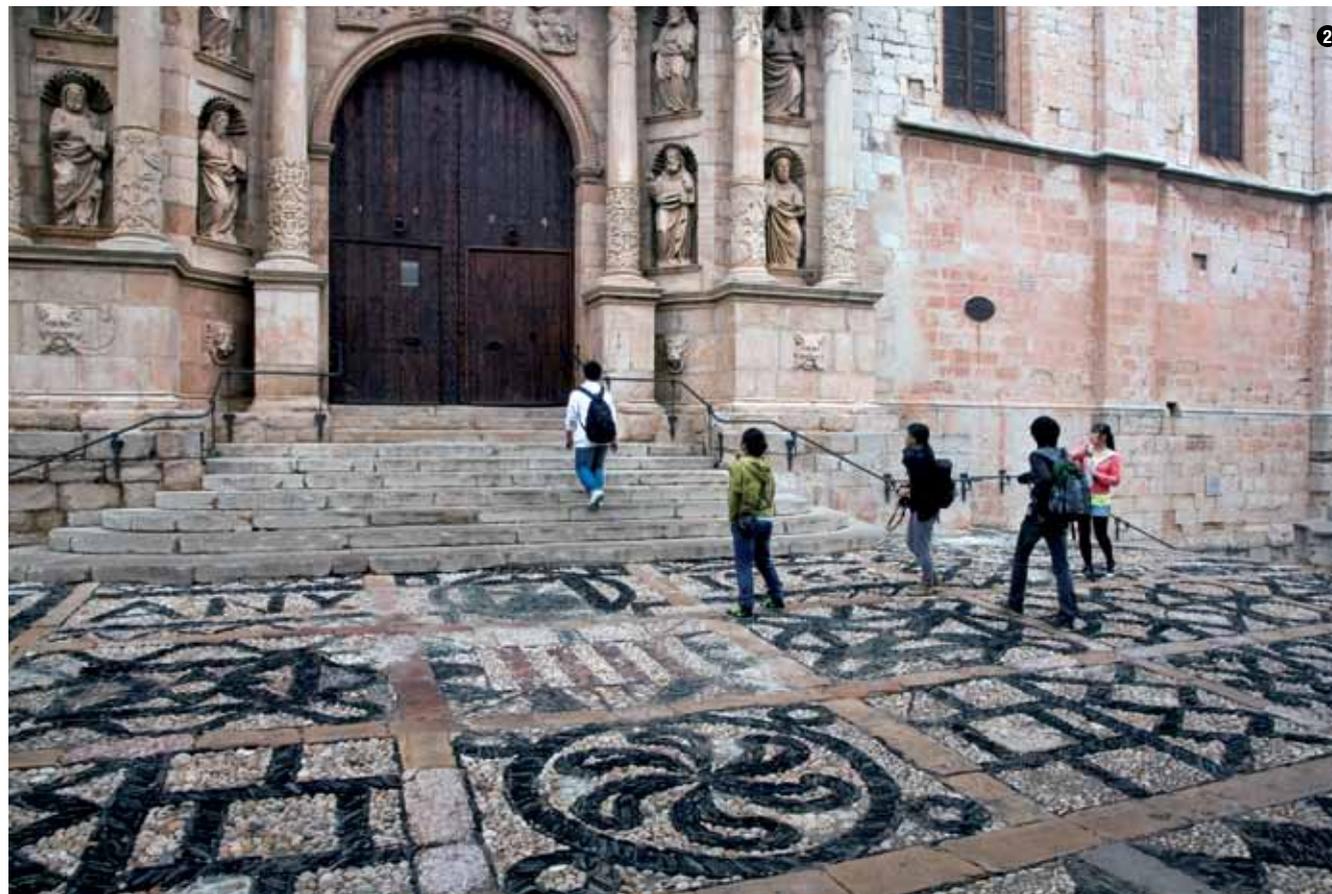
[www.montblancmedieval.cat/see-do/gastronomy?set\\_language=en](http://www.montblancmedieval.cat/see-do/gastronomy?set_language=en)  
[www.montblancmedieval.cat/food-drink?set\\_language=en](http://www.montblancmedieval.cat/food-drink?set_language=en)

**WHERE TO SLEEP?**

**Fonda Cal Blasi** \*\*  
[www.fondacalblasi.com](http://www.fondacalblasi.com)  
**Hotel Viarelia** \*\*  
[www.hotel-viarelia.com](http://www.hotel-viarelia.com)  
**Fonda dels Àngels** \*\*  
[www.fondadelsangels.com/en](http://www.fondadelsangels.com/en)  
**El Nas del Gegant**  
[www.elnasdelgegant.cat/index\\_en.html](http://www.elnasdelgegant.cat/index_en.html)  
**El Molí Oleari**  
[www.molioleari.com](http://www.molioleari.com)  
**Montblanc Park Campsite**  
[www.montblancpark.com/?lang=EN](http://www.montblancpark.com/?lang=EN)  
**Other suggestions**  
[www.montblancmedieval.cat/accommodation?set\\_language=en](http://www.montblancmedieval.cat/accommodation?set_language=en)



1



2



3

**Montblanc**

and its surrounding district are traditional producers of saffron.

**DON'T MISS IT!**

Situated at the centre of the triangle formed by the monasteries of Poblet, Santes Creus and Vallbona de les Monges, Montblanc is the perfect starting and finishing point for the Cistercian Route, the circular trail which is more than 100 kilometres long and links the three most emblematic abbeys of this religious order in Catalonia. As well as completing all or part of the GR-175 path, you can enjoy spectacular natural spots such as those in Poblet and in the mountains of Prades, and many other suggestions for the general public: from horse-riding to vineyard tours and tastings in wineries, where you can try *trepat*, the wine made with the native grape from Conca de Barberà.

1. VINEYARDS AND WINERY OF DO CONCA DE BARBERÀ.
2. SANTA MARIA CHURCH IN MONTBLANC.
3. SAFFRON FLOWER.

© KIM CASTELLS  
© JOHN PUIG GZ

© ADRIAN POPEIRO GZ



# ESCAPE TO REUS



## THE START OF THE ROUTE TOWARDS PARIS AND LONDON

*“Fortuny, the painter, is a genius. So am I. Gaudí is a genius. So am I. Fortuny, General Prim and Gaudí are from Reus. So am I. So am I because, as the great philosopher, Francesc Pujols, wrote: in our country there are many people who, without actually being from Reus, seem to be”.*

That's how Salvador Dalí described everything that Reus has contributed to humanity. A city of geniuses, with an entrepreneurial spirit and a commercial tradition which not only resulted in it becoming the second city in Catalonia (placing above Tarragona, its neighbour and rival) but also an international reference. That's where the saying: “Reus, Paris and London” comes from, referring to the fame and quality of its spirits, the origin of a new industry in which it is now considered the world capital of vermouth. 📍

### + Information

#### Reus Tourism

[www.reuspromocio.cat](http://www.reuspromocio.cat)

#### Facebook

[www.facebook.com/ReusPromocio](https://www.facebook.com/ReusPromocio)

#### Twitter

[www.twitter.com/ReusPromocio](https://www.twitter.com/ReusPromocio)

#### Instagram

[www.instagram.com/reuspromocio](https://www.instagram.com/reuspromocio)

THE TRADITIONAL BALL DE CAVALLETS  
DURING THE FESTA MAJOR.

Get hooked on the creativity of geniuses like Antoni Gaudí and enjoy Reus' commercial tradition and cosmopolitan character.



© AJUNTAMENT DE REUS



© JOAN PUIG



© MIGUEL RAURICH



© MIGUEL RAURICH

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Take a stroll through the Plaça Prim, the Plaça del Mercadal and the historical centre.
- ▶ Try some Reus vermouth and the traditional aperitifs of the **Rofes wineries**, in their old factory.
- ▶ Follow the **Modernist Route "Reus 1900"** and discover the magnificent work of the architects Domènech i Montaner and Pere Caselles.

### TWO DAYS

- ▶ Find out more about **Antoni Gaudí** with the route that begins in his family home.
- ▶ Understand the genius at the interpretation centre **Gaudí Centre**.
- ▶ Try some tapas with regional wine.
- ▶ Check the programme at the **Fortuny Theatre** and enjoy one of the shows at this historic building which dates from 1882.
- ▶ Sleep in one of the hotels in the centre.
- ▶ Breathe in the atmosphere at the **Mercat Central (Central Market)** and discover the products which are typical of the area.
- ▶ Visit the **Museu del Vermut (Vermouth Museum)** to thoroughly get to know this drink.
- ▶ Try a dish made with the delicious local hazelnuts.

- ▶ Finish your visit at the **Centre de Lectura (Reading Centre)**, a cultural institution which was founded in 1859.

### THREE DAYS

- ▶ Give in to the charm of the Modernist **Casa Navàs** and its impressive stained-glass windows.
- ▶ Go on the guided tour "**Vermut y tiendas con historia (Vermouth and historical shops)**" to find out more about the city's oldest establishments.
- ▶ Find out about signature and local cuisine, first hand, with chefs from the area.
- ▶ Check the schedule of the **Centro de la Imagen Mas Iglesias (CIMIR)** and find out what's on.
- ▶ Sleep in one of the hotels in the centre.
- ▶ Follow the guided tour to the Institut Pere Mata and its **Pabellón de los Distinguidos**.
- ▶ Visit the **Museu de Reus (Museum of Reus)** with its art collection and the **Museu d'Arqueologia (Archaeology Museum)**.
- ▶ Explore Reus' signature cuisine in depth and let yourself be conquered by the closest local D.O. wines.
- ▶ Spend an afternoon shopping at **El Tomb de Reus**, the historic centre's shopping area and its pedestrian zone.



**DISTANCE FROM REUS TO**  
 Barcelona 113 km  
 Girona 202 km  
 Lleida 96 km  
 Tarragona 15 km  
 Montblanc 33 km  
 Tortosa 79 km

### HOW TO GET THERE

#### By public transport:

High-Speed Train  
 R15 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
 Hispano Igualadina Bus  
[www.igualadina.com/index.php?idioma=eng](http://www.igualadina.com/index.php?idioma=eng)  
 Plane: Reus Airport  
[www.aena.es/en/reus-airport/index.html](http://www.aena.es/en/reus-airport/index.html)

By road: <https://google.com/maps>

**Parking:**  
 Reus Movilidad y Servicios S.A. manages 2,330 spaces in seven underground car parks.

1. THE VERMOUTH MUSEUM.
2. BILLIARDS IN THE PABELLÓN DE LOS DISTINGUIDOS, AT THE INSTITUT PERE MATA.
3. ACCESS STAIRCASE OF THE CENTRE DE LECTURA.
4. THE GAUDÍ CENTRE BUILDING.

**SHALL WE GO OUT?**

- Short Film Festival FEC (April)
- Trapezi, la FERIA del Circo (Circus Fair) (May)
- Reus Viu el Vi (June)
- Festa Major de Sant Pere (June)
- COS, International Festival of Movement and Gestural Theatre (October)
- PDO Siurana Oil Fair (November)
- Christmas Market (December)

**SHALL WE GO SHOPPING?**

As well as its shopping area around the Central market and its *Unió de Botigues* (Shop Union) —the oldest in Catalonia— the commercial tradition of Reus is complemented by the Carrilet market, along with its weekly markets where you can buy the famous **Reus hazelnut**: the one on Mondays (which has been active since the 14<sup>TH</sup> CENTURY) and Saturdays, in the streets adjacent to the Central market, and the one on Wednesdays, next to the Carrilet market. Also, the Antique Market takes place on Saturday mornings.

**SHALL WE GO OUT AS A FAMILY?**

The Family Visit to the Gaudí Centre allows the smallest members of the family to get closer to the architect in a didactic and participatory manner through audiovisual aids, interactive models and personal objects. At the Museu de Reus, the youngest visitors will enjoy the exhibition “Ara toca festa!” (Now it’s time for the party!) which will help them to experience and understand

the Festa Major with the most valuable parts of this festive heritage: the *Gegants* (18<sup>TH</sup> and 19<sup>TH</sup> centuries) the *Mulassa* (from the 18<sup>TH</sup> CENTURY), and the clothing of the bicentennial demons and other equipment.

**WHERE TO EAT?**

- Joan Urgellès**  
[www.joanurgelles.com](http://www.joanurgelles.com)
- Reineta**  
[www.reus.cat/reineta](http://www.reus.cat/reineta)
- Masia Crusells**  
[www.masiacrusells.com](http://www.masiacrusells.com)
- Ferran Cerro**  
[www.fcrestaurant.cat](http://www.fcrestaurant.cat)
- Museu del Vermut**  
[www.museudelvermut.com/en/restaurant/](http://www.museudelvermut.com/en/restaurant/)
- Vermuts Rofes**  
[www.vermutsrofes.com/es/restaurante-vermuts-rofes-en-reus/](http://www.vermutsrofes.com/es/restaurante-vermuts-rofes-en-reus/)

- Xivarri**  
[www.facebook.com/xivarritascareustgn/](http://www.facebook.com/xivarritascareustgn/)
- Capsa Gaudí Espai Gastronòmic**  
[www.reus.cat/capsa-gaudi-espai-gastronomic](http://www.reus.cat/capsa-gaudi-espai-gastronomic)

**Other suggestions**  
[www.reusturisme.cat/restaurants](http://www.reusturisme.cat/restaurants)

**WHERE TO SLEEP?**

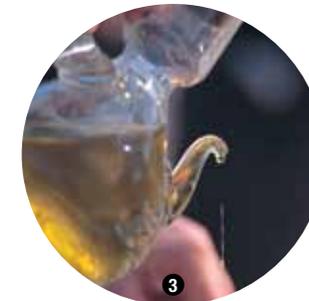
- NH Ciutat de Reus \*\*\*\***  
[www.nh-hotels.com/hotel/nh-ciutat-de-reus](http://www.nh-hotels.com/hotel/nh-ciutat-de-reus)
- Brea’s Hotel \*\*\*\***  
[www.breashotel.es](http://www.breashotel.es)
- Hotel Gaudí \*\*\***  
[www.gargallo-hotels.com/en/hotels/hotels-in-reus/](http://www.gargallo-hotels.com/en/hotels/hotels-in-reus/)
- Reus Park \*\*\***  
[www.hotelreuspark.com](http://www.hotelreuspark.com)
- Hotel Centre Reus \*\*\***  
[www.hotelcentrereus.com/home-en/](http://www.hotelcentrereus.com/home-en/)



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© MIGUEL RAUFRICH



© RAFAEL LÓPEZ-MONNE

***In Reus***  
*soak up the culture of the best vermouth, wine and oil.*

**DON'T MISS IT!**

Just over 20 kilometres away is El Priorat, an area which is known worldwide for its wines. In fact, this part of Tarragona, which has just 10,000 inhabitants, is one of the most sought-after destinations for lovers of wine tourism thanks to its two designations of origin: the D.O. Montsant and the PDO Priorat, the only Catalan designation of origin awarded this qualification. Visit its small charming towns and landscapes, full of grapevines and centenary olive trees. And don't forget the PDO Siurana oils, produced by hand in the area's mills from arbequina olives, and which turn a simple slice of bread into a feast.

1. THE PLATEA AT THE FORTUNY THEATRE.
2. FAÇADE OF THE PRAT DE LA RIBA INSTITUTE, BY THE ARCHITECT PERE CASELLES.
3. PDO SIURANA OIL.



ESCAPE TO

# TARRAGONA



## FIND IMPERIAL HAPPINESS

Inheriting a glorious past has enabled Tarragona to be the only city in Catalonia which is included on the UNESCO list of World Heritage Sites and it has subsequently become a great recreational, festive and cultural outdoor space.

Its privileged setting in the heart of the Costa Daurada, the beaches, its climate and marine character are the perfect complement for an unbeatable offering of recreational historical events such as Tarraco Viva, Amfiteatrum and the Events dedicated to the historical dissemination of the Tarragona from 1800, which will provide us with the keys for understanding its transformation from imperial Tarraco to the current city. Because nowhere else does history come to life like it does in Tarragona. 📍

### + Information

#### Tarragona Tourism

[www.tarragonaturisme.cat/en](http://www.tarragonaturisme.cat/en)

#### Facebook

[www.facebook.com/TarragonaTurisme](https://www.facebook.com/TarragonaTurisme)

#### Twitter

[www.twitter.com/TGNturisme](https://www.twitter.com/TGNturisme)

#### Instagram

[www.instagram.com/tarragonaturisme](https://www.instagram.com/tarragonaturisme)

#### YouTube

[www.youtube.com/user/TGNturisme](https://www.youtube.com/user/TGNturisme)

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LES FERRERES AQUEDUCT.

An extensive local custom is that of *tocar ferro* (touching iron) on the railings of the Balcony overlooking the Mediterranean Sea which brings luck, so they say.



#### DISTANCE FROM TARRAGONA TO

Barcelona 97 km  
Girona 188 km  
Lleida 132 km  
Tortosa 87 km  
Reus 16 km  
Montblanc 39 km

#### HOW TO GET THERE

##### By public transport:

High-Speed Train

[www.renfe.com/EN/viajeros/larga\\_distancia](http://www.renfe.com/EN/viajeros/larga_distancia)

R14, R15, R16 Renfe Suburban line

<http://rodalies.gencat.cat/en>

Bus Plana

[www.empresaplana.cat](http://www.empresaplana.cat)

Hispano Igualadina Bus

[www.igualadina.com/index.php?idioma=eng](http://www.igualadina.com/index.php?idioma=eng)

Plane

[www.aena.es/en/reus-airport/index.html](http://www.aena.es/en/reus-airport/index.html)

Boat

[www.porttarragona.cat/en/](http://www.porttarragona.cat/en/)

By road:

<https://google.com/maps>

Parking:

The centre of Tarragona

has 5,129 over ground

parking spaces.



© INFOTUR

### ⌘ How much time do you have?

#### A WHOLE DAY

► Follow the steps of “**Las huellas de Tarraco**”.

► Visit the cathedral dedicated to **Santa Tecla** and the **Diocesan Museum**.

► Get to know the special taste of the cuisine at one of the restaurants in the Tarragona expansion.

► Enjoy the views from the **Mediterranean Balcony**.

► Stroll along the **Rambla Nova** and through its shopping area, which has over 150 years of history.

#### TWO DAYS

► Follow the guided tour to the Museo del Puerto (Port Museum), travel through the fishermen's neighbourhood of **El Serrallo** and take a ride on a tour boat.

► Taste Tarragona at its most marine in the restaurants in **Serrallo**.

► Walk through the old **Provincial Forum**: the defensive walls and the squares of la Font, el Fòrum and el Rei.

► Enjoy an afternoon-evening's walk and the gastronomy in the **old quarter**.

► Sleep in one of the hotels with a sea view.

► Combine heritage with nature at the **Pont del Diable** eco-history park.

► Experience a **romesco**, typical of Tarragona, if you're travelling in winter.

► In the summer, attend a *casteller* (human tower) training session with one of the city's two *colles*: los Xiquets de Tarragona and la Jove Xiquets de Tarragona.

► Enjoy the **Roman Amphitheatre** on summer nights and be astonished by Anfiteatrum, a trip back in time.

#### THREE DAYS

► Experience the atmosphere of the **Central Market**, located in a Modernist building.

► Try the local products in one of the restaurants belonging to **Tarragona Gastronómica**.

► Discover **Modernist Tarragona**.

► Get to know the province's **eight wine designations of origin** by going wine-tasting at a winery.

► Spend the night among the vines.

► Enjoy a hearty breakfast in one of the taverns in the city centre.

► Visit the exhibition **Tarraco/MNAT**.

► Discover the city's **mediaeval heritage** from the defensive wall, the Pla de la Seu and the Jewish quarter.

► Gather strength in an artisan pastry shop.

► Round off the day with a stroll along the **Milagro beach** until you reach the old **Fortín de la Reina**.

► Sleep in one of the city's hotels.

► Visit the D.O. Tarragona Wine Fair, in



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June, and the PDO Siurana Oil Fair, in winter.

► Try specialities such as *espineta amb caragolins* (tuna with snails), if you visit the city during its Fiesta Mayor.

► Bid farewell to the city following in the footsteps of the **early Christians of Tarraco**.

#### TO DISCOVER THE CITY IN MORE DETAIL

► Browse the shops in the old quarter which behold the relics of imperial Tarraco.

► Between July and October, enjoy **Tarragona, ciutat de castells** (Tarragona, city of human towers) which offers exhibitions and activities related to the human towers [www.tarragonaturisme.cat/en/tarragona-city-human-towers](http://www.tarragonaturisme.cat/en/tarragona-city-human-towers)

1. THE ROOF OF THE TARRAGONA CATHEDRAL.

2. EL SERRALLO, TARRAGONA'S MARITIME DISTRICT.

3. ROMAN AMPHITHEATRE.

4. TARRAGONA CASTELLS COMPETITION (HUMAN TOWERS).



© MANEL ANTOLI (RV EDIPRESS) / TARRAGONA TURISME

**SHALL WE GO OUT?**

- Carnival (March)
- Easter Week (April)
- Dixieland International Festival (April)
- Tarraco a Taula (May)
- Tarraco Viva (May)
- Bouquet Festival (June-August)
- Sant Pere (June)
- D.O. Tarragona Wine Fair (June)
- International Fireworks Competition (July)
- Sant Magí (August)
- Santa Tecla (September)
- Concurso de castells (Human Tower Competition) (October, biennial)
- SCAN International Photography Festival (October-December, biennial)
- REC, International Film Festival (December)

**SHALL WE GO SHOPPING?**

The great advantage of Tarragona is that you can go shopping on foot. Also, Tarragona has the Central market, located in an impressive Modernist building; as well as a dozen street markets, such as the one in the Plaça del Fòrum (Wednesdays and Saturdays) or the textile one in Plaça Corsini (Tuesdays and Thursdays).

**SHALL WE GO OUT AS A FAMILY?**

Enjoy the tourist train; discover the coast aboard the Tarragona Blau and the beaches with Tarragona Family Kayak; visit the Sinia garden, an ecological farmland space next to the mouth of the River Gaia; and, of course, travel to Vilaseca to spend an unforgettable day at PortAventura World. Don't forget Festival Minipop, contemporary

music and culture for the whole family.

**WHERE TO EAT?**

- El Terrat**  
[www.elterratrestaurant.com](http://www.elterratrestaurant.com)
- Barquet**  
[www.restaurantbarquet.com](http://www.restaurantbarquet.com)
- Arcs**  
[www.restaurantarcs.com/en/](http://www.restaurantarcs.com/en/)
- AQ**  
[www.aq-restaurant.com](http://www.aq-restaurant.com)
- El Llagut**  
[www.ellagut.com](http://www.ellagut.com)
- Ca L'Eulàlia**  
[www.caleulalia.com](http://www.caleulalia.com)
- La Caleta**  
[www.restaurantlacaleta.es](http://www.restaurantlacaleta.es)
- Degvsta**  
[www.degvsta.com](http://www.degvsta.com)

**Other suggestions**

[www.tarragonaturisme.cat/en/restaurantes](http://www.tarragonaturisme.cat/en/restaurantes)

**WHERE TO SLEEP?**

- AC Tarragona \*\*\*\***  
[www.achotels.marriott.com/en/](http://www.achotels.marriott.com/en/)
- SB Ciutat de Tarragona \*\*\*\***  
[www.hotelciutatdetarragona.com/en/](http://www.hotelciutatdetarragona.com/en/)
- Tarraco Park \*\*\*\***  
[www.hotelarracopark.com/EN/hotel.html](http://www.hotelarracopark.com/EN/hotel.html)
- Núria \*\*\***  
[www.hotelnuria.com/en/](http://www.hotelnuria.com/en/)
- Sant Jordi \*\*\***  
[www.hotelsantjordi.info/en/](http://www.hotelsantjordi.info/en/)
- Alexandra aparthotel \*\*\***  
[www.ah-alexandra.com/en/](http://www.ah-alexandra.com/en/)



1

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2

© MIGUEL ANGEL ALVAREZ



3

© IMAGEN M.A.S.

**Tarragona**  
flaunts its status of  
"city of human  
towers".

**DON'T MISS IT!**  
Along its 15 kilometres of coast, the city of Tarragona has a dozen beaches and protected areas, such as the Red Natura 2000, which stretches from the tip of La Mora to Tamarit and which you can discover by kayak or in a sailboat or catamaran.  
A network of almost 100 km of signposted trails connects the city to the countryside and the coast, as well as with the neighbouring municipalities. Paths, some of Roman origin, unveil unexpected nooks and crannies. Roman quarries next to the sea, mediaeval defence towers, fortified villages high up on the cliffs, far away from pirates... The path that follows the coast to Altafulla is full of things that will inspire you.

1. GLADIATORS AT THE TARRACO VIVA FESTIVAL.
2. MORA BEACH.
3. STATUE OF AUGUSTO AND THE ARCHBISHOP'S TOWER IN THE ROMAN DEFENSIVE WALLS.



# ESCAPE TO TORTOSA



## THE JEWEL OF ARABIC, JEWISH AND CHRISTIAN CULTURES

Located in the heart of the Biosphere Reserve of the Terres de l'Ebre, between the natural parks of the Ebro Delta and Els Ports, Tortosa is a paradise for those who love culture, and its immeasurable heritage has earned it the title of Catalan Capital of Culture 2021. The capital of the Terres de l'Ebre boasts the castle of La Zuda, the Santa Maria Cathedral and elegant Modernist buildings. Thanks to its geostrategic importance, it enjoyed its golden age during the Renaissance, a period which it commemorates each year with a festival of historical recreation, which has been declared of national interest. Follow in the footsteps of Hemingway, who lived in the city in 1938 covering the Civil War as a journalist, and discover Tortosa. 📍

### + Information

#### Tortosa Tourism

[www.tortosaturisme.cat/en](http://www.tortosaturisme.cat/en)

#### Facebook

[www.facebook.com/tortosaturisme](https://www.facebook.com/tortosaturisme)

#### Twitter

[www.twitter.com/cucaferatortosa](https://www.twitter.com/cucaferatortosa)

#### Instagram

[www.instagram.com/cucaferatortosa](https://www.instagram.com/cucaferatortosa)

THE SANTA MARIA CATHEDRAL ON  
TORTOSA'S FLUVIAL FAÇADE.

In terms of traditional and religious festivals, the Easter Week processions are unmissable due to the incredibly high citizen participation.



© IMAGEN M.A.S.



**Tortosa**

**DISTANCE FROM TORTOSA TO**  
 Barcelona 181 km  
 Girona 272 km  
 Lleida 123 km  
 Tarragona 87 km  
 Reus 77 km  
 Montblanc 113 km

**HOW TO GET THERE**

**By public transport:**  
 R16 Regional Renfe (Spanish Rail Network)  
<http://rodalies.gencat.cat/en>  
 (Euromed and long distance from L'Aldea)  
[www.renfe.com/EN/viajeros/index.html](http://www.renfe.com/EN/viajeros/index.html)  
 HIFE Bus  
[www.hife.es/en-GB](http://www.hife.es/en-GB)  
**By road:**  
[google.com/maps](https://www.google.com/maps)  
**Parking:** Three public car parks and four dissuasive parking areas.

**⌘ How much time do you have?**

**A WHOLE DAY**

- ▶ Stroll through the historical centre and walk down **Calle de la Rosa**, through **Plaça de la Cinta** and **Portal del Romeu**.
- ▶ Visit the **Santa Maria Cathedral**, the permanent exhibition and the museum.
- ▶ Enjoy the **products from the Terres de l'Ebre** in the establishments belonging to the restaurateur association **Platigot**.
- ▶ Spend an afternoon shopping in the shopping area on **Calle Sant Blai** and the **Avenida de la Generalitat**.

**TWO DAYS**

- ▶ Discover Tortosa from the Ebro with a guided trip on *llagut*, the classical boat. [www.losirgador.com/en/](http://www.losirgador.com/en/)
- ▶ Try a rice dish from the Delta washed down with wine from the **D.O. Terra Alta**.
- ▶ Enjoy the visit to the **Castle of La Zuda** and to the only Arabic cemetery in Catalonia.
- ▶ Experience an afternoon-evening of tapas on the route "**Sabors del Nucli Antic**" (**Flavours from the Historical Centre**).
- ▶ Sleep at the National Parador (state-owned hotel).
- ▶ Discover the **Episcopal Palace** and the **Royal Schools**: the cloister, the **Renaissance Interpretation Centre** and the Sant Domènec Church.
- ▶ Walk through and have a vermouth in the **Teodor González Municipal Park**.
- ▶ Try the oysters, the eels and the mussels of the Delta.

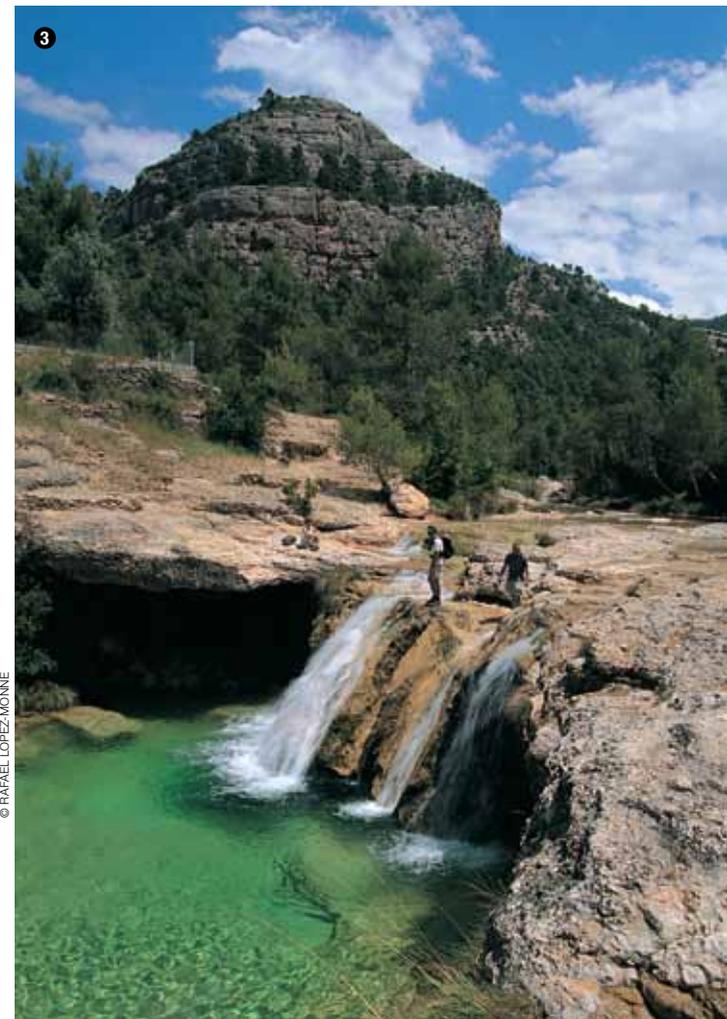
- ▶ Enjoy the views from the **Pont Roig** and continue through Ferreries until you reach the **Estado bridge**.

**THREE DAYS**

- ▶ Follow in the footsteps of **Hemingway** along the **route of the Civil War**.
- ▶ Take in the atmosphere of the **Municipal Market** and recharge your batteries with its hearty breakfasts.
- ▶ Visit the **Museu de Tortosa, Històric i Arqueològic de les Terres de l'Ebre**, located in the old Modernist abattoir.
- ▶ Walk through the **Jardines del Príncipe** and take a look at the outdoor sculpture museum.
- ▶ Round off the day with a trip to the ancient spa and the old defensive wall.
- ▶ Stay in the centre.
- ▶ Enjoy a bicycle ride along the **Val de Zafán green way**.
- ▶ Gather strength with a **baldana** (black pudding with rice) sandwich.
- ▶ Discover Modernist Tortosa and its most representative buildings, such as the **Casa Bau** and the **Casa Brunet**.
- ▶ Surrender yourself to the products from the sea and the mountains: red prawns from Sant Carles, haddock, **garrofetes** del Papa, artichokes, tangerines...
- ▶ Spend the night in a rural house.
- ▶ Escape to the **Els Ports Natural**



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© RAFAEL LÓPEZ-MONNÉ

- ▶ **Park** and take in places such as Font Nova, the straits of Arnes, the gorge of La Vall and the Caro mount.
- ▶ Visit the **Picasso Centre** in Horta de Sant Joan.
- ▶ Stop off at the Modernist winery of **Pinell de Brai**.
- ▶ Enjoy some **corder (lamb) from the Terra Alta** cooked on the grill.

**TO DISCOVER THE CITY IN MORE DETAIL**

▶ **The Cucafera** is a mythological creature, like a gargoyle, and one of the emblems which, traditionally, has preceded the Corpus Christi procession to represent idolatry and heresy. It is present in all of the city's important festivals and is normally accompanied by tambours. Its existence goes back to the 16th century.

1. CHAPEL OF THE MARE DE DÉU DE LA CINTA IN THE CATHEDRAL.
2. PATIO OF THE COLLEGE OF SAINT JAUME AND SAINT MATIES.
3. THE TOLL DEL VIDRE IN ELS PORTS PARK.

**SHALL WE GO OUT?**

**Olive Oil Fair** (February)  
**Tortosa Easter Week and Religious Music Festival Jazz Festival / Cajun cuisine events** (July)  
**Renaissance Festival / Mengu de Festa** (July)  
**Festes de La Cinta** (September)  
**Cel Obert Festival** (October)  
**Tortosa de Tapes** (October)  
**Tangerine Fair** (October)  
**Fira del Rovelló** (November)

**SHALL WE GO SHOPPING?**

The **municipal market** is the focal point and is surrounded by shops and establishments where you can complete your visit. It's an ideal place for finding a range of local produce of guaranteed quality. The star products are **the sweet dishes**, such as *menjar blanc*, the *pastissets* with pumpkin angel hair, the *coquetes* from Sagí and the *sopa de la reina* (the queen's soup). Tortosa has two **weekly markets**: on Mondays in the Temple district and Saturdays in the Ferreries district.

**SHALL WE GO OUT AS A FAMILY?**

Nestled between the sea and the mountains, its nature makes Tortosa an ideal space for enjoying a trip with your family: discover the art of palm weaving, identify minerals and animal tracks; go on a dramatised tour of the Jewish quarter or with a Templar knight to get to know the castle; travel down the Ebro in a felucca, a kayak or a canoe; trek through

Els Ports Natural Park on horseback; and visit the CREO chocolate factory which makes the most delicious treats.

**WHERE TO EAT?**

**La Torreta de Remolins**  
[www.latorretaderemolins.cat](http://www.latorretaderemolins.cat)  
**Paiolet**  
[www.paiolet.cat](http://www.paiolet.cat)  
**Restaurant Cristal**  
[www.facebook.com/BarRestaurantCristal](http://www.facebook.com/BarRestaurantCristal)  
**Restaurant El Parc**  
[www.restaurantelparc.cat/es](http://www.restaurantelparc.cat/es)  
**Botànic**  
[www.botanictortosa.com](http://www.botanictortosa.com)  
**Forn de la Canonja**  
[www.forndelacanonja.com](http://www.forndelacanonja.com)  
**Marisc Mediterrani**  
[www.mariscmediterrani.com/es](http://www.mariscmediterrani.com/es)

**Other suggestions**

[www.tortosaturisme.cat/en/restaurants/](http://www.tortosaturisme.cat/en/restaurants/)  
[www.tortosaturisme.cat/en/la-cuina-de-les-terres-de-lebre/](http://www.tortosaturisme.cat/en/la-cuina-de-les-terres-de-lebre/)  
[www.tortosaturisme.cat/en/jornades-gastronomiques/](http://www.tortosaturisme.cat/en/jornades-gastronomiques/)

**WHERE TO SLEEP?**

**Parador Nacional Castell de la Suda \*\*\*\***  
[www.parador.es/en/paradores/parador-de-tortosa](http://www.parador.es/en/paradores/parador-de-tortosa)  
**Hotel SB Corona \*\*\*\***  
[www.hotelcoronatortosa.com/en/](http://www.hotelcoronatortosa.com/en/)  
**Hotel Berenguer IV \*\*\***  
[www.hotelberenguer.com/index-en.html](http://www.hotelberenguer.com/index-en.html)  
**Hotel Tortosa Parc \*\***  
[www.hotelortosaparc.com/en/](http://www.hotelortosaparc.com/en/)  
**Hotel Virginia \*\***  
[www.hotelvirginia.net/en/](http://www.hotelvirginia.net/en/)  
**Casa rural Torre del Prior**  
[www.torredelprior.cat/en/](http://www.torredelprior.cat/en/)



1

© FERRAN AGUILAR



2

© LLUÍS CARRO

**In Tortosa,**  
 treat yourself to its  
 'pastissets' made with  
 pumpkin angel hair.



3

© AJUNTAMENT DE TORTOSA

**DON'T MISS IT!**

Only a few kilometres from Tortosa is the Ebro Delta a perfect cohabitation space between man and nature; a unique, remarkable and incomparable setting, product of the erosion, transport and sedimentation processes of the River Ebro, which have prevailed over coastal erosion. As well as its unmistakable landscapes and rice fields, you can enjoy its ornithological richness and go bird watching, travel along the delta by bicycle and practise kitesurfing and water activities such as kayaking and scuba diving.

1. FLAMINGOS IN THE EBRO DELTA.
2. COOPERATIVE WINERY, THE CATEDRAL DEL VI, IN PINELL DE BRAI.
3. PASTISSETS FILLED WITH PUMPKIN ANGEL HAIR.



# ESCAPE TO LLEIDA



## THE CITY YOU CAN'T HELP BUT LOVE

Located at the foot of the two hills upon which you can find the Seu Vella and the Templar castle of Gardeny, Lleida has welcomed the Ilergetes, the Romans, the Visigoths, the Jews, the Arabs and the Christians since the 6<sup>TH</sup> CENTURY BC. These civilisations have contributed to the sustainable and exemplary growth of the city, hugged tightly by its “vegetable garden” —the green belt which surrounds it and supplies the whole of Catalonia with fruit and vegetables—, and natural areas such as La Mitjana Park, the River Segre or the Camps Elisis.

Also, Lleida stands out due to its geostrategic importance as an access door to Europe and a connecting link between the Mediterranean and the plateau which, together with its rich historical, cultural and patrimonial legacy, have turned it into the capital of inland Catalonia. 📍

### + Information

#### Lleida Tourism

[www.turismedelleida.cat/?set\\_language=en](http://www.turismedelleida.cat/?set_language=en)

#### Facebook

[www.facebook.com/turismedelleida](https://www.facebook.com/turismedelleida)

#### Twitter

[www.twitter.com/turismedelleida](https://www.twitter.com/turismedelleida)

#### Instagram

[www.instagram.com/turismedelleida](https://www.instagram.com/turismedelleida)

The Seu Vella in Lleida.

The centre of Lleida has an animated commercial life in one of the largest areas in Europe. As well as the offering in the Zona Alta, there are three market squares and four weekly and monthly markets.



© MISSATGES

## ⌘ How much time do you have?

### A WHOLE DAY

- ▶ Visit the monumental ensemble of the **Seu Vella** and **la Suda** or the citadel.
- ▶ Enjoy the marvellous views from the **Baluard de la Reina**.
- ▶ Go shopping in the shopping area of the **Zona Alta**.
- ▶ Try the traditional **caracoles** (snails) and other seasonal products from the Lleida fruit and vegetable garden washed down with **PDO Oil from Les Garrigues**.
- ▶ Visit the **Templar castle of Gardeny**.
- ▶ Walk along the bank and through the park of the **River Segre**.

### TWO DAYS

- ▶ **Discover the hidden corners** of the commercial stretch between the la Sang Church and the Portal de la Magdalena.
- ▶ Follow the guided tour “Las voces de la **Cuirassa**” (The voices of la Cuirassa) through the old Jewish quarter.
- ▶ Immerse yourself in Lleida gastronomy and the wines of the **D.O. Costers del Segre**.
- ▶ Visit the **Diocesan and Regional Lleida Museum**.
- ▶ Take in the afternoon-evening in the Zona Alta and have something to eat in one of the establishments.

- ▶ Sleep in one of the hotels in the centre.
- ▶ Follow the monumental archaeological route “**La Lleida Secreta**” (**Secret Lleida**) through the Roman and Mediaeval remains.
- ▶ Discover the **submerged cathedral** of the Pla de l’Aigua reservoir.
- ▶ Taste the meats and the products from Lleida’s agricultural region.
- ▶ Visit the **Museu de l’Automoció Roda Roda (Automotive Museum)** and its classic vehicles.

### THREE DAYS

- ▶ Visit the historical centre, the Sant Llorenç Church and the reservoir.
- ▶ Take in the atmosphere of its **municipal markets** (Cap Pont, Fleming and Balàfia).
- ▶ Enjoy a hearty breakfast in the historical centre.
- ▶ Visit the site of **las Curtidurías**.
- ▶ Check the programme at the **La Llotja** theatre and take in one of its shows.
- ▶ Round off the day with a stroll through the **Camps Elisis park**.
- ▶ Sleep in one of the city’s hotels.
- ▶ Go for a bike ride around the **Mitjana park**.
- ▶ Taste the typical dish of snails in the city’s restaurants.



© JOSEP GARCIA. GZ



© RAMON GABRIEL. GZ

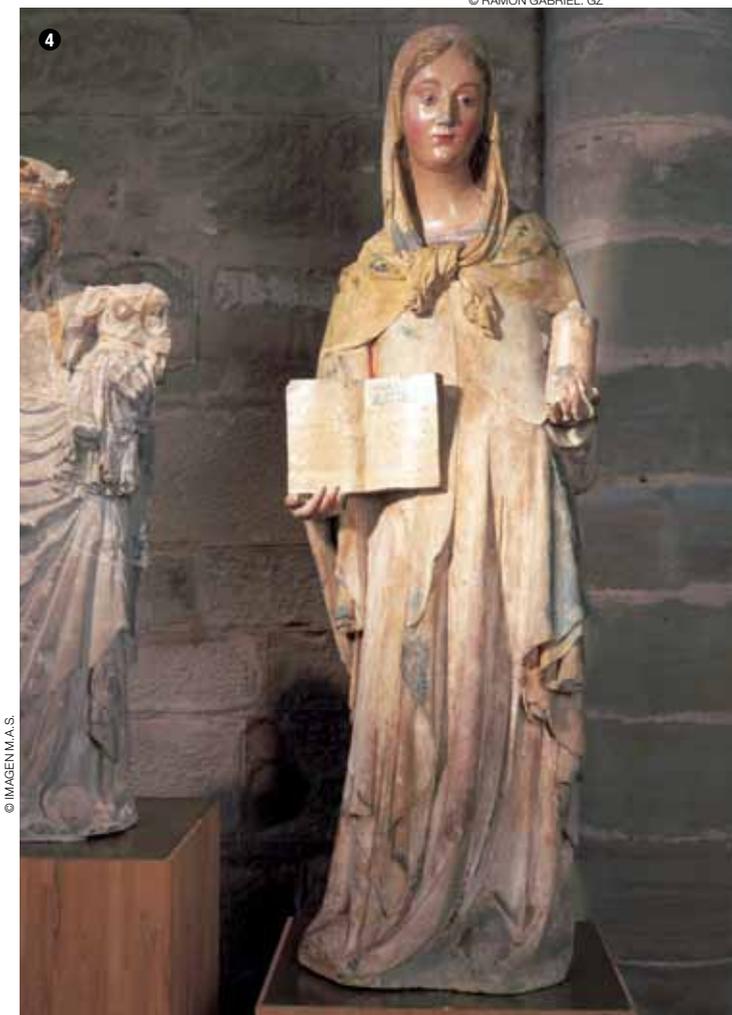
- ▶ Discover the collection at the **Jaume Morera Art Museum**.
- ▶ Visit **Modernist Lleida** on foot, from the Escorxador Theatre to La Vinícola.
- ▶ Sleep at the Parador de Turismo.
- ▶ Experience the **Lleida-Costers del Segre wine route**.
- ▶ Enjoy a typical dish from Lleida cuisine, such as **caracoles a la llauna** (snails cooked in a tin).

### TO DISCOVER THE CITY IN MORE DETAIL

- ▶ Did you know that, traditionally, the Lleida town hall is known as **La Paeria** or Casa del *paer* (‘man of peace’, in Latin)? The historical roots are under the privilege granted by King James I of Aragon in 1264 to the consuls of the city.
- ▶ Don’t forget to buy a typical souvenir from the city at the Tourist Office.

1. THE EXQUISITE CARACOLES A LA ‘LLAUNA’.
2. THE CONTEMPORARY ART CENTRE, LA PANERA.
3. STORKS ON THE ROOF OF THE CATHEDRAL.
4. DIOCESAN AND REGIONAL LLEIDA MUSEUM.

© IMAGENIA.S.



**DISTANCE FROM LLEIDA TO**  
**Barcelona** 159 km  
**Girona** 227 km  
**Tarragona** 108 km  
**Montblanc** 63 km  
**Tortosa** 122 km  
**Vic** 156 km

### HOW TO GET THERE

**By public transport:**  
 High-Speed Train  
[renfe.com/EN/viajeros/larga\\_distancia](http://renfe.com/EN/viajeros/larga_distancia)  
 R4 Renfe Suburban line  
<http://rodalies.gencat.cat/en>  
 Bus Alsa  
[www.alsa.com/en](http://www.alsa.com/en)  
 Plane  
[www.aeroportlleida.cat/en](http://www.aeroportlleida.cat/en)

**By road:**  
<https://google.com/maps>

**Parking:**  
 16 public car parks and blue zones.

**SHALL WE GO OUT?**

**Animac: Catalonia International Cartoon Film Festival** (February)  
**Easter Week in Lleida** (March)  
**Festa Major de Sant Anastasi** (May)  
**International Fair of Puppet Theatre** (May)  
**Moros y Cristianos (Moors and Christians)** (May)  
**Aplec del Caragol** (May)  
**Sant Jaume Procession** (July)  
**Festes de Tardor** (September)  
**Festa del Vi (Wine Festival)** (October)

**SHALL WE GO SHOPPING?**

The quintessential areas are the pedestrian shopping area and the Zona Alta. The **star products** are the snails; the fruit and vegetables; the PDO Les Garrigues Oi; the D.O. Costers del Segre wine; the *coques de recapte* (a kind of local pizza)... On Thursdays, the market is next to the Camp d'Esports. The one on Saturdays, in Barris Nord, includes fruit and vegetables and focusses on stalls dedicated to personal and household products. On Sundays, the Rambla Market is an antiques market. Equally, on the first Saturday of the month, "De la Huerta a la Mesa" (from the vegetable patch to the table) offers agro-food products straight from the ground in the Plaça de Sant Joan.

**SHALL WE GO OUT AS A FAMILY?**

Lleida has a wide variety of things to enjoy with the youngest members of the family. Book your activity and visit the Arborètum botanical garden,

find out about the legend of Lo Marraco at the Casa dels Gegants (the House of the Giants), and discover the city's mediaeval history on the Ruta de los Juglares (Minstrels' Route) or take part in activities such as "Templario por un día" (Templar knight for a day) at the Gardeny Castle.

**WHERE TO EAT?**

- Ferreruella**  
[www.ferreruella.com](http://www.ferreruella.com)
- La Huerta**  
[www.lahuerta-restaurant.com](http://www.lahuerta-restaurant.com)
- Xalet Suis**  
[www.xaletsuis.com/](http://www.xaletsuis.com/)
- L'Estel de la Mercè**  
[www.lesteldelamerce.com/en/restaurant/lesteldelamerce](http://www.lesteldelamerce.com/en/restaurant/lesteldelamerce)
- Caragols La Dolceta**  
[www.ladolceta.com](http://www.ladolceta.com)
- Celler del Roser**  
[www.cellerdelroser.cat](http://www.cellerdelroser.cat)

**Other suggestions**  
[www.turismedelleida.cat/?set\\_language=en](http://www.turismedelleida.cat/?set_language=en)

**WHERE TO SLEEP?**

- Parador de Lleida \*\*\*\***  
[www.parador.es/en/paradores/parador-de-lleida](http://www.parador.es/en/paradores/parador-de-lleida)
- Hotel Rambla\*\*\***  
[www.hotel-ramblalleida.com/en](http://www.hotel-ramblalleida.com/en)
- Hotel Zenit \*\*\*\***  
[www.lleida.zenithoteles.com/en](http://www.lleida.zenithoteles.com/en)
- Ciudad de Lleida \*\*\*\***  
[www.aa-hoteles.com/es/hotel-lleida/hotel-ciudad-de-lleida/entorno](http://www.aa-hoteles.com/es/hotel-lleida/hotel-ciudad-de-lleida/entorno)
- Hotel Real \*\*\***  
[www.hotelrealleida.com/?lang=en](http://www.hotelrealleida.com/?lang=en)
- Hotel Ibis Lleida \*\***  
[www.accorhotels.com/en/hotel-7589-ibis-lleida](http://www.accorhotels.com/en/hotel-7589-ibis-lleida)



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© GZ



© PAERIA DE LLEIDA



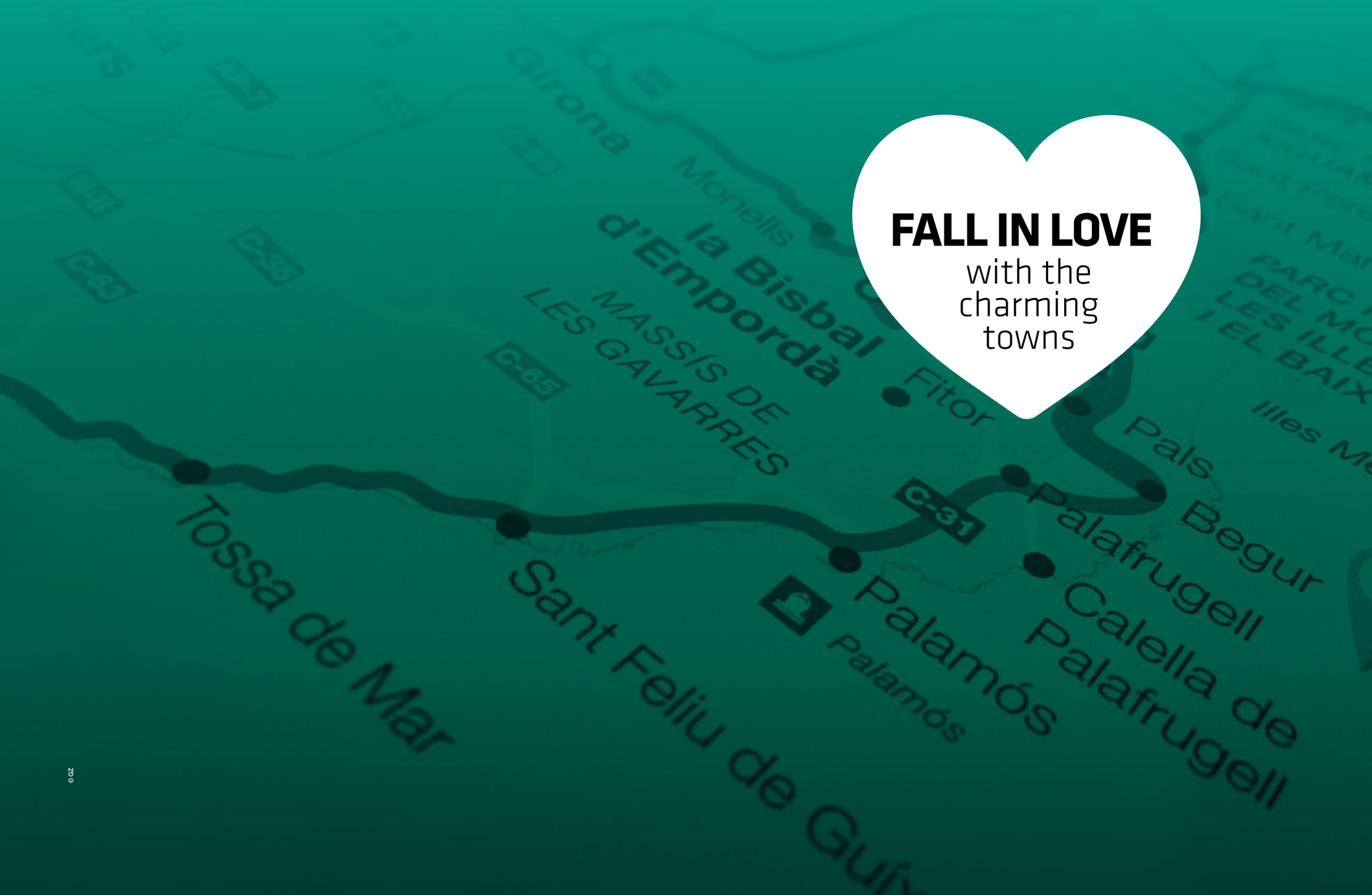
© PAERIA DE LLEIDA

**In Lleida**  
*Jews, Arabs and Christians lived together in harmony.*

**DON'T MISS IT!**

Discover la Cuirassa, the old Jewish quarter which has recently been museumised. Five hundred years ago, the last Jews from Lleida were forced out of the city. Behind them, they left the district where they had dwelled for centuries and with which they granted Lleida a rich intellectual heritage. The visit "las voces de la Cuirassa" (the voices of la Cuirassa) gives you the opportunity to relive, half a millennium later, the capital's Hebrew past and even hear the story directly from the mouths of those who lived in the houses and the streets.

1. MOROS Y CRISTIANOS (MOORS AND CHRISTIANS FESTIVAL)
2. WINE TOURISM ON THE LLEIDA WINE ROUTE.
3. GARDENY CASTLE.
4. LA CUIRASSA, THE JEWISH QUARTER.



## FALL IN LOVE

with the  
charming  
towns

## CHARMING TOWNS

There are villages in Catalonia that look like they were created by the imagination of a story writer. You will find villages with mediaeval castles crowning the highest point. In some, the church groups together the white houses around the seashore. In others, the different cultures that have passed through the territory have left diverse traces that have shaped its personality, and there are people who have pierced the rock to make it their home. ♡

## TOURIST BRANDS

Catalonia is divided into nine tourist brands. These are the brands and they are spread over the land as shown on the map. The towns are arranged according to this territorial grouping and starting from the northern area of the map. ♡



# FALL IN LOVE WITH **BEGET**



## TRADITION AND NATURE IN THE PYRENEAN FOOTHILLS

With its bridge, sturdy stone houses and wooden balconies, the tiny village of Beget, with only 20 inhabitants, has the eternal air of a nativity scene. As a result of its geographical isolation, Beget is one of those villages which, even in the 21<sup>st</sup> century, has managed to retain its authenticity and all of its rural charm.

Although there are two Romanesque bridges, the first thing that will catch your eye is the slender, four-storey Lombard bell tower of the Sant Cristòfol church, the most visible architectural structure in the whole area. Once in the church, you will find some very interesting carvings and a variety of Baroque and Gothic altarpieces.

It has belonged to the Camprodon municipality since the mid-20<sup>th</sup> century and both places, along with the villages in neighbouring valleys, are picture-postcard pretty. 📍

### + Information

**Camprodon Town Hall**  
[www.camprodon.cat](http://www.camprodon.cat)  
[www.turismecamprodon.cat](http://www.turismecamprodon.cat)

**Inter-Municipal Association  
of Vall de Camprodon**  
<http://www.valldecamprodon.org/index.php?id=1&idioma=EN>

CHURCH OF  
SANT CRISTÒFOL IN BEGET.

*In the spectacular Romanesque church of Sant Cristòfol, don't miss the Majesty of Beget: a polychrome wooden carving which measures almost two metres in height.*

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Walk through the village streets and cross the two bridges.
- ▶ Don't miss the church of Sant Cristòfol, a wonderful example of Lombard Romanesque art, or the Majesty of Beget inside.

### A WHOLE DAY

- ▶ Explore the Naixements del Ter i el Freser Natural Park. [parcsnaturals.gencat.cat/es/ter-freser](http://parcsnaturals.gencat.cat/es/ter-freser)
- ▶ Have lunch in one of the welcoming traditional restaurants in Beget.
- ▶ Follow the Beget-Rocabruna trail which starts behind the Forn restaurant and, in just a few minutes, you'll get to a lookout point with some great views.

### TWO DAYS

- ▶ Vallter 2000 is a ski resort just a few minutes away by car. In winter you can enjoy the snow, and in summer they organise various activities.
- ▶ Enjoy some real mountain food.
- ▶ Go to Camprodon and admire its mediaeval bridge, the Sant Pere monastery and have a snack in one of its patisseries.
- ▶ Stay in one of the accommodation options in the valley.
- ▶ If you are travelling as a family, you will love Molló Parc. It is a big, open-air animal park where you can see almost all of the native fauna of the Pyrenees: bears, marmots, chamois, foxes, fallow deer, stags, wolves, wild goats, birds of prey... [www.molloparc.com/en](http://www.molloparc.com/en)
- ▶ Enjoy a picnic lunch and don't forget to pack some local cured sausages.



### DISTANCE FROM BEGET TO

- Barcelona 148 km
- Lleida 232 km
- Girona 77 Km
- Tarragona 235 km
- Manresa 125 km
- Vic 80 km
- Berga 86 km

### HOW TO GET THERE

#### By public transport:

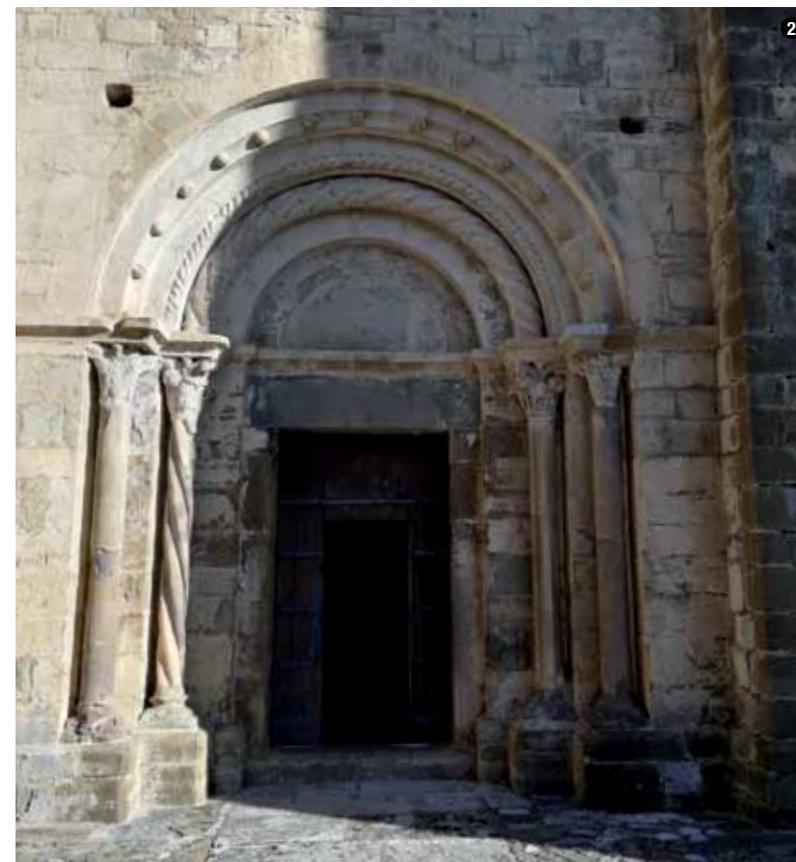
by train to Ripoll [www.renfe.com/EN/viajeros/index.html](http://www.renfe.com/EN/viajeros/index.html) or by bus to Camprodon [www.teisa-bus.com/en/index.html](http://www.teisa-bus.com/en/index.html)

#### By road:

<https://google.com/maps>



© MONICA CASTELLA



© MONICA CASTELLA



© MONICA CASTELLA

## *In Beget*

*two stone bridges have protected the village from traffic.*

### WHERE TO SLEEP?

**El Roure Vell Rural tourism**

[www.rourevell.com/en](http://www.rourevell.com/en)

**Hostal el Forn \*\***

[www.elforndebeget.com/?page\\_id=94](http://www.elforndebeget.com/?page_id=94)

**Hotel Camprodon \*\*\***

[www.hotelcamprodon.com/en/index.html](http://www.hotelcamprodon.com/en/index.html)

**Casa Etxalde**

[www.etxalde.net](http://www.etxalde.net)

**Els Solans Campsite**

[www.campingcamprodon.com/en](http://www.campingcamprodon.com/en)

**Les Gasoveres Rural Tourism**

[www.gasoveres.com](http://www.gasoveres.com)

### WHERE TO EAT?

**Restaurante Can Jeroni**

[www.canjeroni.net](http://www.canjeroni.net)

**Restaurante El Forn**

[www.elforndebeget.com/?page\\_id=94](http://www.elforndebeget.com/?page_id=94)

**Restaurante Can Po**

(+34) 972 741 045

**Restaurante el Pont Nou**

[www.restaurantelpont9.com/en](http://www.restaurantelpont9.com/en)

**Restaurante Can Plujà**

(+34) 972 741 064

1. BEGET STREET.
2. VIEW OF SANT CRISTÒFOL CHURCH.
3. THE MAJESTY OF BEGET.



FALL IN LOVE DE

# CASTELLAR DE N'HUG



## A UNIQUE NATURAL ENVIRONMENT

Perched at 1,450 metres above sea level, the labyrinth of steep narrow stone streets in Castellar de n'Hug presides over a mosaic of classic high-mountain landscapes.

Because of its location in the Cadí-Moixeró Natural Park, Castellar de n'Hug enjoys a state of preservation and natural surroundings which make it perfect to visit at any time of the year. It is one of the highest inhabited villages in Catalonia and offers an array of options in terms of active leisure, cultural, historical and industrial tourism and high-mountain cuisine... Surrounded by very beautiful natural spaces, such as the source of the Llobregat river, it also hosts unique shows involving ancient trades, such as its annual traditional sheepdog competition.

Is this not reason enough to come and fall in love with this unique village and its surroundings? 📍

### + Information

Castellar de n'Hug Town Hall  
[www.ajcastellardenhug.cat](http://www.ajcastellardenhug.cat)

Tourist Board  
[www.turismecastellardenhug.cat/site](http://www.turismecastellardenhug.cat/site)

VIEW OF THE  
 MEDIAEVAL QUARTER.

The International Sheepdog Competition started in 1962 and has its origins in the era when shepherds would meet up in this area and compete to see which dog was the best. Nowadays it attracts thousands of tourists.

### ⌘ How much time do you have?

#### HALF A DAY

- ▶ Get to Castellar de n'Hug first thing in the morning and admire how the sun lights up the Pedraforca massif (so named because of its fork-like shape).
- ▶ Walk around the historic centre.
- ▶ Visit the Shepherd Museum.

#### A WHOLE DAY

- ▶ Spend the morning on the theatrical guided tour of the old Asland cement factory, which was designed by Rafael Gaustavino, in Clot del Moro.
- ▶ Taste the local gastronomy in one of the village restaurants.
- ▶ Visit the local cluster of Romanesque churches: Sant Vicenç de Rus, Santa Maria de n'Hug and Sant Joan de Cornudell.

#### TWO DAYS

- ▶ Take a hike up to the Montgrony Sanctuary along 9 kilometres of unchallenging pathway. The views from the sanctuary are spectacular and along the way you will come across some little Romanesque gems.
- ▶ Enjoy a picnic while you are up there, with local cured meats, or have lunch in the restaurant at the sanctuary (seasonal).
- ▶ Enjoy a relaxing guided tour which will reveal the secrets of the village.
- ▶ Have a great dining experience with cuisine based on game and local wild mushrooms (seasonal).
- ▶ Stay in one of the accommodation options in the village.
- ▶ Have a giant croissant for breakfast, a star product from Castellar de n'Hug.
- ▶ Take the old Tren del Cement train and visit the Artigas Gardens, designed by Antoni Gaudí.
- ▶ Have lunch in Pobla de l'Illet.
- ▶ Head up to the Fonts del Llobregat natural beauty spot, with abundant and fast-flowing waterfalls which are stunning all year round.



#### DISTANCE FROM CASTELLAR DE N'HUG TO

- Barcelona 130 km
- Lleida 194 km
- Girona 108 km
- Tarragona 198 km
- Manresa 88 km
- Vic 60 km
- Berga 38 km

#### HOW TO GET THERE

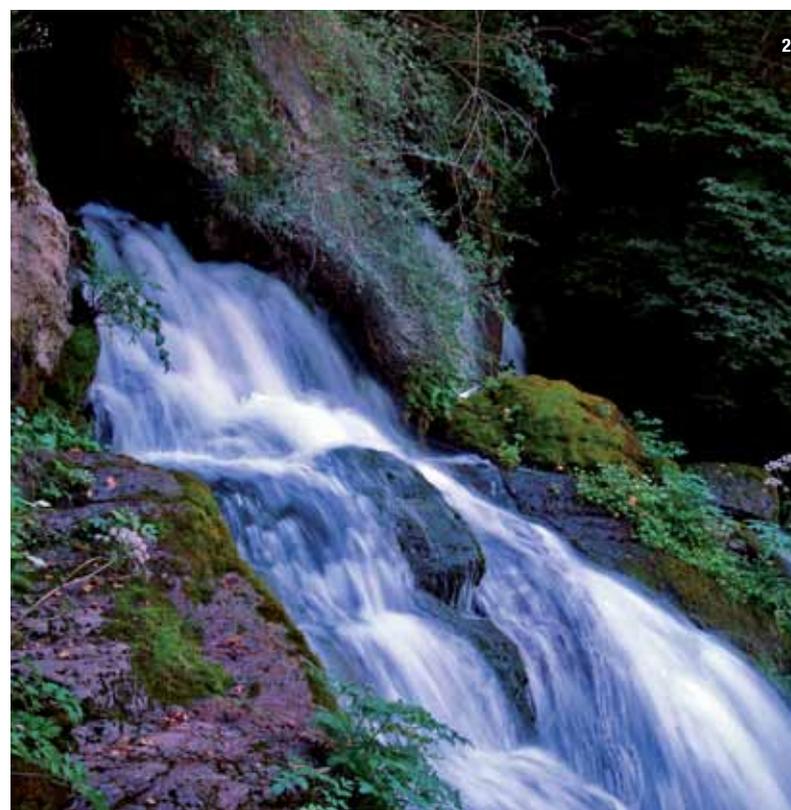
**By public transport:**  
From Barcelona and Berga  
Alsina Graells. From  
Ripoll, Autocars Mir.  
**By road:**  
<http://google.com/maps>

#### SHALL WE GO OUT?

- Annual Festival of Sant Miquel**  
(28th and 29th of September). Celebrated with the traditional Ball Cerdà (ceremonial-style folk dance)
- Sant Joan Gathering**  
(24th of June)
- Montgrony Gathering**  
(mid-July) with community breakfast
- Annual Sheepdog Competition**  
(last Sunday in August)

#### SHALL WE GO SHOPPING?

One of the star products here is the giant croissant (it weighs 1 kg and is sold in bakeries like Ca la Quima and Cal Subirà). You can also buy cured meat products and craft work.



**The museum**  
in the Asland Cement Works offers theatrical guided tours.



#### WHERE TO SLEEP?

- Hostal La Neu \*\***  
[www.hostallaneu.com/indexingl.htm](http://www.hostallaneu.com/indexingl.htm)
- Hotel Les Fonts \*\***  
[www.hotellesfonts.cat/english.php](http://www.hotellesfonts.cat/english.php)
- Fonda Fanxicó**  
[www.fondafanxico.cat](http://www.fondafanxico.cat)
- Hostal La Muntanya \***  
[www.hostallamuntanya.cat/english.html](http://www.hostallamuntanya.cat/english.html)
- Hostal Pere Miquel**  
(+34) 938 257 064

#### WHERE TO EAT?

- La Muntanya**  
[www.hostallamuntanya.cat/english.html](http://www.hostallamuntanya.cat/english.html)
- Restaurant Fanxicó**  
[www.fondafanxico.cat](http://www.fondafanxico.cat)
- Restaurant Alt Llobregat**  
[www.altllobregat.com](http://www.altllobregat.com)
- Braseria El Calli-Cal Pere Miquel**  
(+34) 938 257 064
- La Closa**  
[www.laclosa.cat/pages/en/home.php](http://www.laclosa.cat/pages/en/home.php)

1. SHEEP DOG CHAMPIONSHIP.
2. THE LLOBREGAT WATERFALLS.
3. VISIT TO THE ASLAND FACTORY.

# FALL IN LOVE WITH **SANTA PAU**



© JOSE LUIS RODRIGUEZ

## A STONE JEWEL AMONGST VOLCANOES

Santa Pau, in La Garrotxa Volcanic Area, awaits your visit to reveal the secrets that lie in its defensive walls and cobblestoned streets. Let yourself be seduced by one of the most well-preserved Gothic porticoed squares in Catalonia, where you can also taste the famous *fesols*, white beans which have their own protected designation of origin.

To travel to Santa Pau is to immerse yourself in a unique landscape of remarkable woodland and craters. You will enjoy beautiful panoramic views in which the infinite green blends with the black of the basalt and the copper tones of the lava, which millions of years ago moulded this part of inland Catalonia. 📍

### + Information

**Visit Santa Pau**  
[www.visitsantapau.com/en/](http://www.visitsantapau.com/en/)

**Santa Pau Town Hall**  
[www.santapau.cat](http://www.santapau.cat)

**Garrotxa Tourism**  
[www.en.turismegarrotxa.com/home/](http://www.en.turismegarrotxa.com/home/)

GENERAL VIEW OF SANTA PAU.

The Croscat volcano is one of the most spectacular in the area. It is the youngest and the last one to erupt, creating a single horseshoe-shaped crater on one of its slopes.

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Lose yourself in the historical quarter, presided over by the Baronia castle, from the 13<sup>th</sup> century, and wander through the village's narrow streets until you get to the main square, or Firal dels Bous (Cattle Market), whose name comes from the cattle fairs held here. It is a very well-preserved example of a Gothic porticoed square.
- ▶ Go into the Santa Maria Church, located in the same square, which is worth a visit.
- ▶ Have a gentle walk to the Portal del Mar, a vantage point with some spectacular views over the Ser Valley surrounding Santa Pau.

### A WHOLE DAY

- ▶ Take a walk along the path which leads to the Jordà beech forest and delight in the impressive beech trees there.
- ▶ Enjoy a typical dish made with the famous white beans known as *fesols*.

### TWO DAYS

- ▶ Ride on a reproduction of the old train which went from Olot to Girona and enjoy a panoramic view of four volcanoes: Martinyà, Pomareda, Torn and Croscat.
- ▶ Enjoy a picnic made with cured meats from Santa Pau.
- ▶ Book a visit to the La Fageda farm.
- ▶ Sleep in one of the accommodation options in the village.
- ▶ Walk along the natural pools trail: Caga-rates, Gorg Blau, Can Cutilla... It is an easy walk measuring 8 km and lasting around two hours.
- ▶ Enjoy a set menu in one of the restaurants in the village.
- ▶ Dare to take part in the Santa Pau *escape village* activity.

### SHALL WE GO OUT?

**Living Nativity Scene**  
(7th and 8th of December)  
**Fesolada (bean festival)**  
Coincides with the festivities of San Antonio Abad (third week in January)  
**Annual festival** (11th-16th August)

### SHALL WE GO SHOPPING?

There is no doubt that the star local product is the tasty white bean which bears the village's name. It has protected designation of origin.



© AJUNTAMENT DE SANTA PAU



© AJUNTAMENT DE SANTA PAU

### WHERE TO SLEEP?

**Mas Can Battle**  
[www.mascanbattle.com](http://www.mascanbattle.com)  
**Lava Ecological Campsite**  
[www.campinglava.com](http://www.campinglava.com)  
**Mas Pardàs**  
[www.maspardas.com/en/node](http://www.maspardas.com/en/node)  
**Plaça Major Accommodation**  
[www.apartamentsantapau.com](http://www.apartamentsantapau.com)  
**Mas El Carrer**  
[www.marmuntanya.com/?lang=en](http://www.marmuntanya.com/?lang=en)

### WHERE TO EAT?

**Restaurante Masnou**  
[www.restaurantmasnou.com](http://www.restaurantmasnou.com)  
**Restaurante Cal Sastre**  
[www.calsastre.com](http://www.calsastre.com)  
**Restaurante La Francesa**  
[www.lafrancesa.cat](http://www.lafrancesa.cat)  
**Restaurante Can Rafelc**  
(+34) 972 680 202  
**Can Xel**  
[www.canxel.com/en](http://www.canxel.com/en)

1. VIEW OF THE CENTRE OF SANTA PAU.  
2. JORDÀ BEECH FOREST, A MUST-SEE.  
3. CRATER OF CROSCAT VOLCANO.



© AJUNTAMENT DE SANTA PAU



### DISTANCE FROM SANTA PAU TO

Barcelona 118 km  
Lleida 201 km  
Girona 45 km  
Tarragona 203 km  
Manresa 96 km  
Vic 51 km  
Berga 96 km

### HOW TO GET THERE

**By public transport:**  
by train to Girona [www.renfe.com/EN/viajeros/index.html](http://www.renfe.com/EN/viajeros/index.html) and bus to Olot  
[www.teisa-bus.com/en/index.html](http://www.teisa-bus.com/en/index.html)  
**By road:**  
<http://google.com/maps>

# FALL IN LOVE WITH TAÜLL



© PATRIMONI VAL DE BOI

## WHERE ROMANESQUE ART TOUCHES THE SKY

Taüll is a small village; however it holds an important place in the history of world art and architecture.

The reason? It is home to two of the Vall de Boí Romanesque churches, which were declared UNESCO World Heritage Sites in the year 2000. Santa Maria and Sant Climent de Taüll are two gems which stand as testament to the human creative genius of the Middle Ages. They are pure examples, a matching set if you will, of primordial Romanesque art set in a rural Pyrenean landscape which is largely unchanged. Almost every town in this valley (Coll, Cardet, Barruera, Durro, Erill la Vall and Boí) contains a church which belongs to this Romanesque cluster, and a trip around them interweaves art, nature, landscape and history. The village of Taüll, in the Vall de Boí municipality, awaits your visit to share with you its treasure. 📍

### + Information

Vall de Boí Town Hall  
[www.ajuntamentvalldeboi.cat](http://www.ajuntamentvalldeboi.cat)

Tourist Board  
[www.vallboi.cat/en](http://www.vallboi.cat/en)

Erill la Vall Romanesque Centre  
[www.centreromanic.com/en](http://www.centreromanic.com/en)

SANT CLIMENT DE TAÜLL.

The descent of the Falles is an unforgettable experience: at night-time, a serpent-like torch-lit procession descends from the highest point of the mountain and wends its way through the village streets.

### ⌘ How much time do you have?

#### HALF A DAY

- ▶ You absolutely must see the *video-mapping* projection onto the remains of the original paintings in Sant Climent de Taüll church.
- ▶ Have a wander around the village streets to the La Saneta viewpoint, just behind the church of Santa Maria.
- ▶ Visit the Taüll dairy and taste some of its delicious products.

#### A WHOLE DAY

- ▶ Admire the church of Sant Climent and climb its bell tower.
- ▶ Also visit the Romanesque church of Santa Maria de Taüll.
- ▶ Have lunch in the village and stroll around its labyrinth of narrow mediaeval streets.
- ▶ Walk along the trail which leads to the Cuirilles viewpoint (1 hour and not difficult).

#### TWO DAYS

- ▶ Go and explore the Aigüestortes National Park. Don't forget a picnic basket packet with products from the Taüll dairy.
- ▶ Visit the Erill la Vall Romanesque Centre.
- ▶ Sleep in one of the village's accommodations.
- ▶ In wintertime, go on a snowshoe expedition at the Boí Taüll Resort ski station.
- ▶ Taste some typical mountain gastronomy and relax in the spa at Caldes de Boí.



#### DISTANCE FROM TAÜLL TO

- Barcelona 300 km
- Lleida 146 km
- Girona 400 km
- Tarragona 240 km
- Manresa 201 km
- Vic 245 km
- Berga 215 km

#### HOW TO GET THERE

- By public transport:**  
Buses: from El Pont de Suert, [www.alsa.com/en/web/bus/home](http://www.alsa.com/en/web/bus/home)
- By road:**  
<http://google.com/maps>



1 © JOSÉ LUIS RODRIGUEZ



2 © KIM CASTELLIS

**In Taüll**  
a video-mapping projection brings you closer to the meaning of the paintings.



3 © PATRONAT VALL DE BOI

#### WHERE TO SLEEP?

- Hotel Santa Maria Relax** \*\*\*  
[www.taull.com/en/](http://www.taull.com/en/)
- Hotel El Rantiner** \*\*  
[www.hotelrntiner.com/en/](http://www.hotelrntiner.com/en/)
- Rural Hotel El Xalet de Taüll** \*\*  
[www.elxaletdetauill.com/en/](http://www.elxaletdetauill.com/en/)
- La Bordeta Guesthouse**  
[www.vallboi.cat/en/allotjaments](http://www.vallboi.cat/en/allotjaments)
- Ca de Moneny**  
<http://cademoneny.com/index.php?idi=eng>

#### WHERE TO EAT?

- Restaurant El Caliu**  
[www.elcaliutaull.com](http://www.elcaliutaull.com)
- Restaurant El Fai**  
[www.restaurantelfai.com/en/](http://www.restaurantelfai.com/en/)
- El Mallador**  
[www.malladortauill.com](http://www.malladortauill.com)
- Llesqueria l'Empriu**  
[www.vallboi.cat/en/restaurantes](http://www.vallboi.cat/en/restaurantes)
- Cerveceria Tribulosi**  
[www.vallboi.cat/en/restaurantes](http://www.vallboi.cat/en/restaurantes)

1. LLEBRETA LAKE, IN THE AIGÜESTORTES AND ESTANY DE SANT MAURICI NATIONAL PARK.
2. VIEW OF THE CENTRE OF TAÜLL.
3. VIDEO-MAPPING OF THE ICONIC ROMANESQUE MURAL IN THE SANT CLIMENT DE TAÜLL CHURCH.



FALL IN LOVE WITH

# CALELLA DE PALAFRUGELL



## SEASIDE CHARM ON THE COSTA BRAVA

With its luminous white houses, narrow streets and pebbly coves, the ancient fishing village of Calella de Palafrugell has retained the charm that the coastal communities of Empordà had before the arrival of tourism.

These days, Calella has around 700 inhabitants; a figure which doubles in the summer and, in particular, during the shanty singing festival (Cantada d'Havaneres). This has taken place on the first Saturday of July for over 50 years on the central beach of Port Bo, where boats are still landed on the beach and its seaside district has been declared an Asset of National Cultural Interest. Culture, especially in connection with music, is one of the distinguishing traits of this village. 📍

### + Information

**Palafrugell Town Hall**  
[www.palafrugell.cat](http://www.palafrugell.cat)

**Palafrugell Tourist Office**  
[www.visitpalafrugell.cat/en/](http://www.visitpalafrugell.cat/en/)

**Costa Brava Tourist Board**  
[www.en.costabrava.org](http://www.en.costabrava.org)

**Singing of Havaneres Shanties in Calella de Palafrugell**  
[www.havanerescalella.cat/en/](http://www.havanerescalella.cat/en/)

GENERAL VIEW OF  
CALELLA DE PALAFRUGELL.

© MARC CASTELLÉ

The Cap Roig Botanical Garden, which hosts the Cap Roig Festival of music and dance in the summer months, is considered to be one of the best in the Mediterranean.

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Explore the village: from the Sa Perola building head down to Port Bo Square and carry on beside the sea until you get to **Canadell beach**.
- ▶ Contemplate Calella from the sea in a kayak.
- ▶ Walk the **Coast Path** and, when you get back, taste some local specialities.

### A WHOLE DAY

- ▶ Explore the **Cap Roig Botanical Garden**.
- ▶ Enjoy the magnificent views of Calella from the **Sant Roc** neighbourhood.
- ▶ Have lunch in Voltes street: there are numerous very pleasant **restaurants**.
- ▶ In the afternoon, walk along the seashore to Llafranc and climb up to the cape of Sant Sebastià to visit the lighthouse, the hermitage, the watch tower and the ancient Iberian village.

### TWO DAYS

- ▶ Hire a **bicycle** and go for a ride along the network of cycle tourism paths.
- ▶ Do some snorkelling and study the sea bed in any of the coves.
- ▶ Try some **Sea Urchins**, if they are in season, with wine from the Empordà DO.
- ▶ Spend the night in the **Hotel Mediterrani**, overlooking a cove. [www.hotelmediterrani.net](http://www.hotelmediterrani.net)
- ▶ Spend a day exploring the other villages of the Palafrugell municipality: with the **Palafrugell** + ticket, you can visit the best spots in the area. These include the Josep Pla Foundation, the various Monuments of Sant Sebastià de la Guarda and the Cork Museum. [www.palafrugellplus.com/en](http://www.palafrugellplus.com/en)



**DISTANCE FROM CALELLA DE PALAFRUGELL TO**  
 Barcelona [101 km](#)  
 Terrassa [104 km](#)  
 Figueres [46 km](#)  
 Lloret de Mar [35 km](#)  
 Girona [32 km](#)  
 Lleida [215 km](#)  
 Tarragona [183 km](#)

**HOW TO GET THERE**  
**By public transport:**  
 from Barcelona  
[www.sarfa.com](http://www.sarfa.com)  
**By road:**  
<http://google.com/maps>



1

© INSTITUT DE PROMOCIÓ ECONÒMICA DE PALAFRUGELL

### SHALL WE GO OUT?

**Sant Pere**, annual festival in Calella (June)  
**Singing of Havaneres Shanties in Calella de Palafrugell** (July)  
**Cap Roig Garden Festival** (July and August)  
**Young Musicians Series of Concerts** (July and August)

### SHALL WE GO SHOPPING?

Don't leave Calella without trying *rom cremat* (flaming rum cocktail) and *garoines* (sea urchins). You will find these and other gastronomic specialities in Palafrugell market (open from Tuesdays to Sunday).



2

© MARC CASTELLET

**In Calella de Palafrugell,** the traditional Havaneres Shanty Singing is a must-see event.



3

© MARC CASTELLET

### WHERE TO SLEEP?

**Hotel Garbí** \*\*\*  
[www.hotelgarbi.com/en](http://www.hotelgarbi.com/en)  
**Hotel Casa Calella**  
[www.casacalella.com](http://www.casacalella.com)  
**Hotel La Torre** \*  
[www.latorre.cat/en](http://www.latorre.cat/en)  
**La Siesta Campsite**  
[www.campinglasiesta.com/en](http://www.campinglasiesta.com/en)  
**Moby Dick Campsite**  
[www.campingmobydick.com/en](http://www.campingmobydick.com/en)

### WHERE TO EAT?

**Restaurant Albó**  
[www.rostisseriaalbo.com](http://www.rostisseriaalbo.com)  
**El Balcó de Calella**  
[www.santrocc.com/en/gastronomy](http://www.santrocc.com/en/gastronomy)  
**La Garoina**  
[www.garoina.cat](http://www.garoina.cat)  
**Bar K**  
 (+34) 972 615 546  
**Pizzeria Vent de Mar**  
[www.pizzeriaventdemar.wordpress.com](http://www.pizzeriaventdemar.wordpress.com)

1. STREETS OF CALELLA DE PALAFRUGELL.
2. CAP ROIG GARDENS.
3. HAVANERES SHANTY SINGING.

# FALL IN LOVE WITH PALS



## A WALLED FORTRESS ON THE COSTA BRAVA

Few towns offer such a wealth of attractions as Pals. One of them is the fortification of the very well-conserved historical quarter and another is its enviable location atop a big hill with great views of the sea, the neighbouring Medes Islands and the plains of Empurdà, which these days are wetlands dedicated to the farming of high-quality rice.

But Pals is much more than archways and narrow medieval cobbled streets. Here you will also find an interesting array of mansions, some of which are fortified. Of these, the most noteworthy are Mas Roig; Torre Pedrissa; Cap dels Anyells; Mas Tafurer (Molí de Pals); Mas Gelabert; Mas Jofre; Can Pou de ses Garites; and Torre Mora, from the 15<sup>TH</sup> century. 📍

### + Information

**Pals Town Hall**  
[www.pals.cat](http://www.pals.cat)

**Tourist office**  
[www.visitpals.com/en/](http://www.visitpals.com/en/)

**Baix Empordà Regional Council**  
[www.visitemporda.com/en/](http://www.visitemporda.com/en/)

**The Patronat de Turisme Costa Brava**  
[www.en.costabrava.org](http://www.en.costabrava.org)

GENERAL VIEW OF PALS,  
WITH THE CLOCK TOWER.

The beach at Pals is a large sandy expanse measuring 3.5 kilometres. You can get to the shoreline along the old beach path through dunes and white pine trees.

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Explore the town: walk through its walled section and admire the harmonious combination of building from the Romanesque, Gothic and Baroque periods.
- ▶ Visit the Ca la Pruna Museum / Cultural Centre, an imposing fortified mansion from the 16<sup>TH</sup> century, and the Clock Tower.

### A WHOLE DAY

- ▶ Go to the beach at Pals and from the southern end of the beach get onto the coastal pathway and head to the Begur coves, with their impressive sea bed.
- ▶ Taste a typical Pals rice dish and some wine from DO Empordà.
- ▶ Take a look at the golf course, the oldest on the Costa Brava.

### TWO DAYS

- ▶ Lose yourself around the Basses d'en Coll ponds where you can cycle or walk on the many pathways which line the rice paddies.
- ▶ Enjoy an authentic seaside meal.
- ▶ Head up to the highest point on the Quermany massif and enjoy the great panoramic view.
- ▶ Sleep in one of the town's accommodations.
- ▶ Visit the Radio Liberty site and relive the history of the 20<sup>TH</sup> century.
- ▶ Have lunch in one of the restaurants on the outskirts of the town.
- ▶ Visit the Iberian settlement of Ullastret and book a dramatised tour.



**DISTANCE FROM PALS TO**  
 Barcelona 145 km  
 Tarragona 219 km  
 Lleida 207 km  
 Girona 46 km  
 Sabadell 124 km  
 Figueres 45 km  
 Lloret de Mar 63 km

### HOW TO GET THERE

**By public transport:**  
 from Barcelona and Girona  
[www.sarfa.com](http://www.sarfa.com)  
**By road:**  
<http://google.com/maps>



1

© JOAN CEBRIA

### SHALL WE GO OUT?

**Living Nativity Scene** (December)  
**Pals gastronomic festival of rice** (March and April)  
**Traditional planting of the rice** (June)  
**Candlelit Evening** (last weekend in July)  
**Wine festival** (August)  
**Harvesting the rice** (October)

### SHALL WE GO SHOPPING?

Don't leave Pals without trying its rice or discovering the traditional ceramics from neighbouring Bisbal. Every Tuesday there is a produce market (fruit, olive oil, cheese...).



2

© FONDO FOTOGRAFICO ARCHIVO MUNICIPAL

**Pals**  
 offers lovely views  
 of the rice fields.



© FONDO FOTOGRAFICO ARCHIVO MUNICIPAL

### WHERE TO SLEEP?

**Hotel Es Portal \*\*\*\***  
[www.esportalhotel.com/en](http://www.esportalhotel.com/en)  
**Hotel Mas Salvi \*\*\*\***  
[www.massalvi.com](http://www.massalvi.com)  
**Hotel Sa Punta**  
[www.hotelsapunta.com](http://www.hotelsapunta.com)  
**Hostal Can Bassalis \*\***  
[www.hostalcanbassalis.com/en](http://www.hostalcanbassalis.com/en)  
**Hostal Barris \*\***  
[www.hostalbarris.com/en](http://www.hostalbarris.com/en)

### WHERE TO EAT?

**Antic Casino**  
[www.anticcasinorestaurant.com/en](http://www.anticcasinorestaurant.com/en)  
**Ca la Teresa**  
[www.restaurantcalateresa.cat](http://www.restaurantcalateresa.cat)  
**Restaurant Sol Blanc**  
[www.restaurantsolblanc.com/en](http://www.restaurantsolblanc.com/en)  
**Xarrup**  
 (+34) 972 667 804

### Other suggestions:

[www.visitpals.com/en](http://www.visitpals.com/en)

1. PALS BEACH WITH THE MEDES ISLANDS IN THE BACKGROUND.
2. GOTHIC QUARTER WITH THE CLOCK TOWER TO THE RIGHT.
3. AN EAR OF RICE.

# FALL IN LOVE WITH PERATAL LADA



## A JEWEL BETWEEN THE SEA AND THE MOUNTAINS

More than just a geographical location, Peratallada is where to go to travel back in time. To visit the town is to enter into the feudal domains of one of the most important lineages in Empordà since the 10<sup>TH</sup> century. However, archaeological findings suggest that the origins of the *Petra taliata* (carved stone) settlement could date back to pre-Roman times. The town shares a municipality with Vulpellac, Fonteta and other small villages in the exceptional natural environment of Empordà.

In addition to the wealth of mediaeval architecture, another of its undeniable attractions is the local version of Empurdà gastronomy, in which the finest ingredients from the land and the sea, along with mountain meats and cheeses, create a variety of contrasts and flavours which are traditionally served in the artisan ceramic tableware from neighbouring La Bisbal d'Empordà. 📍

### + Information

**Peratallada Tourist Office**  
[www.visitperatallada.cat/en](http://www.visitperatallada.cat/en)

**Tourist Board**  
[www.en.costabrava.org](http://www.en.costabrava.org)  
[www.trade.costabrava.org/en](http://www.trade.costabrava.org/en)

MEDIAEVAL CENTRE  
OF PERATAL LADA.



1

© AJUNTAMENT DE FORALLAC



2

© AJUNTAMENT DE FORALLAC



3

© AJUNTAMENT DE FORALLAC

**Peratallada**  
is the perfect rural  
base for discovering  
Empordà.

**WHERE TO SLEEP?**

- La Riera** [www.lariera.es/indexgb.htm](http://www.lariera.es/indexgb.htm)
- Ca l'Anguila**  
[www.calanguila.com/en/farmhouse.html](http://www.calanguila.com/en/farmhouse.html)
- Can Solés** [www.cansoles.com](http://www.cansoles.com)
- El Cau del Papibou** \*\*\*  
[www.hotelelcaudelpapibou.com/en.html](http://www.hotelelcaudelpapibou.com/en.html)
- Hostal Blau** \* [www.hostalblau.es/en](http://www.hostalblau.es/en)
- Ca l'Aliu** [www.calaliu.com/en/](http://www.calaliu.com/en/)

**WHERE TO EAT?**

- La Roca**  
[www.restaurantlaroca.cat](http://www.restaurantlaroca.cat)
- Can Bonay**  
[www.restaurantbonay.com/en/](http://www.restaurantbonay.com/en/)
- Can Nau**  
[www.restaurantcannau.blogspot.com](http://www.restaurantcannau.blogspot.com)
- Ca la Nena**  
(+34) 972 634 803
- La Candelaria**  
[www.candelariaperatallada.com](http://www.candelariaperatallada.com)
- Cireret**  
[www.cireret.com/#](http://www.cireret.com/#)

1. VIEW OF THE BACK OF THE CHURCH OF SANT ESTEVE.
2. HOUSE IN THE WALLED QUARTER.
3. CLOCK TOWER.



Peratallada

**DISTANCE FROM PERATALLADA TO**

- Barcelona** 130 km
- Lleida** 280 km
- Tarragona** 220 km
- Girona** 40 km
- La Bisbal d'Empordà** 5 km
- Figueres** 50 km

**HOW TO GET THERE**

- By public transport:**  
SARFA from Girona and Bisbal d'Empordà  
[www.compras.momentis.es/en-GB](http://www.compras.momentis.es/en-GB)
- By road:**  
<http://google.com/maps>

*Berenguer de Cruilles, the first president of Catalonia's government, the Generalitat, in 1359, was born in Peratallada.*

**⌘ How much time do you have?**

**HALF A DAY**

- ▶ have a drink in **Bar del Poble**, which shares a building with the tourist office. You are guaranteed to get a good flavour of village life.
- ▶ Enjoy a walk through the historical quarter and tag your photos @visitperatallada on Facebook.
- ▶ Taste some Empurdà cuisine in one of the restaurants with outdoor seating.

**A WHOLE DAY**

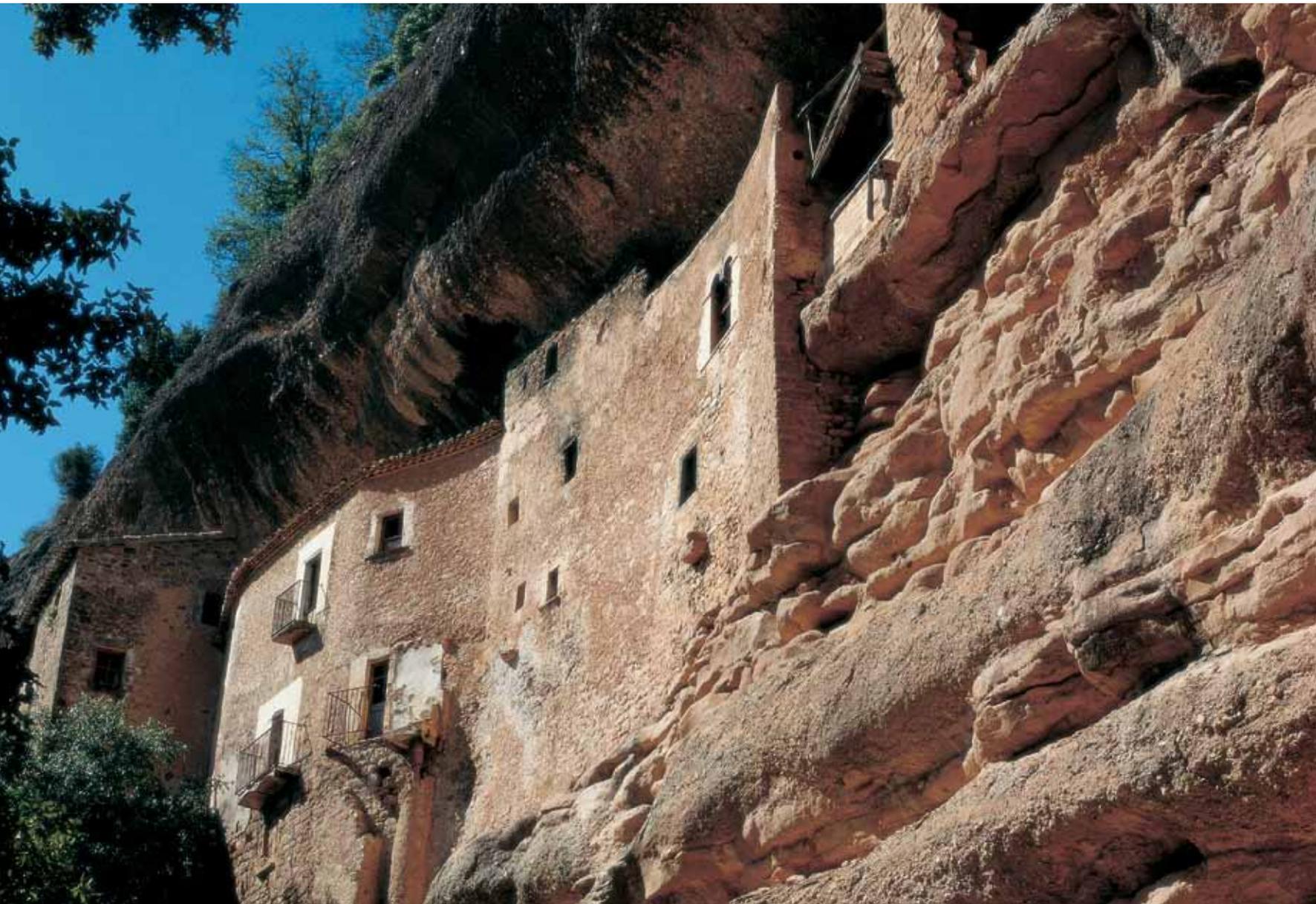
- ▶ Visit the eight villages which make up the municipality of Forallac, including Peratallada, and tag your photos @ajuntament\_forallac on Instagram.
- ▶ Discover the fusion of sea and mountain in the restaurants of Peratallada.
- ▶ Admire the walls carved out of rock.

- ▶ Snack on one of the home-made ice-creams, both sweet and savoury, which are a speciality of the town.

**TWO DAYS**

- ▶ If you come in October, enjoy the wood charcoal making experience in **Sant Climent de Peralta**.
- ▶ Also in October is the **Fira Medieval**, the Medieval Fair. Get stuck in and enjoy a feudal lunchtime banquet.
- ▶ To aid digestion, follow one of the walking or cycling trails which can be downloaded at [www.visitperatallada.cat/en](http://www.visitperatallada.cat/en)
- ▶ Enjoy the starlit night sky before spending the night in one of Peratallada's places to stay.
- ▶ Head to the sea. The nearest beach is 20 minutes away by car.
- ▶ Treat yourself to a seafood meal.
- ▶ Don't miss the **Montgrí, Illes Medes i el Baix Ter Natural Park**.

# FALL IN LOVE WITH MURA



© AJUNTAMENT DE MURA

## EXPLORE A NATURAL PARK FROM THE INSIDE

Mura is a little village with a mediaeval feel, and fewer than 250 inhabitants, which has always managed to preserve the charm of its narrow cobbled streets. It is located in the centre of the Sant Llorenç del Munt i l'Obac Natural Park, 57 km away from Barcelona along predominantly picturesque roads.

In Mura, the landscape is overwhelmingly natural. The human constructions are so old and were built so well that they completely blend into the surroundings. A must-see is the Romanesque architectural heritage. Since the end of the 20<sup>TH</sup> century tourism has been one of Mura's main industries, but it has never lost its special character. 📍

### + Information

Mura Town Hall

[www.mura.cat](http://www.mura.cat)

Information Centre, Sant Llorenç  
del Munt i l'Obac Natural Park

<https://parcs.diba.cat/web/SantLlorenç>

Tourist Board

[www.bagesturisme.cat/en](http://www.bagesturisme.cat/en)

EL PUIG DE LA BALMA.

Are you coming in April? Celebrate the Festival of Sant Marc with us and help to protect the town from storms by eating a delicious panellet sweet treat.

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Follow the self-guided tour “Balmes, masies i molins” (Lakes, mansions and mills) which starts at the interpretation centre. In under two hours you will have covered the whole of the town.
- ▶ Eat in one of the town’s restaurants and try some *cigronet* de Mura (chick peas) and wine from the Pla de Bages DO.
- ▶ Enjoy an introduction to the natural park: head up to La Mola, the top of the Sant Lorenc massif, or relax in the municipal pool.

### A WHOLE DAY

- ▶ Walk the park trail which takes you to discover the ancient stone *tinas* (wine vats) and enjoy a wine tasting.
- ▶ Explore the town: walk around the town centre following the instructions on [es.wikiloc.com/wikiloc/view.do?id=6940108](http://es.wikiloc.com/wikiloc/view.do?id=6940108). Have lunch in the town.
- ▶ Visit the Mura Caves: a 5 km circular walk from the interpretation centre.
- ▶ Have a picnic at the river pool known as Gorja del Pare, with cake from Cal Muntada bakery.

### TWO DAYS

- ▶ Do some shopping in the town: visit Retaule, Torneria, Celler and the cured meat delicatessen, while you choose a place to sleep.
- ▶ Head into the park: follow the three-hour *Pedra Seca* trail that includes some ancient buildings.
- ▶ Eat in Mura and enjoy pink tomatoes.
- ▶ An excursion to Terrassa to visit the Freixa mansion, a modernist treasure and Science and Technical Museum of Catalonia.
- ▶ Enjoy dinner and sleep in Mura. Fit in some stargazing in the park.
- ▶ Guided nature watch tour and a picnic lunch in the park.
- ▶ Enjoy a honey collecting workshop in the Lonch mansion, within the park grounds.

### SHALL WE GO OUT?

**Sant Marc Festival and Craft Fair** (April)  
**Visit the park!** (April-July)  
**Cigronet harvest festival** (September)  
**Festa Major** (November)  
**Christmas Activities and Festival** (December)

### SHALL WE GO SHOPPING?

You can't leave Mura without buying some *cigronet*, a local variety of small, skinless chick peas which are extremely tasty. Buy them from El Celler, a shop in the centre selling gourmet food products.



### DISTANCE FROM MURA TO

Barcelona 58 km  
 Terrassa 26 km  
 Sabadell 33 km  
 Manresa 21 km  
 Girona 126 km  
 Lleida 135 km  
 Tarragona 130 km

### HOW TO GET THERE

**By public transport:**  
 from Navarcles  
[www.transbagesbus.com/en](http://www.transbagesbus.com/en)  
 from Terrassa [www.tgo.net](http://www.tgo.net)  
**By road:**  
<http://google.com/maps>



© AJUNTAMENT DE MURA



© AJUNTAMENT DE MURA



© AJUNTAMENT DE MURA

**In Mura**  
 you will discover ten centuries of harmony with nature.

### WHERE TO SLEEP?

**Apartments Cal Carter**  
<http://calcarter.net/accommodationeng.html>  
**Cal Vidal**  
[www.calvidalmura.com/en](http://www.calvidalmura.com/en)  
**House Museum Puig de la Bauma**  
[www.puigdelabalma.com/en](http://www.puigdelabalma.com/en)

### WHERE TO EAT?

**Hostal de Mura**  
[www.hostaldemura.es](http://www.hostaldemura.es)  
**Les Olles dels Caus**  
[www.lesollesdelscaus.cat](http://www.lesollesdelscaus.cat)  
 (+34) 608 897 365  
**Restaurant Cal Carter**  
 (+34) 608 897 365  
**Restaurant La Pujada**  
 (+34) 938 316 083

1. GENERAL VIEW OF MURA.  
 2. CHURCH OF SANT MARTÍ.  
 3. HERMITAGE OF SANT ANTONI.

# FALL IN LOVE WITH RUPIT



## A RURAL BAROQUE JEWEL IN AN IMPRESSIVE LANDSCAPE

Rupit is a small village with 285 inhabitants in the centre of Catalonia, set into the steep slopes of the Collscabra massif. This immense geological treasure conceals a labyrinth of streets and houses whose thresholds bear witness to their Baroque splendour.

In addition to its rich cuisine, this village boasts attractive stone houses with coloured wooden balconies, traditional gabled roofs and cobbled streets. But there is more: under five kilometres away you will find another natural marvel. The Sallent waterfall, an abundant cascade of water of over 115 metres in height, is the largest in the region. 📍

### + Information

Rupit Town Hall  
[www.rupitpruit.cat](http://www.rupitpruit.cat)

Rupit and Pruit Tourist Office  
[www.rupitpruit.cat/turisme.html](http://www.rupitpruit.cat/turisme.html)

Osona Tourist Board  
[www.osonaturisme.cat](http://www.osonaturisme.cat)

GENERAL VIEW OF THE VILLAGE.



© KIM CASTELLS



© ORIOL CLAVERA



© AJUNTAMENT DE RUPIT I PRUIT



© JOSEP ENRIC LÓPEZ, WMC

*Rupit had its heyday in the 17th century, hence its splendid Baroque heritage.*

**WHERE TO SLEEP?**

- Fonda Marsal  
[www.fondamarsal.cat](http://www.fondamarsal.cat)
- Hostal Estrella \*\*  
[www.hostalestrella.com/en](http://www.hostalestrella.com/en)
- La Devesa  
[www.ladevesarupit.com](http://www.ladevesarupit.com)
- Mas la Serra  
[www.en.maslaserra.com](http://www.en.maslaserra.com)

**WHERE TO EAT?**

- Hostal Estrella  
[www.hostalestrella.com/en](http://www.hostalestrella.com/en)
- Fonda Marsal  
[www.fondamarsal.cat](http://www.fondamarsal.cat)
- Ca l'Estragués  
[\(+34\) 938 522 006](http://(+34) 938 522 006)
- El Coll  
[www.maselcoll.cat](http://www.maselcoll.cat)
- L'Hort d'en Roca  
[\(+34\) 938 522 029](http://(+34) 938 522 029)



**DISTANCE FROM RUPIT TO**  
 Barcelona 106 km  
 Lleida 189 km  
 Girona 97 km  
 Tarragona 193 km  
 Manresa 82 km  
 Olot 26 km  
 Vic 28 km

**HOW TO GET THERE**  
**By public transport:**  
 Buses from Barcelona via Vic  
[www.sagales.com/en](http://www.sagales.com/en)  
**By road:**  
<http://google.com/maps>

*Two must-sees: The church of Sant Joan de Fàbregues, the most spectacular Romanesque building in the area, and the nearby Sallent waterfall, the tallest falls in Catalonia.*

**⌚ How much time do you have?**

**HALF A DAY**

- ▶ Take a calm stroll through its very well-preserved streets, and admire the Baroque altarpiece in Sant Miquel church.
- ▶ If you go with children, enjoy a fun game for exploring the historic district with treasures and surprises (from the tourist office).
- ▶ Go across the original Pont Penjat, a wooden suspension bridge.

**A WHOLE DAY**

- ▶ Head into the countryside and explore the Collsacabra massif.
- ▶ Visit the **Santa Magdalena hermitage**.
- ▶ Enjoy traditional Catalan cuisine in Rupit.
- ▶ Go on one of the **guided tours** of the historic area.

**SHALL WE GO OUT?**

**Living Nativity Scene**  
 (end of December)  
**Annual festival**  
 (29th of September)

**SHALL WE GO SHOPPING?**

In Rupit you can buy a variety of locally-made gourmet food products (bread, cakes, cured meats, wafers...) and also hand-crafted fabrics. Some local craftspeople offer you the chance to visit their workshops to watch them making their products in real life.

- ▶ Buy a gastronomical souvenir of bread and *coques* (traditional cakes).

**TWO DAYS**

- ▶ Admire the view of Collsacabra from one of the viewpoints around Rupit.
- ▶ Go exploring the surrounding area to really get to know the landscape.
- ▶ Taste some local cured meats at one of the picnic spots.
- ▶ Follow the GR2 pathway to Tavertet, a 7.5 km circular walk through impressive scenery.
- ▶ Sleep in one of the town's accommodations.
- ▶ Enjoy a ride on a mountain bike or a horse around the outskirts of the village.
- ▶ Eat in one of the restaurants with views of the village.
- ▶ Bid farewell to Rupit with a visit to a craft workshop.

1. STEEP COLLSACABRA LANDSCAPE.
2. PICTURESQUE STREETS OF RUPIT.
3. THE WOODEN SUSPENSION BRIDGE.
4. BAROQUE FAÇADE OF THE CHURCH OF SANT MIQUEL.

# FALL IN LOVE WITH PRADES



© AJUNTAMENT DE PRADES

## AN IMPRESSIVE NATURAL SPACE

Located on a high plateau 950 metres above sea level, Prades is in the heart of mountains which bear the same name. The town fits harmoniously into its stunning natural surroundings which are ideal for all manner of sporting, cultural and fun activities.

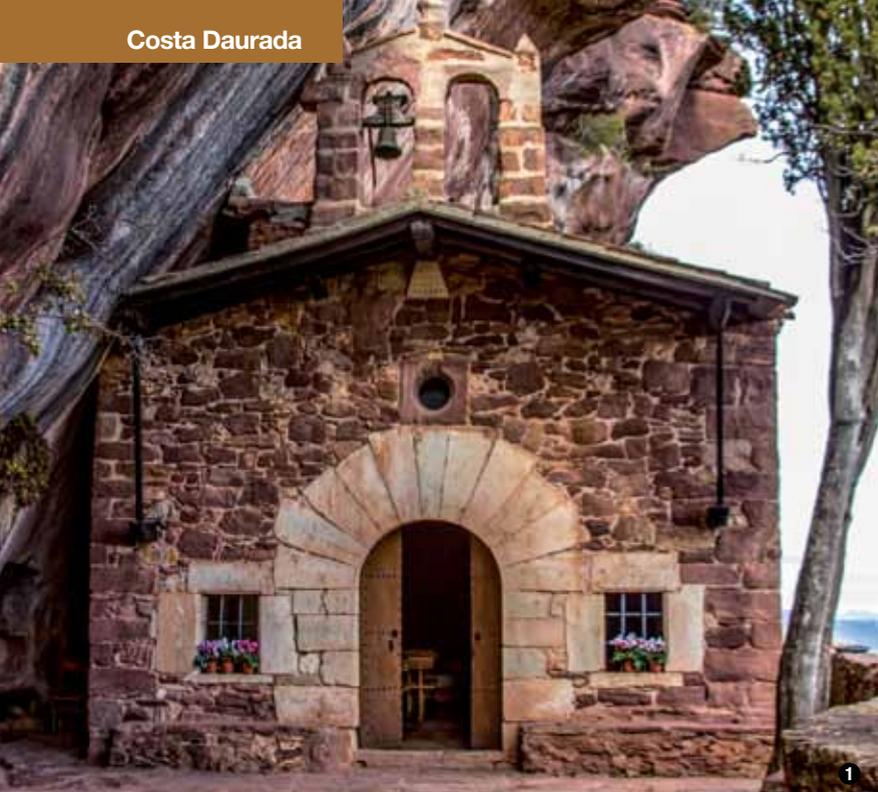
The Atlantic climate here makes it an ideal summer destination and also a perfect place for enjoying the snow in winter. Its narrow, winding streets house many places of interest (churches, hermitages, squares, fountains...) making it somewhere that is really worth a good wander around. 📍

### + Information

Prades Town Hall and Prades  
Mountains Interpretation Centre  
[www.prades.cat/en/](http://www.prades.cat/en/)

Costa Daurada Tourist Board  
[www.costadaurada.info](http://www.costadaurada.info)  
[www.muntanyescostadaurada.cat](http://www.muntanyescostadaurada.cat)

MAIN SQUARE AND  
CENTRE OF PRADES.



**En Prades**  
see a Renaissance fountain in the shape of the world globe.

© AJUNTAMENT DE PRADES

**WHERE TO SLEEP?**  
**Hotel La Botiga \***  
 (+34) 977 868 321  
**Prades Campsite**  
[www.campingprades.com/en](http://www.campingprades.com/en)  
**Aparthotel Xalet de Prades**  
[www.xaletdeprades.com](http://www.xaletdeprades.com)  
**Casa Cal Crispí**  
[www.calcrispi.com/English.htm](http://www.calcrispi.com/English.htm)

**WHERE TO EAT?**  
**Pep Cardona**  
 (+34) 977 868 236  
 (+34) 636 615 144  
**Restaurant Comtes de Prades**  
[www.campingprades.com/restaurant](http://www.campingprades.com/restaurant)  
**Restaurant la Taverna**  
[www.lataverna-calpons.cat](http://www.lataverna-calpons.cat)  
**Braseria Gran Recorregut 7**  
 (+34) 977 868 029  
**DPrades. Gastroteca**  
 (+34) 654 363 997

1. THE HERMITAGE OF ABELLERA.
2. THE PATH TO THE ROCA FORADADA HOLE IN THE ROCK.
3. THE RENAISSANCE FOUNTAIN IN PRADES.

**⌘ How much time do you have?**

**HALF A DAY**  
 ▶Go on a guided tour around the town to see the church, the castle and the Prades Mountains Interpretation Centre (ask in the Tourist Office).  
 ▶If you are visiting with children, don't miss the Prades Adventure Park [www.pradesaventura.com](http://www.pradesaventura.com)  
 ▶Just 2 km outside of Prades you can visit the hermitage of Abellera, which was constructed on top of a cave located at 1,020 metres altitude (ask in the Tourist Office).

**A WHOLE DAY**  
 ▶Hire a bicycle and follow one of the mountain biking trails on offer (+34) 627 153 616.  
 ▶Have lunch in one of the restaurants in the Plaça Major.  
 ▶After dessert, visit the church of Santa Maria and walk through the streets of the old quarter.

*It is known as the Red Town because of the reddish colour of the sandstone used in the construction of a large number of the buildings and the mediaeval town wall.*



**DISTANCE FROM PRADES TO**  
 Barcelona [150 km](#)  
 Girona [230 km](#)  
 Lleida [65 km](#)  
 Tarragona [58 km](#)  
 Reus [46 km](#)  
 Montblanc [35 km](#)

**HOW TO GET THERE**  
**By public transport:**  
 from Barcelona  
[www.empresaplana.cat](http://www.empresaplana.cat)  
**By road:**  
<http://google.com/maps>

**TWO DAYS**

▶Explore the surrounding countryside: sign up for a tour around the more than 30 natural water sources which exist in the town.  
 ▶Enjoy a picnic made with excellent local products.  
 ▶Dare to sign up for some canyoning action in the Prades Mountains [www.gorgaventura.com/en](http://www.gorgaventura.com/en)  
 ▶Don't miss out on a spot of stargazing. The sky above Prades is top notch [www.astroprades.cat](http://www.astroprades.cat)  
 ▶Stay at the campsite surrounded by nature.  
 ▶Admire the hole in the rocks (Roca Foradada) and the Prades river lake.  
 ▶Find out about native vegetation from the information panels or go on one of the botanical guided tours.  
 ▶Come back to Prades and enjoy a dish involving potatoes with PGI (Protected Geographic Indication) in one of the restaurants.  
 ▶Before leaving, look into the history of Queen Margaret of Prades.

**SHALL WE GO OUT?**  
**Thyme Festival** (May)  
**International Sheepdog Competition** (August)  
**Potato Festival** (September)  
**Prades Woodland Festival** (November)

**SHALL WE GO SHOPPING?**  
 Typical products from Prades are honey, potatoes (with Protected Geographical Indication - PGI), mountain apples, hazelnuts, chestnuts, mushrooms and thyme.  
 Every Friday there is a market in the main square. Nearby businesses sell excellent locally-sourced products.

# FALL IN LOVE WITH SIURANA



## LAND OF PRINCESSES AND WARRIORS

Siurana, at 737 metres above sea level, presides over the marshes and the river of the same name in the Sierra of Montsant and the Prades Mountains.

Its strategic location meant that for centuries it was first line defence against the Moors. Losing yourself in its narrow streets and discovering the vestiges of the Muslim occupation and subsequent history is highly recommended.

Sat atop a crag of limestone rock, Siurana has become one of the best places in the world to do sport climbing. It has hundreds of equipped routes for this adventure activity.

Siurana is part of the municipality of Cornudella de Montsant, an area of impressive scenery. 📍

### + Information

Siurana Tourist Office  
[www.turismesiurana.org/en](http://www.turismesiurana.org/en)

GENERAL PANORAMA  
OF SIURANA.

© ORIOL ALAMANY

Siurana Castle was the last Muslim bastion, conquered by the Christians in Catalonia in 1153. The conquest was epic and gave rise to numerous legends.

### ⌘ How much time do you have?

#### HALF A DAY

- ▶ Take part in a guided theatrical tour or explore the historical quarter under your own steam.
- ▶ Get close to the Reina Mora (Moorish Queen) Rock. Legend has it that Abdelazia, the daughter of the Muslim governor of Siurana, jumped off this cliff when the Christian soldiers arrived. The views are spectacular.

#### A WHOLE DAY

- ▶ Admire the Romanesque church of Santa Maria.
- ▶ Have an adventure on one of the mountain biking trails around Montsant.
- ▶ Visit one of the Priorat wineries where they offer degustation with wine pairing.
- ▶ In summer, enjoy the water activities in the marshes.

#### TWO DAYS

- ▶ Explore the remains if the Arab castle, a military building from the 9TH CENTURY.
- ▶ Have a go at some climbing on the cliffs with established routes.
- ▶ Have lunch at one of the restaurants in Siurana.
- ▶ Take a trip around the villages of the Montsant Natural Park along its panoramic roads.
- ▶ Enjoy the sunset with a glass of wine while being told a legend.
- ▶ Stay in one of the rural accommodation options in the village.
- ▶ Follow the trail named "Memories of princesses and warriors", which has some spectacular views.
- ▶ Enjoy a dish which has been drizzled in olive oil from the Siurana PDO.
- ▶ Go on an invigorating trip around the landscape of the last stronghold of al-Ándalus in Catalonia.



1

© DANIEL JULIAN



#### DISTANCE FROM SIURANA TO

- Barcelona 104 km
- Girona 177 km
- Lleida 48 km
- Tarragona 30 km
- Reus 18 km
- Valls 27 km
- Montblanc 24 km

#### HOW TO GET THERE

**By public transport:**  
from Barcelona  
[www.empresaplana.cat](http://www.empresaplana.cat)  
**By road:**  
<http://google.com/maps>

#### SHALL WE GO OUT?

Siurana Jubilee (May)  
Annual festival (August)

#### SHALL WE GO SHOPPING?

The typical products of this area are olive oil and wine. There is no weekly market in Siurana, the closest one takes place on Wednesdays in Cornudella de Montsant. Also in Cornudella there are various wineries where you can participate in guided tours and buy their products.



2

© TINA BAGUE



© NURIA TORRES, GZ

*In Siurana the sunsets are spectacular.*

#### WHERE TO SLEEP?

- Hotel La Siuranella \*  
[www.siuranella.com](http://www.siuranella.com)
- Casa Can Font  
[www.canfontsiurana.cat](http://www.canfontsiurana.cat)
- Voraparc Campsite  
[www.campingsiurana.com](http://www.campingsiurana.com)
- Refugi Ciriac Bonet  
[www.feec.org](http://www.feec.org)

#### WHERE TO EAT?

- Restaurant Siurana  
[www.restaurantsiurana.com](http://www.restaurantsiurana.com)
- Restaurant Els Tallers  
[www.siuranella.com](http://www.siuranella.com)
- Bar l'Acàcia  
(+34) 977 821 037
- Bar Refugi Ciriac Bonet  
[www.feec.org](http://www.feec.org)
- Bar Camping Siurana  
[www.campingsiurana.com](http://www.campingsiurana.com)

1. BY HORSE THROUGH THE MOUNTAINS OF MONTSANT.
2. A CORNER OF SIURANA.
3. ARBEQUINA OLIVES FROM THE SIURANA PDO.

# FALL IN LOVE WITH MONTSONÍS



## DISCOVER THE CATALONIA OF THE BORDERLANDS

The tiny mountain village of Montsonís was a place of great importance during the Middle Ages because of its location on the border of the Arab world. It is crowned by a castle, which used to take in the numerous pilgrims who walked the Way of Saint James. In the present day, the flag is still flying from the keep indicating that this fortress, which has been very well preserved, is inhabited and in use. By visiting the castle and the historical quarter of Montsonís you can imagine the day-to-day life of the inhabitants of the area in mediaeval times and be transported back centuries.

Montsonís is one of the villages in the municipality of Foradada and it has the information point for the Montsec area. 

### + Information

**Foradada Town Hall**  
[www.foradada.cat](http://www.foradada.cat)

**Lleida Regional Tourist Board**  
[www.diputaciolleida.cat/fem-turisme](http://www.diputaciolleida.cat/fem-turisme)  
[www.aralleida.cat/en](http://www.aralleida.cat/en)

MONTSONÍS,  
WITH THE CASTLE.

The municipality of Foradada, in which Montsonís is a village, has been declared a Starlight Tourist Destination because of the excellent conditions it offers for contemplating the night sky.

## ⌘ How much time do you have?

### HALF A DAY

- ▶ Sign up for a theatrical tour of Montsonís castle, which dates back to the 15<sup>TH</sup> CENTURY and which continues to be the residence of the Baron of Albi.
- ▶ Follow the trail Land Art-Art Nature, where works of art are integrated into the surroundings.

### A WHOLE DAY

- ▶ Visit the Mare de Déu de Salgar monastery and the vestiges of Iberian settlement of Antona or Malagastre.
- ▶ Taste the local gastronomy in one of the village restaurants.
- ▶ Spend the afternoon in the vineyards of a local winery in the Costers del Segre DO area.

### TWO DAYS

- ▶ Enjoy a workshop at the castle. There are various options: mediaeval cookery, juggling...
- ▶ Visit the Munt bunker with views over Rubió de Baix and eat a picnic of *coques de recapte* cakes, cured meats and local wine.
- ▶ Go up to the viewpoint and the hermitage of Sant Urbà.
- ▶ You must reserve a night for some guided stargazing.
- ▶ Stay in one of the accommodation options in the village.
- ▶ Explore the Montsec Mountain Range site of natural interest, you can obtain information in La Botiga de Montsonís.
- ▶ To really get to know the local gastronomy, walk to Artesa de Segre, which is three kilometres from Montsonís. In its cobbled streets you will find numerous restaurants.



#### DISTANCE FROM MONTSONÍS TO

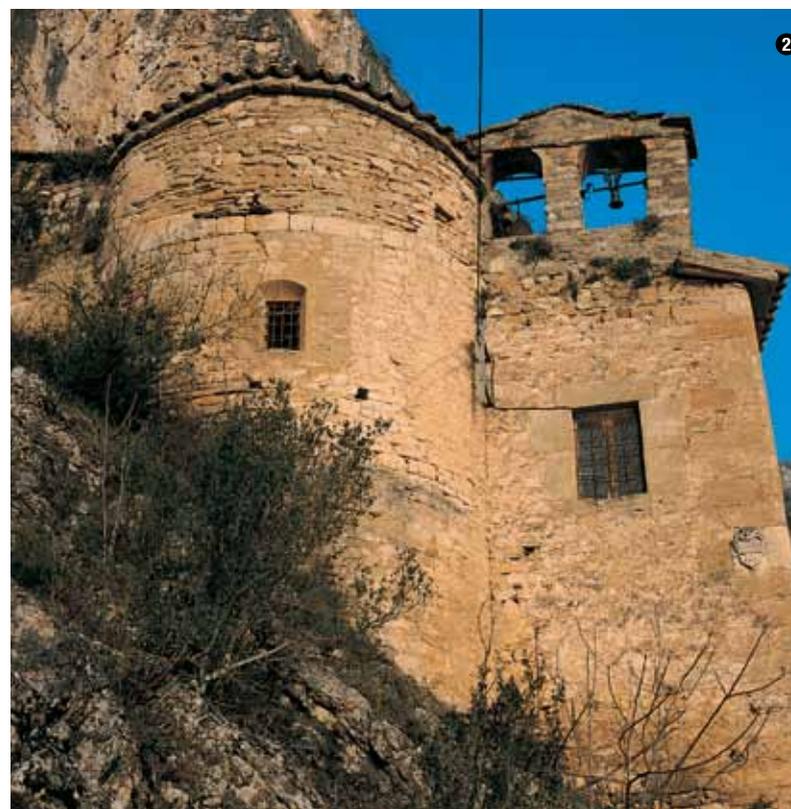
Barcelona 110 km  
Girona 149 km  
Tarragona 87 km  
Lleida 45 km  
Trepç 33 km  
Montblanc 71 km

#### HOW TO GET THERE

**By public transport:**  
from Barcelona

to Artesa de Segre  
[www.alsa.com/en/web/bus/home](http://www.alsa.com/en/web/bus/home)

**By road:**  
<http://google.com/maps>



**Montsonís**  
and its castle are ideal for understanding mediaeval rural life.

#### WHERE TO SLEEP?

**Cal Alejandro**  
[\(+34\) 973 400 265](tel:+34973400265)  
**Cal Caterino**  
[\(+34\) 973 400 265](tel:+34973400265)  
**Cal Gravat (rural house)**  
[\(+34\) 973 400 265](tel:+34973400265)  
**Cal Cabalè (Foradada)**  
[\(+34\) 973 102825](tel:+34973102825)  
**Cal Segon (Fo radada)**  
[\(+34\) 973 102 825](tel:+34973102825)

#### WHERE TO EAT?

**Celler de l'Arnau**  
[www.elcellerdelarnau.com](http://www.elcellerdelarnau.com)  
**La Botiga de Montsonís**  
[www.labotigademontsonis.com](http://www.labotigademontsonis.com)  
**Restaurant La Solana (Foradada)**  
[www.lasolanadeforadada.wordpress](http://www.lasolanadeforadada.wordpress)

1. A TRADITIONAL HOUSE.  
2. MONASTERY OF LA MARE DE DÉU DE SALGAR.  
3. MONTSONÍS CASTLE.



**EN  
ROUTE**

through cities,  
towns and  
villages

Manresa

Súria

Navarcles

N-141C

Talamanca

Moià

Mura

Granera

PARC NATURAL  
DE SANT LLORENÇ  
DEL MUNT

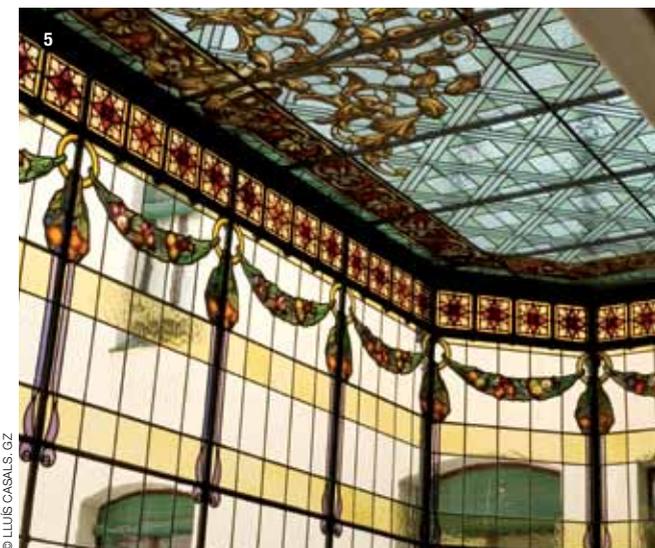
An aerial photograph of a mountain valley. In the foreground, a village with stone buildings and dark roofs is visible. The middle ground shows a lush green valley with scattered houses and fields. In the background, steep, rocky mountains rise under a blue sky with light clouds. Two white circular callouts are overlaid on the image, containing text.

## THE SKY IS THE LIMIT

Dare to discover the best-kept secrets of Catalonia. Tour the region with the spirit of your very first adventure and string together visits to cities with character and charming villages to enjoy all the surprises that await you. Let chance guide you and enjoy its gifts: take part in street festivals, bask in the sun by the water, venture into the snowy landscapes and taste the dishes, products and wines that you encounter along the way. ♡

## ARE YOU OPEN TO SUGGESTIONS?

Of the thousand and one trips you can make between towns and cities, you will find some ideas in the following pages. They are only suggestions from which you can build your personal journeys through the landscapes of Catalonia. ♡



# ON THE TRAIL OF GAUDÍ

Modernism is an artistic movement which filled the Catalan landscape with delightful buildings between the end of the 19<sup>TH</sup> century and the beginning of the 20<sup>TH</sup>. Inspired by architects such as Antoni Gaudí and Lluís Domènech i Montaner, amongst others, architectural jewels started popping up, demonstrating the yearning in cities for transformation into modern, cosmopolitan places. This route involves visiting five cities with character to experience some of these exuberant and provocative creations. 📍

## From North to South

Modernism is very evident in the streets and squares of Girona. A stroll through the centre will provide you with houses and industrial buildings to admire, by architects such as Rafael Masó, Joan Roca Pinet, Josep Martí Burch and Enric Catà i Catà. The second stop on the trip is Solsona, where modernism arrived in all its splendour in the Hotel Sant Roc. Built in 1929, it is one of the most relevant examples of this architectural style and is the work of Bernardí Martorell.



**FROM GIRONA TO Solsona** 164 km

**FROM SOLSONA TO Terrassa** 81 km

**FROM TERRASSA TO Reus** 116 km

**FROM REUS TO Tortosa** 77 km

In **Terrassa**, a city which was at the vanguard of the industrial revolution in the mid-19<sup>TH</sup> century, modernism left its imprint in the factories and the houses of both the workers and owners. Particularly spectacular are Vapor Aymerich, Amat i Jover, which houses the Science and Technical Museum of Catalonia and the mansion house Masia Freixa.

## Special mention

In **Reus**, the birth town of the wonderful Antoni Gaudí, you can visit up to 80 modernist buildings. Of particular note amongst these are Casa Navàs, The Pere Mata Institute, Casa Rull and Casa Gasull, work of Lluís Domènech i Montaner, considered to be one of Europe's best modernist architects. You can also visit the Gaudí Centre, an innovative space which is dedicated to modernism and the life and works of Gaudí. The trail finishes in the town of **Tortosa**. A walk through the centre will award you with spectacular examples to contemplate; those by Pau Monguió and Joan Abril are particularly good.

1. CASA BRUNET IN TORTOSA.
2. HOTEL SANT ROC, IN SOLSONA.
3. LA FARINERA BY RAFAEL MASÓ, IN GIRONA.
4. CASA RULL, IN REUS.
5. INTERIOR OF ALEGRE DE SAGRERA HOUSE MUSEUM, IN TERRASSA.

**FOR FURTHER INFORMATION ON:**  
 Girona [page 10](#)  
 Solsona [page 10](#)  
 Terrassa [page 28](#)  
 Tortosa [page 64](#)  
 Reus [page 52](#)



© LLUÍS CARRO 1



© RAMON VINYAS 2



3

© JOAN CASTRO. GZ



4

© VILAFRANCA DEL PENEDÈS. CARLES FORTINY. © TINA BAGUE



5



# RETRACE THE FOOTSTEPS OF CREATIVITY

Art is everywhere. It is on the walls of prehistoric caves, in the traces of the Roman empire, at the top of a Romanesque church bell tower and in the bubbles rising in a glass of cava. This route will take you to discover some of the best-kept secrets of Catalan culture. With these suggestions, you can create infinite combinations for a perfect getaway. 📍



## Journey back to the beginning

Roman **Tarragona** was at its imperial height two thousand years ago and left some marvellous remains in the city, such as the amphitheatre, the Palace of Augustus and the 'circus' (chariot racing track), which are now considered to be a UNESCO World Heritage site. From Tarragona, visit the town of **Siurana**, in the Priorat district. This huddle of houses on top of a rocky crag, the ruins of the Arabic castle and the pretty Romanesque church of Santa Maria will transport you back a thousand years. Did you know that in the **Prades** Mountains there is fine collection of cave paintings that have been awarded UNESCO World Heritage status? To take a look at them, just go to the town of Prades and from there visit the various rock shelters which house these prehistoric treasures which are in the form of humans, animals and signs. In **Montblanc** you can also visit the Cave Paintings in the Prades Mountains Interpretation Centre.

## Amongst vineyards and volcanoes

You also need to travel back in time, specifically to the age of the Romans, to find the moment in which wine started to be made in Catalonia. In **Vilafranca del Penedès** you can visit the VINSEUM (Catalan Museum of Wine Culture) or have a wine tourism (enotourism) experience in one of the wine or cava wineries in the DO Penedès area. To finish off the trip, be sure to visit the picturesque town of **Santa Pau**, right in the heart of La Garrotxa volcanic zone - the cherry on the top of this tour. Don't miss the Plaça Major (main square) or Firal dels Bous (old cattle market), the church of Santa Maria and the many narrow cobbled streets which lead to the Portal del Mar gate.

**FROM TARRAGONA TO Montblanc** [34 km](#)

**FROM MONTBLANC TO Prades** [33 km](#)

**FROM PRADES TO Siurana** [21 km](#)

**FROM SIURANA TO Vilafranca del Penedès** [102 km](#)

**FROM VILAFRANCA DEL PENEDÈS TO Santa Pau** [147 km](#)

### FOR FURTHER INFORMATION ON:

**Tarragona** [page 58](#)

**Montblanc** [page 46](#)

**Prades** [page 116](#)

**Santa Pau** [page 88](#)

**Siurana** [page 120](#)

**Vilafranca del Penedès** [page 40](#)

1. ROMAN AMPHITHEATRE IN TARRAGONA.
2. MAS D'EN RAMON BESSÓ ROCK SHELTER IN PRADES.
3. A CORNER OF SANT PAU.
4. SANTA MARIA CHURCH IN SIURANA.
5. VINSEUM WINE MUSEUM IN VILAFRANCA.



# MESSAGES FROM THE MIDDLE AGES

More than two thousand buildings and a collection of sculptures and paintings which is unique in the world. In the Middle Ages, so many examples of Romanesque art were left in Catalonia that you would need years to be able to visit them all. This route allows you to discover a small sample of the most beautiful exponents of this pure and sober art form, elegant cloistered gardens and slender bell towers. Found in the Empordà Pyrenees, amidst mountains and fields of sunflowers, this trip is a good way to explore these architectural wonders and, at the same time, discover the landscape which surrounds them. 📍

**FROM TAÜLL TO Castellar de n'Hug**  
211 km

**FROM CASTELLAR DE N'HUG TO Beget** 65 km

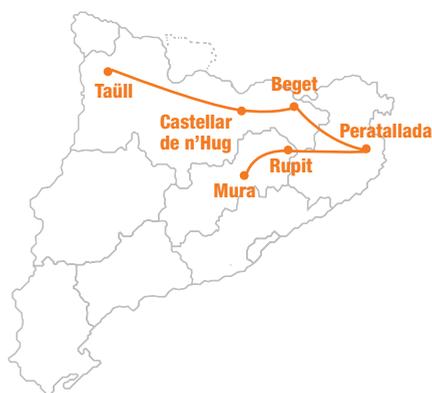
**FROM BEGET TO Peratallada** 93 km

**FROM PERATALLADA TO Rupit** 92 km

**FROM RUPIT TO Mura** 78 km

## World Heritage Site

The church of Sant Climent, in the village of **Taüll**, is an archetypal Romanesque church and the perfect introduction to the set of Romanesque churches in the Vall de Boí which have been declared UNESCO World Heritage. Built in the 11<sup>th</sup> and 12<sup>th</sup> centuries, it is the most well-preserved in the valley. Its mural paintings are outstanding. The majority were removed to the National Museum of Catalan Art at the beginning of the 20<sup>th</sup> century and can now be seen via video mapping which recreates the paintings from the National Museum over the ones



which remain in this place of worship. In the Catalan Pyrenees there are other spots where you can enjoy jewels from the Romanesque period, such as **Castellar de n'Hug**, where you can take a pleasurable stroll through the narrow cobbled streets in the centre and visit the church of Santa Maria or the hermitage of Sant Vicenç de Rus, from the 11<sup>th</sup> century.

## An inspiring walk

From **Castellar de n'Hug** head to **Beget**, a little to the East, where the church of Sant Cristòfol is tucked away; an example of rural Romanesque architecture. From there, head towards the sea, until you reach Empordà, an area of bucolic landscapes and villages with history. Walking around the medieval buildings in **Peratallada** is a luxury available to all. Then, heading West, go to **Rupit** and cross its wooden suspension bridge to find an array of stone streets, where it seems that time has stood still, and then visit the hermitage of Sant Joan de Fàbregas, a few kilometres outside the village. The trail terminates in another charming little village, **Mura**, in DO Pla de Bages territory, with churches dedicated to Sant Martí and Sant Antoni.

1. SANT VICENÇ DE RUS HERMITAGE, CASTELLAR DE N'HUG.
2. SANT MARTÍ CHURCH, MURA.
3. PANTOCRATOR OF SANT CLIMENT CHURCH, TAÜLL.
4. SANT ESTEVE CHURCH, PERATALLADA.
5. COLUMN CAPITAL SANT CRISTÓFOL CHURCH, BEGET.

### FOR FURTHER INFORMATION ON:

- Taüll [page 92](#)
- Castellar de n'Hug [page 84](#)
- Rupit [page 112](#)
- Beget [page 80](#)
- Mura [page 108](#)
- Peratallada [page 104](#)



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© JOAN PUIG, GZ

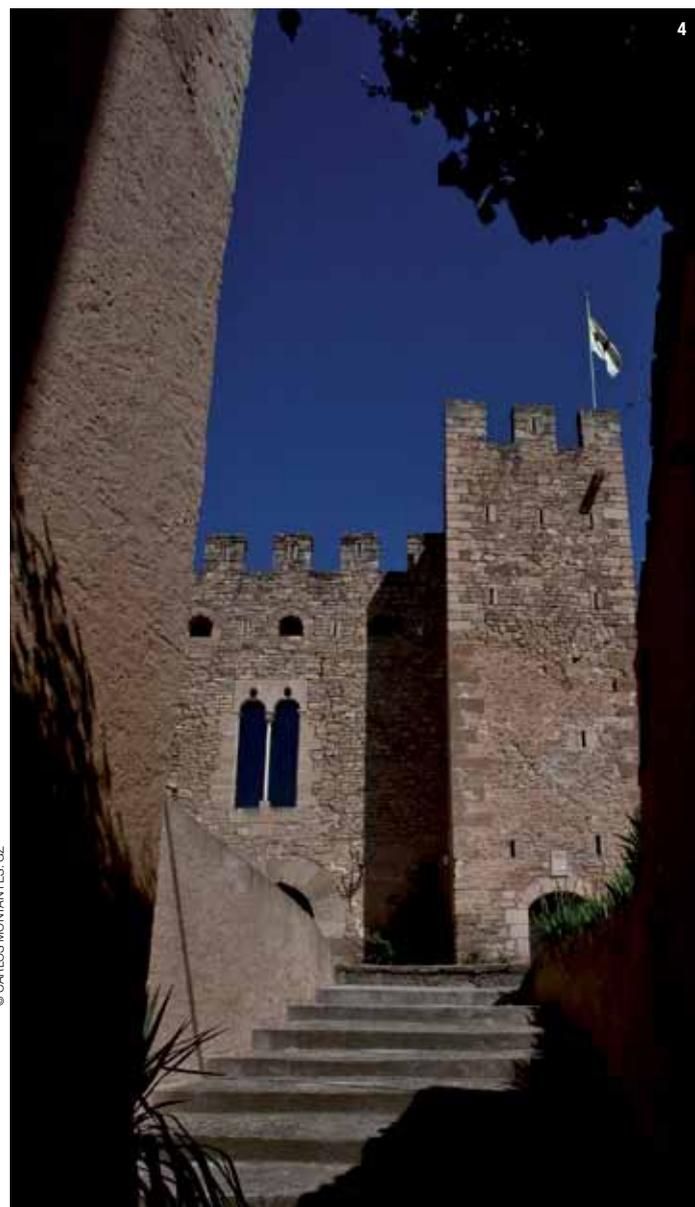


# A WALK ALONG MILLENNARY BORDERS

This route crosses some of the most representative historical scenes of the history of the High Middle Ages in Catalonia. On the one hand, corners that belonged to the ancient Taifa kingdoms of Lleida and Tortosa, where the legacy of Islamic culture is preserved after so many years. On the other hand, some border castles located on both sides of the Marca Hispánica (March of Barcelona), the line that since the end of the 18th century identified the border between the territory of al-Ándalus and the Carolingian empire. 📍



© CARLOS MONTANYES, GZ



## Get to know the history

The route begins in **Tortosa** to visit the castle of La Zuda, a large Andalusian fortress that occupies the central hill of the old city and emerges among other buildings in the historic centre. This watchtower, a citadel in Arabic times and royal residence in the times of Jaume I, is today a Parador de Turismo and a magnificent viewpoint of the city. From Tortosa the route continues towards **Siurana**, a charming village surrounded by spectacular cliffs, where the remains of the Arab castle are located, the scene of the last days of the Muslim kingdoms in Catalonia.

## The last bastion

Lleida also preserves the legacy of the past in the Moreria neighbourhood, where the Muslims lived, and the Cuirassa neighbourhood, where the Jews lived. The cathedral, La Seu Vella, was built over the old Mosque and the castle of El Rei or la Suda, refuge of the last Caliph of Cordoba. After visiting **Lleida**, you can finish the route discovering some of the border castles in the area. In **Montsonís**, for example, you can enter the castle that defended the border between Nova Catalonia (new Catalonia) and Vella Catalonia (old Catalonia) for 125 years, until the definitive conquest of Lleida in 1149.

**FROM TORTOSA TO Siurana** [97 km](#)

**FROM SIURANA TO Lleida** [70 km](#)

**FROM LLEIDA TO Montsonís** [50 km](#)

### FOR FURTHER INFORMATION ABOUT

**Siurana** [pg. 122](#)

**Lleida** [pg. 70](#)

**Montsonís** [pg. 124](#)

1. VISITORS TO THE CASTLE OF THE KING OF LLEIDA.
2. THE VILLAGE OF SIURANA, ON THE RESERVOIR OF THE SAME NAME.
3. THE FORTRESS OF THE WIDOW IN TORTOSA.
4. MONTSONÍS CASTLE.



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# DISCOVER THE PATH TO YOUR INNER SELF

To disconnect from routine and dedicate body and soul to rediscovering the most essential part of nature itself, there are a couple of marked routes, of religious and mystical origin, that run along little-travelled roads linking some cities and towns of interest. They are the Way of Saint James (camí de Sant Jaume) and the Ignatian Way: both allow you to become a pilgrim and discover the region at a slow pace and with all your senses.📍

## A thousand-year-old route

The camí de Sant Jaume is the part of the Way of Saint James originating in France that crosses Catalonia to connect with the Aragonese section. It starts at Cap de Creus, to the north of the Costa Brava, and reaches Alcarràs, in the Terres de Lleida. One of the cities crossed by the road is **Girona**, where you can walk through the historic centre, visit the cathedral, the Jewish quarter or the houses of the Onyar River. From Girona, the Jacobean route

### WAY OF SAINT JAMES

494 km

### IGNATIAN WAY IN CATALONIA

160 km



goes to **Vic**, with its Main Square, porticoed and the setting of one of the most important street markets in Catalonia, the cathedral of the Holy Father and the Episcopal Museum of Vic. The Way continues to **Manresa**, an ideal city to stop and stroll through its mediaeval streets or visit the imposing basilica of Santa Maria de la Seu. The following stopovers pass through the mountains of Montserrat, Igualada, Cervera and **Lleida**, on the banks of the Segre River. In this city it is essential to visit the Seu Vella, a Gothic temple with its open cloister and octagonal bell tower.

## In the footsteps of Saint Ignatius

The Ignatian Way is a route that recalls the pilgrimage made by Saint Ignatius from the Basque Country to **Manresa**, where the cave of St. Ignatius is located, and where the saint wrote his famous spiritual retreats. You don't have to go all the way: you can choose one of the stages that joins Fraga, **Lleida**, Palau d'Anglesola, Verdú, Cervera, Igualada, Montserrat and **Manresa**.

1. INSIDE THE CATHEDRAL OF GIRONA.
2. A STAINED-GLASS WINDOW IN THE HOLY CAVE OF MANRESA.
3. CLOISTER OF THE SEU VELLA IN LLEIDA.
4. HIKERS FOLLOWING THE WAY OF SAINT JAMES.

**FOR FURTHER INFORMATION ON:**  
**Girona** pg. 16  
**Vic** pg. 34  
**Manresa** pg. 24  
**Lleida** pg. 70



# PURSUE INSPIRATION

A poem or a novel can transport you anywhere without having to get off the sofa. Likewise, visiting some towns and villages can bring you nearer to the work of writers who found the inspiration for their oeuvre in those places. There are corners of Catalonia which have been immortalised by poets and writers. For example, the landscapes of Girona, Pals, Calella, Vic and Terrassa have been portrayed in the writing of Josep Pla, Jacint Verdaguer, George Steiner, Jaume Cabré and Maria Àngels Anglada.



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## Sea and mountain

The tour dedicated to the writer Josep Pla takes you around his native Palafrugell. Start the visit in the Josep Pla Foundation and then head to the house where he was born, the monument raised in his memory, the lighthouse of Sant Sebastià and Canadell beach, in **Calella**, where he would spend summers with his family. In **Pals** you can wander through the narrow cobbled streets until you get to the Josep Pla Viewpoint, from where you can take in a view of rice fields, the sea, the Montgrí mountains and the Pyrenees, a view which Pla described in various of his works. From Pals, cross the Empordà plains to continue the itinerary in **Girona**. It is a pleasure to walk around the historical quarter, the cathedral, the walls, the Turkish Baths, the church of Sant Feliu, the houses on the river Onyar, the Rambla and the Pont de Pedra (Stone Bridge) which appear in the work of Josep Pla, Benito Pérez Galdós, Prudenci Bertrana, Joaquim Ruyra, George Steiner, Santiago Rusiñol and Miquel de Paló.

## Scenes from novels

In **Vic** stroll through the magnificent main square, Verdaguer street or go to the Episcopal Museum, with exhibits linked to Jacint Verdaguer, the monument to the writer and the Asilo dels Capellans. This town also remembers the writer Maria Àngels Anglada: in the market, Riera street, the old seminary and the Casa de la Hiedra, all important backdrops in her poems and novels. Finish off in **Terrassa** with a walk through the centre, taking in the 'Vapores' (old industrial buildings) and 20th century streets, old leisure areas for workers and owners, and follow in the footsteps of Jaume Cabré, visiting the scenery from the novel *La teranyina*.

**FROM CALELLA TO Pals** [15 km](#)

**FROM PALS TO Girona** [44 km](#)

**FROM GIRONA TO Vic** [69 km](#)

**FROM VIC TO Terrassa** [71 km](#)

**FOR FURTHER INFORMATION ON:**  
**Montblanc** [page 46](#)  
**Prades** [page 116](#)  
**Santa Pau** [page 88](#)  
**Siurana** [page 120](#)  
**Vilafranca del Penedès** [page 40](#)

1. CALELLA LIGHTHOUSE.
2. FREIXA COUNTRY HOUSE, IN TERRASSA.
3. PANORAMIC VIEW OF PALS, WITH THE MEDES ISLANDS IN THE BACKGROUND.
4. THE TURKISH BATHS IN GIRONA.

# ESCAPE AND LET YOURSELF BE CAPTIVATED

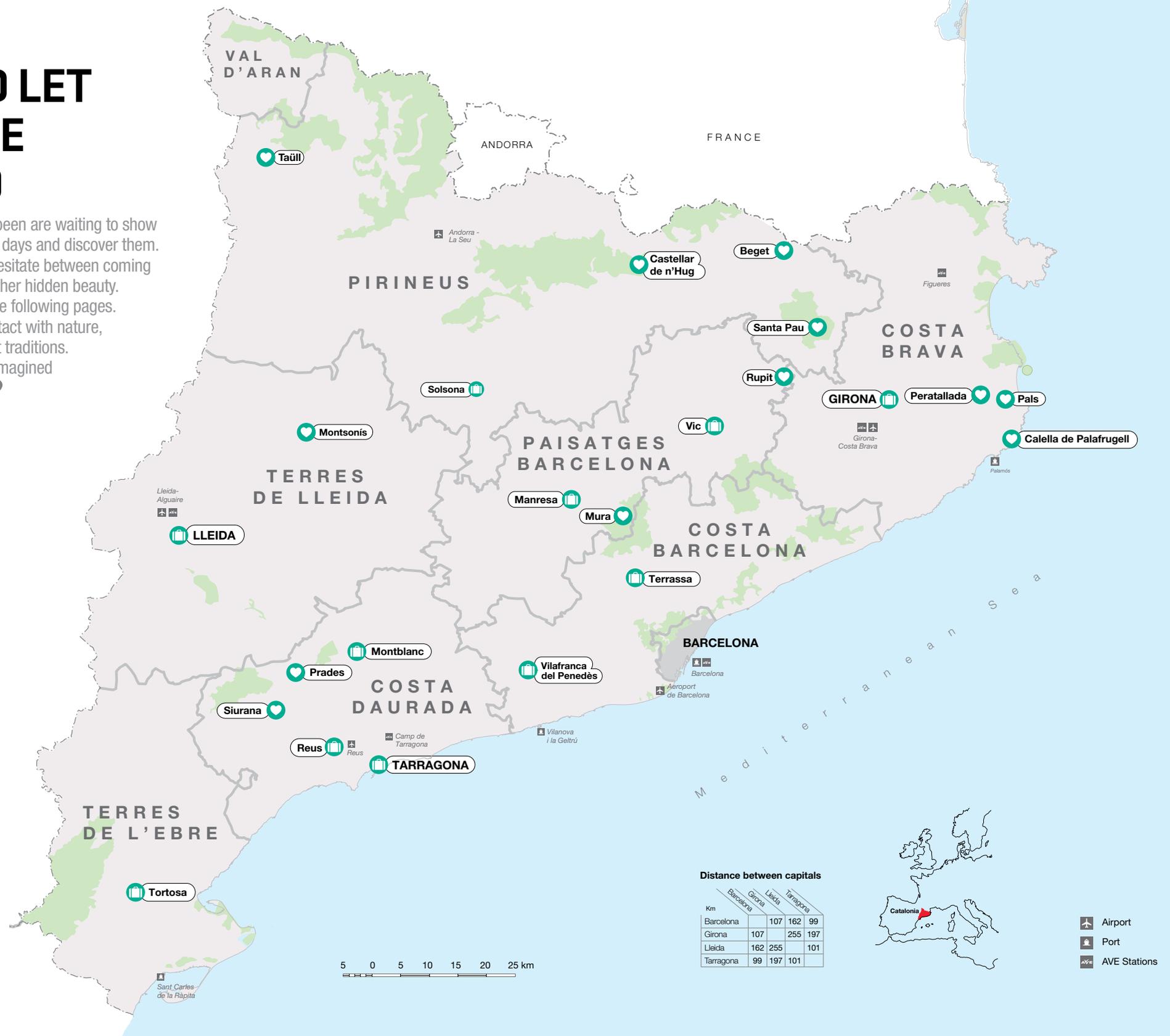
Cities and towns where you've never been are waiting to show you their personality. Escape for a few days and discover them. You will surrender to its charms and hesitate between coming back again or rushing to discover another hidden beauty. You will love the villages featured in the following pages. You will live adventures and enjoy contact with nature, historical spaces and the most ancient traditions. Don't think twice: the villages you've imagined exist. Let them make you fall in love. 📍

## CITIES AND TOWNS WITH CHARACTER

Solsona  
Girona  
Manresa  
Terrassa  
Vic  
Vilafranca del Penedès  
Montblanc  
Reus  
Tarragona  
Tortosa  
Lleida

## CHARMING TOWNS

Beget  
Castellar de n'Hug  
Santa Pau  
Taüll  
Calella de Palafrugell  
Pals  
Peratallada  
Mura  
Rupit  
Prades  
Siurana  
Montsonís



# MORE INFORMATION

## Tourism promotion organisations

**Tarragona Provincial Authority Tourist Board**  
[www.costadaurada.info](http://www.costadaurada.info), [www.terresdelebre.travel](http://www.terresdelebre.travel)

**The Patronat de Turisme Costa Brava Girona**  
[costabrava.org](http://costabrava.org)

**The Patronat de Turisme (Regional Tourist Board) of the Diputació de Lleida**  
[www.aralleida.cat](http://www.aralleida.cat)

**The Barcelona Provincial Council**  
[www.barcelonaesmoltmes.cat](http://www.barcelonaesmoltmes.cat)

**The Turisme de Barcelona Consortium**  
[www.barcelonaturisme.com](http://www.barcelonaturisme.com)

## For more information on Catalonia

[www.catalunya.com](http://www.catalunya.com)

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<https://www.facebook.com/catalunyaexperience>

 @catexperience  
<https://twitter.com/catexperience>

 @catalunyaexperience #catalunyaexperience  
<https://www.instagram.com/catalunyaexperience>

 <https://www.youtube.com/CatalunyaExperience>

 <https://www.pinterest.com/catexperience>

## For further information about Heritage

**Culture Department of the Regional Government of Catalonia**  
[patrimoni.gencat.cat](http://patrimoni.gencat.cat)

## Palau Robert - Information Point for Tourism in Catalonia

Passeig de Gràcia, 107. 08008 Barcelona  
+ 34 93 238 80 91 / 92 / 93  
Fax + 34 93 292 12 70 / +34 93 238 40 10  
[www.palaurobert.gencat.cat/en/inici/index.html](http://www.palaurobert.gencat.cat/en/inici/index.html)  
Opening hours: Monday to Saturday, 10:00 to 20:00;  
Sunday and public holidays, 10:00 to 14:30

### Tourist information

012 from Catalonia  
902 400 012 from outside Catalonia  
+34 902 400 012 from outside Spain

BOOK NOW AND  
LIVE DIFFERENT  
EMOTIONS



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