



Catalonia is family holidays



Catalonia is the ideal setting for the **best family photograph.**

Focus: the best family holidays

Possible exposure: most of the year

Distance: near by

Light: infinite

Image: perfect



Catala



Ionia

is family holidays

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Catalonia, family holidays

Beaches, nature, culture, food, top-class accommodation ... Catalonia is the right tourist resort for people travelling as a family. Young and old have discovered a great variety of places to have fun and relax, all very close together. There's an abundance of beaches, mountains, festivals and traditions. All this plus a wide range of specific tourist establishments and services designed to give children and their parents a more comfortable stay.

Sunny weather during most of the year and clean water are characteristics common to most Catalan beaches, the country's main tourist attraction. There are many of them and a great deal of variety: the fine sand and shallow water of the Costa Daurada, the remote inlets of the Costa Brava, the long beaches of the Costa Barcelona, the wild and unspoilt Ebro delta ... The Catalan coast is a paradise for lovers of sun and sea, with many stretches awarded the blue flag, the European quality kitemark, and it is equipped with a range of services adapted to the needs of families in terms of accessibility, hygiene and safety. There are also numerous family leisure attractions all the way down the coast: water parks, children's entertainment, golf courses, sailing centres ... One of the star products in the field of leisure is PortAventura, a large resort designed to please the family all the year round with attractions, entertainment, a water park, golf course, hotels, beach club and a new children's area, making this Catalan theme park one of the most attractive in Europe.

For nature lovers Catalonia offers areas of great interest on account of their flora and fauna, both on the coast and inland, where there are plenty of areas suitable for hill walking and mountain bike routes. The country is rich in nature parks and has a variety of ski resorts in the Pyrenees and Pre-Pyrenees, a network of quality rural accommodation and enormous cultural heritage. A number of areas stand out which have been declared

World Heritage Sites - the Roman remains in Tarragona, the monastery of Poblet, the Romanesque Pyrenees and the works of Gaudí, among others - Barcelona, Girona, Lleida, the Dalí Museum in Figueres, Montserrat ... Catalonia is also full of museums of all kinds, with specific areas for children, and a full programme of holiday activities for young people spread throughout the villages and towns along the coast and inland.

Another great attraction of Catalonia recognised everywhere is its delicious and varied cuisine, with specialities from the sea and the land which can be sampled in restaurants throughout the country, many of which offer children's menus, buffets, high chairs and children's play areas.

To this wide range of advantages for families travelling with children is added a comfortable and high-quality communications network. By land you can travel through Catalonia on the numerous roads, highways, motorways and railways which link the main points of the region. The high-speed train covers Camp de Tarragona, Barcelona, Lleida and is coming soon to Girona. And as for its airport network Catalonia has the commercial airports of Barcelona-El Prat, Reus, Girona-Costa Brava and the recently built Lleida-Alguaire.

Families are welcome in Catalonia!



**FAMILY
HOLIDAY
DESTINATION**

A seal of specialisation pioneered in Europe

A morning of games in the mini-club at the beach, a refreshing dip in clean, safe water, a delicious children's menu to recover your strength, a spell playing with the hotel baby-sitter while parents are resting, a spectacular evening.

These are the advantages, large and small, of spending your holidays at a family holiday destination (FHD)





Cots available

60% of the visitors who come to Catalonia are families. The wish to satisfy and earn the loyalty of this segment of holidaymakers has led to the introduction of the Family Holiday Destination (FHD) certificate by which the Catalan Tourist Board recognises towns which offer accommodation and restaurants suited to families, a range of entertainment and leisure opportunities and a variety of quality beaches.

Catalan FHDs offer overall a choice of 200 accommodation establishments and nearly 200 restaurants with services adapted to the needs of children. This includes children's play-areas, baby-sitters who speak a number of different languages, high-chairs in restaurants, menus for children, cots, the presence of security staff ... These resorts also have leisure, cultural, nature and landscape attractions in the town itself or nearby. Details large and small which altogether make Catalonia a destination just right for family holidays.

The Certified Catalan FHDs include Cambrils, Salou, Vila-seca La pineda Platja and Calafell (Costa Daurada), Calella, Pineda de Mar and Santa Susanna (Costa Barcelona), Blanes, Lloret de Mar, Calonge - Sant Antoni, Torroella de Montgrí - l'Estartit and Roses (Costa Brava).

A new destination, currently going through the certification process, will be added soon: the Costa Brava resorts of Platja d'Aro - Castell d'Aro - S'Agaró.

The FHD certificate is an undertaking as to quality and specialised attention for families who choose the Catalan coast to spend their holidays. FHDs also provide comfort and tranquillity as added value, advantages which allow visitors to feel at home while at the same time enjoying a variety of quality entertainment and leisure facilities.



A very demanding general certificate

The FHD seal assesses the quality and degree of adaptation of the resort's main tourist attractions: leisure and entertainment, accommodation (hotels, apartments, camp sites, country cottages ...), restaurants, shops, complementary services (tourist leisure and cultural providers, car hire ...) and the resort as a whole. Currently all Catalan towns certified as an FHD are associated with sunny beaches as their principal tourist resource. The particular case of the FHD of Salou includes leisure facilities that are of sufficient interest to attract family tourism by themselves: the PortAventura theme park. The awarding of an FHD rating to a town is a gradual process. In the first year accredited family holiday destinations must have 15% of their tourist facilities adapted to the requirements of the Catalan Tourist Board. In the third year that percentage has to reach 25%, and in the fifth year the FHD must have 35% of its tourist facilities adapted to family needs.

FHD	Year of certification
Costa Daurada	
Salou	2003
Calafell	2006
Cambrils	2007
Vila-seca, La Pineda Platja	2011
Costa Barcelona	
Santa Susanna	2003
Calella	2004
Pineda de Mar	2005
Malgrat de Mar	2006
Costa Brava	
Blanes	2006
Torroella de Montgrí - l'Estartit	2007
Roses	2009
Lloret de Mar	2010
Calonge - Sant Antoni	2010
Platja d'Aro - Castell d'Aro - S'Agaró	Planned for 2012-2013

Signalling of services on the beaches

Children's buffet



A thousand and one advantages for the visitor*

Specialist resort

- Kids club on the beach ⁽¹⁾
- Qualified childminders able to speak a number of languages ⁽¹⁾
- Beach library
- Signalling of services on the beach
- Children's entertainment programme with leisure, cultural and sporting activities in the open air ⁽¹⁾
- Leisure, water and theme parks
- Children's play areas
- Handicraft markets
- Cycling and hill walking routes
- Miniature trains
- Safety personnel ⁽¹⁾
- Safety guide
- Life-saving and first-aid ⁽¹⁾
- All-night chemists
- Car-hire facilities
- Recommendations and warnings
- Guide to daily programmes for planning your stay
- Maps ⁽¹⁾
- Tourism information offices ⁽¹⁾

* Compulsory requirements 100% covered and recommendations at least 80% covered

⁽¹⁾Compulsory requirements

⁽²⁾Compulsory requirements for 3, 4 and 5 star hotels and camp sites

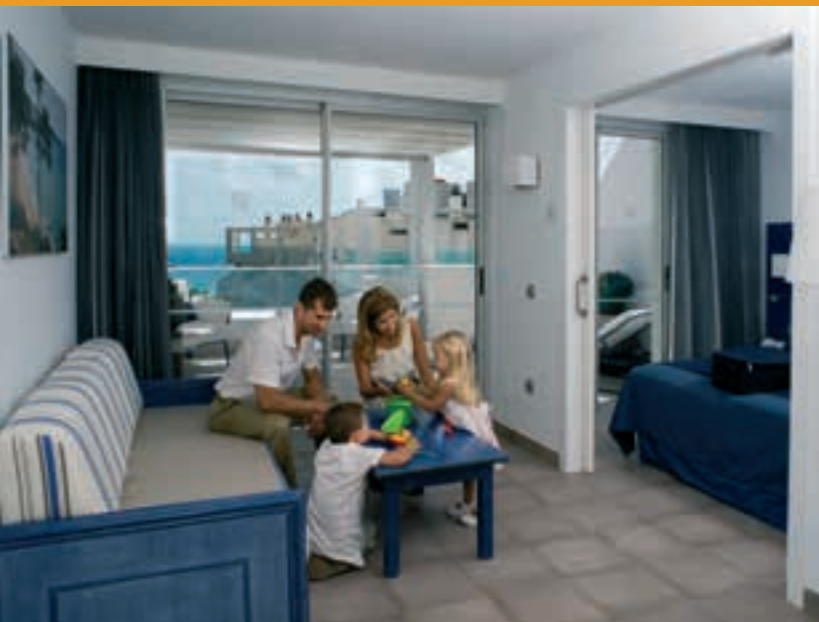
⁽³⁾Compulsory requirements for restaurants

Adapted accommodation and restaurants

- Kids clubs ⁽²⁾
- Children's parks
- Soft surfaces in play areas ⁽¹⁾
- Children's entertainment programmes ⁽²⁾
- Qualified childminders able to speak a number of languages
- Children's swimming pools with non-slip sides ⁽¹⁾
- Baby-sitters able to speak a number of languages
- Identification wristbands ⁽²⁾
- Adjoining or family rooms
- Cots available ⁽¹⁾
- Pram hire
- Cable and / or satellite TV with children's programming
- Blocking of channels not suitable for children ⁽¹⁾
- Signalling of dangers ⁽¹⁾
- Electrical socket safety protection ⁽¹⁾
- Minibar with key ⁽¹⁾
- Children's menu ⁽³⁾ or buffet ⁽¹⁾
- Children's high chairs or seats ⁽¹⁾
- Bibs
- Bottle-heating facilities ⁽¹⁾

Family rooms

Identification wristbands



... and also for the tour operator

- A new and differentiated product aimed at families to re-position traditional beach resorts
- Seal of specialisation referring to private and public facilities: accommodation, restaurants, shops, complementary services and public facilities
- Promotion plan carried out by the Catalan Tourist Board, town councils and certified companies signed up to the FHD management model
- High levels of customer loyalty and return visits
- Quality guarantee with regular checks on towns and companies



Costa Daurada, from calm to adventure

Visitors to the Costa Daurada for the first time soon discover why the Romans chose these lands to expand their empire two thousand years ago. Under a sky of “never-ending spring”, as those ancient settlers called it, the Tarragona coast offers miles of beaches and a full and varied agenda in terms of culture, sport, food and leisure which makes it an ideal place to spend holidays with the family. The towns of the Costa Daurada recognised as FHDs are **Cambrils**, **Salou**, **Vila-seca**, **La Pineda Platja** and **Calafell**.



@ Certified Family Holiday Destinations

Costa Daurada



Theme parks: PortAventura

This special location has practically everything: tranquillity and thrills, tradition and the avant garde, sea and hills. The visitor finds a whole world of contrasts to enjoy to the full, as well as a full network of accommodation and restaurant facilities adapted to the needs of young and old and excellent communications which include the high-speed train stopping at Camp de Tarragona and important air connections based around Reus airport. A visit to the Costa Daurada is also a good opportunity to lose oneself in the neighbouring land to the south and enjoy the beautiful natural landscape and heritage of the Terres de l'Ebre.

A sign that the Costa Daurada is for families is the fact that this was the first part of Catalonia to have an FHD. To the many advantages of the location are added excellent leisure facilities aimed at the young: three water parks, an animal reserve, dolphinariums, various leisure and adventure parks and the PortAventura theme park, one of the biggest and best-known in Europe. Without forgetting of course the more than 60 km of beaches of fine sand and crystalline shallow water, on most of which the blue flag flies, the European eco-symbol of quality. The coast also has water sports

centres, many locations for sport and a large varied network of shops in the coastal towns and cities such as Reus and Tarragona. The Costa Daurada also has an extensive range of monuments and historical sites, particularly the Roman Tàrraco, Reus modernism or the Cistercian monasteries of Poblet and Santes Creus, and routes and ways to be travelled by car, on foot or by bicycle, both on the coast and in the hills of the interior still very close to the sea. The beauty and the diversity of the landscape of the Montserrat mountain range and the Prades mountains make them ideal spots for quiet excursions among vines and forests of pine, oak and holly oak trees.

The museums and drama centres of the area also put within the reach of young people a wide range of complementary teaching ideas which allow them to lose themselves in history, in the times of the Roman emperors, in the world of Gaudí, in rural traditions or in the flora and fauna of the nature areas of the coast. And those who really want a party can enjoy any of the numerous festivals and historical recreations which fill the towns and cities throughout the year. On the Costa Daurada the fun never stops...

Family activities

	Cambrils		Salou		Vila-seca - La Pineda Platja		Calafell	
	Summer season	All year	Summer season	All year	Summer season	All year	Summer season	All year
Beach mini club	July-August		July-August		15 June - 15 September		July-August	
Monitors	•		•		•		•	
Inflatable toys								
Programmed entertainment							•	
Free service	•				•		FHD customers	
Paid for service			•				•	
Beach library	Park library							
Water activities for children		water sports resort		water sports resort				
Sailing		•		•			•	
Canoeing		•		•				
Windsurfing		•		•				
Snorkelling for children		•		•				
Others					•		Hobbiecat	
Other sports activities for children on the beach	June-September		June-September					
Volleyball	•		•		•		•	
Football	•		•		•		•	
Tennis			Table tennis		•		•	
Others	•		•		•			
Outside children's park		Pescador/Prat						
Free service		•		•	•			•
Paid for service								
Inside children's park								
Free service				•		•		
Paid for service		•		Festa Parc				•
Water or theme park		•		•		•		•
Fair with children's attractions				Parc de la Ciutat		•		
Circus			•					
Municipal children's swimming pool		•		•		•		•
Municipal sports facilities		•		•		•		•
Street entertainment programme	July-August					•	July-August	
Clowns	•		•			•	•	
Puppet show	•			•		•	•	
Handicraft	•				•			•
Children's concerts	•							
Magic shows	•		•			•	•	
Open-air theatre	•				•			
Street festival	Town festival September		•			•	•	
Giants	Town festival September		•			•	•	
Other events			•			•		
Firework displays	Town festival September		15 August	•		•	•	
Firework processions	Nit del Foc - September		•	•		•	•	
Other daytime children's entertainment			Sundays July-August				Caribbean rhythms and line dancing	
Other night time children's entertainment			Cybernetic fountains					
Town festival	29 June/8 September		8-15 August	6-7 February	3 agost (Vila-seca)	17 January	29-06 / 16-07 / 29-09	
Other festivals				Festival 30 October	25 juliol (La Pineda)			•
Courses and workshops for children								•
Sports			International chess festival			•		
Languages						•	•	
Handicrafts						•		
Others					history workshops	•		
Cinema	July-August	•	July-August		•			•
Horse riding				H.West Fork		•		
Golf		•		•		•		•
Tourist trips by boat (cruise ship)		•		•				
Miniature train	Easter-October			•			•	
Play room for children (Playstation, Wii)				•				•
Internet centre		•		•		•		•
Organised visit to historical monuments								
In the resort	•							•
Within 15 minutes by car				•		•		
Organised trips to museums								
In the resort	•							
Within 15 minutes by car				•		•		
Bicycle routes		•				•		•
Walking						•		•
Other activities						•		Nordic walking
Other services:								
Hiring children's bicycles		•	April-October			•	•	
Hiring Segways			April-October					
Hiring boats		•					•	



Cambrils

Games and walks with a sea flavour



The official recognition of Cambrils as an FHD confirmed something which has been true for a long time. In fact many of those who go there now with their children did the same thing with their parents when they were young. Both still find the same tranquillity and sea flavour, although with new attractions and services surrounding a perfect holiday stay.

Bicycle routes

Beaches and food are the two best-known distinctive features of Cambrils. The first has to do with the quantity and quality of the town's sand: new beaches equipped with play areas and services suited to the whole family, and with bathing areas recognised with the European blue flag which certifies the cleanness of the water. The water sports resort of Cambrils also guarantees enjoyment for young and old in any of the activities organised there, either for the more adventurous and expert or for those taking part in water sports for the first time.

Food, Cambril's other speciality, includes dishes with freshly-caught fish and seafood and other tasty sea menus prepared with original ingredients from the town itself, which also provides the oil and the garden produce. If to all of this we add a range of more than 200 restaurants and a full range of culinary activities – Cambrils, Porta d'Entrada al País del Vi (a gateway to the wine country), sessions dedicated to the mantis shrimp and oil, sardine feasts, tasting of fideus rossos - it is not surprising that the area is considered the food capital of the Costa Daurada.



Leisure-cultural services

It's impossible to be bored in Cambrils. In the summer children have a thousand and one ideas for entertainment in the street: performances by clowns, puppet shows, handicraft workshops, children's concerts, open-air theatre, traditional street festivals, giants, firework processions and other events, some of which forming part of the town festivals which are held in June and September. To all of this, we can add the leisure activities that take place in July and August in the games centre on La Llosa beach, among other places.

Walking through the port and watching the arrival of the boats full of fish in the afternoon is also quite a spectacle, full of colour and tradition, that is worth being present at, and the old centre of the town situated a little further inland is also recommended. Both areas contain interesting items of architectural and historic heritage open to visitors, such as the local history museum where you can find an old hydraulic flour mill still in operation. Very close by are the area's old modernist cellar and the hermitage of la Mare de Déu del Camí, the local patron saint, joined to a robust medieval square tower. Another defence building is the Torre del Port, constructed in the XVII century to

alert against pirate attacks. The port's parish church and that of the town also stand out, the castle of Vilafortuny, the Roman villa of La Llosa and the Telegraf tower.

As for nature areas there are the Pescador and Pinaret parks, with games area, nature hall, stage for musical and leisure activities and other items designed for children. The marshes located between the L'Esquirol and El Calvet beaches also stand out and the majestic colonial garden of Parc Samà on the outskirts of the town. The park has a mansion, a lake, animals and is the scene of musical activities in the summer and is suitable for quiet walks throughout the year.

The town also has a full range of guided tours which visit its most representative spots, either walking, on bicycle or in the miniature train, and also various eco-tourist routes without guide, on foot or by mountain bike. It should be emphasised that the town of Cambrils has more than 20 km of bicycle lanes, which makes it one of the favourite places on the Costa Daurada for bicycle-lovers. There are a thousand and one ways of discovering Cambrils, all of them with a happy ending.

“The miniature train took us to a round tower which was built to look at the pirate ships”



Play areas

Children's swimming pools

Information of interest			
Tourist office	www.cambrils-turisme.com	Beaches	
Address and telephone	Pg. de les Palmeres, 1. Tel: +34 977 792 307 15 June-14 September, Monday-Friday 9.30-14 h, 16.30-21 h, Saturday and Sunday, 10-14 h and 17.30-21 h. Consult for rest of season	Main beach: Platja del Regueral i Prat d'en Forés	
Other information points	3	Length: 1.210 m	
Distance from airports		Width: 78 m	
Barcelona - El Prat	106 km	Type of sand: fine	
Girona - Costa Brava	210 km	Blue Flag	
Lleida - Alguaire	130 km	Average water temperature (June to September): 26 °C	
Reus - Costa Daurada	16 km		
Train station	Yes (www.renfe.es)	Beach services:	
Bus network		• Car and motorcycle parking	• Water toboggan
Local	Yes	• Bicycle parking	• Sports areas
Long-distance	Yes	• Beach bars	• Telephones
Miniature train	Yes	• Canopies, deck chairs, hammocks, parasols	• Showers
Kids club	Platja Horta de Santa Maria	• Pedal boats	• Floating platforms
Water Sports Resort	E. N. Costa Daurada (www.estacionautica.info)	• Entertainment programmes	• Amphibious wheelchairs
Sailing club	Yes (www.clubnauticcambrils.com)	• Games centre (Horta de Santa Maria)	
Water or theme parks	PortAventura - PortAventura Aquatic Park (10 km) (www.portaventura.com), Aquopolis (10 km) (www.aquopolis.es)		
Health services		Life-saving posts and services	
Hospital	Hospital Lleuger Dr. Gimbernat Pl. Ajuntament, 2. Tel: +34 977 361 652	Signalling of warnings	
Clinic	Pl. Ajuntament, 2. Tel: +34 977 361 652	Other beaches for families: El Calvet, L'Esquirol, Vilafortuny, Cap de Sant Pere, Ardiaca, La Llosa.	



Salou

Quiet waters, double the excitement



The first Catalan town to obtain the FHD certificate adds to its new beaches of fine sand and shallow water a great amount of accommodation and restaurants and an enormous range of family leisure and entertainment facilities, with the PortAventura theme park as its standard-bearer.

Theme parks. PortAventura

The more than 55,000 places available in hotels, camp sites and tourist apartments, plus the 100,000 second residences, bear witness to the tourist capacity of Salou. The town's main beaches are provided with all services for families, and the biggest of them, Llevant, even has a kindergarten of 200 square metres. Moreover, all the bathing areas have the ISO certificate in environmental management, and one of the largest and most popular beaches (Llevant) has a blue flag, which attests to its quality. Salou has mile-long beaches and

also small unspoilt and picturesque inlets suitable for bathing: Cala Crancs, Cala Lluçanets, Penya Tallada ... In total 7.5 kilometres of quiet water beaches. The Water Sports Resort Costa Daurada also allows various activities such as water skiing, windsurfing, sailing, jetboats or fishing. The beaches of Salou share attention with the other well-known tourist attraction of the Costa Daurada, the PortAventura theme park, a family resort in itself which helps to extend the tourist season almost all the year round. The park is divided into five theme



Bibs, high chairs and children's menus

areas (Mediterranean, Far West, China, Polynesia and Mexico) - with dizzying rides guaranteed to get even the bravest visitor's adrenaline flowing, plus Sésamo Aventura, the new family area at PortAventura, with over 12,000 square metres devoted to attractions for children. Live shows constitute the park's other great attraction, which has two themed seasons in the course of the year: Halloween and Christmas. The area is complemented by the PortAventura Aquatic Park, designed in the purest Caribbean style. And four themed hotels also form part of the family service. PortAventura makes Salou one of the most complete family holiday destination.

The town's festival programme is full of events for all the family. The summer explosion of the Nits Daurades, the town festival in August, gives way to many other celebrations and traditions favoured by the benign climate which exists all the year round: the medieval scenes of the festival of King Jaume I, the winter town festival, the Cós Blanc ... That same smooth climate invites you to walk in the town getting to know its other numerous places of interest: the monument to Jaume I and the street named after him, surrounded by sports and games areas for young people; the Passeig Miramar, the Llumiosa fountain, with hundreds of different combinations of water and light; the Cibèrnica fountain, a true spectacle of music and images; the Salou municipal park, a leafy space full of vegetation; the

old Fisherman's Wharf; the huge olive trees of Passeig 30 d'Octubre, or Salou's botanical gardens with 500 exotic species.

As for Salou's historical heritage there's the Xalet Bonet in modernist style; the Torre Vella, a medieval fortification converted to a cultural centre; the Masia Catalana, an enclosure with constructions representing the rural environment; the XVIII century church of Santa Maria del Mar; the first tourist apartment block built in the area, and the Salou lighthouse, which rises over a landscape of great beauty.

PortAventura (www.portaventura.com)



- **PortAventura Park:** 6 themed areas
- **Sésamo Aventura:** more than 12,000 m² dedicated to children over one year of age; 6 new attractions, an amphitheatre for 300 people, restaurant and shop
- **PortAventura Aquatic Park:** 35.000 m², covered and open area
- **Hotels:** 4 4-star hotels
- **Special events:** Halloween and Christmas

“Close to the beach we play on there lives a huge magic dragon which makes people scream”



Children's entertainment programmes

Life-saving and first-aid services

Information of interest			
Tourist office	www.visitsalou.cat	Beaches	
Address and telephone	Pg. Jaume I, 4 Xalet Torremar. Tel: +34 977 350 102 Easter-June and September-October 10-13.30 and 16-19.30 h, July-August 10-13.30 and 17-20.30 h. Consult for rest of season	Main beach: Platja de Llevant	
Other information points	1	Length: 1.175 m	
Distance from airports		Width: 78 m	
Barcelona - El Prat	100 km	Type of sand: fine	
Girona - Costa Brava	195 km	Blue Flag	
Lleida - Alguaire	125 km	Seal of Quality 	
Reus - Costa Daurada	12 km	Other seals of quality:  14001	
Train station	Yes (www.renfe.es)	Average water temperature (June to September): 24 °C	
Bus network		Beach services:	
Local	Yes	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Kids club • Water toboggan • Dinghy sailing 	
Long-distance	Yes	<ul style="list-style-type: none"> • Jetboats • Parasailing • Launching area • Water sports centre • Sports areas • Telephones • Showers • Daytime fishing with rods • Floating platforms • Amphibious wheelchairs 	
Miniature train	Yes		
Kids club	Platja de Llevant		
Water Sports Resort	E. N. Costa Daurada (www.estacionautica.info)		
Sailing club	Yes (www.clubnauticsalou.com)		
Water or theme parks	PortAventura-PortAventura Aquatic Park (500m) (www.portaventura.com), Aquiopolis (5km) (www.aquiopolis.es)		
Health services	In Reus (10 km) and Tarragona (10 km)		
Hospital	Hospital Joan XXIII - Tarragona Hospital Sant Joan - Reus		
Clinic	Carrilet, 12. Tel: +34 977 383 018		
		Life-saving posts and services	
		Signalling of warnings	
		Other beaches for families: Platja de Ponent, Platja Llarga, Platja dels Capellans.	



Vila-seca, La Pineda Platja

Fun for all the family



Vila-seca, La Pineda Platja is an outstanding destination whose superb attractions include the 2.4-kilometre sea front, long beaches, natural parks, first-class fun spots such as the PortAventura resort and theme parks and the Aquopolis water park, all in a matchless setting in the heart of the Costa Daurada.

Water parks. Aquopolis

Vila-seca, a popular family holiday destination, lies on the banks of the Mediterranean Sea just one hour south of Barcelona. Here, thanks to the excellent local climate and the transparent waters, visitors can enjoy the sun, the beach and superb traditional cuisine throughout the year, whilst a warm welcome from the friendly local people is also guaranteed.

Vila-seca is divided into two parts: the old town, from which the town takes its name; and the fishing village of La Pineda Platja, which provides the tourist brand.

The old town is ideal for shopping and for quiet sightseeing strolls, following routes around the interesting monuments and historic remains, which include fortified towers, the old Art Nouveau Cooperative building and Vila-seca Castle.

There are over 3.5 kilometres of fine, golden sandy beaches at La Pineda Platja, all awarded the European Blue Flag of quality for over ten years. Here, too, is the picturesque sea front promenade, one of the most delightful urban public spaces overlooking the sea to

Vila-seca, La Pineda Platja



Beach activities

be found anywhere on the Costa Daurada. The promenade is further embellished by Xavier Mariscal's emblematic sculpture Pineda, which has become a symbol of the town.

However, although the local beaches are the resort's main attraction, a delight throughout the year thanks to the mild Mediterranean climate, Vila-seca also offers a wide and constantly-increasing range of fantastic leisure facilities and cultural activities. Visitors to the resort can also enjoy trips to a number of beautiful natural parks along the coast. The Sèquia Major is a small lagoon that is protected due to the fact that this is an outstanding natural site, a habitat for many ecologically-important plant and animal species and for migratory birds. Expert guides give tours of the reserve practically all year round. These enjoyable and educational visits are guaranteed to delight children. Next, La Torre d'en Dolça is a large, green park that is used for social, sporting and cultural purposes and is the perfect spot for walks and bike rides. Finally, Pinar de Perruquet Park, beside the sea, contains a children's playground with swings and other games.

The resort's attractions include many nearby leisure amenities. A favourite family day out is at the famous PortAventura theme park, which is divided into different areas, each boasting a heady mixture of spectacular rides, shows, games and entertainment activities of all kinds. Another popular visit is to Aquopolis, a water park with



Play areas

slides, pools and the only dolphinarium in the area that is open on Sundays throughout the year. Not only that, but Aquopolis offers you the chance to swim and play with sea lions, making a visit to this park an unforgettable experience.

Moreover, hotel facilities at La Pineda Platja are constantly growing in terms of both quantity and quality, and the resort boasts several four- and five-star hotels, as well as two Spa&Wellness centres (where the services include children's areas) and the Lumine Golf Club golf complex, with facilities for children and adults alike, perfect for all, from expert players to those just starting out in the sport.

Throughout the summer, the many attractions and leisure facilities for children that are open all year are complemented by a range of additional activities and a vast entertainment programme. However, there are also many reasons for visiting us out of season. The local festivities or festes majors in honour of St. Anthony (January), St. James (July) and St. Stephen (August) are enjoyable ways of discovering the local traditions and culture, whilst other highlights on the cultural calendar include the Pallassòdrom clown festival, the Vila-seca Màgica magic festival and the well-known Monumental Sand Nativity Scene at Christmas, which surprises visitors every year by adopting different themes for the traditional figures. What more reasons can you need to visit Vila-seca, La Pineda Platja and enjoy a break or an unforgettable family holiday.

“Mum and Dad say that, if we’re good, we can go and see some really lovely dolphins after the beach!”



Kind club on the beach



Children's entertainment sessions

Information of interest			
Tourist office	www.lapinedaplatja.info	Beaches	
Address and telephone	Pg. Pau Casals, 67. Tel.: +34 977 373 037 / +34 977 390 362	Main beach: Platja de la Pineda	
	17-20.30 h. Please check for the rest of the season.	Length: 3.500 m	
Other information points	2	Width: 40 m	
Distance from airports		Type of sand: fine	
Barcelona - El Prat	100 km	Blue Flag	
Girona - Costa Brava	180 km	Average water temperature (June to September): 24 °C	
Lleida - Alguaire	114 km		
Reus - Costa Daurada	10 km		
Train station	Yes (www.renfe.es)	Beach services:	
Bus network		<ul style="list-style-type: none"> • Motorcycle and car parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Kids club • Zona de varada • Zones esportives 	
Local	Yes	<ul style="list-style-type: none"> • Life-saving • Telephones • Bathing huts • Showers • Daytime fishing with rods • Punts de socorrisme • Amphibious wheelchairs 	
Long-distance	Yes		
Miniature train	No		
Kids club	Platja del Racó		
Water Sports Resort	No		
Sailing club	No		
Water or theme parks	PortAventura-PortAventura Aquatic Park (1km) (www.portaventura.com), Aquopolis (250mts) (www.aquopolis.es)		
Health services	A Reus (10 km) and Tarragona (10 km)	Life-saving posts and services	
Hospital	Hospital Joan XXIII - Tarragona Hospital Sant Joan - Reus	Signalling of warnings: signpost to the main entrance (Plaça de les Comunitats Autònomes)	
Clinic	C/ Galceran de Pinós, 25, Vila-seca C/ d'Alfredo Kraus, 18 La Pineda	Other beaches for families: Platja de la Pineda, platja del Racó and platja dels Prats.	



Calafell

Sport, fun and babies' bottles by the sea



Calafell used to be known as the “babies’ bottle” beach, a name which gives some idea of the suitability of this resort for the very young. The beaches are clean and rich in iodine, and many children’s activities are organised nearby, without forgetting the varied cultural and sporting agenda for adults. This even includes nordic walking by the sea.

Children’s play area

The cleanliness of the sand and the water, strongly iodised and with slopes that are not too steep, make the beaches of Calafell ideal bathing locations for young and old. In fact the three extensive beaches of Calafell were among the first in Catalonia to obtain ISO quality certificates and blue flags. These are also quiet locations, without large developments, stretching over 5 km, most of them next to the sea front which can be walked on at any hour of the day. The kids club also stands out guaranteeing fun for the young by the sea while

the rest of the family relaxes on the sand. There are plenty of children’s games on the beach: water games, twisting balloons, henna tattoos, disguises, story-telling, children’s workshops full of creativity...

The Calafell coast also offers exciting leisure and sport ideas, such as surfing, sailing, football, skating, golf and beach gymnastics. There is also the pioneering practice of nordic walking on the beach, an activity which, in this case, is more



Pedestrian areas

aimed at adults, and throughout nearly all the year. This sport, traditionally associated with the hills, is added to other ideas for tourist activity such as walking and mountain biking around the town, the beach and Segur de Calafell, the three areas into which the municipality is divided. The municipality also welcomes various children's events throughout the year such as street festivals, giants, clowns and musical shows.

And out at sea there is one of the best-known maritime traditions of Calafell, now a tourist attraction. The Bot Salvavides is a vessel from 1920 which has the singular feature that it never sinks, and that when it turns over it returns to its original position in a few seconds thanks to its shape, composition and balance. The boat's crew give demonstrations at various times during the year, mostly in the summer months.

After spending some time by the sea the town invites you to its many cultural attractions, including the Ciutadella Ibèrica, a

carefully reconstructed area which offers children's activities and games while learning about the lifestyles, customs and other basic features of that ancient culture. Also noteworthy is the castle Santa Creu, surrounded by a magical medieval atmosphere; the architectural heritage of the Indians, which gave rise to beautiful mansions; the church of Sant Miquel de Segur; the old centre of the town of Calafell, and the house museum dedicated to the writer Carlos Barral located in an old fisherman's shop in the area of the beach.


Maritime cuisine is present in Calafell in the form of the specialities of the area such as arrossejat and xató, and cossetans, a dessert based on chocolate and dried fruit named after an Iberian people who once lived in Calafell. Food is also the basis of many of the festivals of the town, such as the sardinada, butifarrada or arrossejat feasts, and the havaneres. These are all traditions which sharpen the taste of family holidays by the sea in Calafell.

“Sitting on the beach, we saw a very big, beautiful boat which can never sink”



Games ideas

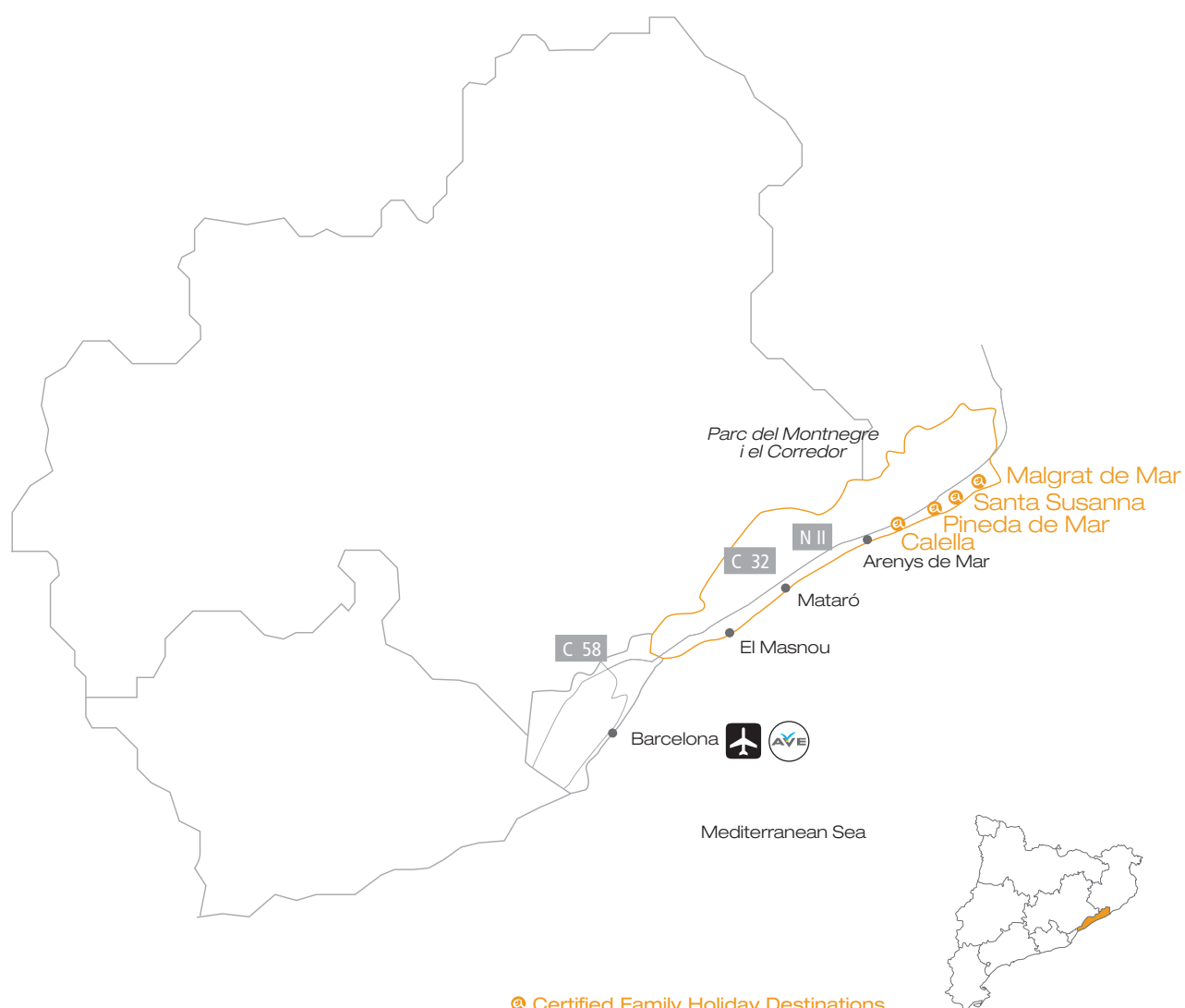
Beach activities

Information of interest			
Tourist office	www.turisme.calafell.cat	Beaches	
Address and telephone	Sant Pere, 29-31. Tel: +34 977 699 141. 15 June-15 Sept., Monday-Friday 8-20h, Saturday, Sunday and public holidays 10-14 and 17-20h, (rest of season, Sunday and public holidays 10-14h)	Main beach: Platja de Calafell, Platja de l'Estany Mas-Mel	
Other information points	2	Length: 2.726 m	
Distance from airports		Width: 55 m	
Barcelona - El Prat	56 km	Type of sand: fine	
Girona - Costa Brava	155'3 km	Blue Flag	
Lleida - Alguaire	125 km	Other seals of quality: 	
Reus - Costa Daurada	47 km	Average water temperature (June to September): 25 °C	
Train station	Yes (www.renfe.es)	Serveis a les platges:	
Bus network		• Bicycle parking	• Windsurfing school
Local	Yes	• Beach bars	• Sailing school
Long-distance	Yes	• Canopies, deck chairs, hammocks, parasols	• Telephones
Miniature train	Yes	• Pedal boats	• Bathing huts
Kids club	Platja de Calafell	• Entertainment programmes	• Showers
Water Sports Resort	No	• Kids club	• Amphibious wheelchairs
Sailing club	Yes (www.portsegurcalafell.com)		
Water or theme parks	PortAventura - PortAventura Aquatic Park (45 km) (www.portaventura.com)		
Health services	Tarragona (35 km)		
Hospital	St. Pau i Sta. Tecla, El Vendrell Ctra. N300. Tel: +34 977 257 900	Life-saving posts and services	
Clinic	Av. Vilarenc, 8 corner with Pg. de la Unió Tel: +34 977 691 418	Signalling of warnings	
		Other beaches for families: Platja Segur de Calafell	



Costa Barcelona, tradition and closeness

Located between the Mediterranean and the pre-coastal hills, very near to the city of Barcelona, Maresme is one of the areas with the most deeply-rooted tourist tradition in Catalonia. It's therefore not surprising that this long stretch of coast contains a great number of accredited accommodation and restaurant facilities, as well as four of the thirteen Catalan towns recognised as family holiday destinations: **Calella**, **Pineda de Mar**, **Santa Susanna** and **Malgrat de Mar**.



Costa Barcelona



Children's entertainment programmes

The combination of sea and hills characteristic of this area results in a very special colour scheme and highly varied tourist facilities in which tranquillity and activity are combined in equal parts. The main resource of Costa Barcelona is its long beaches of deep, golden sand: a total of 38 kilometres of coast dotted with blue flags which certify the quality of the water and services offered by each inlet. Children's mini-clubs, water parks, one of them with a dolphinarium and a marine zoo, adventure parks, excursions, sailing and mountain sports and activities and other supervised activities are only some of the many attractions that go to make up a perfect family stay on the peaceful coast of Maresme. In the history and culture department there's the important modernist heritage and a great variety of museums, cultural and folk centres which have content aimed at children.

Very close by, the same pre-coastal hills from which the poet Jacint Verdaguer admired the beauty of the Maresme (reflected

in the poem *Vora La Mar* and other works) also offer a variety of facilities suited to family stays: signposted routes, excursions through the parks of the Serralada Litoral, Montnegre and El Corredor, trips to the area surrounding the river Tordera and the Miralles hills, mountain-bike outings in the heart of nature...

The four FHDs and the other towns in the county have excellent road and rail communications and are not far from the airports of Barcelona - El Prat and Girona - Costa Brava. The proximity of the buzzing shopping and cultural centres of Mataró and Barcelona should also be mentioned, and a mouth-watering cuisine based on local seafood and garden products, with more than 50 culinary events a year. The traditional festivals, packed with activities for young and old, complement the attractions of this lively and dazzling stretch of the Barcelona coast.

Family activities

	Calella		Pineda de Mar		Santa Susanna		Malgrat de Mar	
	Summer season	All year	Summer season	All year	Summer season	All year	Summer season	All year
Beach mini club	July-August		July-August		July-August		July-August	
Monitors	•		•		•		•	
Inflatable toys	•		•		•		•	
Programmed entertainment	•		•		•		•	
Free service	•		•		•		•	
Paid for service			•		•			
Beach library							afternoons	
Water activities for children					water sports resort			
Sailing	•			•	•			
Canoeing	•			•	•			
Windsurfing	•			•	•			
Snorkelling for children			•		•			
Others			•		catamaran, banana-bus			
Other sports activities for children on the beach								
Volleyball	•		•		•		•	
Football	•		•		•		•	
Tennis							•	
Others	Aerobics / salsa		beach basketball					
Outside children's park								
Free service	•					•	•	
Paid for service		•						
Inside children's park								
Free service								
Paid for service		•		•				
Water or theme park	•		•		•		•	
Fair with children's attractions	23 September		29 August		March-October		16 August	
Circus				•				
Municipal children's swimming pool		•		•	15 June-15 September		•	
Municipal sports facilities		•		•		•	•	•
Street entertainment programme								
Clowns	•		•			•	•	•
Puppet show	•		•			•	•	•
Handicraft	•		•	•		•	•	•
Children's concerts	•		•			•	•	•
Magic shows	•		•			•	•	•
Open-air theatre	•		•			•	•	•
Street festival	•		•			•	•	•
Giants	16 June/23 September		24 June/29 August			•	•	•
Other events	•		•			•	•	•
Firework displays	16 June	23 September	29 August		August		16 August	
Firework processions	16 June		29 August		August		16 August	7 December
Other daytime children's entertainment	•							
Other night time children's entertainment								
Town festival	16 June	23 September	29 August		6-14 August		16 August	7 December
Other festivals		•			Magic fair			•
Courses and workshops for children								
Sports				•		•		•
Languages						•		
Handicrafts				•		•		
Others	Sardanes, July-September		Christmas workshop					
Cinema		•		Can Comas			16 August	•
Horse riding		•				•		
Golf		•						
Tourist trips by boat (cruise ship)	may-october		may-october		May-October			
Miniature train	may-october		Easter-October			•	May-October	
Play room for children (Playstation, Wii)		•				•		
Internet centre		•					•	
Organised visit to historical monuments								
In the resort	july-august							
Within 15 minutes by car						•	•	
Organised trips to museums								
In the resort	•					•		
Within 15 minutes by car				•		•	•	
Bicycle routes	•	•	•	•		•	•	
Walking	•		•	•		•	•	
Other activities	•					•		
Other services:								
Hiring children's bicycles		•	Easter-October			•	•	
Hiring Segways						•		
Hiring boats		•			•			April-October



Calella

Quietness and fun under the lighthouse



Calella was one of the first Catalan towns to develop accommodation aimed especially at families more than 50 years ago, which turned this stretch of the Barcelona coast into a tourist centre. The resort maintains the great attraction of the beaches and has added new leisure facilities for young and old which place Calella among the leading resorts for family tourism.

Kids clubs on the beaches

Long and wide, the beaches of Calella have been attracting tourists for more than 50 years. They are top quality beaches which for years have been adding a variety of excellent leisure services and areas for young and old. Beaches such as La Gran or Garbí, located next to the central areas, offer a number of sports facilities, children's play areas - with inflatable toys, reading points and other complementary features - and a free tourist entertainment schedule which includes festival, musical and handicraft activities for all the family.

In summer not a day goes by without some fun activity being organised on the beach: on Tuesdays and Thursdays the foam party; on Mondays and Wednesdays the children's workshops; on Friday the mini-discotheque on the sand and other varied activities on Passeig Puigvert ... and those who choose to visit Calella in the winter will find very interesting ideas: the huge Caga Tió, the Pessebre Vivent, the Home dels Nassos, or the children's carnival. Without forgetting, of course, the bicycle or walking routes under a sun which shines practically the year round.



Culture

All of this adds up to a great deal of enjoyment, but without losing the calm and repose which is also characteristic of Calella. The town has a wide range of accommodation and restaurants which combines traditional establishments - some of them pioneers in the tourist trade - and others more modern and up-to-date.

The festivals of Calella are rich in family events, including the international folklore days, the dancing of the sardana, the handicraft and traditional goods fair, the two magnificent town festivals and the renaissance fair, an event which offers children the chance to find out about history and tradition in an entertaining and friendly way. The renaissance season also features a walking route which makes it possible to contemplate the architecture of the old town centre, for example a number of townhouses, the museum and record centre or the parish church. The centre of the town is also ideal for shopping due to its commercial buzz, reflected in the hundreds of shops of all types and in the market, full of delicious products from the sea and the land of Calella and its surrounding areas.

The strip closest to the beaches also offers the possibility of family walks along Passeig Manuel Puigvert, also known as the Passeig de Mar. And staying with walks the area surrounding Calella has routes through areas of nature of varying lengths and degrees of difficulty, leaving from the two centres: the route of l'Esquirol, Corb Marí and Guilla. These routes cover areas such as Parc Dalmau, with 18 hectares of vegetation and children's play areas; the watchtower of les Torretes, dominated by the ruins of two old communication towers; or the Llobet-Guri textile factory, now converted into a space for public organisations and activities. Another green area of particular beauty also stands out: Les Roques, with tiny coves of clear water. The Tourist Board of Calella makes it possible for young and old to go on guided walks through various parts of the municipality.




As regards heritage and landscape, mention should also be made of Calella's lighthouse which dominates the area from a green promontory of 50 metres in height. A privileged location from which this historic construction guides vessels passing along the coast while it regards with satisfaction the activity and enjoyment taking place on the land.

“When we came back from the park full of squirrels,
the giants were waiting for us in the square”



Safety protection for electrical sockets

Local security officials

Information of interest			
Tourist office	www.calellabarcelona.com	Beaches	
 Address and telephone	Sant Jaume, 231. Tel: +34 937 690 559	Main beach: Platja de Garbí	
	May - October: Tuesdays - Sundays, 9-13 and 15-19 h.	Length: 814 m	
Other information points	Railway station	Width: 72 m	
Distance from airports		Type of sand: granulated	
Barcelona - El Prat	70 km	Blue Flag	
Girona - Costa Brava	50 km	Seal of Quality: 	
Lleida - Alguaire	220 km	Other seals of quality: Sicted 	
Reus - Costa Daurada	160 km	Average water temperature (June to September): 23,5 °C	
Train station	Yes (www.gencat.cat/rodalies)	Beach services:	
Bus network		<ul style="list-style-type: none"> • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Games centre • Kids club 	
Local	Yes	<ul style="list-style-type: none"> • Windsurfing school • Launching area • Sports area • Tourist cruisers • Showers • Floating platforms • Amphibious wheelchairs 	
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja de Garbí		
Water Sports Resort	No		
Sailing club	Yes (www.nauticcalella.com)		
Water or theme parks	Marineland (www.marineland.es), Waterworld (www.waterworld.es), Illa Fantasia (www.illafantasia.com)		
Health services			
Hospital	Hospital Sant Jaume de Calella Sant Jaume, 209 Tel: +34 937 690 201	Life-saving posts and services	
Clinic	Sant Jaume, 209. Tel: +34 937 665 950	Signalling of warnings	
		Other beaches for families: Platja Gran, Platja de les Roques	



Pineda de Mar

Bathing in sea and culture



Ancient peoples such as the Laietani and the Romans fell in love with this coastal inlet sheltered by hills. Today Pineda de Mar still retains its beauty and welcoming spirit and is a prominent family holiday destination which invites you to discover its beaches, its inland nature and a cultural surprise: the Tharrats Graphic Art Foundation.

Kids clubs on the beaches

The nearly 3 kilometres of beach at Pineda de Mar form one vast, unbeatable children's leisure location: the quality of both water and sand is officially recognised, and there are many water activities available, as well as, in July and August, a supervised children's playground with sandbox, inflatables, theme days devoted to pirates, the family, the Olympic Games... In the summer season, moreover, young and old alike can enjoy a programme of entertainment activities and circus shows at venues around the resort. There is also fun in a big way at Christmas and on other

dates. In this regard, which may be practised all year round, such as cycling or walking. And all close together, very near to accommodation and restaurants, and very attentive to the needs of children and their parents.

In fact many other locations, services and activities in Pineda are especially aimed at family tourism: various nature areas distributed around the town, play areas, parking spaces for bicycles, the miniature train... Both the *Fira d'Entitats*, a fair showcasing local

Pineda de Mar



Children's entertainment programmes with activities on the beach

cultural organisations, and the town festival also include full children's programmes, including workshops, dancing giants and story-telling. At the same time the successful Mostra Nacional de Teatre Amateur de Pineda de Mar pays a great deal of attention to children with entertainment expressly designed for them.

Walking through the old centre of Pineda you can discover streets and squares with a traditional flavour and beautiful buildings with arched doors and gothic windows, or old houses and towers of medieval origin full of history. The architectural heritage of the town includes other items of great interest such as the parish church of Santa Maria, with beautiful figures on the facade and various items of artistic interest inside; the remains of a Roman aqueduct situated close to the road to Hortsavinyà, and various chapels scattered around the municipality, part of which comes within the Montnegre-Corredor national park. The area is also a landscape setting of great beauty, ideal for family excursions, on foot or by mountain bike, in the midst of nature and with wonderful views of the sea.

In Pineda it is also worth visiting the Tharrats Foundation of

Graphic Art located in Plaça Catalonia. The centre is aimed mainly at adults but it is a unique opportunity to introduce children to the fascinations of drawing, painting and colour. The centre's art collection includes the most outstanding work of Tharrats as well as more than 500 pieces from his valuable private collection with works by Miró, Tapies, Brossa, Clavé, Subirachs, Guinovart, Ràfols Casamada, Duchamp and many other reputable artists of international renown. The foundation's objective is to draw attention to graphic art in its various techniques such as serigraphy, etching, aquatint, lithography and woodcut, and to pay tribute to the prestigious artist from Girona with close ties to Pineda de Mar. The centre afternoon and can also be visited at midday at weekends and on public holidays.


The Tharrats Foundation is one of the surprises the area conceals. But there are many more, perhaps more commonplace but also highly interesting, waiting to be discovered on the streets, the beaches, the hills ... Because Pineda de Mar offers bathing in sea and in culture, and much more.

“Mum and dad took us to a museum full of paintings by famous artists”



Services at the beach

Handicraft market

Information of interest			
Tourist office	www.pinedademar.cat	Beaches	
 Address and telephone	Pl. Catalunya, 1, baixos. Tel: +34 937 625 038 Monday-Friday, 9.30-13.00 h; from Easter, Monday-Sunday, 9.30-13.30 and 16.00-20.00 h.	Main beach: Platja dels Pescadors Length: 1082 m Width: 50 m Type of sand: granulated Blue Flag Average water temperature (June to September): 23,7 °C	
Distance from airports		Beach services:	
Barcelona - El Prat	74,2 km	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking. 3 zones • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Games centre • Dinghy sailing (Platja dels Pins) • Sailing school (Platja dels Pins) 	
Girona - Costa Brava	39,8 km	<ul style="list-style-type: none"> • Windsurfing school (Platja dels Pins) • Launching area • Water sports centre (Platja dels Pins) • Sports area • Tourist cruisers • Showers • Floating platform • Amphibious wheelchairs 	
Lleida - Alguaire	224 km		
Reus - Costa Daurada	166 km		
Train station	Yes (www.gencat.cat/rodalies)	Life-saving posts and services	
Bus network		Signalling of warnings	
Local	Yes	Other beaches for families: Platja dels Pins, Platja de la Riera, Platja de Poblenou.	
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja dels Pescadors		
Water Sports Resort	No		
Sailing club	Yes		
Water or theme parks	Marineland (www.marineland.es), Waterworld (www.waterworld.es), Illa Fantasia (www.illafantasia.com)		
Health services			
Hospital	Hospital Sant Jaume de Calella Tel: +34 937 690 201		
Clinic	Tarragona, 4. Tel: +34 937 671 505 C/ Empordà, 3. Tel: +34 937 663 032		



Santa Susanna

Magical beaches, wonderful places



The sea and mountain dichotomy which characterises the Barcelona coast is obvious in Santa Susanna, one of the first Catalan towns to receive an FHD certificate. The modernity of the hotels and the tranquillity of the beaches are two special features of a town which looks to the sea without losing sight of the land.

Kids clubs on the beaches

The various centuries-old watchtowers dotted around Santa Susanna seem to welcome visitors to this town attracted by the tranquillity and quality of the beaches. The beaches of Llevant, Les Dunes and Les Caletes have leisure areas and facilities for beach and sea sports, with a water sports resort which offers a full range of activities: windsurfing, flyfish, parasailing, catamaran, canoeing, sailing ... The kids club next to the sea - with sandpits, inflatable toys, water games and foam parties -, the entertainment programmes for kids

and the miniature train also stand out. The train runs from the hotel area, crosses the town centre and dives into the beautiful locations of the park of Montnegre-Corredor: the Boter Spring, the La Guardia tower with its panoramic 241-metre high top, the chapel of Sant Isidre, the Roman bridge and Can Jordà.

Lovers of nature can also visit the hill area of Santa Susanna walking, on horseback, donkey or by cart - the Rancho Mestres offers this possibility - or on mountain bike, and,

Santa Susanna



Children's entertainment programmes with sporting activities

as tranquillity is no bar to excitement, the Activ Natura park nearby opens its doors to the more adventurous, without forgetting that in the neighbouring town of Palafròls there is another attraction for fun-lovers: the Marineland water park and marine zoo.

The town of Santa Susanna and its surrounding area have modern hotels equipped for maximum comfort very close to the beach. And visitors who opt for more traditional accommodation can choose from among the various cottages in the town, which are not far from the sea either. Walking through the old centre of Santa Susanna is also a very pleasurable experience. And still more so if you do it with Susanna, the heroine of the children's story *Passejant per Santa Susanna*, which is now a guide to visiting the most interesting locations and getting to know, with the little rabbit Ton, the public festivals and other ideas for recreation the town offers. This story, published in various languages and which can be found in the tourist centres, is a sign of the effort the town makes to complement family tourism. And for resting

from the walk, a spell of amusement in one of the children's parks spread around the town: *Passeig Marítim* and *Colomer*. And if its entertainment you are after, what better than to dive into one of the street entertainment activities the town organises at different times of the year, with no lack of clowns, puppet shows, handicraft, street festivals, concerts, giants, fireworks and firework processions.


Those wanting to see other emblematic locations in the town can visit the church, the old town, or the house of Can Ratés where much of the Magic Fair is held every June. This well-established event offers a journey through magic by way of shows, crafts, courses, workshops, exhibitions or natural medicine. Can Ratés is also the scene of family activities. Other noteworthy events in the area include the spring of culture, the town festivals, the feast of Sant Isidre, the Adifolk international folk festivals, the International Music Band and Majorettes Trophy, the Castanyada, the Pessebre Vivent ... a thousand and one ideas to enjoy all the year round in a town which offers fun for all the family.

“The magician performing at the old house caught Ton the rabbit and put him in his hat”



Kids clubs at accommodation

Life-saving and first-aid services

Information of interest			
Tourist office	www.stasusanna-online.com	Beaches	
 Address and telephone	Av. Del Mar s/n - Mercury Village Tel: +34 937 679 008 Mondays-Fridays 9-13 h; high season: 17-21 h. Weekends (March- November) 10-14 h. Sept.-January closed	Main beach: Platja de les Dunes, Platja de Llevant Length: 1850 m Width: varies between 30 and 50 m Type of sand: granulated  	
 Other information points	Fundació Turística Santa Susanna	Other seals of quality: Sicted  	
Distance from airports		Average water temperature (June to September): 23,5 °C	
Barcelona - El Prat	70 km	Beach services:	
Girona - Costa Brava	47 km	<ul style="list-style-type: none"> • Car and motorcycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats (Platja de Llevant) • Kids club (Platja de les Dunes) • Jet skis (Platja de Llevant) • Sports area • Tourist cruisers • Water sports centre (Platja de les Dunes) 	
Lleida - Alguaire	220 km	<ul style="list-style-type: none"> • Telephones (Platja de Llevant) • Showers • Amphibian chair • Walkways • Buoy-marked arrival and departure area for boats 	
Reus - Costa Daurada	173 km		
Train station	Yes (www.gencat.cat/rodalies)		
Bus network			
Local	Yes		
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja de les Dunes		
Water Sports Resort	E. N. Santa Susanna (www.nauticastasusanna.com)		
Sailing club	No		
Water or theme parks	Marineland (www.marineland.es), Waterworld (www.waterworld.es), Illa Fantasia (www.illafantasia.com)		
Health services			
Hospital	Hospital Sant Jaume de Calella Tel: +34 937 690 201	Life-saving posts and services	
Clinic	Plaça Catalunya s/n. Tel: +34 937 678 139	Signalling of warnings	



Malgrat de Mar

Beaches, dunes and fun



Malgrat de Mar is a model for quiet tourism, with long beaches for families and large nature areas for walking. The town is at the same time a buzzing cultural and leisure centre with fairs, festivals, culinary and other events with plenty of activities for children.

Games parks

This town on the Costa Barcelona bordering on the Costa Brava, welcomes with open arms visitors who come for the weather, the quality of the beaches and the peacefulness of the town and its surroundings. All of this makes Malgrat a perfect destination for families travelling with children, as is confirmed by its having been awarded FHD status. The reasons are many: to start with, Malgrat has nearly 5 kilometres of beach of medium-level sand and a bathing area recognised for its quality. The stretch

known as Platja Astillero, next to the hotel area, has a beach library and kids club with a range of leisure services which guarantees children enjoy themselves in the months of July and August: under the supervision of the monitors, children can dive into the workshops, enjoy inflatable toys and other programmed activities. Meanwhile their parents can quietly enjoy the rest of the services and attractions offered by the beach of Malgrat, such as football or volleyball.

Malgrat de Mar



Children's swimming pools with non-slip surfaces

The central beach is also ideal for leisure and relaxing as a family, as are the beaches of la Conca and la Punta del Riu Tordera, which includes a protected area with dunes very close to the mouth of the river. On this stretch species of vegetation and birds native to this delta area can be seen. The Malgrat coast also offers maximum excitement with water sports.

From the sea front of Malgrat you can glimpse the popular Piona, an artificial platform where, at the beginning of the 20th century, iron coming from the mines in the mountains was loaded using metal equipment. Further inland there are other attractions worth visiting. The church of Sant Nicolau stands out, a beautiful building of large proportions which has become known as the cathedral of the coast. On passing through the centre of the town it is also worthwhile stopping to contemplate the Co-operative building, the Town Hall's modernist facade and the old hospital, or spend some time relaxing in one of the public parks. The parks which stand out are Can Compassol, Castell, situated on a hill with magnificent views of the town and equipped with leisure facilities, and Francesc Macià. The

latter has a surface area of 40,000 square metres including children's play areas, also for those under the age of 3, sports facilities, an amphitheatre for shows, botanic gardens, sculptures... Many leisure ideas which make up an alternative to the beach.


Malgrat de Mar is an area with outstanding shopping facilities. The streets and squares of the town offer the visitor numerous establishments of all types it is well worth stopping at. The town also stands out for the buzz of its traditional, musical and festival organisations. Every year sees the Spring Fair, the Winter Fair, the two main festivals, the International Folk Sessions, the International Musical Bands Festival, the International Choral Festival, havaneres concerts... Numerous cultural ideas including haricot bean tasting sessions. This vegetable grown in the town becomes a real treat when it reaches the plate and joins the other culinary ideas to be found in the restaurants and hotels of Malgrat, where, inevitably, there is no shortage of delicious sea food and fish-based dishes or the garden produce grown in the town.

“My sister had a great time in the park they have made for children”



Beach library

Children's entertainment sessions

Information of interest		
Tourist office	www.turismemalgrat.com	Beaches
 Address and telephone	Pl. de l'Àncora s/n . Tel: +34 93 7 653 889 Easter-October, Monday-Saturday 10-16 h. Sunday 9-13 h. Malgrat Turisme, SL	Main beach: Platja de Malgrat Centre Length: 900 m Width: 150 m Type of sand: granulated Blue Flag Average water temperature (June to September): 24,6 °C
Other information points	1	Beach services:
Distance from airports		<ul style="list-style-type: none"> • Car* and motorcycle parking • Bicycle parking. 3 zones • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Beach library • Kids club (Platja de l'Astillero) • Sailing school (Platja La Conca) • Windsurfing school (Platja La Conca) • Launching area • Sports area • Tourist cruisers • Showers and foot cleaners • Amphibious wheelchairs
Barcelona - El Prat	60 km	
Girona - Costa Brava	34 km	
Lleida - Alguaire	216 km	
Reus - Costa Daurada	176 km	
Train station	Yes (www.gencat.cat/rodalies)	Life-saving posts and services
Bus network		Signalling of warnings: Flags
Local	Yes	Other beaches for families: Platja de l'Astillero, Platja La Conca
Long-distance	Yes	* Places for the handicapped
Miniature train	Yes	
Kids club	Platja Astillero	
Water Sports Resort	No	
Sailing club	No	
Water or theme parks	Marineland (www.marineland.es), Waterworld (www.waterworld.es), Illa Fantasia (www.illafantasia.com)	
Health services		
Hospital	Hospital Sant Jaume de Calella Hospital Comarcal La Selva-Blanes	
Clinic	Av. Can Feliciano s/n, Tel: +34 937 619 500	



Costa Brava



Bicycle and walking routes

The beaches of the Costa Brava are as varied as they are beautiful. The blue flag showing the quality of the water flies over many beaches of the coast, equipped with the services and comforts suited to family bathing and a complete range of sports and water and leisure activities. Just as well equipped as the beaches are the accommodation and restaurant facilities, both those of the coast and those of the rural tourism of the interior: pioneers in offering a quality service to visitors in general and family tourism in particular.

On the Costa Brava the coast and inland compete in beauty and in resources for many types of tourism. Nature is a major characteristic of the coast with areas of great interest such as Parc Natural Aiguamolls in Empordà, a bird-watchers paradise, or Cap de Creus, without forgetting the colourful botanical gardens – in Blanes or Lloret de Mar – with species which surprise young and old. As for inland, very close to the coast there are the mountains of Montseny, the lake of Banyoles, the volcanic features of Garrotxa or the peaks and mountain ranges of the Pyrenees.

The Costa Brava is also art and history in a big way. This area was actually the entry point for classical culture, as shown by the Greek and Roman remains of Empúries, now adapted for tourist and educational visits. The Costa Brava is full of history and magic at every step. Also like magic is the Toy Museum of Catalonia in Figueres (www.mjc.cat) with more than 4,000 exhibits which are a delight for children and take adults back to their childhood. The duality of coast and interior is also reflected in food and the area is renowned for its rich sea and land cuisine. As for communications there is Girona – Costa Brava airport and a full road and rail network soon to be extended by the high speed train. Ancient and modern, the Costa Brava is a world to be discovered.

Family activities

	Blanes	
	Summer season	All year
Beach mini club	July-August	
Monitors	•	
Inflatable toys	•	
Programmed entertainment	•	
Free service	•	
Paid for service		
Beach library	•	
Water activities for children		
Sailing	•	•
Canoeing		
Windsurfing		
Snorkelling for children		
Others		
Other sports activities for children on the beach		
Volleyball		
Football		
Tennis		
Others		
Outside children's park		
Free service	Centre and s'Albanell	
Paid for service		
Inside children's park		
Free service		
Paid for service		•
Water or theme park	•	
Fair with children's attractions	last week July	
Circus		twice a year
Municipal children's swimming pool		•
Municipal sports facilities	•	•
Street entertainment programme		
Clowns		•
Puppet show		•
Handicraft	•	
Children's concerts	•	•
Magic shows		
Open-air theatre		
Street festival	town festival	
Giants	•	
Other events		
Firework displays	town festival	
Firework processions	town festival	
Other daytime children's entertainment	•	•
Other night time children's entertainment		
Town festival	21-27 July	
Other festivals	•	
Courses and workshops for children		
Sports	22 August	
Languages		
Handicrafts		
Others		
Cinema	•	
Horse riding	> 10 Km	> 10 Km
Golf	> 30 Km	> 30 Km
Tourist trips by boat (cruise ship)	•	
Miniature train	•	
Play room for children (Playstation, Wii)	•	
Internet centre	•	
Organised visit to historical monuments		
In the resort	•	
Within 15 minutes by car		
Organised trips to museums		
In the resort	•	
Within 15 minutes by car		
Bicycle routes	•	•
Walking	•	•
Other activities		•
Other services:		
Hiring children's bicycles	•	
Hiring Segways		
Hiring boats	•	



Blanes

The joining of blue and green



Tradition and modernity join hands in Blanes, the entry point to the Costa Brava from the south. The beaches, the colourful botanical gardens, the castle or the fireworks competition are the best-known tourist attractions of a town which also stands out for its festivals, its shopping and its food and for the variety of accommodation to choose from.

Inflatable water toys

The picturesque rock of Sa Palomera rises out of the sea opposite the coast of Blanes, to which it is joined by a narrow strip of sand. This small stone peninsula is considered the gateway to the Costa Brava from the south. It is also one of the more typical images of the town, together with its beaches, the silhouette of the castle of Sant Joan and the famous exotic botanical gardens of Marimurtra and Peña de Rosa. The former displays thousands of plant species from five continents, while the latter has a collection of cacti considered one of the best in the world.

Blanes is a town full of diversity, a characteristic which, for starters, can be seen on its beaches. One is smaller and surrounded by natural landscape of national interest (Treumal), another much larger in the most central position (Blanes), a third in the tourist area and equally large (s'Abanell) and there are smaller beaches such as Santa Anna and Sant Francesc. Altogether there are 4 kilometres of coastline which alternate small coves surrounded by pine trees with large beaches suited to family tourism due to the quality of their water and sand and their family leisure services



Cultural services

and facilities. Along the sea front children find a great variety of play areas including the children's club and the open-air play area with specialist monitors. There are foam parties, inflatable toys and many other activities. The town of Blanes also has some forty public spaces with swings and leisure areas and a fun programme of shows and children's games spread throughout the year.

The modernity of the tourist facilities and services of Blanes – hotels, apartments, a great range of camp sites to choose from– contrasts with the traditional flavour of the old town and its festivals and cuisine. The antiquity of Blanes is obvious from the imposing medieval church of Santa Maria and the old palace of the viscounts of Cabrera, the Gothic fountain, the chapel Nostra Senyora de l'Esperança, the castle of Sant Joan, now converted to a luxury hotel, the houses of the Indians who made their fortune in America ... All locations which can be viewed following any of the six quiet footpaths through the town which the Blanes tourist authorities have made available to visitors. Other routes designed for lovers of walking or cycling begin in the town and go to various points of the surrounding countryside.

As for festivals Blanes has a programme made to measure for young and old, with colourful, fun and exciting activities. The town festivals, the summer festival, the Costa Brava international fireworks competition, the Crafts Fair and the flower carpets stand out. There are also more tasty events of a culinary nature such as Firastast or the Suquet de Peix of sa Palomera. The gastronomic scene is completed by the various restaurants, many with sea food cooking where the well-known Blanes prawn and other specialities can be sampled the main ingredient of which is fresh fish from Blanes harbour. Seeing the ships arrive full of the harvest of the sea, or witnessing the fish auctions, is also an experience.

Within the great range of ideas for holiday enjoyment Blanes has outstanding water sports facilities and also sports installations where you can attend the international sports events the town welcomes each year.



The beautiful gardens by the sea, the beautiful colonial style houses, the spectacular fireworks exhibition... A burst of colour which surprises visitors to Blanes both young and old.

“We’ve seen a fireworks display from a mountain where there’s a castle too...”



Play areas

Children’s entertainment programmes

Information of interest			
Tourist office	www.visitblanes.net	Beaches	
Address and telephone	Pl. Catalunya, s/n. Tel: +34 972 330 348 Pg. Catalunya, 2. Tel: +34 972 330 348 To be consulted	Main beach: Platja de Blanes	
Other information points	3	Length: 625 m	
Distance from airports		Width: 30 m	
Barcelona - El Prat	82 km	Type of sand: granulated	
Girona - Costa Brava	31 km	Blue flag	
Lleida - Alguaire	233 km	Seal of Quality: 	
Reus - Costa Daurada	183 km	Other seals of quality: 	
Train station	Yes (www.renfe.es)	Average water temperature (June to September): 22,5 °C	
Bus network		Beach services:	
Local	Yes	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Kids club • Games centre 	
Long-distance	Yes	<ul style="list-style-type: none"> • Dinghy sailing • Sailing school • Tourist cruisers • Telephones • Bath huts • Showers • Amphibious wheelchairs 	
Miniature train	Yes		
Kids club	Platja Blanes and Platja s'Abanell		
Water Sports Resort	No		
Sailing club	Yes (www.cvblanes.cat)		
Water or theme parks	Marineland (4 km) (www.marineland.es), Water World (6 km) (www.waterworld.es)		
Health services		Life-saving posts and services	
Hospital	Hospital Comarcal de la Selva Access Sant Francesc. Tel: +34 972 353 264	Signalling of warnings	
Clinic	Sebastià Llorens, 4. Tel: +34 972 331 027 Av. Europa. Tel: +34 972 359 534	Other beaches for families: Platja de S'Abanell, Cala Sant Francesc, Cala Treumal	



Lloret de Mar

Guaranteed fun for the youngest members of the family



This destination offers a wide range of hotel establishments equipped with services catering for families and a setting where the youngest members of the family can enjoy several outdoor recreational activities that will allow them to explore the rich natural and cultural heritage of this seaside town.

Kids clubs on the beaches

On account of its strategic location (80 km from Barcelona and 45 km from Girona airport) and its amenities, Lloret de Mar is Catalonia's leading destination in terms of hotel accommodation capacity and also plays host to a great deal of family tourism. It offers a wide range of leisure activities for the youngest members of the family and their parents, as well as hotel establishments equipped with all the facilities, areas for children's activities and shops of all kinds for those taking care of the kids. For quite some

time now, Lloret de Mar has been developing family tourism to facilitate the stay for those deciding to spend a few days in town so as to enjoy all the possibilities it has to offer.

This seaside town has made its beaches one of its main attractions by providing specific services such as a children's mini-club, beach library, recreational sports activities, nursery, ramps and amphibious wheelchairs, which facilitate access to the

Lloret de Mar



Water parks. Water World

water for people with disabilities. Lloret de Mar offers many other recreational activities ranging from deep sea diving, diving, sailing, kayaking, hiking, cycling, golf and tennis to Nordic Walking on the beach.

Families and their youngest members have a great variety of tourist attractions to choose from. This includes the Lloret Open Museum (MOLL), in which value is afforded to cultural heritage and guided dramatised tours are given that are entertaining and fun for everyone, both children and culture enthusiasts alike.

Kids can enjoy a unique and unrivalled spectrum of activities such as Water World, one of the most fun water parks with attractions including wave pools, river rapids, kamikazes, fantastic soft slides, and Arbreaventura, an outdoor activity park full of zip lines, bridges, complicated steps, etc., located on the Lloret road to Blanes, where fun and adventure are guaranteed in a natural setting for those aged between 3 and 99 years of age.

Other entertainment options for all ages include bowling, children's miniature golf and children's attractions and leisure areas such as Gnomo Park, set in a Mediterranean pine forest amid a world of gnomes. PPS Park features 1,600 square metres of attractions for young and old alike.

Thanks to the investment made by the public and private sector in Lloret de Mar, families can also enjoy accommodation and catering establishments that have incorporated baby changing facilities, children's areas with entertainment activities, high chair adapters, bibs and children's menus. What's more, in the shopping sector, many establishments have shopping trolleys with baby seats, play areas, etc. Many restaurants also cater for children on their menus and have areas exclusively designed with children in mind.


As for nature, Lloret boasts coastal paths, which offer spectacular vantage points over the sea, hiking trails through breathtaking inland scenery and another unique attraction, the Noucentista (early 20th century) gardens of Santa Clotilde, steeped in romanticism and where visitors can set eyes on various interesting species. Between strolls through the town and spells in the children's parks dotted around the area, families can admire Lloret's cultural heritage. Places of interest include the church of Sant Romà, the shrine of Sant Pere del Bosc, the castle of Sant Joan, Iberian settlements, Catalan Modernism, hermitages, the dance of the almorratxes (owing to the Arabian vases used during the dance), culinary events, the medieval fair, etc. A thousand and one places and traditions to discover that will astound visitors to this family-oriented, welcoming, dynamic and exuberant town on the Costa Brava equipped with all the amenities.

“Every day we went to play in a different place,
we’ve had very good time”



Cultural services

Inflatable water toys

Information of interest			
Tourist office	www.lloretdemar.org	Beaches	
Address and telephone	Av. de les Alegries, 3 Tel: +34 972 365 788 To be consulted	Main beach: Platja de Lloret	
Other information points	2	Length: 1630 m	
Distance from airports		Width: 45 m	
Barcelona - El Prat	90 km	Type of sand: Granulated	
Girona - Costa Brava	45 km	Blue flag	
Lleida - Alguaire	260 km	Seal of Quality: 	
Reus - Costa Daurada	183 km	Other seals of quality: 	
Train station	No	Average water temperature (June to September): 21 °C	
Bus network		Beach services:	
Local	Yes	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Games centre • Kids club • Dinghy sailing 	
Long-distance	Yes	<ul style="list-style-type: none"> • Sailing school • Parasailing • Launching area • Tourist cruisers • Life-saving and first aid • Telephones • Showers • Floating platforms • Amphibious wheelchairs 	
Miniature train	Sightseeing bus	Life-saving posts and services	
Kids club	Platja de Lloret and Platja de Fenals	Signalling of warnings	
Water Sports Resort	No	Other beaches for families: Platja de Fenals, Platja de Santa Cristina, Platja de Canyelles and Cala de Sa Boadella	
Sailing club	Yes (nauticlloret.com, cncanyelles.com, cmfenals.com)		
Water or theme parks	Water World (6 km) (www.waterworld.es) and Marineland (9 km) (www.marineland.es)		
Health services			
Hospital	Hospital Comarcal de la Selva Accés St. Francesc. Tel: +34 972 353 343		
Clinic	C/ Girona 8/10. Tel: +34 972 372 909		
Clinic Fenals	C/ Cienfuegos 10. Tel: +34 972 376 453		



Calonge-Sant Antoni

The best family memory



Calonge, inland, and Sant Antoni, on the coast, make up a municipality that offers a broad spectrum of tourist amenities for the whole family. Enjoy an old town steeped in medieval history, stroll along coastal paths to contemplate the beauty of the coastline, behold breathtaking landscapes at the foot of the Gavarres mountains and bask on vast sun-drenched beaches. These are just some the attractions it has to offer.

Pedestrian areas

Sant Antoni de Calonge is an exuberant seaside resort that combines tradition and modernity.

It boasts extensive beaches where you can enjoy bathing and water sports. Not only that, but it is also ideal for those in search of peace and tranquillity and families travelling with young children. The town's diversity is made all the more evident by moving a few kilometres inland to Calonge, a village bursting with medieval flavour that invites a leisurely saunter

to admire its historical heritage. Places of interest include the church of Sant Martí, the medieval castle and old buildings, as well as the prehistoric Puigsesforques dolmen in Sant Antoni de Calonge.

The coastal path constitutes one of the town's main attractions. Dotted with pine trees that hurtle themselves into the sea defying the rocks, small secluded coves and cliffs, it is a path which captures the essence of this region's landscape,

Calonge-Sant Antoni



Cultural services

Children's entertainment programmes

which explains why the journalist Ferran Agulló christened the coastline the “Costa Brava” (meaning fierce or brave coast) one hundred years ago.

The coastal path begins at the end of the beach of Torre Valentina, a 16th-century watchtower to warn the population of imminent pirate attacks. Further along the path lie the coves known as Cala del Racó de les Dones and Cala del Racó dels Homes (meaning “women’s corner” and “men’s corner” respectively), referring to the time when bathing was performed separately, Cala dels Capellans and Cala dels Musclos, until you reach Cala Gran and Cala de l’Embarcador, which features the Torre dels Perpinyà, Roques Planes, and Cala Cristus, which joins Ses Torretes, the largest beach on the route. The path leads from here to another point of interest, Cap Roig, which juts out into the sea. Beyond this point, you get to Cala de Belladona, which marks the border between Calonge and Platja d’Aro.

In addition to Cala Cristus – Ses Torretes that is dominated by rocks and plant life and has the town’s three largest campsites and two hotels nearby, noteworthy beaches include the vast Torre Valentina beach. It has become a centre for high-quality bathing, making it an ideal beach for families with children. Platja de Sant Antoni is the most famous beach on account of its size, accessibility and close proximity to outdoor cafés and

bars, restaurants and shops. Finally, the Platja d’Es Monestrí converges with the edge of the town of Palamós, thereby uniting the bay. This beach plays host to the only Catalan catamaran sailing (known as “patin sailing”) club in the province of Girona.

By means of its Estiu Actiu (Active Summer) programme, the town offers activities ranging from open-air cinema on the beach to themed weekends, and to drawing and sand castle competitions and aerobics and light gymnastics classes. Hiking, guided tours and children’s parties are just some of the options offered on an activity programme that combines sun and sand with a touch of leisure, sport and culture.




No visit to the town is complete without seeing one of its most emblematic monuments: the castle, a fortress whose construction began during the 8th century and is one of the largest in the region. The castle is integrated into the town and was founded by the Counts of Girona to control Saracen attacks.

As for culture and festivals, Calonge – Sant Antoni invites visitors to enjoy several activities, such as the Medieval Market, the Wine Fair and the eminent town festivals, in which events catering for the youngest members of the family abound.

“My sister has won the drawing contest of Active Summer ”



Bicycle routes

Information of interest			
Tourist office	www.calonge-santantoni.com	Beaches	
Address and telephone	Av. Catalunya, 26. Tel: +34 972 66 17 14 Monday to Friday, 9-14 h and 16.30-19 h. Saturdays, Sundays and public holidays, 10-14 h.	Main beach: Platja de Sant Antoni Length: 1500 m Width: 50 m Type of sand: Fine	
Other information points	1	Blue flag 	
Distance from airports		Seal of Quality: 	
Barcelona - El Prat	125 km	Other seals of quality: 	
Girona - Costa Brava	48 km	Average water temperature (June to September): 22 °C	
Lleida - Alguaire	280 km	Beach services:	
Reus - Costa Daurada	210 km	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking • Beach bars • Entertainment programmes • Dinghy sailing • Sailing school • Windsurfing • Windsurfing school • Launching area • Water skiing school • Sports areas • Life-saving and first aid • Bathing huts • Showers • Floating platforms • Life-saving posts • Amphibious wheelchairs 	
Train station	No	Life-saving posts and services	
Bus network		Signalling of warnings	
Local	Yes	Other beaches for families: Cala Critus- Ses Torretes, Torre Valentina and Es Monestri	
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja de Sant Antoni		
Water Sports Resort	No		
Sailing club	Yes		
Water or theme parks	No		
Health services			
Hospital	Hospital de Palamós. C/ Hospital, 36. Tel: +34 972 600 160		
Clinic	Av. Costa Brava, 6. Sant Antoni de Calonge Pl. de la Concòrdia, 6. Calonge		



Torroella de Montgrí-l'Estartit

Between mountains and islands



Two different centres and a single FHD. Torroella de Montgrí, in the interior, and l'Estartit, on the coast, make up a town full of attractions: the Medes islands, the beaches, the mountains of Montgrí, the monuments... Diversity is also obvious in the accommodation: from modern hotels next to the sea to traditional rural establishments.

Activities on the beach

The impressive Montgrí massif and the Medes Islands archipelago, which form part of the recently-established Montgrí, Illes Medes and Baix Ter Natural Park, welcome visitors to Torroella and L'Estartit. These two Empordà towns, forming a single local government unit and separated by just 6 km, have a multitude of family tourism ideas. The beaches and coves of l'Estartit stand out, with more than 5 km of fine sand and various stretches of shallow water which make them ideal for bathing by young and old. In

summer the children's club is located on the main beach of l'Estartit with a great many games and other activities for having a great time under the eye of qualified monitors. Just next to this is the beach library where, between dips in the sea, parents and children can lose themselves in the pleasures of reading. Further away there are the beaches of La Pletera, Mas Pinell and Cala Montgó, accessible on foot or by car, and others which have to be reached on foot such as Cala Ferriol, Cala Calella or Cala Pedrosa, inlets which

Torroella de Montgrí-l'Estartit



Water activities. Snorkelling for children

stand out on account of their colour and rugged beauty.

Just opposite l'Estartit, the Medes islands offer the possibility of refreshing water activities such as underwater and scuba diving on the rich and beautiful seabed of the islands – a paradise for lovers of these sports – canoeing or sea voyages in boats with lower windows which make it possible to view the seabed. This archipelago is rich in flora and fauna, thanks to its being a protected nature area. The coast of l'Estartit also makes it possible to enjoy sailing, windsurfing, golf, bicycling, segway utility vehicles and many other activities provided by the l'Estartit-Illes Medes water sports resort. These water and sports ideas are not just aimed at parents, children also have the chance to enjoy activities designed especially for them, such as sailing, canoeing, windsurfing, children's diving, cycling and horse riding among others.

A few minutes by car take the visitor to the centre of the municipality, the town of Torroella de Montgrí. Its old quarter is full of buildings of medieval origin which give the streets a stately air, ideal for a quiet stroll. The gothic church of Sant Genís, the chapel of Sant Antoni, the renaissance

cloister of the Augustinian friary, the gate of Santa Catarina, the tower of les Bruixes, the Casa de la Vila or the old palace of the Count of Torroella, today converted to luxury accommodation, all stand out. Another interesting building, Can Quintana, houses the Museum of the Mediterranean, a centre which opens doors to knowledge of the human aspects of the Mediterranean concentrating on the massif of Montgrí, the plain of Baix Ter and the Medes Islands. This is a museum for all of the family with many ideas which let you smell the aromas of the Mediterranean, listen to its music or touch its history. Torroella has a full range of heritage activities, in particular the International Music Festival which livens up the town each summer with harmonies which attract large audiences.



Torroella and l'Estartit are also departure points for various walking and cycling routes which let you get to know the area, going through Sobrestany and the Muntanya Gran, to the sea front of Montgrí, les Dunes, the banks of the river Ter, the hermitage of Santa Caterina or the castle of Montgrí, a large, robust building originating from the XIII century albeit unfinished. The fortress, visible from various points of Empordà, forewarns the visitor he is about to arrive at one of the most diverse towns of the magical Empordà coast.

“We’ve been on a boat with a glass floor, and you can see a whole lot of fish!”



Sailing club

Water activities

Information of interest			
Tourist office	www.visitestartit.com	Beaches	
Address and telephone	L'Estartit: Pg. Marítim. Tel: +34 972 751 910 Torroella: Ullà, 31. Tel: +34 972 755 180 June and September 9.30-14 and 16-20 h, July-August 9.30-14 and 16-21 h. Consult for rest of season	Main beach: Platja Gran de l'Estartit Length: 4000 m Width: varies from 50 to 100m Width: fine Seal of quality:  Other seals of quality: 9001 14001 	
Distance from airports		Average water temperature (June to September): 22-24 °C	
Barcelona - El Prat	150 km	Beach services:	
Girona - Costa Brava	49 km	<ul style="list-style-type: none"> • Car and motorcycle parking • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Games centre • Kids club • Dinghy sailing 	
Lleida - Alguaire	325 km	<ul style="list-style-type: none"> • Sailing school • Water sports centre • Water skiing school • Sports areas • Tourist cruisers • Telephones • Bathing huts • Showers • Amphibious wheelchairs 	
Reus - Costa Daurada	230 km		
Train station	Flaçà a 17 km (www.renfe.es)	Life-saving posts and services	
Bus network		Signalling of warnings	
Local	Yes	Other beaches for families: Cala Montgó, Cala Calella, Cala Pedrosa, Cala Ferriola, La Pletera i Mas Pinell.	
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja Gran de l'Estartit		
Water Sports Resort	E. N. Estartit-Illes Medes (www.enestartit.com)		
Sailing club	No		
Water or theme parks	No		
Health services			
Hospital	Hospital de Palamós. Hospital, 36. Tel: +34 972 600 160		
Clinic	L'Estartit: Església, 100. Tel: +34 972 750 063 Torroella: Dr. Molinas. Tel: +34 972 609 222		



Roses

Nature on the beach



Proximity to some of the best areas of nature in Catalonia makes Roses a place full of attractions for lovers of excursions or diving. Top-quality beaches and a great cultural and festival heritage complete the holiday package of this town in Empúries, recently added to the FHD list.

Games ideas. Karts

The bathing areas of Roses have earned the quality certificate of the EMAS environmental evaluation system. There are wide, long beaches with fine sand and shallow water, ideal for children, and charming secluded coves to discover while enjoying the sun and nature. All of the town's beaches have in common their cool, clear water, clean sand, safety staff and leisure activities.

In the summer the children's club on the beach is a meeting point for children: qualified monitors guide them in various play and handicraft activities. Various children's shows take place three times a week such as puppet shows, story-telling, circus, music and many other activities in which the children are all-important. The water is the centre of many family activities in Roses both sporting and leisure. Children can start in various water sports such as sailing, windsurfing, canoeing or diving. Another option is spending the day at the

Beach and marina of Roses



Games ideas. Mini-golf

Aquabrava water park, quite an experience for young and old. And the fun doesn't stop there: there is karting, minigolf, cinema... Children's entertainment continues throughout the year, and especially at weekends: the municipal library, the theatre or the Ciutadella become fun locations in a big way.

Although the beach is one of the main tourist attractions, Roses is the starting point for unforgettable excursions into areas of nature of great beauty and interest such as the parks of Cap de Creus, Aiguamolls de l'Empordà and the nationally renowned landscape of l'Albera. The town has laid six paths, inland or next to the sea, which pass through areas of great beauty. Some of these paths lead to many unspoilt coves in the area, or to various prehistoric standing stones and megalithic tombs, deemed to be of great historical value on account of their state of conservation. Of note is the famous dolmen known as the Creu d'en Cobertella.

One of the main exponents of the town's cultural heritage is the Ciutadella, which bears testimony to the various civilisations that inhabited the Roses coastline. It constitutes a fortified area, today converted into a cultural centre with activities for young and old. Inside you can also visit original

remains from various periods, a museum and temporary exhibitions on various subjects. The castles of Trinitat and Bufalaranya, the church of Santa Maria and the modernist town hall building are other heritage attractions of a tourist town which stands out for its quietness and at the same time for its shopping and festival buzz. Roses has wide spaces for pedestrians, such as the Rambla, the central shopping centre and the magnificent sea front where you can walk peacefully without being disturbed by traffic. What's more, other parts of the town have recreation areas and swings so that the children can enjoy themselves while the parents relax between walks.

The diversity and quality of the accommodation and restaurants, some with a long history and tourist tradition, is another reason to spend your holidays in Roses, one of the most outstanding tourist resorts in Catalonia. In fact the tradition of Roses as a place of welcome is noticeable as soon as you arrive, reflected in the town's exceptional historic and artistic heritage, a product of the different civilisations which have left their footprint there. As today do the families who pass through the streets, squares and lanes of this beautiful and sunny Empúries town.

“One day, the water park, the next, the nature park, and then, the one with the swings ... the parks are great fun!”



Town festival

Water parks. Aqua Brava

Information of interest			
Tourist office	www.roses.cat	Beaches	
Address and telephone	Av. de Rhode, 77-79. Tel: +34 972 257 331	Main beach: Platja de Roses	
	15 June-15 September, 9-21 h. Rest of the year Monday-Friday 9-18 h, Saturdays 10-14 and 15-18 h, Sundays and public holidays 10-13 h	Length: 2800 m	
Other information points	In summer Santa Margarida Office	Width: 48 m	
Distance from airports		Type of sand: fine	
Barcelona - El Prat	170 km	Other seals of quality:  	
Girona - Costa Brava	70 km	Average water temperature (June to September): 23 °C	
Lleida - Alguaire	300 km	Beach services:	
Reus - Costa Daurada	300 km	<ul style="list-style-type: none"> • Bicycle parking • Beach bars • Canopies, deck chairs, hammocks, parasols • Pedal boats • Entertainment programmes • Game centre • Kids club • Windsurfing school • Launching area • Sports area • Tourist cruisers • Showers • Amphibious wheelchairs 	
Train station	Figueres 20 km (www.renfe.es)	Life-saving posts and services	
Bus network		Other beaches for families: Canyelles Petites, Almadraba	
Local	Yes		
Long-distance	Yes		
Miniature train	Yes		
Kids club	Platja de Roses		
Water Sports Resort	Yes (www.holaroses.com)		
Sailing club	Yes (www.portroses.com)		
Water or theme parks	Aqua Brava (www.aquabrava.com))		
Health services			
Hospital	Hospital de Figueres Rector Aroles. Tel: +34 972 501 400		
Clinic	Ctra. Mas Oliva s/n. Tel: +34 972 153 759		

(FHD) in the process of certification

Platja d'Aro Castell d'Aro S'Agaró

Where the imagination awakens all the senses



Treat yourself to a secret refuge, a discovered treasure, a tender look, a special smile, an unforgettable day, a night full of surprises, an endless beach, a slice of the Mediterranean, a taste of the Costa Brava, a sensation made passion, a renewing freshness, a story we can write together...

Cala del Pi – Platja d'Aro.

Platja d'Aro is modern and cosmopolitan, a dynamic town looking to the future. Castell d'Aro is history and tradition, nostalgic medieval charm. And S'Agaró is a place where architecture and nature find perfect balance. Here, excellent, comfortable accommodation facilities are surrounded by quality services, the local cuisine brings all the flavour of the Mediterranean to the table, commercial activities take place within a huge, open-air shopping centre, and the evening hours await to reveal exciting, attractive, ultra-modern nightspots.

The sea front is like a dream, overlooking endless beaches and tiny coves just waiting to be discovered. Thanks to the excellent

services and facilities, all are awarded the maximum quality certificates. This is a destination where nature- and sports-lovers can enjoy walking, hiking, mountain biking, golf, water and underwater sports, tennis, paddle tennis and much, much more.

These and other leisure activities provide the ideal complement for family holidays, romantic weekends and day trips with friends. Funfairs, multiplex cinemas, bowling centres, bingo halls, water parks – these are just a few of the many amenities in and around the resort, complemented by a full programme of activities: music, art exhibitions, local festivities, fairs, shows and markets, children's entertainment, popular and traditional culture and more.



visitCatalonia

free



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Disponible en el
App Store



Addresses of interest



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www.platjadaro.com

Other tourist promotion bodies of interest

Diputació de Barcelona – Delegació de Turisme
www.diba.cat/turisme

Patronat de Turisme Costa Brava - Pirineu de Girona
www.costabrava.org

Patronat de Turisme Costa Daurada
www.costadaurada.info



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Family Holiday Destinations:

